# Supplementary Information Fragility Limits Performance in Complex Networks

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## **1** Network controllability, stability, and fragility

## 1.1 The controllability Gramian and its properties

Consider a dynamic network with graph G and dynamics

$$\frac{d}{dt}x(t) = Ax(t) + Bu(t), \quad t \ge 0,$$
(1)

where  $x(t) \in \mathbb{R}^n$  and  $u(t) \in \mathbb{R}^{n_c}$  denote the network state and input, respectively. The matrix  $A \in \mathbb{R}^{n \times n}$  denotes a weighted adjacency matrix of  $\mathcal{G}$ , while  $B \in \mathbb{R}^{n \times n_c}$  denotes the input matrix. The network is stable when the eigenvalues of A have negative real part, in which case the state x vanishes asymptotically when the network has no input. The network (1) is said to be controllable when its controllability Gramian  $G_{t_f}$  is invertible<sup>1, Thm 3.4.1</sup>

$$G_{t_f} := \int_0^{t_f} e^{At} B B^\mathsf{T} e^{A^\mathsf{T} t} dt, \tag{2}$$

where  $t_f > 0$  denotes the control horizon, and  $A^{\mathsf{T}}$  denotes the transpose of A.

If the network (1) is controllable, then there exist control inputs to drive the network state from any initial state  $x(0) = x_0$  to any final state  $x(t_f) = x_f$ . It is known that this happens if and only if  $G_{t_f}$  is invertible. In particular, the input with minimum energy to drive the network state from  $x_0$ to  $x_f$  is given by

$$u_{\text{opt}}(t) = B^{\mathsf{T}} e^{-A^{\mathsf{T}}(t-t_f)} G_{t_f}^{-1}(x_f - e^{At_f} x_0),$$
(3)

whose energy is

$$\int_0^{t_f} u_{\text{opt}}^{\mathsf{T}}(t) u_{\text{opt}}(t) dt = (x_f - e^{At_f} x_0)^{\mathsf{T}} G_{t_f}^{-1} (x_f - e^{At_f} x_0).$$

When  $t_f = \infty$  and the network is stable,

$$G := G_{\infty} = \int_0^\infty e^{At} B B^{\mathsf{T}} e^{A^{\mathsf{T}} t} dt, \tag{4}$$

and the energy to drive the state from  $x_0$  to  $x_f$  equals

$$\int_0^\infty u_{\rm opt}^{\mathsf{T}}(t)u_{\rm opt}(t)dt = x_f^{\mathsf{T}}G^{-1}x_f \tag{5}$$

The controllability Gramian G can be computed in different ways. For instance, G is the unique solution of the Lyapunov equation<sup>1, Thm 3.3.1</sup>

$$AG + GA^{\mathsf{T}} = -BB^{\mathsf{T}}.$$
(6)

Moreover<sup>2</sup>,

$$G = \frac{1}{2\pi i} \int_{\Gamma} (zI - A)^{-1} (-BB^{\mathsf{T}}) (zI + A^{\mathsf{T}})^{-1} dz,$$

where  $\Gamma$  is a curve in the complex plane that encloses all the eigenvalues of A. By choosing  $\Gamma$  as the semi-circle with infinite radius enclosing the stable half plane, we obtain

$$G = \frac{1}{2\pi} \int_{-\infty}^{+\infty} (\omega i I - A)^{-1} B B^{\mathsf{T}} (\omega i I - A)^{-H} d\omega.$$
(7)

where  $(\omega i I - A)^{-H}$  denotes the inverse of the complex conjugate of  $\omega i I - A$ . While equations (4), (7) and (6), are valid only when A is stable, the expression (2) is valid also for unstable networks.

The controllability Gramian can be used to quantify the responsiveness of a network to external stimuli. In particular, several scalar metrics can be defined to measure the "size" of the control-lability Gramian, and therefore quantify the control energy needed to reach particular states. In this paper, we use  $\bar{\sigma}(G) = \frac{1}{n} \sum_{i=1}^{n} \sigma_i(G) = \text{tr}(G)/n$  to quantify the responsiveness of a network, which is also an indirect measure of the average energy needed to control the network. Different metrics are also interesting. For instance,  $\sigma_{\min}(G) = \min\{\sigma_1(G), \ldots, \sigma_n(G)\} = 1/||G^{-1}||$ , whose inverse  $1/\sigma_{\min}(G)$  quantifies the largest control energy over all possible target states. Clearly,  $\sigma_{\min}(G) \leq n/\text{tr}(G^{-1}) \leq (\det(G))^{1/n} \leq \bar{\sigma}(G) \leq \sigma_{\max}(G)$ , where tr(G),  $\det(G)$ , and  $\sigma_{\max}(G)$  denote the trace, determinant, and largest eigenvalue of the Gramian G. Notice that  $\text{tr}(AB) \leq \text{tr}(A^2)\text{tr}(B^2)$  for any positive semidefinite matrices A and B. Then, the following inequality holds:

$$n^2 = \mathrm{tr}(I)^2 = \mathrm{tr}(G^{1/2}G^{-1/2})^2 \leq \mathrm{tr}(G)\mathrm{tr}(G^{-1})$$

This implies that  $\operatorname{tr}(G^{-1})/n$  grows when  $\bar{\sigma}(G) = \operatorname{tr}(G)/n$  becomes small.

#### **1.2** The stability radius of a network and its fragility

When the network (1) is stable, the following definition of stability radius quantifies its distance to instability ( $\| \cdot \|$  denotes the Euclidean norm):

$$r(A) := \min\{ \|\Delta\| : \Delta \in \mathbb{C}^{n \times n}, A + \Delta \text{ is unstable} \}.$$

The index r(A), namely, the stability radius of A, quantifies the degree of stability of (1), as it quantifies the minimum size of a perturbation of the weights that renders the network unstable. Conversely, 1/r(A) can be used to measure the degree of fragility of (1) with respect to changes of its weights. It can be shown that <sup>3, Prop 4.1</sup>

$$r(A) = \min_{\omega \in \mathbb{R}} \sigma_{\min}(\omega i I - A) = \frac{1}{\max_{\omega \in \mathbb{R}} \|(\omega i I - A)^{-1}\|}.$$

# 2 Network responsiveness and fragility

In this section we characterize analytical relationships between the responsiveness and fragility degrees of a network. Recall that<sup>4,5</sup>  $\sigma_{\min}(X)\operatorname{tr}(Y) \leq \operatorname{tr}(XY) \leq \sigma_{\max}(X)\operatorname{tr}(Y)$ . Then, from (4) we obtain

$$\operatorname{tr}(G) = \operatorname{tr}\left(\int_0^\infty e^{At} B B^{\mathsf{T}} e^{A^{\mathsf{T}} t} dt\right) \le \sigma_{\max}\left(\int_0^\infty e^{A^{\mathsf{T}} t} e^{At} dt\right) \operatorname{tr}(BB^{\mathsf{T}}) = n_c \left\|\int_0^\infty e^{A^{\mathsf{T}} t} e^{At} dt\right\|.$$
 (8)

Further, using (7), we have

$$\int_0^\infty e^{A^\mathsf{T} t} e^{At} dt = \frac{1}{2\pi} \int_{-\infty}^{+\infty} (\omega i I - A^\mathsf{T})^{-1} (-\omega i I - A)^{-1} d\omega$$
$$= \frac{1}{2\pi} \int_{-\infty}^{+\infty} [(-\omega i I - A)(\omega i I - A^\mathsf{T})]^{-1} d\omega$$
$$= \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\omega^2 I + AA^\mathsf{T} - \omega i A + \omega i A^\mathsf{T}]^{-1} d\omega$$
$$= \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\omega^2 I + AA^\mathsf{T} + \omega i (A^\mathsf{T} - A)]^{-1} d\omega.$$

We will now derive a family of upper bounds for  $\bar{\sigma}(G) = \operatorname{tr}(G)/n$ , which will be parametrized by the scalar  $\alpha \in [0, 1]$ . For the results in the main text, only the case of  $\alpha = 1/2$  will be used. However, the family of upper bounds derived here remain of general and independent interest, as they provide different insights into  $\bar{\sigma}(G)$  for different values of  $\alpha$ . Let  $\omega$  satisfy

$$\omega^2 I + \omega i (A^{\mathsf{T}} - A) \ge \alpha^2 \omega^2 I$$

or, equivalently,

$$(1 - \alpha^2)\omega^2 I + \mathbf{i}(A^{\mathsf{T}} - A)\omega \ge 0.$$

Observe that  $A^{\mathsf{T}} - A$  is skew symmetric. Then,  $i(A^{\mathsf{T}} - A)$  is a Hermitian matrix, and it features only real eigenvalues that are symmetric with respect to the origin. Namely, if  $\mu$  is an eigenvalue of  $i(A^{\mathsf{T}} - A)$ , so is  $-\mu$ . This implies that the maximum and the minimum eigenvalues of  $i(A^{\mathsf{T}} - A)$ are  $||A - A^{\mathsf{T}}||$  and  $-||A - A^{\mathsf{T}}||$ , respectively. We conclude that  $(1 - \alpha^2)\omega^2 I + i(A^{\mathsf{T}} - A)\omega \ge 0$  if and only if  $|\omega| \ge \bar{\omega}$  where  $\bar{\omega} := \frac{||A - A^{\mathsf{T}}||}{1 - \alpha^2}$ . Let  $\int_0^\infty e^{A^{\mathsf{T}}t} e^{At} dt = I_1 + I_2$ , where

$$I_{1} := \frac{1}{2\pi} \int_{-\bar{\omega}}^{\bar{\omega}} [\omega^{2}I + AA^{\mathsf{T}} + \omega i(A^{\mathsf{T}} - A)]^{-1} d\omega$$
  
$$I_{2} := \frac{1}{2\pi} \int_{-\infty}^{-\bar{\omega}} [\omega^{2}I + AA^{\mathsf{T}} + \omega i(A^{\mathsf{T}} - A)]^{-1} d\omega + \frac{1}{2\pi} \int_{\bar{\omega}}^{+\infty} [\omega^{2}I + AA^{\mathsf{T}} + \omega i(A^{\mathsf{T}} - A)]^{-1} d\omega.$$

Notice that

$$I_1 \le \frac{\bar{\omega}}{\pi} \max_{\omega \in [0,\bar{\omega}]} \| (\omega \mathbf{i}I - A^{\mathsf{T}})^{-1} \|^2 \le \frac{\bar{\omega}}{\pi} \max_{\omega \in [0,\infty]} \| (\omega \mathbf{i}I - A)^{-1} \|^2 = \frac{\bar{\omega}}{\pi} \frac{1}{r(A)^2} = \frac{1}{\pi} \frac{\|A - A^{\mathsf{T}}\|}{1 - \alpha^2} \frac{1}{r(A)^2}$$

Similarly,

$$I_{2} \leq \frac{1}{2\pi} \int_{-\infty}^{-\bar{\omega}} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega + \frac{1}{2\pi} \int_{\bar{\omega}}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega \leq \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} \omega^{2} I + AA^{\mathsf{T}}]^{-1} d\omega = \frac{1}{2\pi} \int_{-\infty}^{+\infty} [\alpha^{2} u + AA^{\mathsf{$$

Let U be a unitary matrix satisfying  $AA^{\mathsf{T}} = U^{H} \operatorname{diag} \{\sigma_{i}(A)^{2}\}U$ , where  $\sigma_{i}(A)$  denotes the *i*-th singular value of A. Then,

$$I_{2} \leq \frac{1}{2\pi} U^{H} \int_{-\infty}^{+\infty} \operatorname{diag} \left\{ \frac{1}{\alpha^{2} \omega^{2} + \sigma_{i}(A)^{2}} \right\} d\omega U = \frac{1}{2\pi \alpha^{2}} U^{H} \operatorname{diag} \left\{ \left[ \frac{\alpha}{\sigma_{i}(A)} \operatorname{arctan} \left( \frac{\alpha}{\sigma_{i}(A)} \omega \right) \right]_{-\infty}^{\infty} \right\} U$$
$$= \frac{1}{2\pi \alpha^{2}} U^{H} \operatorname{diag} \left\{ \frac{\alpha}{\sigma_{i}(A)} \pi \right\} U = \frac{1}{2\alpha} U^{H} \operatorname{diag} \left\{ \frac{1}{\sigma_{i}(A)} \right\} U.$$

Consequently, we have

$$\|I_2\| \le \frac{1}{2\alpha\sigma_{\min}(A)},$$

where  $\sigma_{\min}(A)$  is the minimum singular value of A. Notice now that  $r(A) \leq \sigma_{\min}(A)$ . Thus,

$$||I_2|| \le \frac{1}{2\alpha} \frac{1}{r(A)}.$$

Finally, for each value of  $\alpha$  we obtain

$$\left\| \int_0^\infty e^{A^{\mathsf{T}} t} e^{At} dt \right\| \le \frac{1}{\pi} \frac{\|A - A^{\mathsf{T}}\|}{1 - \alpha^2} \frac{1}{r(A)^2} + \frac{1}{2\alpha} \frac{1}{r(A)},$$

and, for  $\alpha = 1/2$ ,

$$\left\| \int_{0}^{\infty} e^{A^{\mathsf{T}} t} e^{At} dt \right\| \le \left( 1 + \frac{4\|A - A^{\mathsf{T}}\|}{3\pi} \frac{1}{r(A)} \right) \frac{1}{r(A)}$$
(9)

Substituting (9) into equation (8) yields

$$\bar{\sigma}(G) \le \frac{n_c}{n} \left( 1 + \frac{4\|A - A^{\mathsf{T}}\|}{3\pi} \frac{1}{r(A)} \right) \frac{1}{r(A)}$$

If A is symmetric, then it is more convenient to choose  $\alpha = 1$ , which yields

$$\bar{\sigma}(G) \le \frac{n_c}{n} \frac{1}{2r(A)}.$$

## **2.1** The role of the non-normality degree of A

In this section we assume that the matrix A is diagonalizable, and characterize the role of the non-normality degree of A with respect to its fragility and responsiveness. Observe that

$$\begin{split} \left\| \int_0^\infty e^{A^{\mathsf{T}} t} e^{At} dt \right\| &= \left\| \int_0^\infty V^{-H} e^{\Lambda^* t} V^H V e^{\Lambda t} V^{-1} dt \right\| = \|V\|^2 \|V^{-1}\|^2 \left\| \int_0^\infty e^{\Lambda^* t} e^{\Lambda t} dt \right\| \\ &= \kappa^2(V) \left\| \int_0^\infty e^{2\Re(\Lambda) t} dt \right\| = \kappa^2(V) \max_i \frac{1}{-2\Re(\lambda_i(A))} = \frac{\kappa^2(V)}{2s(A)}, \end{split}$$

where  $s(A) = -\max_i \Re(\lambda_i(A)) > 0$ . Substituting the above result into (8) yields

$$\bar{\sigma}(G) \le \frac{n_c}{n} \frac{\kappa^2(V)}{2s(A)}.$$

Observe that s(A) represents the distance of the eigenvalues of A from the instability region. On the other hand,  $\kappa(V)$  is instead related the sensitivity of the eigenvalues of A to possible perturbations<sup>13</sup>. Thus, both the distance of the eigenvalues of A from the imaginary axis as well as their sensitivity to perturbations contribute to the fragility degree of a network.

# **3** Numerical studies

#### **3.1** Ecological networks

An ecological dynamical network is described by the following set of differential equations <sup>6</sup>:

$$\frac{d}{dt}x_i(t) = c_i x_i(t) + x_i(t) \sum_{j=1}^n M_{ij} x_j(t) \qquad i = 1, \dots, n$$
(10)

where n denotes the number of species,  $x_i(t)$  is the density of the species i, and  $c_i$  and  $M_{ij}$  are network parameters that regulate the interaction rates among the species. The network (10) can be written in vector form as

$$\frac{d}{dt}x(t) = \operatorname{diag}(x(t))(c + Mx(t)) = f(x(t)), \tag{11}$$

where diag(x) is the diagonal matrix defined by the species vector x, c is the vector of  $c_i$ , and M is the matrix of the coefficients  $M_{ij}$ . Let  $x^* \in \mathbb{R}^n_+$  an equilibrium point of (11). Then, either  $x^* = 0$ , which corresponds to the case where all species are extinct, or  $x^*$  solves the equations  $c = -Mx^*$ . The stability of an equilibrium point  $x^*$  can be assessed through the linearized system

$$\frac{d}{dt}\delta x(t) = A\delta x(t), \tag{12}$$

where  $A = \text{diag}(x^*)M$  is the Jacobian matrix of (11) at the point  $x^*$ .

An ecological network is called *mutualistic* if the species can be divided into two classes, where the species of each class benefit from the species in the other class. In a mutualistic network, the matrix M can be partitioned as

$$M = \begin{bmatrix} M_{PP} & M_{PA} \\ M_{AP} & M_{AA} \end{bmatrix},\tag{13}$$

where the matrices  $M_{PP}$  and  $M_{AA}$  have non-positive entries, while the matrices  $M_{PA}$  and  $M_{AP}$  have non-negative entries. In Figure 1 in the main text we consider a three-dimensional network of two species of plants  $x_1$  and  $x_2$  and one species of animals  $x_3$ . Figures 1(a) and 1(b) highlight the difference between the dynamics of a stable and an unstable equilibrium: in both cases the three states are at equilibrium until time t = 10, when they are slightly perturbed by a vector  $\varepsilon$ , with  $\|\varepsilon\| = 0.1$ . Figures 1(c) and 1(d), instead, highlight the difference between a robust and a fragile system. The state is at equilibrium until time t = 10, when a slight variation of the parameters changes M into  $M + \Delta$ , with  $\|\Delta\| = 0.01$ . The parameters used to obtain Figure 1 are below:

#### **Parameters of Figure 1(a)**

$$M = \begin{bmatrix} -0.9144 & 0 & 0.5726 \\ 0 & -0.5291 & 0.2423 \\ 0.2673 & 0.4296 & -0.8914 \end{bmatrix}, c = \begin{bmatrix} 0.1925 & 0.6696 & 2.0752 \end{bmatrix}^{\mathsf{T}}, x^* = \begin{bmatrix} 3.3885 & 3.5897 & 5.0745 \end{bmatrix}^{\mathsf{T}}, \varepsilon = \begin{bmatrix} 0.0015 & 0.0886 & 0.0463 \end{bmatrix}^{\mathsf{T}}.$$

#### **Parameters of Figure 1(b)**

$$M = \begin{bmatrix} 0.5006 & 0 & 0.8294 \\ 0 & -0.8598 & 0.1686 \\ 0.1167 & 0.0605 & -0.5828 \end{bmatrix}, c = \begin{bmatrix} -3.1616 & 0.7901 & 1.5232 \end{bmatrix}^{\mathsf{T}},$$
$$x^* = \begin{bmatrix} 1.2955 & 1.5130 & 3.0300 \end{bmatrix}^{\mathsf{T}}, \varepsilon = \begin{bmatrix} 0.0764 & 0.0572 & 0.0300 \end{bmatrix}^{\mathsf{T}}.$$

#### **Parameters of Figure 1(c)**

$$M = \begin{bmatrix} -0.8420 & 0 & 0.1789 \\ 0 & -0.9837 & 0.1776 \\ 0.7760 & 0.0756 & -0.3488 \end{bmatrix}, c = \begin{bmatrix} 0.5612 & 2.1414 & 2.9214 \end{bmatrix}^{\mathsf{T}},$$
$$x^* = \begin{bmatrix} 5.1633 & 5.9979 & 21.1595 \end{bmatrix}^{\mathsf{T}}, \Delta = 10^{-3} \times \begin{bmatrix} 1.0 & 2.0 & 6.6 \\ 3.8 & 1.9 & 4.8 \\ 2.0 & 4.0 & 2.1 \end{bmatrix}.$$

#### Parameters of Figure 1(d)

$$M = \begin{bmatrix} 0.5338 & 0 & 0.1369 \\ 0 & -0.6678 & 0.0040 \\ 0.7117 & 0.0414 & -0.7027 \end{bmatrix}, c = \begin{bmatrix} -3.5456 & 2.7163 & 3.0247 \end{bmatrix}^{\mathsf{T}},$$

$$x^* = \begin{bmatrix} 4.3473 & 4.1209 & 8.9499 \end{bmatrix}^\mathsf{T}, \Delta = 10^{-3} \times \begin{bmatrix} 1.4 & 4.7 & 4.7 \\ 1.1 & 4.7 & 3.1 \\ 0.92 & 3.3 & 3.2 \end{bmatrix}.$$

Figure 2 in the main text shows the percentage of stable equilibra in ecological networks of growing dimension. For each dimension  $n \in \{5, ..., 320\}$ , we generate 500 Watts-Strogatz (WS) small-world networks  $\mathcal{G}_n$  with mean degree  $2\lfloor n/6 \rfloor$ , and rewiring probability 0.5. The weighted matrix M is such that  $M_{ij} = 0$  if (i, j) is not an edge of  $G_n$ , and, otherwise, it equals a random number uniformly distributed in [0, 1]. The diagonal entries of M are randomly selected from the uniform distribution in [-n, 0]. The equilibrium vector  $x^*$  is formed by randomly selecting its entries from the uniform distribution in [0, 5], and by letting  $c := -Mx^*$ . Finally, stability of  $x^*$  is assessed by computing the eigenvalues of the Jacobian matrix  $A = \text{diag}(x^*)M$ .

Figure 5(a) shows the trade-off between the stability radius and the average singular value for the linearization of a sequence of mutualistic ecological networks generated by the algorithm proposed in <sup>7</sup>. This algorithm iteratively modifies the network weights so as to increase the total abundance of the species. Specifically, the algorithm starts by letting  $x_i^{*(0)} = 1$ , for each  $i = 1, \ldots, n$  and by taking a random matrix  $M^{(0)}$ , which respects the sign constraints of a mutualistic network. The initial vector  $c^{(0)}$  is consequently determined as  $c^{(0)} = -M^{(0)}x^{*(0)}$ . In each step of the procedure,  $c^{(k)}$  is fixed and equal to  $c^{(0)}$ . At each step, two weights  $M_{ij}^{(k)} \neq 0$  and  $M_{rs}^{(k)} = 0$  (with  $M_{ij}^{(k)}$  and  $M_{rs}^{(k)}$  being entries of  $M_{PA}^{(k)}$  or  $M_{AP}^{(k)}$ ) are randomly selected and switched, so that  $M_{ij}^{(k+1)} = M_{rs}^{(k)}$  and  $M_{rs}^{(k+1)} = M_{ij}^{(k)}$ . If the sum of the entries of the new equilibrium point  $x^{*(k+1)}$  is smaller than or equal to the sum of the entries of the previous equilibrium point  $x^{*(k)}$ , then the swap is discarded and  $M^{(k+1)} = M^{(k)}$ . Otherwise the swap is accepted, and  $M^{(k+1)}$  is updated accordingly. At each step,  $A^{(k)}$  denotes the linearization matrix of the mutualistic ecological network associated with  $M^{(k)}$  and  $c^{(k)}$ , and  $G^{(k)}$  denotes the associated Gramian with B = I. The coordinates of the points in the plot correspond to  $r(A^{(k)})$  and  $\bar{\sigma}(G^{(k)})$ .

#### 3.2 Neuronal networks

Following<sup>8</sup> a network of neurons can be modelled by the differential equation

$$\tau \frac{d}{dt}x(t) = -x(t) + Mx(t) + e(t), \qquad (14)$$

where x(t) is the vector of spiking rates of the neurons, e(t) is the column vector with the external inputs,  $\tau$  is the time constant of the neurons, and the matrix M describes the strength of connections among neurons. Because each neuron can be either excitatory or inhibitory, then the matrix Mobeys Dale's law, namely, its columns are either non-negative or non-positive. This implies that x(t) and M can be partitioned as follows

$$x(t) = \begin{bmatrix} x_E(t) \\ x_I(t) \end{bmatrix}, \quad M = \begin{bmatrix} M_{EE} & -M_{EI} \\ M_{IE} & -M_{II} \end{bmatrix},$$
(15)

where  $x_E(t)$  and  $x_I(t)$  contain the states of the excitatory and inhibitory neurons, respectively, and the matrices  $M_{EE}$ ,  $M_{EI}$ ,  $M_{IE}$  and  $M_{II}$  are non-negative.

We follow the algorithm in<sup>9</sup> to construct a sequence of matrices M that obey Dale's law and tend to minimize the value of s such that  $\int_0^\infty e^{(M-sI)^{\mathsf{T}}t}e^{(M-sI)t}dt = \frac{1}{\epsilon}$  ( $\epsilon$ -smoothed spectral abscissa<sup>10</sup>). We refer interested reader to <sup>9</sup> for a detailed description of this algorithm. To generate Figure 5 (b), we consider a network of dimension n = 100 and  $n_E = n_I = 50$ . Let  $M^{(k)}$ be the coupling matrix at the k-th iteration of the algorithm in<sup>9</sup>, and let  $A^{(k)} = (M^{(k)} - I)/\tau$ . We then compute the controllability Gramian  $G^{(k)}$  with B = I. Figure 5 (b) in the main text shows the relationship between the stability radius  $r(A^{(k)})$  and the average singular  $\bar{\sigma}(G^{(k)})$ .

#### **3.3 Traffic Networks**

Following<sup>11</sup>, a traffic network where vehicles drive as an aligned platoon is described by the equations

$$\frac{d}{dt}p_{i}(t) = v_{i}(t),$$

$$\frac{d}{dt}v_{i}(t) = f_{i}(p_{i}(t), p_{i+1}(t), v_{i}(t), u_{i}(t)) = a \left[ \tanh\left(p_{i+1} - p_{i}\right) - v_{i} \right] + u_{i},$$
(16)

where  $p_i$  and  $v_i$  are the position and the velocity of the *i*-th vehicle  $i \in \{1, ..., n-1\}$ , respectively, tanh is the hyperbolic tangent function, and  $u_i$  is an external input. We assume that the *n*-th vehicle plays the role of leader, whose velocity is constant and equal to  $\alpha$ , and whose position enters as external input to the system (16). When all vehicles also move with velocity  $\alpha$ , the system (16) read as

$$\frac{d}{dt}\bar{p}_i(t) = \alpha, \qquad \qquad i = 1, \dots, n-1 \qquad (17a)$$

$$\frac{d}{dt}\bar{v}_i(t) = a\left[\tanh\left(\bar{p}_{i+1}(0) - \bar{p}_i(0)\right) - \alpha\right] = 0, \qquad i = 1, \dots, n-1, \qquad (17b)$$

whose solution is

 $\bar{v}_i(t) = \alpha,$ 

$$\bar{p}_i(t) = \alpha t + \bar{p}_i(0), \qquad \bar{p}_{i+1}(0) - \bar{p}_i(0) = \tanh(\alpha)^{-1}, \qquad i = 1, \dots, n-1$$
 (18a)

$$i = 1, \dots, n-1.$$
 (18b)

In order to analyze the dynamics of system (16) in the neighborhood of the particular trajectory (18), we linearize the nonlinear system (16) around the trajectory (18). Let us define  $\delta_i(t) = p_i(t) - \bar{p}_i(t)$ , and consider  $x = \left[\delta_1, \frac{d}{dt}\delta_1, \ldots, \delta_{n-1}, \frac{d}{dt}\delta_{n-1}\right]^{\mathsf{T}}$  and  $u = \left[u_1, \cdots, u_{n-1}, \delta_n\right]^{\mathsf{T}}$ as the state and input vectors of the linearized system. Then,

$$\frac{d}{dt}x = Ax + Bu,$$

where the matrices  $A \in \mathbb{R}^{2(n-1) \times 2(n-1)}$  and  $B \in \mathbb{R}^{2(n-1) \times n}$  are defined as

$$A = \begin{bmatrix} 0 & 1 & 0 & 0 & 0 & \cdots & 0 & 0 \\ -ab & a & ab & 0 & 0 & \cdots & 0 & 0 \\ 0 & 0 & 0 & 1 & 0 & \cdots & 0 & 0 \\ 0 & 0 & -ab & a & ab & \cdots & 0 & 0 \\ \vdots & \vdots & \vdots & \ddots & \ddots & \ddots & \vdots & \vdots \\ \vdots & \vdots & \vdots & \vdots & \ddots & \ddots & \ddots & \vdots & \vdots \\ 0 & 0 & 0 & 0 & 0 & \cdots & -ab & a \end{bmatrix}, B = \begin{bmatrix} 0 & 0 & \cdots & 0 & 0 \\ 1 & 0 & \cdots & 0 & 0 \\ 0 & 1 & \cdots & 0 & 0 \\ \vdots & \vdots & \vdots & \vdots & \vdots \\ 0 & 0 & \cdots & 0 & 1 \\ 0 & 0 & 0 & 0 & \cdots & -ab & a \end{bmatrix},$$
with  $b = 1 - \alpha^2$ .

Figure 5(c) in the main text has been generated by considering a linearized system of dimension 200, derived by 101 vehicles (one leader, and 100 followers), 100 control nodes, driven by the 101 inputs  $(u_1, \ldots, u_{100}, \delta_n)$ , which is determined by the selected constant velocity  $\alpha$  of the leader. Different values of  $\alpha$  are color coded in the figure.

## 3.4 Networks obtained from discretization of the wave equation

Consider the first-order wave equation<sup>12, Ch. VII</sup>

$$\frac{\partial}{\partial t}w(t,z) = \frac{\partial}{\partial z}w(t,z),\tag{19}$$

with  $z \in (-1, 1)$  and boundary values w(1, t) = 0 for all  $t \ge 0$ . We discretize (19) using a regular grid and a centered difference scheme for the spatial coordinate. This yields,

$$\frac{\partial}{\partial z}w(t, -1 + i\Delta z) \approx \frac{w(t, -1 + (i+1)\Delta z) - w(t, -1 + (i-1)\Delta z)}{2\Delta z},$$

and Eq. (19) becomes

$$\frac{d}{dt}w(t,-1+i\Delta z) \approx \frac{w(t,-1+(i+1)\Delta z) - w(t,-1+(i-1)\Delta z)}{2\Delta z},$$
(20)

with  $i \in \{1, ..., N\}$ , where the number of grid points N determines the discretization step  $\Delta z = 2/N$ . In vector form, the system of discretized equations (20), read as

$$\frac{d}{dt}w = \frac{1}{2\Delta z}Dw,$$

where  $D \in \mathbb{R}^{(N-1) \times (N-1)}$  with

$$D = \begin{bmatrix} -1 & 1 & & 0 \\ -1 & 0 & \ddots & \\ & \ddots & \ddots & 1 \\ 0 & & -1 & 0 \end{bmatrix},$$

and where we have used  $w(t, 1) = w(t, -1 + N\Delta z) = 0$  and  $w(t, -1) = w(t, -1 + \Delta z)$  at all times. We then discretize the temporal coordinate using the third-order Adams-Bashforth formula and obtain

$$v(k+1) \approx v(k) + \frac{\Delta t}{12} \frac{1}{2\Delta z} D\left(23v(k) - 16v(k-1) + 5v(k-2)\right)$$

where  $v(k) = w(k\Delta t) \in \mathbb{R}^{N-1}$ . Finally, letting

$$x(k) = \begin{bmatrix} v(k+2) \\ v(k+1) \\ v(k) \end{bmatrix}$$

we obtain

$$x(k+1) = Ax(k), \tag{21}$$

where  $\delta = \frac{\Delta t}{\Delta x}$  and

$$A = \begin{bmatrix} I_{N-1} & 0_{N-1} & 0_{N-1} \\ I_{N-1} & 0_{N-1} & 0_{N-1} \\ 0_{N-1} & I_{N-1} & 0_{N-1} \end{bmatrix} + \frac{\delta}{2} \begin{bmatrix} \frac{23}{12}D & -\frac{16}{12}D & \frac{5}{12}D \\ 0_{N-1} & 0_{N-1} & 0_{N-1} \\ 0_{N-1} & 0_{N-1} & 0_{N-1} \end{bmatrix}.$$

Finally, we add a control input and use the following equations

$$x(k+1) = Ax(k) + Bu(k),$$
 with  $B = \begin{bmatrix} I_{N-1} \\ 0_{N-1} \\ 0_{N-1} \end{bmatrix},$  (22)

to evaluate the network controllability Gramian, and its eigenvalues as a function of the parameters N and  $\delta$ . Figure 6(a) in the main text shows the fragility versus responsiveness tradeoff for the discrete-time network (22) for the value of  $\delta$  that ranges from 0.1 to 0.7. Figure 6(b) shows the condition number of the network matrix, as a function of  $\delta$ . It can be seen, the smaller  $\delta$ , the larger the non-normality and fragility degrees of the network.

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