

Table e-4. Ordinary least squares models to predict SBP variability post study (N = 89)\*

Variables	Model 1		Model 2		Model 3	
	Estimate (95% CI)	P-Value	Estimate (95% CI)	P-Value	Estimate (95% CI)	P-Value
Intercept	0.072 (0.041 - 0.103)	< 0.001	0.008 (-0.069 - 0.084)	0.840	0.004 (-0.073 - 0.082)	0.909
PDDS scores [1 (No or Mild)]						
2 (Moderate)	0.031 (0.011 - 0.051)	0.003	0.030 (0.010 - 0.050)	0.004	0.029 (0.008 - 0.050)	0.007
3 (Severe)	0.021 (0.000 - 0.042)	0.052	0.018 (-0.004 - 0.040)	0.101	0.018 (-0.004 - 0.040)	0.115
Age (per 100 y)	0.001 (-0.076 - 0.077)	0.990	-0.005 (-0.082 - 0.072)	0.892	0.000 (-0.001 - 0.001)	0.898
Female	-0.007 (-0.023 - 0.008)	0.357	-0.009 (-0.024 - 0.007)	0.265	-0.008 (-0.024 - 0.007)	0.285
White Race	-0.005 (-0.026 - 0.016)	0.655	-0.002 (-0.023 - 0.019)	0.862	-0.001 (-0.023 - 0.020)	0.891
Within-subject mean SBP (mm Hg)			0.000 (0.000 - 0.001)	0.103	0.000 (-0.000 - 0.001)	0.247
Within-subject BP measures			0.001 (0.000 - 0.002)	0.228	0.001 (-0.001 - 0.002)	0.396
BMI (kg/m <sup>2</sup> )					0.000 (-0.001 - 0.002)	0.516
Depression					0.010 (-0.009 - 0.029)	0.280
Hypertension					0.001 (-0.016 - 0.018)	0.876

\* Reference categories are in angle brackets. P-values are not corrected for multiple comparison. PDDS = patient determined disease steps; SBP = systolic blood pressure; BMI = body mass index.