

Supplementary Table 2. *Model fit for univariate and bivariate models of change in primary study variables during treatment.*

Variable	Model Type	Chi-square test			CFI	RMSEA	SRMR
		$\chi^2$	df	p			
Target problem acceptance	Univariate	21.359	11	.030	.964	.040	.034
	Bivariate	63.256	41	.014	.989	.030	.041
Target problem confidence	Univariate	<.001	14	>.999	1.00	<.001	.099
	Bivariate	196.256	48	<.001	.948	.072	.078
Target problem impact	Univariate	<.001	13	>.999	1.00	<.001	.074
	Bivariate	159.298	41	<.001	.959	.069	.061
Emotional intimacy	Univariate	19.779	3	<.001	.963	.097	.035
	Bivariate	<.001	26	>.999	1.00	<.001	.052
Self-protective orientation	Univariate	25.384	4	<.001	.938	.094	.039
	Bivariate	95.108	27	<.001	.971	.065	.043
Negative communication	Univariate	1.938	4	.747	1.00	<.001	.065
	Bivariate	94.244	27	<.001	.975	.064	.059
Positive communication	Univariate	.829	4	.935	1.00	<.001	.027
	Bivariate	95.867	27	<.001	.971	.065	.050
Relationship Satisfaction	Univariate	12.196	10	.272	.999	.019	.043