Supplemental Table 1: Hazard ratios (95% CI) for non-fatal coronary artery disease by frequency of fish intake

	Cases/Person-years	Hazard ratio (95% CI)		
Fish Intake		Crude	Model 1	Model 2
<1/month	1,022/65,282	1.00	1.00	1.00
1-3/month	2,089/132,959	1.00 (0.93, 1.08)	0.97 (0.90, 1.04)	1.01 (0.94, 1.09)
1/week	2,010/126,697	1.01 (0.94, 1.09)	0.94 (0.87, 1.01)	1.03 (0.96, 1.11)
2-4/week	967/66,393	0.93 (0.85, 1.02)	0.89 (0.81, 0.97)	1.02 (0.93, 1.11)
≥5/week	177/11,657	0.97 (0.83, 1.14)	1.03 (0.88, 1.21)	1.15 (0.98, 1.35)
P-trend		0.42	0.87	0.09

Model 1: adjusted for age, sex, and race; Model 2: Model 1 + BMI, education, smoking status, alcohol intake, exercise.

Supplemental Table 2: Hazard ratios (95% CI) for non-fatal ischemic stroke by frequency of fish intake

	Cases/Person-years	Hazard ratio (95% CI)		
Fish Intake		Crude	Model 1	Model 2
<1/month	711/93,681	1.00	1.00	1.00
1-3/month	1,310/191,961	0.90 (0.82, 0.99)	0.87 (0.79, 0.95)	0.92 (0.84, 1.00)
1/week	1,264/184,591	0.90 (0.82, 0.99)	0.83 (0.76, 0.91)	0.93 (0.85, 1.02)
2-4/week	637/96,761	0.87 (0.78, 0.97)	0.81 (0.73, 0.90)	0.96 (0.86, 1.07)
≥5/week	120/16,381	0.97 (0.80, 1.17)	0.99 (0.82, 1.21)	1.13 (0.93, 1.38)
P-trend		0.60	0.70	0.16

Model 1: adjusted for age, sex, and race; Model 2: Model 1 + BMI, education, smoking status, alcohol intake, exercise.