

**SDC 2. Descriptive statistics**

	n	mean	sd	median	trimmed	mad	min	max	range	skew	kurtosis	se
Age	436	25.15	6.25	23.00	23.99	2.97	18.00	60.00	42.00	2.07	5.35	0.30
BMI	436	25.67	5.37	24.40	25.14	4.89	14.10	47.30	33.20	0.95	0.88	0.26
Systolic BP	411	117.82	13.25	116.00	116.99	13.34	86.00	157.00	71.00	0.55	-0.03	0.65
Diastolic BP	411	72.85	9.94	71.00	72.27	10.38	54.00	109.00	55.00	0.53	0.00	0.49
Total Cholesterol	406	170.00	34.84	167.00	167.45	31.13	100.00	283.00	183.00	0.67	0.43	1.73
HDL	405	54.04	15.53	53.00	53.80	16.31	8.00	95.00	87.00	0.13	-0.30	0.77
TRG	410	136.71	75.97	115.50	126.62	63.01	19.00	417.00	398.00	1.21	1.24	3.75
LDL	385	89.49	32.21	86.00	87.60	32.62	20.00	197.00	177.00	0.53	0.14	1.64
nonHDL	388	116.49	36.67	110.00	113.41	32.62	3.90	242.00	238.10	0.77	0.60	1.86
LDLHDL	385	1.87	1.10	1.60	1.73	0.89	0.07	9.60	9.53	1.92	7.32	0.06
Glucose	409	91.70	11.71	90.00	90.30	7.41	65.00	171.00	106.00	2.17	8.86	0.58
A1c	138	5.32	0.85	5.20	5.21	0.15	4.70	13.11	8.41	6.89	53.98	0.07
IL-1 $\beta$	408	1.08	1.09	0.90	0.89	0.40	0.18	13.56	13.38	6.06	52.72	0.05
IL-6	407	3.32	3.47	2.30	2.76	1.76	0.17	38.77	38.60	4.86	37.03	0.17
IL-8	408	5.46	3.58	4.73	4.99	1.98	1.15	41.06	39.91	5.41	42.93	0.18
TNF $\alpha$	408	5.24	3.11	4.64	4.81	1.60	1.79	41.68	39.89	5.69	53.01	0.15
CRP	340	0.20	0.34	0.09	0.12	0.10	0.00	2.83	2.83	4.34	24.40	0.02
FA	340	2.80	0.92	2.70	2.72	0.67	1.23	13.22	11.99	4.74	47.54	0.05
SAP	340	0.20	0.08	0.19	0.19	0.06	0.05	0.87	0.82	2.44	16.62	0.00
CIMT	402	0.61	0.17	0.58	0.59	0.11	0.32	1.71	1.40	2.32	9.27	0.01
WBC	67	7.04	1.90	6.62	6.90	1.66	3.98	12.61	8.63	0.69	0.12	0.23
RBC	67	4.77	0.37	4.81	4.78	0.36	3.96	5.54	1.58	-0.25	-0.55	0.04
Neutrophils	67	4.23	1.50	4.09	4.13	1.38	1.72	8.35	6.63	0.59	-0.25	0.18
Lymphocytes	67	2.13	0.63	1.99	2.10	0.61	1.10	3.79	2.69	0.45	-0.67	0.08
Monocytes	67	0.47	0.16	0.46	0.46	0.15	0.15	1.11	0.96	1.21	2.57	0.02
Eosinophils	67	0.16	0.11	0.14	0.15	0.10	0.02	0.45	0.43	0.98	0.28	0.01
Basophils	67	0.03	0.02	0.03	0.03	0.01	0.01	0.09	0.08	0.89	0.74	0.00
PHQ9	410	6.42	5.23	5.00	5.64	4.45	1	31	30	1.41	2.12	0.26
ACE	423	2	2	1	1.73	1.48	0	10	10	1.08	0.79	0.10