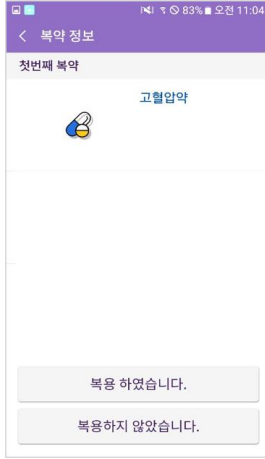


Multimedia Appendix 1. Screenshots of the intervention

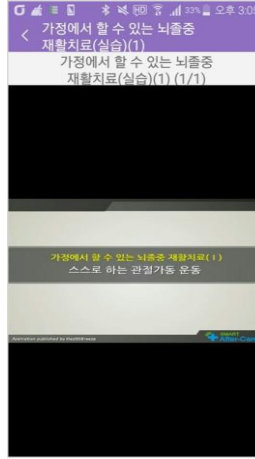
Self-testing of stroke symptoms



Registration of medication intake



Stroke education: post-stroke home-rehabilitation



Stroke education: daily newsfeed



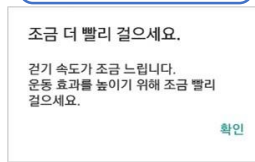
Exercise program : evaluation after exercise



Exercise program : Instructions for stretching



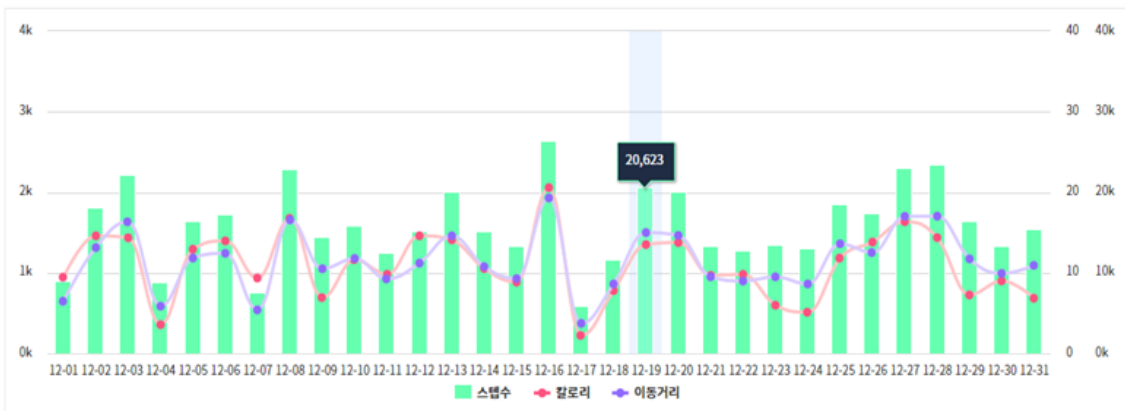
Exercise program : Alarm for too slow walking speed



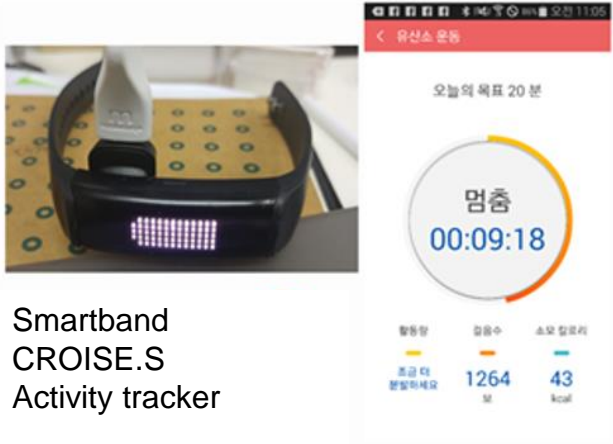
Weekly report for participants



Exercise program : Summary of walking steps (green), consumed calories (red), walking distance (blue)

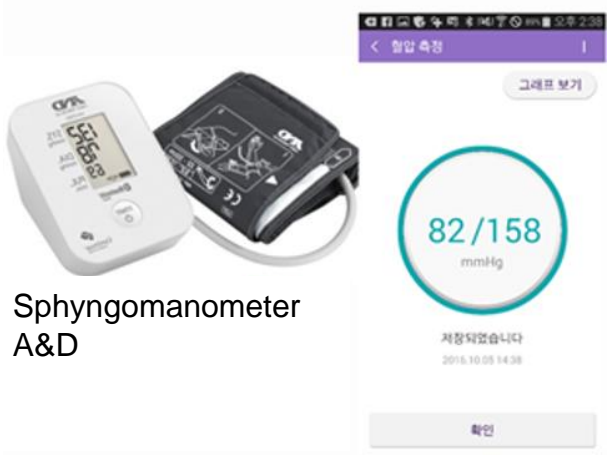


**Smart Band and exercise program:
walking mode screenshot**



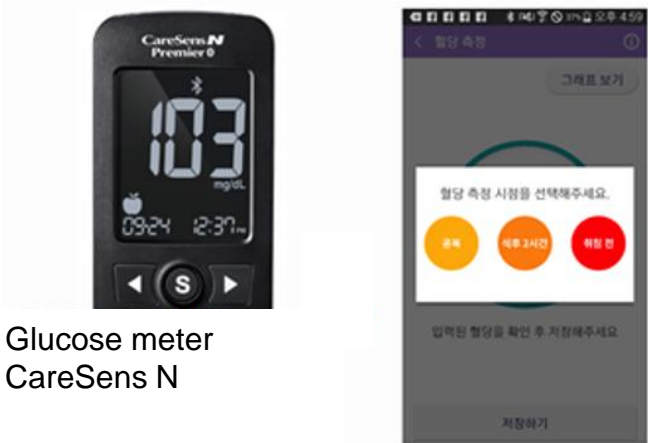
Smartband
CROISE.S
Activity tracker

**Sphyngomanometer and
blood pressure screenshot**



Sphyngomanometer
A&D

**Glucose meter and
blood glucose saving screenshot**



Glucose meter
CareSens N