

Expanded View Figures

Figure EV1. Expression of HO-1 in BM niche (related to Fig 1).

- A HO-1 is expressed by CD31⁺endomucin⁺ endothelial cells in metaphysis region of a tibia, scale bar 200 μ m.
- B HO-1 is expressed in sinusoids in diaphysis region, however, at lower levels, scale bar 100 μ m.
- C PDGFR β ⁺ stromal cells in diaphysis region of the bone express HO-1, scale bar 20 μ m.
- D Pericytes express HO-1. Part of the HO-1⁺ pericytes express Sca-1 (#), while others express no or low levels of Sca-1 (*), scale bar 20 μ m.
- E HO-1 is expressed by PDGFR β ⁺ stromal cells. Part of HO-1⁺PDGFR β ⁺ cells produce SDF-1 α , scale bar 20 μ m.

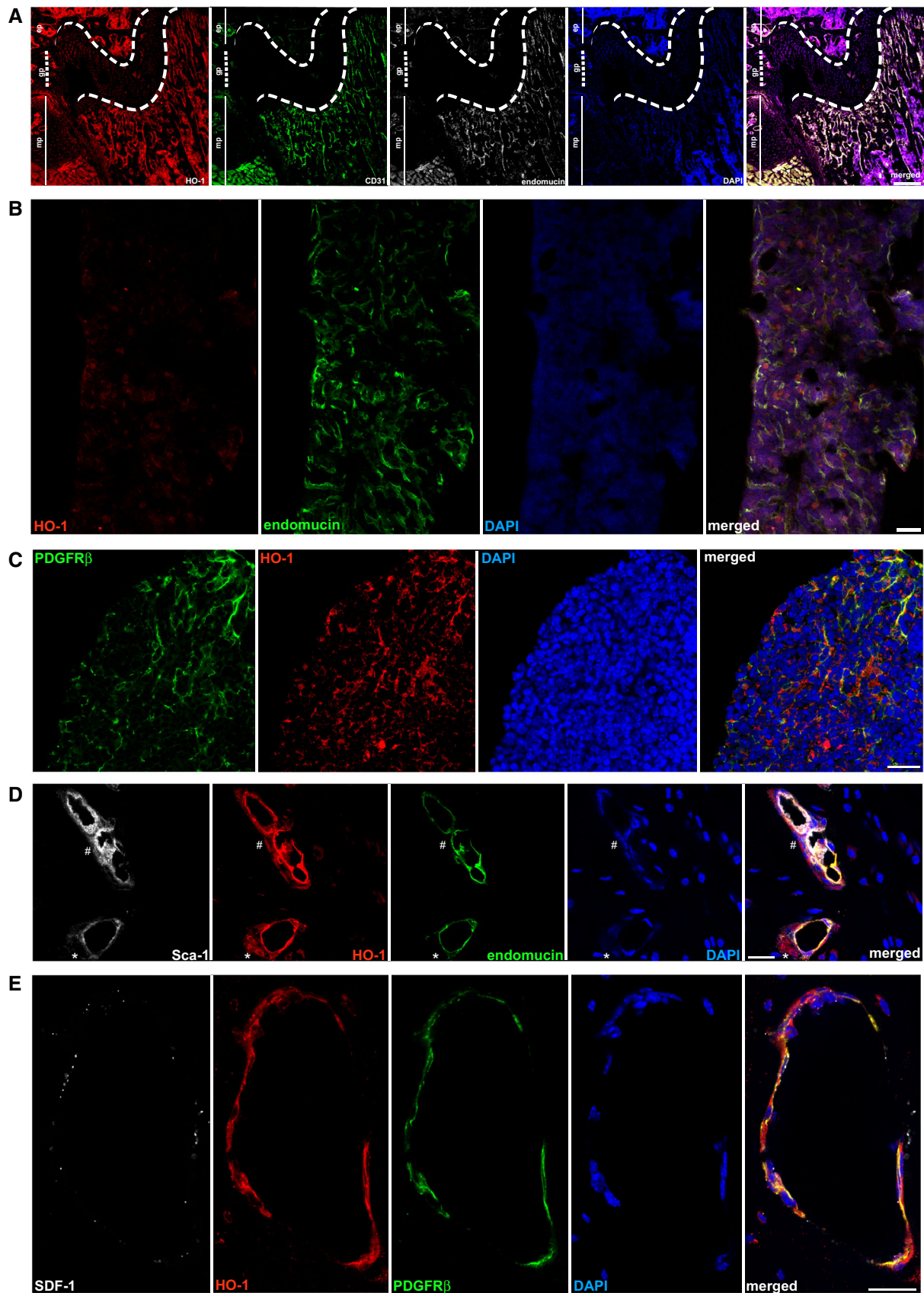


Figure EV1.

Figure EV2. Frequency of hematopoietic stem and progenitors cells in HO-1^{+/+} and HO-1^{-/-} mice (related to Fig 4).

- A Frequency of ST-HSC II population in young HO-1^{+/+} and HO-1^{-/-} mice. Two-tailed unpaired *t*-test.
- B Frequency of MEP, EP, and GMP populations in young HO-1^{+/+} and HO-1^{-/-} mice. Two-tailed unpaired *t*-test.
- C Frequency and total number of LT-HSCs, ST-HSCs, and MPPs in 12-month-old mice, *n* = 5 mice/group. Unpaired, two-tailed *t*-test.

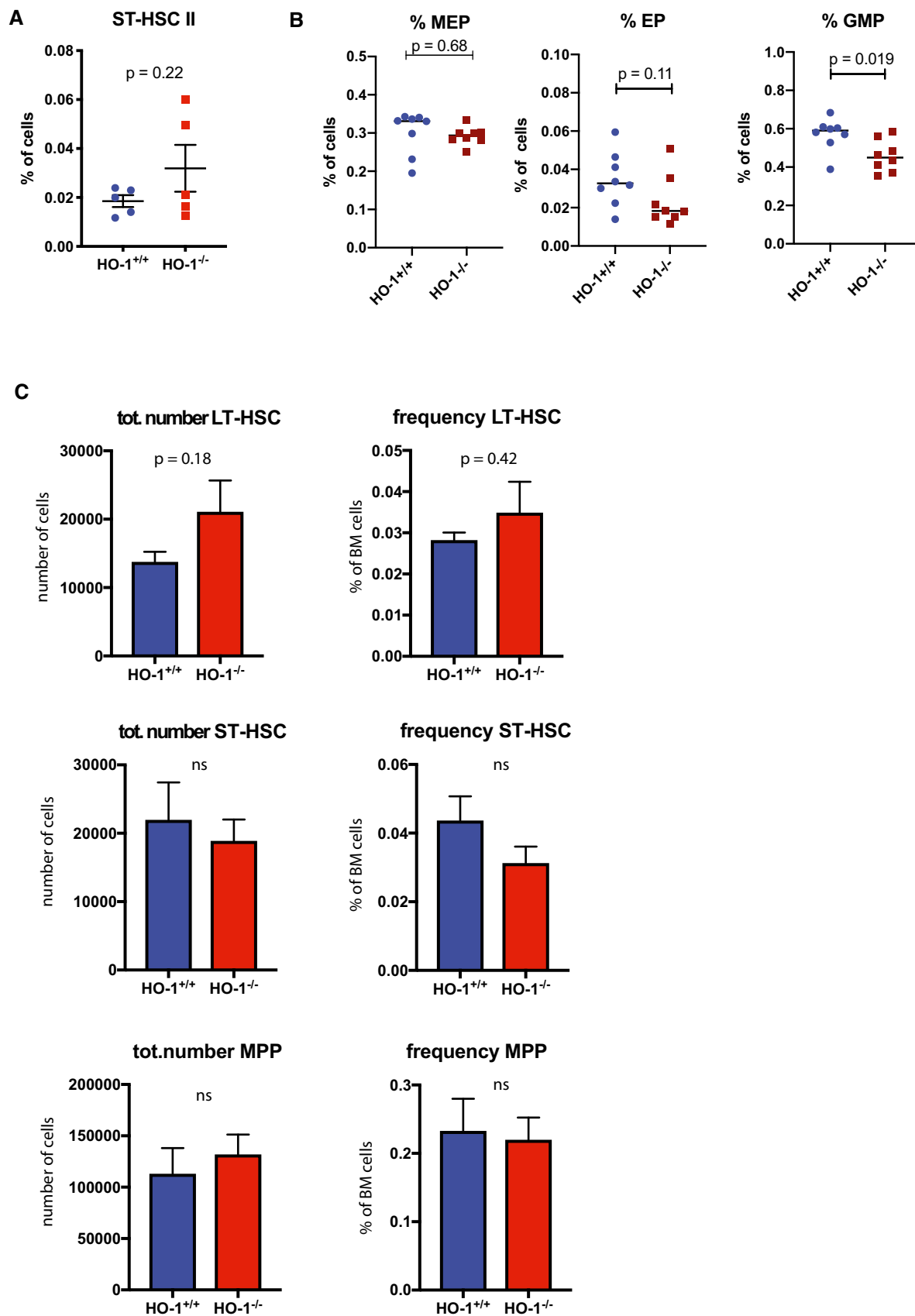


Figure EV2.

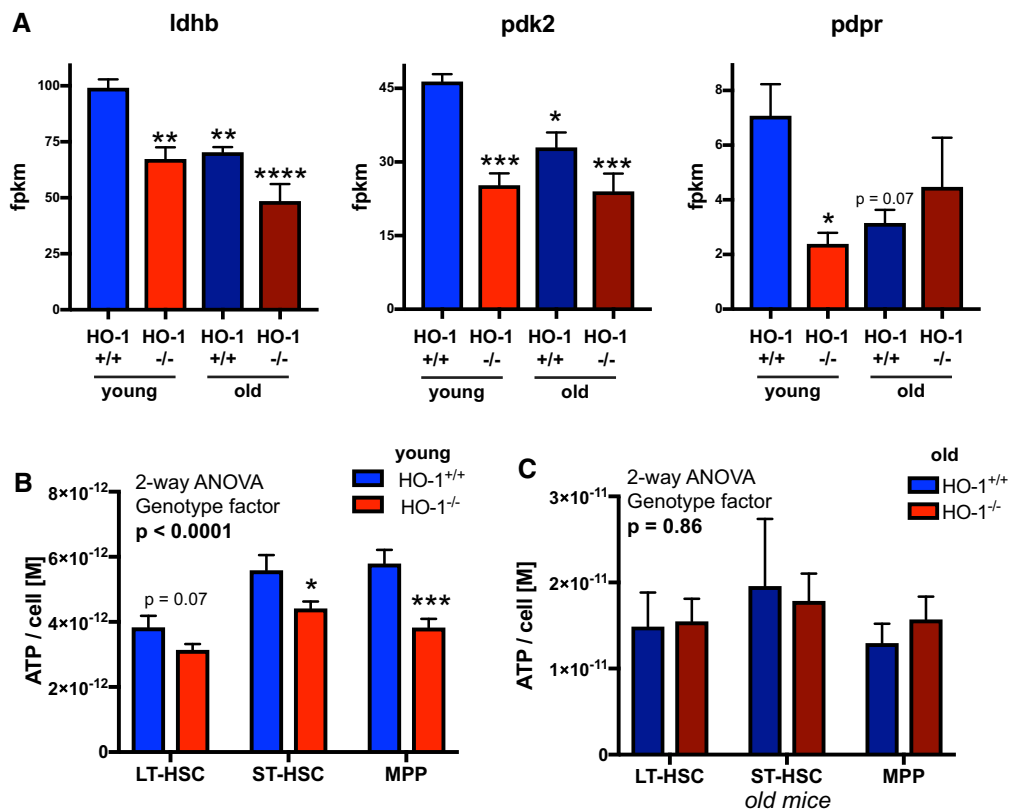


Figure EV3. Decreased expression of genes regulating pyruvate metabolism in young HO-1^{-/-} LT-HSCs and old LT-HSCs is associated with lower ATP levels.

A Ldhb, Pdk2, and Pdpr are downregulated in young HO-1^{-/-} LT-HSCs, but not in old HO-1^{-/-} LT-HSCs. Analyzed by RNA-seq. Data are shown as mean ± SEM, four mice/group, * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$, **** $P < 0.0001$ comparing to young HO-1^{+/+} group, two-tailed unpaired t -test.

B, C ATP levels are (B) lower in young HO-1^{-/-} LT-HSCs comparing to young HO-1^{+/+} LT-HSCs, (C) but not in old HO-1^{-/-} LT-HSCs comparing to old HO-1^{+/+} LT-HSCs. ATP levels measured in two independent experiments. Data are shown as mean ± SEM, $n = 8-18$ /group. * $P < 0.05$, *** $P < 0.001$, two-tailed unpaired t -test.

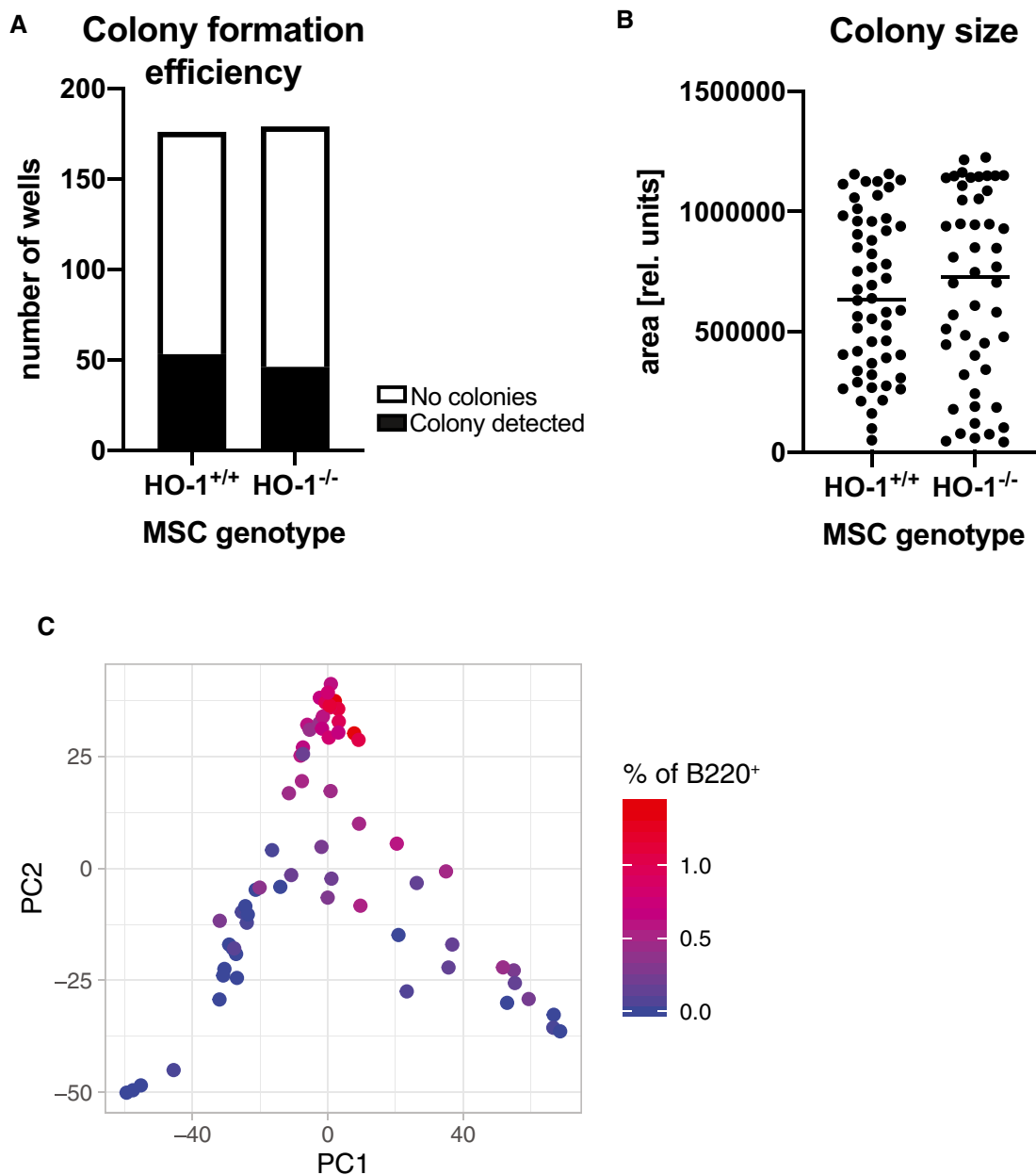


Figure EV4. Characteristic of colonies formed by HSCs co-cultured with HO-1^{-/-} or HO-1^{+/+} MSCs.

A, B (A) Colony formation efficiency and (B) the size of the formed colonies did not differ between groups.

C Frequency of B220⁺ cells among analyzed colonies. 46–56 analyzed colonies/group.

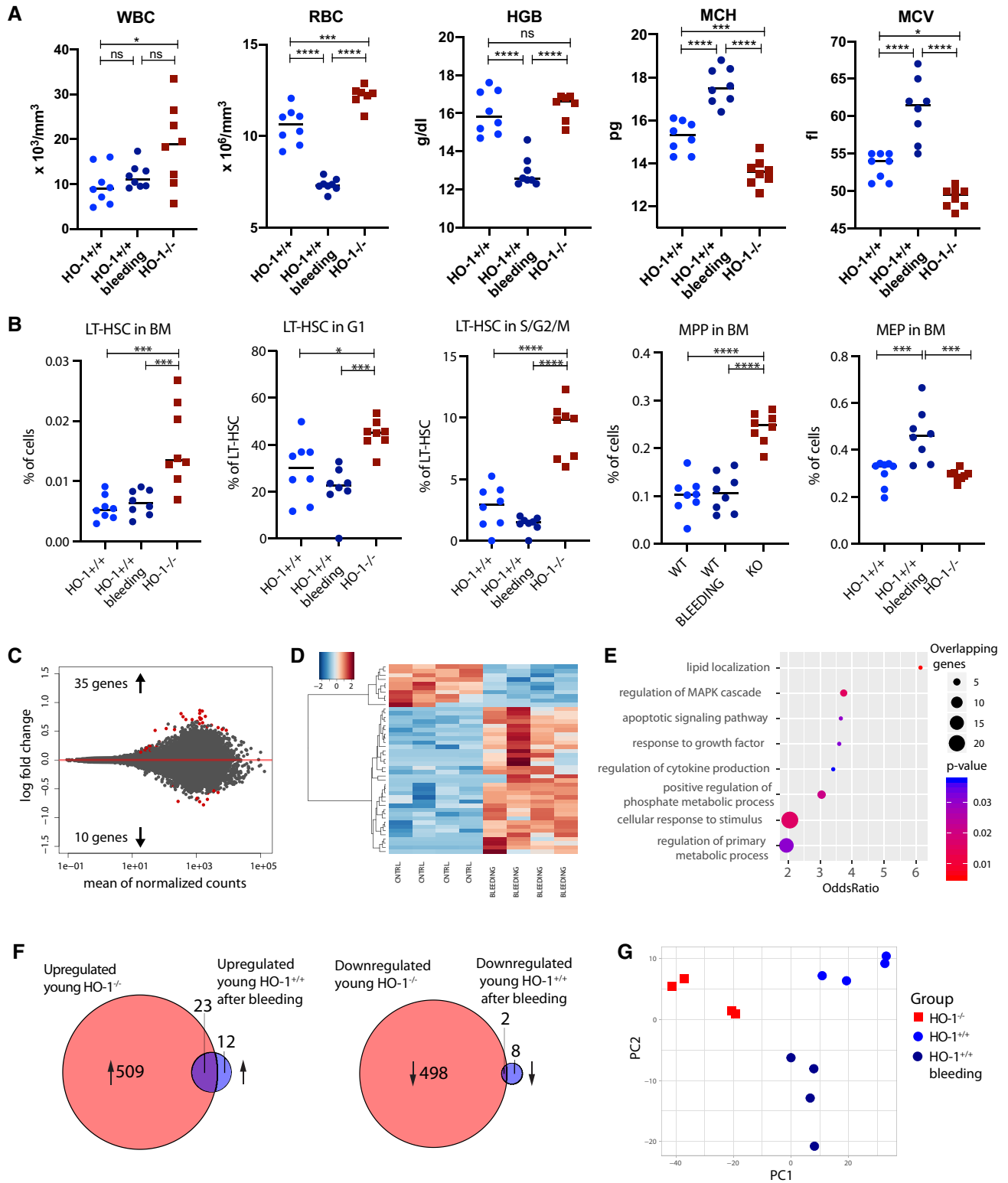


Figure EV5.

**Figure EV5. Induction of anemia by serial bleeding does not induce LT-HSC phenotype observed in HO-1^{-/-} mice.**

- A Comparison of selected blood morphology parameters of HO-1^{-/-} mice with HO-1^{+/+} that were bled. **P* < 0.05, ****P* < 0.001, *****P* < 0.0001, two-tailed unpaired *t*-test.
- B Comparison of frequency and cell cycle of LT-HSCs and frequency of MPPs and MPPs from bled HO-1^{+/+} mice with LT-HSCs from HO-1^{-/-} mice. **P* < 0.05, ****P* < 0.001, *****P* < 0.0001, two-tailed unpaired *t*-test.
- C, D RNA-seq analysis revealed 45 differentially regulated genes in LT-HSCs from bled HO-1^{+/+} mice vs. LT-HSCs from control HO-1^{+/+} mice. Color key represents gene expression (as z-score among row).
- E GSEA among GOBP annotations based on differentially regulated genes.
- F Comparison of overlapping genes that were differentially expressed in LT-HSCs from young HO-1^{-/-} mice with genes that were differentially expressed in LT-HSCs from bled HO-1^{+/+} mice.
- G PCA based on genes differentially expressed in LT-HSCs from both young HO-1^{-/-} and bled HO-1^{+/+} mice.