

**Supplementary Table S1.** Blood Zn and Se concentrations (mean  $\pm$  SD) after 30 and 90-day administration of Zn and/or Se, and after 90 days exposure with an additional 90-day post-administration period.

		Zn [ $\mu$ g/mL]	Se [ $\mu$ g/mL]
30 days of administration	<b>Control</b>	5.59 $\pm$ 0.16	0.50 $\pm$ 0.04
	<b>Zn</b>	5.87 $\pm$ 0.24	0.51 $\pm$ 0.03
	<b>Se</b>	5.69 $\pm$ 0.24	0.55 $\pm$ 0.03
	<b>Zn+Se</b>	5.72 $\pm$ 0.26	0.52 $\pm$ 0.02
90 days of administration	<b>Control</b>	5.41 $\pm$ 0.21	0.49 $\pm$ 0.02
	<b>Zn</b>	5.81 $\pm$ 0.21	0.50 $\pm$ 0.02
	<b>Se</b>	5.72 $\pm$ 0.28	<b>0.57<math>\pm</math>0.03*</b>
	<b>Zn+Se</b>	5.76 $\pm$ 0.29	0.53 $\pm$ 0.03
90 days of administration and 90-day post administration period	<b>Control</b>	5.19 $\pm$ 0.33	0.50 $\pm$ 0.02
	<b>Zn</b>	5.79 $\pm$ 0.32	0.51 $\pm$ 0.02
	<b>Se</b>	5.61 $\pm$ 0.32	0.56 $\pm$ 0.03
	<b>Zn+Se</b>	5.80 $\pm$ 0.39	0.54 $\pm$ 0.03

\* result statistically significant in comparison to control group,  $p \leq 0.05$