

## Reporting Summary

Nature Research wishes to improve the reproducibility of the work that we publish. This form provides structure for consistency and transparency in reporting. For further information on Nature Research policies, see [Authors & Referees](#) and the [Editorial Policy Checklist](#).

### Statistics

For all statistical analyses, confirm that the following items are present in the figure legend, table legend, main text, or Methods section.

n/a Confirmed

- |                                     |                                     |  |
|-------------------------------------|-------------------------------------|--|
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | The exact sample size ( $n$ ) for each experimental group/condition, given as a discrete number and unit of measurement  |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | A statement on whether measurements were taken from distinct samples or whether the same sample was measured repeatedly  |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | The statistical test(s) used AND whether they are one- or two-sided<br><i>Only common tests should be described solely by name; describe more complex techniques in the Methods section.</i>   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A description of all covariates tested   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | A description of any assumptions or corrections, such as tests of normality and adjustment for multiple comparisons  |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | A full description of the statistical parameters including central tendency (e.g. means) or other basic estimates (e.g. regression coefficient) AND variation (e.g. standard deviation) or associated estimates of uncertainty (e.g. confidence intervals) |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> | For null hypothesis testing, the test statistic (e.g. $F$ , $t$ , $r$ ) with confidence intervals, effect sizes, degrees of freedom and $P$ value noted<br><i>Give <math>P</math> values as exact values whenever suitable.</i>                            |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | For Bayesian analysis, information on the choice of priors and Markov chain Monte Carlo settings   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | For hierarchical and complex designs, identification of the appropriate level for tests and full reporting of outcomes   |
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            | Estimates of effect sizes (e.g. Cohen's $d$ , Pearson's $r$ ), indicating how they were calculated   |

*Our web collection on [statistics for biologists](#) contains articles on many of the points above.*

### Software and code

Policy information about [availability of computer code](#)

Data collection: SoftWoRx 3.6.0 (Applied precision), FACSDiva Software 5.0.3 (BD Biosciences).

Data analysis: Matlab R2018a, Graphpad Prism 8, breseq, Clustal Omega 1.2.2, FlowJo, Fiji 1.51d, ImageJ 1.52

For manuscripts utilizing custom algorithms or software that are central to the research but not yet described in published literature, software must be made available to editors/reviewers. We strongly encourage code deposition in a community repository (e.g. GitHub). See the Nature Research [guidelines for submitting code & software](#) for further information.

### Data

Policy information about [availability of data](#)

All manuscripts must include a [data availability statement](#). This statement should provide the following information, where applicable:

- Accession codes, unique identifiers, or web links for publicly available datasets
- A list of figures that have associated raw data
- A description of any restrictions on data availability

Data supporting the findings of this work are available within the paper and its Supplementary Information files. The source data underlying Figs 1a, 2c–e, 2f, 3a, 3b, 4c–d, 5a, 5c, 5d and 6b, and Supplementary Figs 1, 5b, 6a, 6b, 7c, 7d, 8, 9, 10a, 11a, 11b, 12a, 12b, 13a, and 14a are provided as a Source Data file. All other data are available from the corresponding author on request.

### Field-specific reporting

Please select the one below that is the best fit for your research. If you are not sure, read the appropriate sections before making your selection.

## Life sciences study design

All studies must disclose on these points even when the disclosure is negative.

Sample size	No sample size was calculated. Sample size varied from a minimum of 3 independent experiments for GFP measurement by plate reader assays and microscopy observations, whereas flow cytometry was performed with 10,000 cells. All sample sizes are indicated in the text or figure legends. Bacterial growth measurements are averages of three independent cultures. All replicates showed similar results.
Data exclusions	No data were excluded.
Replication	Bacterial growth measurements are averages of three independent cultures. All replicates showed similar results. Where possible, positive and negative controls for colony analysis were used to be sure of the accuracy of data and experimental conditions.
Randomization	In figures S4, S5 and Table S3, colonies were randomly selected to corroborate our findings of each colony phenotype. And all replicates show similar results.
Blinding	Blinding was not necessary as samples were not allocated to groups.

## Reporting for specific materials, systems and methods

We require information from authors about some types of materials, experimental systems and methods used in many studies. Here, indicate whether each material, system or method listed is relevant to your study. If you are not sure if a list item applies to your research, read the appropriate section before selecting a response.

### Materials & experimental systems

n/a	Involved in the study
<input checked="" type="checkbox"/>	<input type="checkbox"/> Antibodies
<input checked="" type="checkbox"/>	<input type="checkbox"/> Eukaryotic cell lines
<input checked="" type="checkbox"/>	<input type="checkbox"/> Palaeontology
<input checked="" type="checkbox"/>	<input type="checkbox"/> Animals and other organisms
<input checked="" type="checkbox"/>	<input type="checkbox"/> Human research participants
<input checked="" type="checkbox"/>	<input type="checkbox"/> Clinical data

### Methods

n/a	Involved in the study
<input checked="" type="checkbox"/>	<input type="checkbox"/> ChIP-seq
<input type="checkbox"/>	<input checked="" type="checkbox"/> Flow cytometry
<input checked="" type="checkbox"/>	<input type="checkbox"/> MRI-based neuroimaging

## Flow Cytometry

### Plots

Confirm that:

- The axis labels state the marker and fluorochrome used (e.g. CD4-FITC).
- The axis scales are clearly visible. Include numbers along axes only for bottom left plot of group (a 'group' is an analysis of identical markers).
- All plots are contour plots with outliers or pseudocolor plots.
- A numerical value for number of cells or percentage (with statistics) is provided.

### Methodology

Sample preparation	Bacterial cultures were grown overnight in chemically defined medium (CDM), washed three times in PBS and transferred to fresh CDM supplemented with varying concentrations of methionine. The cultures were incubated at 30°C and samples were taken either at exponential or stationary growth phase.
Instrument	FACS Canto flow cytometer (BD Biosciences, CA, USA)
Software	FACSDiva 5.0.3, FlowJo
Cell population abundance	The GFP-signal was recorded in 10,000 events
Gating strategy	A threshold for the FSC and SCC parameters was set (200 in both) in the FACS Canto flow cytometer (BD Biosciences, CA, USA) to remove all the events that do not correspond to cells. The GFP-signal at all the measured cells was recorded in 10,000 events and used for downstream analysis (named ungated events in the corresponding figures). GFP-signal measurements were obtained with a FACS Canto flow cytometer (BD Biosciences, CA, USA) using a 488 nm argon laser.

- Tick this box to confirm that a figure exemplifying the gating strategy is provided in the Supplementary Information.