Title: Supplementary Data 1:

Description: Excel File containing 6 sheets describing meta information and results for the 70 genotyped ancient individuals as well as reference individuals included in this study. Importantly, sheet A contains relevant meta information for each newly genotyped individual. The symbol "_" in the ID column indicates that two libraries have been merged - as three pairs of individuals turned out to be genetically identical (each pair from the same site and with overlapping radiocarbon dates).

Title: Supplementary Data 2:

Description: Excel file summarizing f-statistics results.

Title: Supplementary Data 3:

Description: Excel file summarizing individual qpAdm results with 2-5 proximal sources.