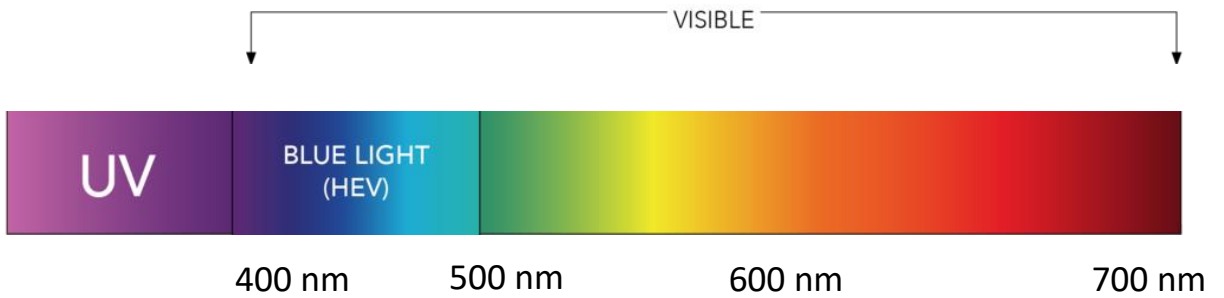
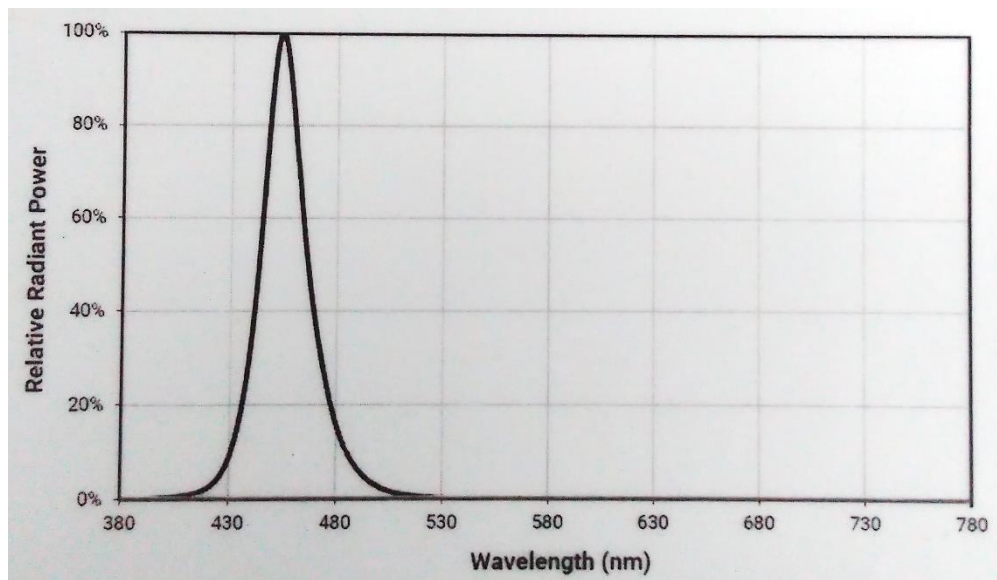


(A)



(B)



**Supplementary Figure 1: (A) Visible light emission wavelengths and classification.** Image adapted from Blue Light Exposed, 2018. **(B) Spectrum of blue light source.**