

Supplementary Table 3. *Model fit for bivariate models of change in primary mechanistic variables and relationship satisfaction in treatment group during follow-up period.*

Mechanistic Variable	Chi-square test			CFI	RMSEA	SRMR
	$\chi^2$	<i>df</i>	<i>p</i>			
Target problem acceptance	138.966	60	<.001	0.942	0.066	0.045
Target problem confidence	114.117	51	<.001	0.961	0.064	0.041
Target problem impact	121.015	57	<.001	0.961	0.061	0.042
Emotional intimacy	78.345	34	<.001	0.971	0.066	0.040
Self-protective orientation	84.260	36	<.001	0.964	0.067	0.038
Negative communication	77.373	35	<.001	0.972	0.063	0.036
Positive communication	82.638	36	<.001	0.968	0.065	0.040