

Online Supplemental Table 1

	G1 (<i>n</i> = 85)	G2 (<i>n</i> = 43)	G3 (<i>n</i> = 73)	G4 (<i>n</i> = 32)
	<i>M</i> (<i>SD</i>)	<i>M</i> (<i>SD</i>)	<i>M</i> (<i>SD</i>)	<i>M</i> (<i>SD</i>)
Women				
Age	41.44 (11.34)	42.00 (8.08)	40.07 (9.35)	37.88 (9.42)
Income	28348 (27558)	28773 (32098)	23174 (25626)	24640 (19801)
Education Level	14.73 (2.44)	14.11 (2.28)	13.60 (1.97)	14.72 (2.57)
Marital Satisfaction	32.92 (13.74)	21.27 (11.03)	18.28 (10.08)	21.87 (14.33)
Men				
Age	42.78 (11.29)	43.23 (9.45)	42.40 (9.72)	40.88 (10.32)
Income	59168 (57593)	57987 (34844)	51215 (34624)	61094 (39928)
Education Level	14.83 (2.56)	13.94 (2.13)	13.27 (2.22)	14.92 (2.92)
Marital Satisfaction	42.29 (4.93)	37.22 (7.57)	34.87 (11.26)	39.16 (9.97)
Either partner report				
Male-to-Female				
Physical IPV				
Frequency	0.47 (0.21)	0.23 (0.43)	23.44 (37.41)	4.78 (5.55)
Female-to-Male				
Physical IPV				
Frequency	0.40 (1.47)	3.30 (7.18)	20.99 (34.64)	6.34 (7.78)

G1 = satisfied/nonIPV couples, G2 = distressed/nonIPV couples, G3 = distressed/IPV couples, G4 = satisfied/IPV couples.

Online Supplemental Table 2

	Total Sample (<i>N</i> = 233)	At Least One Member High on Flooding (<i>n</i> = 78)	No Members High on Flooding (<i>n</i> = 155)
	<i>M</i> (<i>SD</i>)	<i>M</i> (<i>SD</i>)	<i>M</i> (<i>SD</i>)
GAPS			
Proposed viable solution	2.65 (1.02)	2.29 (1.01)	2.83 (0.97)
Weighed pros/cons	2.28 (0.99)	1.88 (0.85)	2.48 (1.00)
Operationalize Plans	1.73 (1.01)	1.35 (0.68)	1.93 (1.09)
Follow-through	2.11 (1.16)	1.60 (1.00)	2.37 (1.16)
Resolution	2.13 (1.14)	1.54 (0.91)	2.43 (1.13)
Global Progress	2.67 (0.73)	2.35 (0.70)	2.83 (0.69)

GAPS = Global Assessment of Problem Solving; Wife Typical Topic

Online Supplement 3

Intimate Partner Flooding Scale

Instructions: Please use the following scale to rate how often you feel this way when you have conflicts with your partner.

Almost Always
Often
Sometimes
Rarely
Never

- | | | | | | |
|---|---|---|---|---|---|
| 1. I find my partner's anger to be overwhelming. | 1 | 2 | 3 | 4 | 5 |
| 2. My partner tends to explode without warning signs. | 1 | 2 | 3 | 4 | 5 |
| 3. I get all jumbled when my partner is angry with me. | 1 | 2 | 3 | 4 | 5 |
| 4. I get so stressed when my partner blows up at me that I shut down. | 1 | 2 | 3 | 4 | 5 |
| 5. My brain short-circuits when my partner gets angry. | 1 | 2 | 3 | 4 | 5 |
| 6. My partner's anger seems to come out of nowhere. | 1 | 2 | 3 | 4 | 5 |
| 7. My partner's anger overpowers me. | 1 | 2 | 3 | 4 | 5 |
| 8. Anger from my partner makes me unable to focus. | 1 | 2 | 3 | 4 | 5 |
| 9. The intensity of my partner's anger catches me off guard. | 1 | 2 | 3 | 4 | 5 |
| 10. I feel flooded by my partner's anger. | 1 | 2 | 3 | 4 | 5 |
| 11. I can't predict when my partner will blow up at me | 1 | 2 | 3 | 4 | 5 |
| 12. I feel paralyzed during my partner's angry outbursts. | 1 | 2 | 3 | 4 | 5 |
| 13. I'm taken aback by how angry my partner gets during an argument. | 1 | 2 | 3 | 4 | 5 |
| 14. My partner's anger leaves me feeling disorganized and stressed. | 1 | 2 | 3 | 4 | 5 |
| 15. I can't think straight when my partner is angry with me. | 1 | 2 | 3 | 4 | 5 |

All items are reversed scored. Replace "partner" with husband or wife for spouse-specific versions.