

		2 points	1 point	0 points
A	Cardiovascular stability: Heart rate (beats per minute)	120 – 160 for 10 mins continuously	100 - 120 or 161 – 200 for >5 out of 10 mins	<100 or >200 continuously for >5 out of 10 mins
B	Respiratory stability: Breathing pattern and respiratory rate (RR) (breaths per minute)	Regular breathing And/or RR 20 – 60 continuously for 10 mins	Irregular or periodic breathing with 1 or more pauses for <10 secs And / or RR 20 – 29 or 61 – 100 for >5 out of 10 mins	Irregular breathing with 1 or more pauses for >10 secs And / or Irregular breathing with 1 or more pauses for <10 seconds but which result in oxygen saturation <88% Need for bag-valve-mask ventilation And / or RR <20 or >100 for >5 out of 10 mins
C	Oxygen saturation (%)	>88% continuously in room air for 10 mins	>88% continuously for >5 out of 10 mins in oxygen	<88% continuously for >5 out of 10 mins despite oxygen

Stable = 6 points; Mild – moderately unstable = 3 – 5 points; Severely unstable = 0 – 2 points