

Table e-3. Ordinary least squares models to predict SBP variability before the study (N = 92)\*

Variables	Model 1		Model 2		Model 3	
	Estimate (95% CI)	P-Value	Estimate (95% CI)	P-Value	Estimate (95% CI)	P-Value
Intercept	0.098 (-0.069 - 0.128)	0.000	0.042 (-0.027 - 0.110)	0.232	0.046 (-0.023 - 0.115)	0.189
PDDS severity [1 (No or Mild)]						
2 (Moderate)	0.010 (-0.009 - 0.029)	0.286	0.011 (-0.008 - 0.030)	0.256	0.011 (-0.009 - 0.030)	0.274
3 (Severe)	0.019 (-0.001 - 0.039)	0.059	0.019 (-0.001 - 0.040)	0.063	0.019 (-0.002 - 0.040)	0.070
Age (per 100 y)	0.000 (-0.001 - 0.001)	0.567	0.000 (-0.001 - 0.000)	0.340	0.000 (-0.001 - 0.000)	0.244
Female [Male]	-0.004 (-0.019 - 0.010)	0.544	-0.006 (-0.020 - 0.009)	0.424	-0.005 (-0.020 - 0.009)	0.468
White Race [Other race/ethnicity]	-0.018 (-0.038 - 0.002)	0.075	-0.017 (-0.037 - 0.003)	0.097	-0.015 (-0.036 - 0.005)	0.137
Within-subject mean SBP (mm Hg)			0.001 (0.000 - 0.001)	0.056	0.001 (-0.000 - 0.001)	0.073
Number of within-subject SBP measures			0.000 (-0.001 - 0.001)	0.958	0.000 (-0.001 - 0.001)	0.918
BMI (kg/m <sup>2</sup> )					-0.000 (-0.001 - 0.001)	0.896
Depression					0.001 (-0.017 - 0.018)	0.954
Hypertension					-0.013 (-0.029 - 0.001)	0.078

\* Reference categories are in angle brackets. P-values are not corrected for multiple comparison. PDDS = patient determined disease steps; SBP = systolic blood pressure; BMI = body mass index.