

Supplementary Table 1. Relating Characteristics of the Study Population According to Participation in Diabetes Self-Management Education

	Non-participants	Participants	p value
Knowing HbA1c (n=23231)			<0.001
Yes	3935 (23.3)	2489 (39.5)	
No	12988 (76.7)	3819 (60.5)	
Measuring HbA1c (≥ 2 times/year) (n=6399)*			<0.001
Yes	2770 (70.6)	1858 (75.1)	
No	1155 (29.4)	616 (24.9)	
Diabetic retinopathy screening (n=23365)			<0.001
Yes	5157 (30.3)	2814 (44.3)	
No	11850 (69.7)	3544 (55.7)	
Diabetic nephropathy screening (n=23327)			<0.001
Yes	5711 (33.6)	3116 (49.1)	
No	11270 (66.4)	3230 (50.9)	
Current smoking (n=23400)			0.686
Yes	2747 (16.1)	1041 (16.3)	
No	14285 (83.9)	5327 (83.7)	
Current drinking (n=23400)			<0.001
Yes	8419 (49.4)	3359 (52.7)	
No	8613 (50.6)	3009 (47.3)	
Daily walking activity (n=23370)			<0.001
≤ 4 days	9553 (56.1)	3194 (50.3)	
≥ 5 days	7466 (43.9)	3157 (49.7)	
Moderate physical activity (n=23359)			<0.001
≤ 2 days	13458 (79.1)	4836 (76.2)	
≥ 3 days	3554 (20.9)	1511 (23.8)	

Data are presented as number (percentage).

*n=6399 (only people who answered that they know HbA1c).