

Supplemental Material

Suppl. Table 1. Factors associated with oxidative stress cross-sectionally (defined by continuously modelled baseline D-ROM levels). Results of backwards variable selection with a generalized linear model.

Parameter	DIANA		ESTHER		Meta-analysis	
	β	p	β	p	β	p
Sex	58.32	<0.01	52.13	<0.01	55.17	<0.01
Education						
Low	Ref		Ref		Ref	
Medium	1.45	0.80	4.30	0.512	2.66	0.54
High	-13.78	0.07	1.40	0.85	-5.81	0.27
BMI (kg/m²)						
< 25	Ref		Ref		Ref	
25 - < 30	0.74	0.91	-10.35	0.11	-4.93	0.29
30 - < 35	3.53	0.61	-0.05	0.99	1.76	0.72
35 - < 40	7.62	0.39	6.37	0.48	7.02	0.27
≥ 40	39.98	<0.01	7.24	0.55	26.59	0.00
Smoking						
Never smoker	Ref		Ref		Ref	
Former smoker	5.26	0.30	1.84	0.70	3.46	0.32
Current smoker, smoking 0-15 g tobacco/d	33.39	<0.01	26.13	0.01	30.09	<0.01
Current smoker, smoking > 15 g tobacco/d	31.64	0.00	15.73	0.14	24.65	<0.01
HbA_{1c} (%)						
< 6	Ref		Ref		Ref	
6 - < 7	-5.21	0.4215	6.48	0.24	1.48	0.73
7 - < 8	2.27	0.77	16.73	0.01	10.35	0.04
≥ 8	-3.19	0.71	12.78	0.18	4.08	0.53
Diabetes medication						
No	Ref		Ref		Ref	
Oral anti-diabetics	-16.20	0.00	-14.90	0.00	-15.50	<0.01
Insulin	-10.85	0.11	-5.06	0.45	-7.95	0.09
History of stroke	-13.16	0.15	-10.96	0.09	-11.71	0.03
History of myocardial infarction	-1.06	0.91	12.92	0.09	7.45	0.20
Coronary heart disease	13.10	0.07	-0.80	0.88	4.24	0.33
Heart failure	23.39	<0.01	8.98	0.11	15.10	<0.01
History of cancer	22.41	0.00	7.35	0.23	13.74	0.00
Total cholesterol (mg/dL)						
< 200	Ref		Ref		Ref	
200 - < 280	13.87	0.00	9.80	0.04	11.86	<0.01
≥ 280	17.84	0.01	20.00	0.01	18.77	<0.01

Abbreviations: BMI, body mass index; HbA_{1c}, glycated haemoglobin A_{1c}

Suppl. Table 2. Factors associated with high oxidative stress cross-sectionally (defined by baseline D-ROM levels > 400 Carr U). Results of a logistic regression model.

Parameter	DIANA	ESTHER	Meta-Analysis
	OR (95% CI)	OR (95% CI)	OR (95% CI)
Female sex	4.85 (4.21; 5.59)	4.35 (3.68; 5.14)	4.64 (4.16; 5.16)
Education			
Low	Ref	Ref	Ref
Medium	1.13 (0.96; 1.32)	1.11 (0.90; 1.37)	1.12 (0.99; 1.27)
High	0.53 (0.42; 0.68)	0.62 (0.46; 0.83)	0.57 (0.47; 0.68)
BMI (kg/m²)			
< 25	Ref	Ref	Ref
25 - < 30	1.18 (0.98; 1.43)	1.07 (0.86; 1.33)	1.13 (0.98; 1.31)
30 - < 35	1.27 (1.04; 1.55)	1.46 (1.16; 1.84)	1.35 (1.16; 1.57)
35 - < 40	1.72 (1.33; 2.21)	1.54 (1.15; 2.05)	1.64 (1.35; 1.98)
≥ 40	3.17 (2.37; 4.23)	2.34 (1.61; 3.39)	2.83 (2.25; 3.55)
Smoking			
Never smoker	Ref	Ref	Ref
Former smoker	1.31 (1.13; 1.52)	1.08 (0.92; 1.28)	1.20 (1.08; 1.34)
Current smoker, smoking 0-15 g tobacco/d	3.17 (2.44; 4.14)	1.32 (0.95; 1.82)	2.23 (1.82; 2.74)
Current smoker, smoking > 15 g tobacco/d	2.70 (2.07; 3.52)	1.50 (1.06; 2.12)	2.17 (1.76; 2.68)
HbA_{1c} (%)			
< 6	Ref	Ref	Ref
6 - < 7	1.04 (0.86; 1.25)	1.09 (0.91; 1.31)	1.06 (0.93; 1.21)
7 - < 8	1.22 (0.97; 1.52)	1.43 (1.14; 1.80)	1.32 (1.12; 1.54)
≥ 8	1.24 (0.97; 1.60)	1.61 (1.12; 2.21)	1.38 (1.13; 1.68)
Diabetes medication			
No	Ref	Ref	Ref
Oral anti-diabetics	0.59 (0.51; 0.69)	0.54 (0.45; 0.63)	0.57 (0.51; 0.63)
Insulin	0.69 (0.57; 0.83)	0.74 (0.60; 0.93)	0.71 (0.62; 0.82)
History of stroke	0.82 (0.63; 1.06)	0.88 (0.70; 1.11)	0.85 (0.72; 1.02)
History of myocardial infarction	1.11 (0.85; 1.44)	1.50 (1.17; 1.94)	1.31 (1.08; 1.56)
Coronary heart disease	1.16 (0.95; 1.41)	0.95 (0.79; 1.15)	1.05 (0.91; 1.20)
Heart failure	1.53 (1.28; 1.84)	1.32 (1.10; 1.58)	1.42 (1.25; 1.62)
History of cancer	1.89 (1.56; 2.29)	1.17 (0.95; 1.43)	1.50 (1.31; 1.73)
Total cholesterol (mg/dL)			
< 200	Ref	Ref	Ref
200 - < 280	1.26 (1.10; 1.44)	1.43 (1.21; 1.68)	1.32 (1.19; 1.47)
≥ 280	1.51 (1.24; 1.84)	1.59 (1.24; 2.04)	1.54 (1.32; 1.80)

Abbreviations: BMI, body mass index; 95% CI, 95% confidence interval; HbA_{1c}, glycated haemoglobin A_{1c}.

Suppl. Table 3. Factors associated with oxidative stress longitudinally (defined by continuously modelled Δ D-ROM levels). Results of backwards variable selection with a generalized linear model.

Parameter	Diana		Esther		Meta-analysis	
	β	p	β	p	β	p
Age (years)						
< 60	Ref		Ref		Ref	
60 - < 70	0.59	0.93	15.69	0.05	6.96	0.19
70 - < 80	2.60	0.71	19.74	0.02	9.68	0.07
\geq 80	5.06	0.61	28.06	0.01	15.62	0.03
Female sex	15.01	0.01	14.65	0.00	14.79	<0.01
BMI (kg/m²)						
< 25	Ref		Ref		Ref	
25 - < 30	-0.03	1.00	-3.59	0.53	-3.37	0.45
30 - < 35	-2.74	0.71	-0.96	0.87	-1.67	0.72
35 - < 40	17.89	0.07	4.94	0.53	10.10	0.10
\geq 40	26.378	0.02	7.36	0.52	16.94	0.03
Smoking						
Never smoker	Ref		Ref		Ref	
Former smoker	2.95	0.59	0.81	0.85	1.61	0.63
Current smoker, smoking 0-15 g tobacco/d	14.38	0.17	6.94	0.48	10.43	0.15
Current smoker, smoking >15 g tobacco/d	17.57	0.12	17.56	0.07	17.56	0.02
Alcohol consumption						
Abstainer	Ref		Ref		Ref	
Low consumption	3.71	0.47	4.52	0.27	4.21	0.19
Moderate consumption	-7.06	0.56	4.51	0.66	-0.38	0.96
High consumption	42.47	0.04	-0.87	0.96	14.35	0.25
Physical activity (active)	-0.46	0.94	-9.31	0.01	-6.77	0.03
Diabetes medication						
No	Ref		Ref		Ref	
Oral anti-diabetics	-5.13	0.37	3.31	0.43	0.32	0.96
Insulin	4.32	0.58	14.26	0.02	10.45	0.03
Time since diabetes diagnosis (years)						
< 5	Ref		Ref		Ref	
5 - < 10	-1.20	0.84	-6.26	0.23	-4.13	0.29
10 - < 20	10.53	0.09	-12.03	0.03	-1.76	0.67
\geq 20	1.99	0.84	-12.41	0.18	-5.738	0.397
Baseline D-ROM (per 10 Carr Units)	-3.66	<0.01	-5.46	<0.01	-4.71	<0.01

Abbreviations: BMI, body mass index.

Suppl. Table 4. Factors associated with high oxidative stress longitudinally (defined by D-ROM levels > 400 Carr U at follow-up). Results of a logistic regression model.

Parameter	DIANA	ESTHER	Meta-Analysis
	OR (95% CI)	OR (95% CI)	OR (95% CI)
Age (years)			
< 60	Ref	Ref	Ref
60 - < 70	1.08 (0.84; 1.39)	2.24 (1.28; 3.92)	1.22 (0.97; 1.54)
70 - < 80	1.35 (1.05; 1.74)	2.50 (1.42; 4.40)	1.50 (1.19; 1.88)
≥ 80	1.67 (1.16; 2.42)	2.02 (1.00; 4.10)	1.74 (1.26; 2.41)
Female sex	2.10 (1.72; 2.57)	2.24 (1.28; 3.92)	2.12 (1.75; 2.56)
BMI (kg/m²)			
< 25	Ref	Ref	Ref
25 - < 30	0.86 (0.66; 1.10)	1.05 (0.76; 1.45)	0.93 (0.76; 1.14)
30 - < 35	0.73 (0.56; 0.96)	0.88 (0.63; 1.24)	0.79 (0.64; 0.97)
35 - < 40	1.82 (1.25; 2.63)	2.08 (1.40; 3.09)	1.94 (1.48; 2.54)
≥ 40	1.91 (1.21; 3.03)	1.61 (0.94; 2.75)	1.78 (1.25; 2.52)
Smoking			
Never smoker	Ref	Ref	Ref
Former smoker	1.23 (1.01; 1.50)	1.52 (1.20; 1.94)	1.34 (1.15; 1.56)
Current smoker, smoking 0-15 g tobacco/d	1.21 (0.83; 1.77)	1.76 (1.07; 2.90)	1.39 (1.03; 1.88)
Current smoker, smoking >15 g tobacco/d	2.22 (1.45; 3.38)	0.80 (0.45; 1.43)	1.56 (1.11; 2.19)
Alcohol consumption			
Abstainer	Ref	Ref	Ref
Low consumption	1.07 (0.89; 1.29)	0.99 (0.79; 1.24)	1.04 (0.90; 1.20)
Moderate consumption	0.45 (0.29; 0.69)	0.78 (0.42; 1.46)	0.54 (0.38; 0.77)
High consumption	3.38 (1.60; 7.14)	1.08 (0.45; 2.61)	2.09 (1.18; 3.70)
Physical activity (active)	1.09 (0.89; 1.35)	0.68 (0.55; 0.84)	0.86 (0.75; 1.00)
Diabetes medication			
No	Ref	Ref	Ref
Oral anti-diabetics	0.73 (0.59; 0.89)	1.17 (0.92; 1.49)	0.89 (0.76; 1.04)
Insulin	1.11 (0.83; 1.48)	1.34 (0.96; 1.87)	1.20 (0.97; 1.45)
Time since diabetes diagnosis (years)			
< 5	Ref	Ref	Ref
5 - < 10	1.41 (1.14; 1.75)	1.24 (0.97; 1.58)	1.33 (1.34; 1.57)
10 - < 20	1.43 (1.15; 1.79)	0.89 (0.64; 1.24)	1.24 (1.03; 1.48)
≥ 20	1.33 (0.93; 1.89)	1.13 (0.72; 1.75)	1.25 (0.95; 1.65)
Baseline D-ROM (per 10 Carr Units)	1.21 (1.19; 1.23)	1.20 (1.18; 1.22)	1.21 (1.19; 1.22)

Abbreviations: BMI, body mass index; 95% CI, 95% confidence interval; D-ROM; Diacron's reactive oxygen metabolites.

Suppl. Table 5. Factors associated with oxidative stress cross-sectionally (defined by continuously modelled baseline D-ROM levels) in a model adjusted for CRP

Parameter	DIANA		ESTHER		Meta-Analysis	
	β	p	β	p	β	p
Sex	55.95	<0.01	48.13	<0.01	51.92	<0.01
Education						
Low	Ref		Ref		Ref	
Medium	3.69	0.50	3.77	0.55	3.72	0.37
High	-7.53	0.30	4.75	0.49	-0.99	0.84
BMI (kg/m²)						
< 25	Ref		Ref		Ref	
25 - < 30	-0.96	0.88	-12.83	0.04	-7.10	0.11
30 - < 35	-0.84	0.90	-10.37	0.12	-5.58	0.23
35 - < 40	-1.08	0.90	-8.72	0.32	-4.79	0.43
≥ 40	23.10	0.02	-10.37	0.37	9.13	0.22
Smoking						
Never smoker	Ref		Ref		Ref	
Former smoker	2.07	0.67	2.32	0.61	2.20	0.51
Current smoker, smoking 0-15 g tobacco/d	27.98	0.00	17.32	0.08	23.04	0.00
Current smoker, smoking >15 g tobacco/d	20.92	0.02	12.32	0.22	17.06	0.01
Total cholesterol (mg/dL)						
< 200						
200 - < 280	11.46	0.01	8.17	0.06	9.82	0.00
≥ 280	14.04	0.04	18.20	0.02	15.90	0.00
HbA_{1c} (%)						
< 6	Ref		Ref		Ref	
6 - < 7	-7.24	0.234	6.54	0.21	0.74	0.85
7 - < 8	-2.00	0.78	11.31	0.08	5.51	0.25
≥ 8	-4.26	0.61	5.36	0.55	0.72	0.98
Diabetes medication						
No	Ref		Ref		Ref	
Oral anti-diabetics	-15.73	0.00	-11.555	0.01	-13.48	<0.01
Insulin	-11.28	0.08	-1.61	0.80	-6.36	0.16
History of stroke	-8.57	0.33	-9.47	0.13	-9.17	0.07
History of myocardial infarction	3.72	0.68	10.99	0.12	8.20	0.14
Coronary heart disease	9.39	0.19	-3.16	0.55	1.26	0.76
Heart failure	17.09	0.01	7.11	0.18	11.24	0.01
History of cancer	23.02	0.00	6.39	0.27	12.87	0.01
CRP (mg/L)						
≤ 3	Ref		Ref		Ref	
> 3 - ≤ 10	30.80	<0.01	33.32	<0.01	32.08	<0.01
> 10	61.02	<0.01	66.06	<0.01	63.77	<0.01

Abbreviations: BMI, body mass index; CRP, C-reactive protein; HbA_{1c}, glycated haemoglobin A_{1c}.

Suppl. Table 6. Factors associated with oxidative stress longitudinally (defined by continuously modelled Δ D-ROM levels) in a model adjusted for CRP

Parameter	DIANA		ESTHER		Meta-analysis	
	β	p	β	p	β	p
Age (years)						
< 60						
60 - < 70	0.41	0.95	15.51	0.06	6.75	0.20
70 - < 80	2.43	0.73	18.77	0.02	9.14	0.09
\geq 80	3.18	0.75	27.21	0.01	14.18	0.05
Gender	14.18	0.01	14.80	0.00	14.56	<0.01
BMI (kg/m²)						
< 25						
25 - < 30	-1.12	0.88	-4.29	0.45	-3.08	0.49
30 - < 35	-4.62	0.54	-3.45	0.58	-3.93	0.41
35 - < 40	14.83	0.13	2.13	0.79	7.24	0.24
\geq 40	25.03	0.03	2.88	0.80	14.15	0.08
Smoking						
Never smoker						
Former smoker	1.53	0.78	0.70	0.87	1.01	0.76
Current smoker, smoking 0-15 g tobacco/d	11.11	0.29	5.06	0.61	7.90	0.28
Current smoker, smoking >15 g tobacco/d	17.84	0.11	17.59	0.07	17.69	0.02
Alcohol consumption						
Abstainer						
Low consumption	3.30	0.52	4.74	0.24	4.18	0.19
Moderate consumption	-5.67	0.63	4.88	0.63	0.40	0.96
High consumption	34.90	0.10	-1.48	0.92	11.30	0.37
Physical activity (active)	-0.94	0.87	-8.58	0.02	-6.37	0.043
Diabetes medication						
No						
Oral anti-diabetics	-5.79	0.30	3.47	0.41	0.18	0.96
Insulin	3.79	0.63	13.69	0.03	9.88	0.04
Time since diabetes diagnosis (years)						
< 5						
5 - < 10	-0.80	0.89	-5.91	0.25	-3.75	0.33
10 - < 20	11.93	0.05	-11.58	0.04	1.01	0.08
\geq 20	3.37	0.73	-10.93	0.25	-4.21	0.54
Baseline D-ROM (per 10 Carr Units)	-3.74	<0.01	-5.67	<0.01	-4.86	<0.01
CRP (mg/L)						
\leq 3						
> 3 - \leq 10	14.06	0.01	7.17	0.09	9.87	0.00
> 10	-10.18	0.25	14.41	0.05	4.37	0.43

Abbreviations: BMI, body mass index; CRP, C-reactive protein; D-ROM; Diacron's reactive oxygen metabolites.