# **Supplementary Online Content**

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eAppendix. Interview Guide

This supplementary material has been provided by the authors to give readers additional information about their work.

# eAppendix. Interview Guide

## 1. Opening

- a. Anonymous
- b. Voluntary
- c. No right or wrong answer, just want to gather opinions
- d. No need for agreement or consensus
- e. No EHR

#### 2. General

- a. What do you feel are the causes of burnout in your practice and your life?
- b. What do you perceive as the biggest barriers to professional fulfillment?

#### 3. Culture of wellness

- a. What would make you feel more respected, valued or appreciated by hospital leadership?
- b. How do you feel the hospital system should offer solutions for burnout?

### 4. Efficiency of practice

- a. What one thing would make the biggest positive impact in your worklife?
- b. What would help your workday be more do-able?
- c. If you could change 3 things about your worklife, what would they be?
- d. What are some examples of things that have already helped your worklife?

### 5. Practical timesavers/outside of work life efficiency

a. What would help you better balance and attend to your responsibilities and interests surrounding career/worklife and your personal life?

#### 6. Personal resilience

- a. How would you most prefer to receive trainings and offerings on personal resiliency?
- b. How do you feel about in-person offerings vs on-line conferencing vs self-paced on-line material to support well-being, resiliency?
- c. How can your work support your pursuit of personal health and well-being?
- d. What makes you feel most alive and excited about your work?
- e. What makes you feel most excited and hopeful about your future?