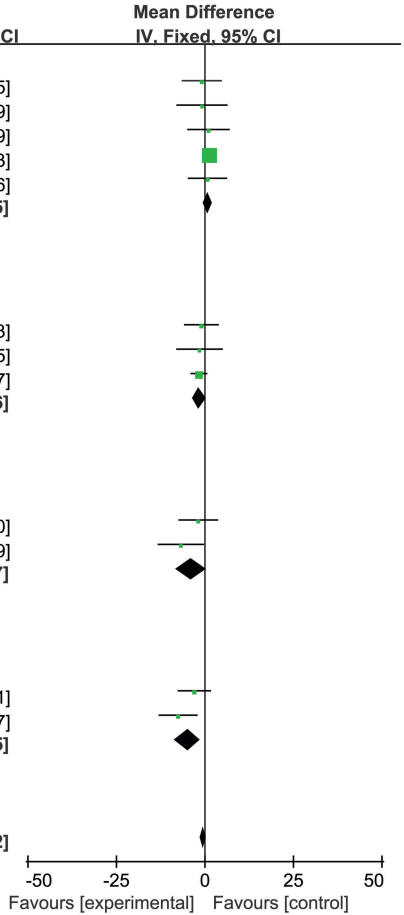Study or Subgroup	Experimental Mean	Experimental SD	Experimental Total	Control Mean	Control SD	Control Total	Weight	Mean Difference IV, Fixed, 95% CI
30.1.1 MELD score at 0 week								
Chen YS 2013	30.3	11.3	33	31.2	12.3	34	3.3%	-0.90 [-6.55, 4.75]
Cui YH 2015	33.71	11.09	18	34.55	12.2	22	2.0%	-0.84 [-8.07, 6.39]
Hou CL 2012	31.3	11.1	25	30.3	10.5	25	2.9%	1.00 [-4.99, 6.99]
Peng 2011	29.97	4.02	39	28.7	3.32	77	49.0%	1.27 [-0.19, 2.73]
Wu YZ 2017	34.67	10.62	27	33.96	9.8	25	3.4%	0.71 [-4.84, 6.26]
Subtotal (95% CI)			**142**			**183**	**60.6%**	**1.04 [-0.28, 2.35]**
Heterogeneity: Chi² = 0.82, df = 4 (P = 0.94); I² = 0%								
Test for overall effect: Z = 1.55 (P = 0.12)								
30.1.2 MELD score at 4 week								
Chen YS 2013	28.8	10.3	33	29.8	10.3	34	4.3%	-1.00 [-5.93, 3.93]
Hou CL 2012	29.08	11.34	25	30.62	12.41	25	2.4%	-1.54 [-8.13, 5.05]
Peng 2011	19.32	6.18	39	21.02	6.07	77	18.7%	-1.70 [-4.07, 0.67]
Subtotal (95% CI)			**97**			**136**	**25.4%**	**-1.57 [-3.60, 0.46]**
Heterogeneity: Chi² = 0.06, df = 2 (P = 0.97); I² = 0%								
Test for overall effect: Z = 1.51 (P = 0.13)								
30.1.3 MELD score at 12 week								
Chen YS 2013	25.6	10	33	27.5	13.2	34	3.3%	-1.90 [-7.50, 3.70]
Cui YH 2015	20.05	10.2	18	26.87	10.82	22	2.5%	-6.82 [-13.35, -0.29]
Subtotal (95% CI)			**51**			**56**	**5.8%**	**-3.98 [-8.23, 0.27]**
Heterogeneity: Chi² = 1.26, df = 1 (P = 0.26); I² = 20%								
Test for overall effect: Z = 1.84 (P = 0.07)								
30.1.4 MELD score at 24 week								
Chen YS 2013	24	8.9	33	27	10.7	34	4.7%	-3.00 [-7.71, 1.71]
Wu YZ 2017	19.53	9.66	27	27.12	10.57	25	3.4%	-7.59 [-13.11, -2.07]
Subtotal (95% CI)			**60**			**59**	**8.2%**	**-4.93 [-8.51, -1.35]**
Heterogeneity: Chi² = 1.54, df = 1 (P = 0.21); I² = 35%								
Test for overall effect: Z = 2.70 (P = 0.007)								
Total (95% CI)			**350**			**434**	**100.0%**	**-0.40 [-1.43, 0.62]**
Heterogeneity: Chi² = 18.42, df = 11 (P = 0.07); I² = 40%								
Test for overall effect: Z = 0.77 (P = 0.44)								
Test for subgroup differences: Chi² = 14.75, df = 3 (P = 0.002), I² = 79.7%