Supplemental information 1: The survey

DEMOGRAPHICS
1. Age
2. Gender
3. In which country do you reside?
4. What is your profession? (Multiple choice). Options: GP, ENT, psychologist, psychiatrist, neurologist, audiologist, other, namely…
5. Where do you work? (Multiple choice). Options: Public hospital, private hospital, university, university hospital, private office/practice, other, namely…

NATIONAL HEALTH-CARE STRUCTURE
6. Are there specialized tinnitus healthcare-units in your country? (yes/no)
7. What referral pathways for tinnitus patients are typically used in your country? (Multiple choice). Options: GP, ENT, Internet, directly, hospital, psychologist, dentist, community services, other, namely…
8. Is a consultation with GP necessary to go to a tinnitus unit/clinic/ENT/Audiological centre? (yes/no)

STATUS OF THE PATIENT
9. Do you consider tinnitus to be…? (Multiple choice). Options: Symptom, disease, audiological problem, psychological problem, none of the above, other, namely…
10. What is on average the emotional status of your patient at the moment of first consultation? (5-point Likert). Options: Very positive, somewhat positive, neutral, distressed, very distressed
11. Do you see predominantly…? (Multiple choice). Options: Chronic tinnitus (more than 3 months), acute tinnitus (less than 3 months), both
12. How much time can you allocate to an individual tinnitus patient in one consultation? (Multiple choice). Options: 1-10 min, 10-30 min, 30-60 min, More than 60 min
13. How many tinnitus patients do you see in one week? (Multiple choice). Options: Less than 1, 1-5, 6-10, More than 10

MANAGEMENT OF THE PATIENT
14. Is there a protocol for tinnitus management in your country? (yes/no)
b. If yes, how often do you use it? (5-point Likert). Options: Always, almost always, sometimes, almost never, never
15. What disciplines most often handle tinnitus patients in your country? (Multiple choice). Options: ENT, audiology, psychology, psychiatry, physiotherapy, neurology, dentistry, other, namely…

16. Is there a multidisciplinary approach to treat the tinnitus patient? (yes/no)

    b. If yes which professionals are included? (Multiple choice). Options: ENT, audiologist, psychologist, psychiatrist, physiotherapist, neurologist, dentist, other, namely…

17. Which medical/psychiatric conditions are taken into consideration when examining tinnitus patients? (Multiple choice). Options: Hypertension, diabetes, thyroid dysfunction, TMJ disorders, psychological/psychiatric disorders, hearing loss, hyperlipidaemia, dizziness, cervical disorders, migraine, allergy, other

TREATMENT AND DIAGNOSTICS

18. What kind of clinical department in your country treats tinnitus patients? (Multiple choice). Options: ENT, audiology, psychology, psychiatry, physiotherapy, neurology, dentistry, other, namely…

19. What are the treatments options for tinnitus patients in your center? (Multiple choice). Options: TRT, CBT, mindfulness, relaxation, coping training, counselling, medication, advise/counselling, alternative therapies, sound therapy, rTMS, neurofeedback, physiotherapy, dental procedure, other

20. What diagnostic tools do you use on a tinnitus patient? (Multiple choice). Options: Questionnaires, micro-otoscopy, tympanometry, nasal endoscopy, pure tone audiometry, high frequency audiometry (12, 16, 20 kHz), speech audiometry (hearing loss), tinnitus pitch and loudness – LDL – LMM – IR, broad band noise EP, pure tone EP, (DP)OAE, air-conduction auditory steady-state responses (AC-ASSR), EEG, CT, MRI, angio-MRI.

21. Which questionnaires do you use to assess tinnitus severity? (Multiple choice). Options: TQ, TRQ, TFI, THI, TFI, TSCH, HADS, BDI, STAI , VAS scales, Grade from 1 to 10, other, namely

22. How do your patients pay for treatment? (Multiple choice). Options: Public health, health insurance, privately, other, namely…

23. Are you satisfied with the current service provided by your healthcare-unit? (yes/no)