

S1 File.

S2 Table. Baseline characteristics based upon completed and missing MRC-SS.

variable	n	completed MRC-SS	n	missing MRC-SS	p-value
MRC sum-score at ICU discharge (0-60)	83	45 [38.5, 54]		NA [NA, NA]	
Randomized to non-standard intervention	83	40 (48%)	32	18 (56%)	0.57
Age (years)	83	67.5 [55.55, 75.4]	32	67.6 [57.7, 73.53]	0.84
Gender (male)	83	52 (63%)	32	25 (78%)	0.17
BMI (kg/m²)	83	26.2 [23.6, 31.35]	32	26.35 [24.62, 28.1]	0.72
Weight (kg)	83	80 [66, 90]	32	82 [74.75, 90.25]	0.35
ICU diagnosis on ICU admission	83		32		0.57
gastroenterology		11 (13%)		3 (9%)	
heart surgery		18 (22%)		3 (9%)	
hemodynamic insufficiency		16 (19%)		10 (31%)	
neurology / neurosurgery		4 (5%)		5 (16%)	
other		1 (1%)		1 (3%)	
other surgery		11 (13%)		3 (9%)	
respiratory insufficiency		20 (24%)		5 (16%)	
trauma		2 (2%)		2 (6%)	
APACHE II score (0-71) ^a	83	21 [17, 26]	32	27 [21.5, 30]	< 0.001
SOFA score (0-24) ^b	83	8 [6, 10]	32	10 [8, 14.25]	< 0.001
ICU days until study inclusion	83	1.71 [0.85, 2.57]	32	1.82 [1.08, 2.39]	0.60
Restricted in activities of daily living (ADL)	80	8 (10%)	31	5 (16%)	0.57
NYHA symptoms (stage 2 to 4)	80	36 (45%)	31	12 (39%)	0.70
Dyspnoea symptoms	80	20 (25%)	31	10 (32%)	0.59
Hematologic malignancy	80	3 (4%)	31	2 (6%)	0.92
Immunosuppression	80	11 (14%)	31	5 (16%)	0.98
Liver disease	80	7 (9%)	31	8 (26%)	0.04
Chronic dialysis	80	0 (0%)	31	0 (0%)	

^a at ICU admission

^b at study inclusion

Comparison of baseline characteristics of patients with observed MRC-SS and patients for whom we could not collect MRC-SS. Data are presented as median [25%, 75%] or frequencies (%).

Abbreviations: NA = not available, NYHA = New York Heart Association, BMI = Body Mass Index, APACHE = Acute Physiology and Chronic Health Evaluation, SOFA = Sequential Organ Failure Assessment