



Study	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)
Chen2015	?	-	?	?	+
Guo2018	?	-	?	?	+
He2018	+	-	?	?	+
Li2015	?	-	?	?	+
Liu2017	?	-	?	+	+
Meng2016	?	-	+	+	+
Sandip2017	+	+	+	+	+
Tian2009	+	-	?	?	+
Tian2017	?	-	?	?	+
Wang2016	?	-	?	?	+
Zhao2018	+	-	?	?	+