



## Aims

Using primary care practices as an example for small and medium-sized enterprises (SMEs), IMPROVE<sub>job</sub> aims to develop a multimodal, participatory intervention for the prevention of psychological distress within general practice teams. Furthermore, the effect of the intervention is assessed and options for the transferral into other SMEs are evaluated.

The project is carried out at the universities and university clinics of Tübingen, Bonn, Essen and Bochum in four closely interlinked subprojects (SP):

- SP 1: Analysis of working conditions in primary care practices,
- SP 2: Development of the intervention and feasibility study,
- SP 3: Evaluation of the effectiveness of the intervention (cRCT),
- SP 4: Evaluation of transferral options into other SMEs.

## Contact

### Coordination IMPROVE<sub>job</sub>-Consortium:

Institute of Occupational and Social Medicine and Health Services Research  
University Hospital Tuebingen  
Wilhelmstr. 27  
D-72074 Tuebingen

+49 7071 29-80154

+49 7071 29-4362

improvejob.projekt@med.u  
ni-tuebingen.de



Federal Ministry  
of Education  
and Research