

## Supplementary Online Content

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This supplementary material has been provided by the authors to give readers additional information about their work.

## Appendix A. Search string for PubMed

(Psychotherapy [MH] OR psychotherap\*[All Fields] OR cbt[All Fields] OR "behavior therapies"[All Fields] OR "behavior therapy"[All Fields] OR "behavior therapeutic"[All Fields] OR "behavior therapeutical"[All Fields] OR "behavior therapeutics"[All Fields] OR "behavior therapist"[All Fields] OR "behavior therapists"[All Fields] OR "behavior treatment"[All Fields] OR "behavior treatments"[All Fields] OR "behaviors therapies"[All Fields] OR "behaviors therapy"[All Fields] OR "behaviors therapeutics"[All Fields] OR "behaviors therapeutic"[All Fields] OR "behaviors therapeutical"[All Fields] OR "behaviors therapist"[All Fields] OR "behaviors therapists"[All Fields] OR "behaviors treatment"[All Fields] OR "behaviors treatments"[All Fields] OR "behavioral therapies"[All Fields] OR "behavioral therapy"[All Fields] OR "behavioral therapeutics"[All Fields] OR "behavioral therapeutic"[All Fields] OR "behavioral therapeutical"[All Fields] OR "behavioral therapist"[All Fields] OR "behavioral therapists"[All Fields] OR "behavioral treatment"[All Fields] OR "behavioral treatments"[All Fields] OR "behaviour therapies"[All Fields] OR "behaviour therapy"[All Fields] OR "behaviour therapeutic"[All Fields] OR "behaviour therapeutical"[All Fields] OR "behaviour therapeutics"[All Fields] OR "behaviour therapist"[All Fields] OR "behaviour therapists"[All Fields] OR "behaviour treatment"[All Fields] OR "behaviour treatments"[All Fields] OR "behaviours therapies"[All Fields] OR "behaviours therapy"[All Fields] OR "behaviours therapeutics"[All Fields] OR "behaviours therapeutic"[All Fields] OR "behaviours therapeutical"[All Fields] OR "behaviours therapist"[All Fields] OR "behaviours therapists"[All Fields] OR "behaviours treatment"[All Fields] OR "behaviours treatments"[All Fields] OR "behavioural therapies"[All Fields] OR "behavioural therapy"[All Fields] OR "behavioural therapeutics"[All Fields] OR "behavioural therapeutic"[All Fields] OR "behavioural therapeutical"[All Fields] OR "behavioural therapist"[All Fields] OR "behavioural therapists"[All Fields] OR "behavioural treatment"[All Fields] OR "behavioural treatments"[All Fields] OR "cognition therapies"[All Fields] OR "cognition therapie"[All Fields] OR "cognition therapy"[All Fields] OR "cognition therapeutical"[All Fields] OR "cognition therapeutic"[All Fields] OR "cognition therapeutics"[All Fields] OR "cognition therapist"[All Fields] OR "cognition therapists"[All Fields] OR "cognition treatment"[All Fields] OR "cognition treatments"[All Fields] OR psychodynamic[All Fields] OR Psychoanalysis[MH] OR psychoanalysis[All Fields] OR psychoanalytic\*[All Fields] OR counselling[All Fields] OR counseling[All Fields] OR Counseling[MH] OR "problem-solving"[All Fields] OR mindfulness[All Fields] OR (acceptance[All Fields] AND commitment[All Fields] ) OR "assertiveness training"[All Fields] OR "behavior activation"[All Fields] OR "behaviors activation"[All Fields] OR "behavioral activation"[All Fields] OR "cognitive therapies"[All Fields] OR "cognitive therapy"[All Fields] OR "cognitive therapeutic"[All Fields] OR "cognitive therapeutics"[All Fields] OR "cognitive therapeutical"[All Fields] OR "cognitive therapist"[All Fields] OR "cognitive therapists"[All Fields] OR "cognitive treatment"[All Fields] OR "cognitive treatments"[All Fields] OR "cognitive restructuring"[All Fields] OR (("compassion-focused"[All Fields] OR "compassion-focussed"[All Fields]) AND (therapy[SH] OR therapies[All Fields] OR therapy[All Fields] OR therap\*[All Fields] OR therapis\*[All Fields] OR Therapeutics [OR treatment\*[All Fields]]) OR ((therapy[SH] OR therapies[All Fields] OR therapy [All Fields] OR therap\*[All Fields] OR therapis\*[All Fields] OR Therapeutics[MH] OR treatment\*[All Fields]) AND constructivist\*[All Fields])) OR "metacognitive therapies"[All Fields] OR "metacognitive therapy"[All Fields] OR "metacognitive therapeutic"[All Fields] OR "metacognitive therapeutics"[All Fields] OR "metacognitive therapeutical"[All Fields] OR "metacognitive therapist"[All Fields] OR

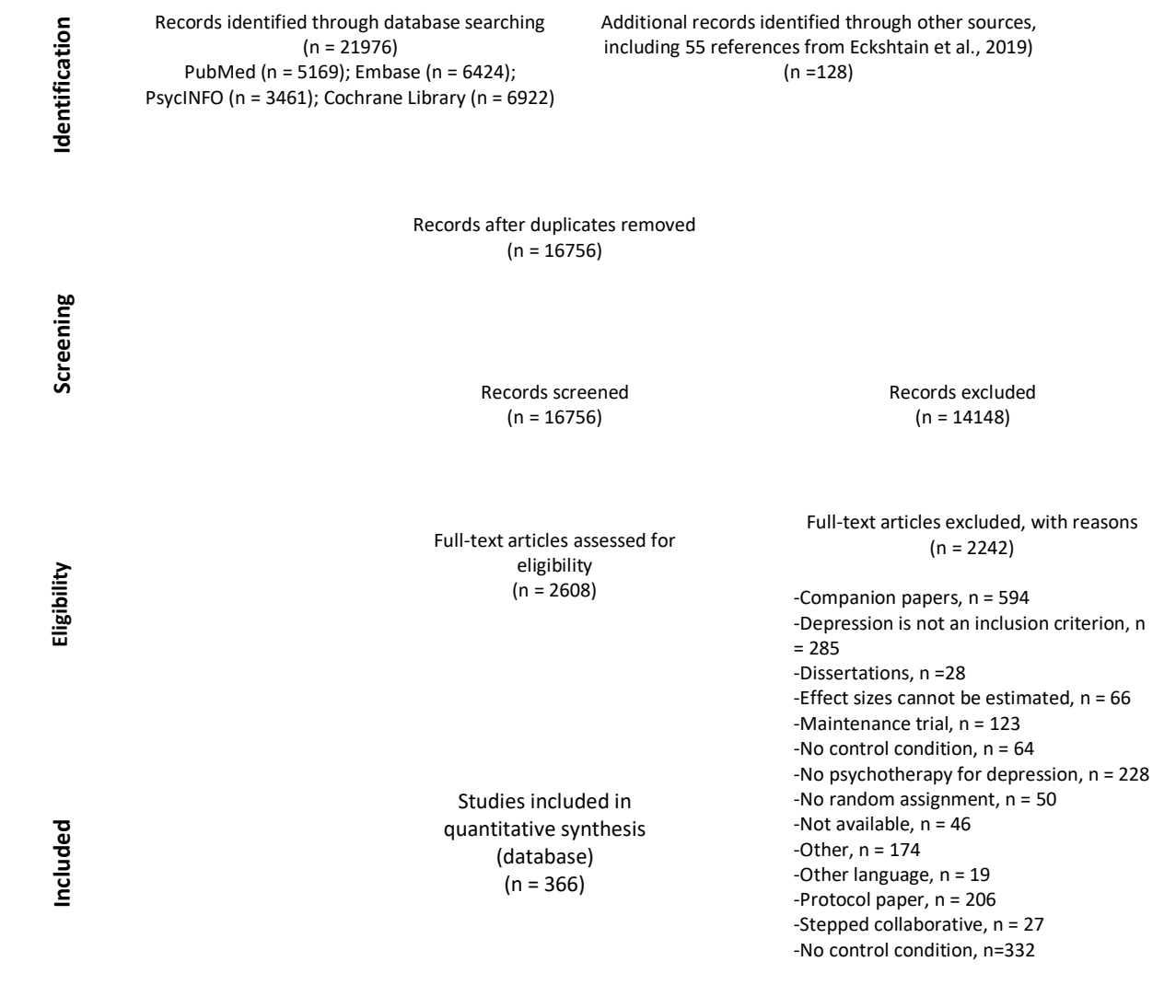
"metacognitive therapists"[All Fields] OR "metacognitive treatment"[All Fields] OR "metacognitive treatments"[All Fields] OR "meta-cognitive therapies"[All Fields] OR "metacognitive therapy"[All Fields] OR "meta-cognitive therapeutic"[All Fields] OR "metacognitive therapeutics"[All Fields] OR "meta-cognitive therapeutical"[All Fields] OR "metacognitive therapist"[All Fields] OR "meta-cognitive therapists"[All Fields] OR "metacognitive treatment"[All Fields] OR "meta-cognitive treatments"[All Fields] OR "solution-focused therapies"[All Fields] OR "solution-focused therapy"[All Fields] OR "solution-focused therapeutic"[All Fields] OR "solution-focused therapeutics"[All Fields] OR "solution-focused therapeutical"[All Fields] OR "solution focused therapies"[All Fields] OR "solution focused therapy"[All Fields] OR "solution focused therapeutic"[All Fields] OR "solution focused therapeutics"[All Fields] OR "solution focussed therapies"[All Fields] OR "solution-focussed therapy"[All Fields] OR "solution-focussed therapeutic"[All Fields] OR "solution-focussed therapeutics"[All Fields] OR "solution-focussed therapeutical"[All Fields] OR "solution focussed therapies"[All Fields] OR "solution focussed therapy"[All Fields] OR "solution focussed therapeutic"[All Fields] OR "solution focussed therapeutics"[All Fields] OR "solution focussed therapeutical"[All Fields] OR "self-control therapies"[All Fields] OR "self-control therapy"[All Fields] OR "self-control therapeutics"[All Fields] OR "self-control therapeutical"[All Fields] OR "self-control therapeutic"[All Fields] OR "self-control training"[All Fields] OR "self-control trainings"[All Fields] OR "self control therapies"[All Fields] OR "self control therapy"[All Fields] OR "self control therapeutics"[All Fields] OR "self control therapeutical"[All Fields] OR "self control therapeutic"[All Fields] OR "self control training"[All Fields] OR "self control trainings"[All Fields] AND (Depressive Disorder[MH] OR Depression[MH] OR dysthymi\*[All Fields] OR "affective disorder"[All Fields] OR "affective disorders"[All Fields] OR "mood disorder"[All Fields] OR "mood disorders"[All Fields] OR depression\*[All Fields] OR depressive\*[All Fields] OR "dysthymic disorder"[MeSH Terms]) AND ((randomized controlled trial [pt] OR controlled clinical trial [pt] OR randomized [tiab] OR randomly [tiab] NOT (animals[mh] NOT (animals[mh] AND humans [mh])))

## Appendix B. Algorithm for selecting one depression measure for each study

The algorithm used the following priorities:

1. HAMD;
2. BDI-I or II;
3. Another clinician-rated instrument;
4. Another self-report instrument, with priority for:
  - a. PHQ-9,
  - b. CES-D
  - c. HADS-D;
  - d. GDS;
  - e. EPDS;
  - f. MMPI-D;
  - g. CDI (in children/adolescents),
  - h. RADS-R;
5. When two or more dichotomous outcomes were given we preferred “response” as outcome,
6. When ratings from parents and children were given we preferred parent ratings.

## Appendix C. Flowchart on the selection of studies



## Appendix D. Key characteristics of the included studies

<i>Study</i>	<i>g</i>	<i>se</i>	<i>Age group</i>	<i>Mean age</i>	<i>Recr</i>	<i>Dx</i>	<i>spec pop</i>	<i>Pr wom</i>	<i>Ther-apy</i>	<i>For- mat</i>	<i>N sess</i>	<i>Ctr</i>	<i>Country</i>	<i>SG</i>	<i>AC</i>	<i>BA</i>	<i>ITT</i>	<i>RoB</i>
Aagaard, 2017	0,00	0,23	adults	48.00	Clin	+	No	0,71	cbt	Grp	8	cau	EU	+	+	sr	-	3
Abas, 2018	0,71	0,38	adults	37.80	Other	-	Gen med	0,66	pst	Ind	5	cau	Other	+	+	sr	+	4
Ackerson, 1998	1,31	0,47	adol	16.00	Comm	-	No	0,64	cbt	Gsh	4	wl	US	-	-	-	-	0
Ahmadpanah, 2016	1,57	0,41	adults	36.50	Other	-	Gen med	1,00	3rd	Ind	8	cau	Other	+	+	sr	-	3
Alexopoulos, 2016	-0,19	0,18	elderly	74.90	Other	+	Gen med		pst	Ind	11	othctr	US	+	-	+	+	3
Allart,2003	0,57	0,20	adults	45.50	Comm	-	No	0,62	cbt	Grp	12	cau	EU	-	-	sr	-	1
Ammerman, 2013a	0,87	0,22	Young ad	21.90	Other	+	PPD	1,00	cbt	Ind	11	cau	US	-	+	+	+	3
Andersson,2005	0,87	0,23	adults	36.30	Comm	-	No	0,74	cbt	Gsh	5	othctr	EU	+	+	sr	+	4
Arean,1993 - pst	1,27	0,42	elderly	66.50	Comm	+	No	0,75	pst	Grp	12	wl	US	-	-	+	-	1
Arean,1993 - rem	0,42	0,36	elderly	66.50	Comm	+	No	0,75	lrt	Grp	12	wl	US	-	-	+	-	1
Arjadi, 2018	0,39	0,11	adults	24.50	Comm	+	No	0,81	bat	Gsh	5	othctr	Other	+	+	sr	+	4
Asarnow, 2002	0,30	0,40	children		Other	-	No	0,65	cbt	Ind	10	wl	US	-	-	sr	-	1
Ayen, 2004 - cbt	3,68	0,71	adults	51.30	Comm	+	Other	1,00	cbt	Grp	12	wl	EU	-	-	sr	-	1
Ayen, 2004 - sup	2,00	0,46	adults	51.30	Comm	+	Other	1,00	sup	Grp	12	wl	EU	-	-	sr	-	1
Barber, 2012	0,08	0,26	adults	37.50	Comm	+	No	0,59	dyn	Ind	20	othctr	US	+	-	+	+	3
Barnhofer, 2009	0,92	0,37	adults	41.90	Comm	+	No	0,68	3rd	Grp	6	cau	UK	+	+	sr	+	4
Barrera, 1979	0,96	0,45	adults	35.80	Comm	-	No	0,50	bat	Grp	8	wl	US	-	-	sr	-	1
Barret, 2001	-0,07	0,16	adults	44.10	Clin	+	No	0,64	pst	Ind	6	othctr	US	+	+	sr	+	4
Beach, 1992 - ind	1,05	0,45	adults	39.10	Comm	+	Other	1,00	cbt	Ind	18	wl	US	-	-	sr	-	1
Beach, 1992 - mar	1,46	0,47	adults	39.10	Comm	+	Other	1,00	cbt	Other	18	wl	US	-	-	sr	-	1
Bedard, 2014	0,35	0,23	adults	46.50	Comm	-	Gen med	0,45	3rd	Grp	10	wl	Can	+	+	sr	-	3
Beeber, 2010	0,77	0,24	adults	26.00	Other	-	Other	1,00	ipt	Ind	16	cau	US	-	-	sr	-	1
Berger, 2011	1,13	0,30	adults	38.80	Comm	+	No	0,70	cbt	Gsh	10	wl	EU	+	+	sr	+	4
Berger, 2017	0,43	0,20	adults	43.10	Clin	+	No	0,66	cbt	Gsh	9	cau	EU	+	+	sr	+	4
Beutel, 2014	0,52	0,19	adults	51.80	Other	+	Gen med	1,00	dyn	Ind	18	cau	EU	+	+	+	+	4
Boele, 2018	0,61	0,29	adults	44.90	Other	-	Gen med	0,55	pst	Gsh	5	wl	EU	+	+	sr	+	4
Boeschoten, 2017	0,08	0,16	adults	48.90	Comm	-	Gen med	0,80	pst	Gsh	5	wl	EU	+	+	sr	+	4
Bohlmeijer, 2011	0,60	0,21	adults	49.00	Comm	-	No	0,82	3rd	Grp	7	wl	EU	+	+	sr	+	4
Bolton, 2003	1,32	0,13	adults	45.20	Other	+	No	0,51	ipt	Grp	16	cau	Other	+	-	sr	+	3
Bolton, 2007	0,57	0,14	adol	15.00	Other	-	Other	0,57	ipt	Grp	16	othctr	Other	+	-	+	+	3
Bowman, 1995 - cogn	0,96	0,54	adults	36.20	Comm	-	No	0,63	cbt	Gsh	4	wl	US	-	-	-	-	0
Bowman, 1995 - se	1,44	0,58	adults	36.20	Comm	-	No	0,63	pst	Gsh	4	wl	US	-	-	-	-	0
Brown, 1984 - grp	0,43	0,60	adults	36.50	Comm	+	No	0,70	cbt	Grp	12	wl	US	-	-	sr	-	1
Brown, 1984 - gsh	0,44	0,61	adults	36.50	Comm	+	No	0,70	cbt	Ind	12	wl	US	-	-	sr	-	1
Brown, 1984 - ind	0,34	0,61	adults	36.50	Comm	+	No	0,70	cbt	Gsh	12	wl	US	-	-	sr	-	1
Buhrman, 2015	0,30	0,28	adults	50.70	Comm	-	Gen med	0,85	cbt	Gsh	6	wl	EU	+	+	sr	+	4
Buntrock, 2015	0,66	0,10	adults	45.00	Comm	-	No	0,74	other	Gsh	5	cau	EU	+	+	sr	+	4
Burns, 2007	0,40	0,22	older old	81.10	Other	-	Gen med	0,77	other	Ind	6	cau	UK	+	+	sr	+	4
Burns, 2013	0,93	0,38	adults	29.20	Other	-	PPD	1,00	cbt	Ind	12	cau	UK	+	+	sr	+	4

Carlbring, 2013a	0,74	0,23	adults	44.40	Comm	+	No	0,83	3rd	Gsh	5	wl	EU	+	+	sr	+	4
Carr, 2016	0,34	0,22	adults	41.00	Clin	+	No	0,66	cbt	Grp	20	cau	EU	-	-	+	+	2
Carta, 2012	0,25	0,25	adults	42.50	Clin	+	No	0,66	cbt	Ind	12	cau	EU	-	-	sr	-	1
Casanas, 2012	0,29	0,13	adults	53.40	Clin	+	No	0,89	cbt	Grp	9	cau	EU	+	+	sr	+	4
Castonguay, 2004	1,75	0,50	adults	38.80	Comm	+	No	0,75	cbt	Ind	16	wl	US	-	-	+	-	1
Chan, 2012 - cbt	1,94	0,53	adults	46.40	Clin	+	No	0,82	other	Grp	10	wl	East A	-	+	+	-	2
Chan, 2012 - mbt	1,15	0,45	adults	46.40	Clin	+	No	0,82	cbt	Grp	10	wl	East A	-	+	+	-	2
Chan, 2013	1,43	0,43	elderly	46.20	Other	-	No	0,81	lrt	Ind	5	cau	East A	+	-	sr	+	3
Charkandeh, 2016	2,01	0,22	adol	15.30	Clin	+	No	0,54	cbt	Ind	24	wl	Other	+	-	sr	-	2
Chen, 2000	0,60	0,29	adults	29.10	Other	-	PPD	1,00	sup	Grp	4	cau	East A	-	-	sr	-	1
Chesney, 2003	0,16	0,22	adults	39.00	Comm	-	Gen med	0,00	other	Grp	10	wl	US	-	-	sr	-	1
Chiang, 2015	4,21	0,46	adults	46.10	Clin	+	No	0,63	cbt	Grp	12	cau	East A	+	+	+	-	3
Cho, 2008	1,04	0,44	adults	29.60	Other	+	PPD	1,00	cbt	Ind	9	cau	East A	-	-	sr	-	1
Choi, 2012	0,55	0,25	adults	39.00	Comm	+	Other	0,80	cbt	Gsh	6	wl	Aus	+	+	sr	-	3
Choi, 2013 - ind	0,30	0,37	elderly	65.20	Other	-	No	0,78	pst	Ind	6	othctr	US	-	-	-	+	1
Choi, 2013 - tel	0,50	0,37	elderly	65.20	Other	-	No	0,78	pst	Other	6	othctr	US	-	-	-	+	1
Chowdhary, 2016	0,45	0,27	adults	40.60	Other	-	No	0,69	bat	Ind	7	cau	Other	+	-	sr	+	3
Choy, 2016	0,99	0,23	older old	78.70	Other	-	No	0,65	lrt	Grp	7	wl	East A	-	-	sr	-	1
Clark, 2003 ipt	0,46	0,47	adults	31.40	Comm	+	PPD	1,00	ipt	Grp	12	wl	US	-	-	sr	-	1
Clark, 2003 m-itg	0,60	0,51	adults	31.40	Comm	+	PPD	1,00	other	Grp	12	wl	US	-	-	sr	-	1
Clark, 2008	1,09	0,39	adults	30.90	Comm	+	PPD	1,00	other	Grp	12	wl	US	-	-	sr	-	1
Clarke, 1995	0,31	0,18	adol	15.30	Other	-	No	0,61	cbt	Grp	15	cau	US	-	-	-	-	0
Clarke, 1999 - cwd	0,22	0,31	adol	16.20	Comm	+	No	0,71	cbt	Grp	16	wl	US	-	-	+	-	1
Clarke, 1999 - cwd+p	-0,01	0,32	adol	16.20	Comm	+	No	0,71	cbt	Grp	16	wl	US	-	-	+	-	1
Clarke, 2001	0,15	0,21	adol	14.60	Other	-	Other	0,64	cbt	Grp	15	cau	US	+	+	+	-	3
Clarke, 2002	0,04	0,21	adol	15.30	Other	+	Other	0,69	cbt	Grp	16	cau	US	-	-	+	+	2
Cohen, 2010	0,54	0,36	adults	43.20	Comm	+	Other	1,00	other	Other	5	wl	US	-	-	+	-	1
Cooper, 2003 - cbt	0,43	0,29	adults	27.70	Other	+	PPD	1,00	cbt	Ind	10	cau	UK	+	+	sr	-	3
Cooper, 2003 - dyn	0,54	0,29	adults	27.70	Other	+	PPD	1,00	dyn	Ind	10	cau	UK	+	+	sr	-	3
Cooper, 2003 - sup	0,25	0,28	adults	27.70	Other	+	PPD	1,00	sup	Ind	10	cau	UK	+	+	sr	-	3
Cramer, 2011	0,25	0,27	adults	42.50	Comm	-	Other	1,00	cbt	Grp	12	cau	UK	+	-	sr	+	3
De Cuyper, 2004	0,27	0,43	children	10.00	Other	-	No	0,75	cbt	Grp	16	wl	EU	-	-	sr	-	1
De Jong, 2018	0,06	0,33	adults	50.70	Comm	+	Gen med	0,75	3rd	Grp	7	wl	US	-	-	-	+	1
Dekker, 2012	0,42	0,31	elderly	66.00	Other	-	Gen med	0,74	cbt	Ind	1	cau	US	+	+	sr	+	4
DeRubeis, 2005	0,45	0,22	adults	40.00	Comm	+	No	0,59	cbt	Ind	14	othctr	US	-	-	+	+	2
Desautels, 2017	1,07	0,38	elderly	57.10	Other	-	Gen med	1,00	cbt	Ind	8	wl	Can	+	+	+	+	4
Diamond, 2002	0,72	0,36	adol	14.90	Other	+	No	0,78	other	Ind	8	wl	US	-	-	sr	-	1
Dimidjian, 2006 - ba	0,85	0,34	adults	39.90	Comm	+	No	0,66	bat	Ind	24	othctr	US	+	-	+	+	3
Dimidjian, 2006 - ct	0,66	0,24	adults	39.90	Comm	+	No	0,66	cbt	Ind	24	othctr	US	+	-	+	+	3
Dimidjian, 2017	0,33	0,17	adults	28.80	Other	-	PPD	1,00	bat	Other	10	cau	US	+	+	sr	+	4
Dindo, 2012	1,15	0,34	adults	32.80	Other	+	Gen med	0,93	other	Grp	1	wl	US	-	-	-	+	1
Dobkin, 2011	1,14	0,24	elderly	64.60	Comm	+	Gen med	0,40	cbt	Ind	10	cau	US	+	-	+	+	3
Doering, 2013	1,04	0,28	elderly	63.60	Other	+	Gen med	0,31	cbt	Ind	8	cau	US	+	-	+	+	3
Dowrick, 2000 - cwd	0,25	0,16	adults	44.90	Other	+	No	0,65	pst	Ind	6	cau	EU	+	+	sr	+	4

Dowrick, 2000 - pst	0,07	0,16	adults	44.90	Other	+	No	0,65	cbt	Grp	8	cau	EU	+	+	sr	+	4
Duarte, 2009	0,81	0,22	adults	53.20	Other	+	Gen med	0,59	cbt	Grp	12	cau	Other	-	+	+	-	2
Dwight-Johnson, 2011	1,78	0,23	adults	39.80	Other	-	Other	0,78	cbt	Other	5	cau	US	+	-	sr	+	3
Ebert, 2014	0,69	0,17	adults	47.10	Comm	-	Other	0,83	pst	Gsh	5	wl	EU	+	+	sr	+	4
Ebert, 2017	0,53	0,14	adults	44.20	Comm	-	No	0,80	other	Gsh	5	wl	EU	+	+	+	+	4
Ekers, 2011	1,15	0,35	adults	44.70	Clin	+	No	0,62	bat	Ind	12	wl	UK	+	+	sr	+	4
Ekkers, 2011	1,09	0,22	elderly	72.70	Clin	+	No	0,77	cbt	Grp	7	cau	EU	-	+	sr	+	3
Elkin, 1990 - cbt	0,23	0,22	adults	35.00	Clin	+	No	0,70	cbt	Ind	13	othctr	US	+	-	+	-	4
Elkin, 1990 - ipt	0,36	0,22	adults	35.00	Clin	+	No	0,70	ipt	Ind	13	othctr	US	+	+	+	+	4
Embling, 2002	2,47	0,43	adults		Clin	+	No		cbt	Grp	12	wl	UK	-	-	sr	+	2
Eseadi, 2018	9,56	1,28	adults	35.30	Other	-	Other	0,00	cbt	Ind	12	cau	Other	-	-	sr	+	2
Euteneuer, 2017 - cbt-c	0,76	0,31	adults	37.30	Comm	+	No	0,49	cbt	Ind	16	wl	EU	+	-	sr	+	3
Euteneuer, 2017 - cbt-e	0,68	0,31	adults	37.30	Comm	+	No	0,49	cbt	Ind	16	wl	EU	+	-	sr	+	3
Evans, 1995 - cbt	0,57	0,35	adults	53.90	Other	-	Gen med	0,35	cbt	Grp	8	othctr	US	-	-	sr	-	1
Evans, 1995 - sup	0,98	0,37	adults	53.90	Other	-	Gen med	0,35	sup	Grp	8	othctr	US	-	-	sr	-	1
Fann, 2015 ind	0,11	0,31	adults	45.80	Comm	+	Gen med	0,37	cbt	Other	10	cau	US	+	-	+	-	2
Fann, 2015 tel	0,14	0,27	adults	45.80	Comm	+	Gen med	0,37	cbt	Ind	9	cau	US	+	-	+	-	2
Faramarzi, 2008	1,72	0,30	adults	28.40	Other	-	Other	1,00	cbt	Grp	10	cau	Other	-	-	sr	-	1
Fledderus, 2012 - act-e	0,75	0,16	adults	42.00	Comm	-	No	0,70	3rd	Gsh	9	wl	EU	+	-	sr	+	3
Fledderus, 2012 - act-m	0,92	0,16	adults	42.00	Comm	-	No	0,70	3rd	Gsh	9	wl	EU	+	-	sr	+	3
Floyd, 2004 - gsh	0,75	0,46	elderly	68.00	Comm	+	No	0,76	cbt	Ind	16	wl	US	-	-	-	-	0
Floyd, 2004 - ind	1,73	0,58	elderly	68.00	Comm	+	No	0,76	cbt	Gsh	4	wl	US	-	-	-	-	0
Folke, 2012	0,66	0,34	adults	43.20	Other	+	Other	0,88	3rd	Other	6	cau	EU	-	-	sr	+	2
Fonagy, 2015	0,33	0,20	adults	44.30	Clin	+	No	0,66	dyn	Ind	60	cau	UK	+	+	+	+	4
Forand, 2017	1,57	0,26	adults	33.00	Comm	-	No	0,75	cbt	Gsh	6	wl	US	+	-	-	+	2
Forsell, 2017	0,87	0,33	adults	31.00	Comm	+	PPD	1,00	cbt	Gsh	5	cau	EU	+	+	sr	+	4
Freedland, 2009 - cbt	0,89	0,28	elderly	60.70	Other	+	Gen med	0,50	cbt	Ind	11	cau	US	+	+	+	+	4
Freedland, 2009 - ssm	0,47	0,27	elderly	60.70	Other	+	Gen med	0,50	sup	Ind	8	cau	US	+	+	+	+	4
Freedland, 2015	0,62	0,16	elderly	55.80	Other	+	Gen med	0,46	cbt	Ind	11	cau	US	-	+	+	+	3
Fry, 1983 - str rem	3,01	0,33	elderly		Other	-	No	0,59	lrt	Ind	5	othctr	US	-	-	sr	-	1
Fry, 1983 - unstr rem	1,61	0,27	elderly		Other	-	No	0,59	lrt	Ind	5	othctr	US	-	-	sr	-	1
Furukawa, 2012	0,67	0,19	adults	39.40	Other	-	Other	0,22	cbt	Other	7	wl	East A	+	+	sr	+	4
Garcia-Pena, 2015	0,60	0,26	elderly	70.80	Clin	-	No	0,83	cbt	Grp	12	cau	Other	+	-	sr	-	2
Gawrysiak, 2009	1,66	0,42	Young ad	18.40	Comm	-	No	0,80	bat	Ind	1	cau	US	-	-	sr	+	2
Gellis, 2008	1,94	0,31	older old	77.40	Other	-	Gen med	0,87	pst	Ind	6	cau	US	+	-	+	-	2
Gellis, 2010	0,83	0,34	older old	75.90	Other	-	Gen med	0,92	pst	Ind	6	cau	US	-	+	+	-	2
Geraedts, 2014	0,25	0,13	adults	43.40	Other	-	Other	0,62	cbt	Gsh	6	cau	EU	+	+	sr	+	4
Gibbons, 2012	-0,11	0,36	adults	41.20	Clin	-	No	0,87	dyn	Ind	7	cau	US	-	-	-	-	0
Gillham, 2006	-0,02	0,14	children	11.50	Comm	-	No	0,53	cbt	Grp	12	cau	US	+	-	sr	+	2
Gitlin, 2013	0,46	0,14	elderly	69.60	Comm	-	No	0,78	other	Ind	8	wl	US	+	+	sr	+	4
Goodman, 2015	0,03	0,30	adults	30.70	Other	-	PPD	1,00	other	Ind	8	cau	US	-	+	sr	+	3
Greenberg, 2018	1,08	0,41	adults	38.50	Comm	-	No	0,63	3rd	Grp	7	wl	US	-	-	+	-	1
Grote, 2009	1,25	0,30	adults	24.50	Other	-	PPD	1,00	ipt	Ind	8	cau	US	-	-	sr	-	1
Hagen, 2017	2,47	0,42	adults	33.70	Comm	+	No	0,49	3rd	Ind	10	wl	EU	+	-	sr	+	3



Hallford, 2016	1,25	0,42	Young ad	20.80	Clin	-	Other	0,50	lrt	Ind	6	cau	Aus	-	+	sr	+	3
Hallgren, 2015	0,32	0,09	adults	43.00	Clin	-	No	0,73	cbt	Gsh	8	cau	EU	+	+	+	-	3
Hamamci, 2006 - ct\	1,42	0,55	Young ad	19.50	Comm	-	No	0,48	cbt	Grp	11	cau	Other	-	-	sr	-	1
Hamamci, 2006 - ct+dr	1,44	0,55	Young ad	19.50	Comm	-	No	0,48	cbt	Grp	11	cau	Other	-	-	sr	-	1
Hamdan-Mansour,2009	0,63	0,22	Young ad		Comm	-	No	0,45	cbt	Grp	10	cau	Other	-	+	sr	-	2
Haringsma, 2005	0,45	0,19	elderly	64.20	Comm	-	No	0,69	cbt	Grp	9	wl	EU	-	-	sr	+	2
Harley, 2008	0,84	0,46	adults	41.80	Clin	+	No	0,75	3rd	Grp	14	wl	US	-	-	+	-	1
Hassiotis, 2013	0,02	0,36	adults	36.00	Other	-	Other	0,63	cbt	Ind	12	cau	UK	-	+	sr	+	3
Hautzinger, 2004	0,94	0,22	elderly	68.50	Clin	+	No	0,79	cbt	Grp	12	wl	EU	+	-	+	+	3
Hayman, 1980	0,47	0,38	Young ad	21.30	Comm	-	No	1,00	other	Grp	8	wl	US	+	-	sr	-	2
Heckman, 2011 - cop	0,36	0,18	elderly	55.30	Comm	-	Gen med	0,33	other	Grp	7	cau	US	+	-	sr	+	3
Heckman, 2011 - sup	0,23	0,18	elderly	55.30	Comm	-	Gen med	0,33	other	Grp	7	cau	US	+	-	sr	+	3
Heckman, 2017	3,20	0,26	adults	51.90	Comm	+	Gen med	0,37	ipt	Other	8	cau	US	+	-	sr	+	3
Hegerl, 2010	0,35	0,23	adults	46.40	Clin	+	No	0,65	cbt	Grp	10	othctr	EU	+	+	+	+	4
Hermanns, 2015	0,20	0,15	adults	43.30	Other	-	Gen med	0,57	cbt	Grp	5	cau	EU	-	+	sr	+	3
Herrmann-Lingen, 2016	0,00	0,08	elderly	59.20	Other	-	Gen med	0,21	dyn	Other	16	cau	EU	+	-	sr	+	3
Holden, 1989	0,72	0,32	adults	26.00	Other	+	PPD	1,00	sup	Ind	8	cau	UK	+	-	+	-	2
Honey, 2002	0,36	0,30	adults	27.90	Other	-	PPD	1,00	cbt	Grp	8	cau	UK	-	-	sr	+	2
Horrell, 2014	0,51	0,10	adults	44.10	Comm	-	No	0,80	cbt	Grp	4	wl	UK	+	+	sr	+	4
Hou, 2014	0,71	0,14	adults	28.00	Other	+	PPD	1,00	cbt	Other	19	cau	East A	-	-	sr	-	1
Huang, 2016	1,95	0,31	elderly	56.40	Other	-	Gen med	0,52	cbt	Grp	12	cau	East A	-	-	sr	-	1
Hummel, 2017	1,40	0,19	older old	81.90	Other	-	Gen med	0,80	cbt	Grp	13	wl	EU	+	-	+	+	3
Hunter, 2012 I	0,42	0,28	adults	35.20	Clin	-	Other	0,48	cbt	Grp	18	cau	US	-	-	sr	+	2
Husain, 2017	0,89	0,14	adults	27.70	Other	+	PPD	1,00	cbt	Grp	6	cau	Other	-	+	+	+	3
Israel, 2013	0,89	0,45	adol	15.60	Clin	+	No	0,55	other	Ind	11	cau	EU	+	+	+	+	4
Jamison, 1995	1,59	0,27	adults	38.00	Comm	+	No	0,84	cbt	Gsh	4	wl	US	-	-	-	-	0
Jarett, 1999	0,58	0,24	adults	39.60	Comm	+	No	0,68	cbt	Ind	20	othctr	US	-	+	+	+	3
Jelinek, 2016	0,45	0,26	adults	45.50	Clin	+	No	0,74	3rd	Grp	7	othctr	EU	-	-	+	+	2
Jeong, 2005	-0,04	0,31	adol	16.00	Other	-	No	1,00	other	Ind	36	wl	East A	-	+	sr	-	2
Jesse, 2015	0,34	0,20	adults	25.10	Other	-	PPD	1,00	cbt	Grp	6	cau	US	+	+	sr	-	3
Jiang, 2014	1,05	0,08	adults	27.30	Other	-	PPD	1,00	other	Other	18	cau	East A	+	-	sr	-	2
Johansson, 2012	0,97	0,22	adults	45.60	Comm	+	No	0,75	dyn	Gsh	9	othctr	EU	+	+	sr	+	4
Johansson, 2012 - stand	0,56	0,28	adults	44.70	Comm	+	No	0,71	cbt	Gsh	10	othctr	EU	+	+	sr	-	3
Johansson, 2012 - tayl	0,82	0,29	adults	44.70	Comm	+	No	0,71	cbt	Gsh	8	othctr	EU	+	+	sr	-	3
Johnson, 2012	0,67	0,33	adults	35.00	Other	+	Other	1,00	ipt	Other	27	othctr	US	-	+	+	+	3
Joling, 2011	0,10	0,15	older old	81.50	Other	-	No	0,74	cbt	Gsh	3	cau	EU	+	+	sr	+	4
Kahn, 1990 - cbt	1,35	0,38	children	12.10	Other	+	No	0,51	cbt	Grp	12	wl	US	-	-	-	+	1
Kahn, 1990 - other	1,07	0,36	children	12.10	Other	+	No	0,51	other	Ind	12	wl	US	-	-	-	-	0
Kamga, 2017	0,43	0,24	older old	76.00	Other	-	Gen med	0,63	cbt	Gsh	8	wl	Can	+	+	sr	+	4
Kanter, 2015	0,13	0,30	adults	38.10	Clin	+	Other	0,79	bat	Ind	8	cau	US	+	-	+	+	3
Keeley, 2016	0,40	0,16	adults	47.50	Clin	+	No	0,71	other	Ind	4	cau	US	+	+	sr	+	4
Kelly, 1993 - cbt	0,48	0,33	adults	34.00	Comm	-	Gen med	0,00	cbt	Grp	8	othctr	US	-	-	sr	-	1
Kelly, 1993 - sup	1,04	0,39	adults	34.00	Comm	-	Gen med	0,00	sup	Grp	8	othctr	US	-	-	sr	-	1
Kenter, 2016	-0,74	0,13	adults	38.00	Clin	+	No	0,54	pst	Gsh	5	wl	EU	+	+	sr	+	4

Kessler, 2009	0,61	0,14	adults	34.90	Clin	+	No	0,68	cbt	Gsh	10	wl	UK	+	+	sr	+	4
Kim, 2018	0,82	0,27	adults	48.00	Other	-	Gen med	1,00	cbt	Other	7	cau	East A	+	-	sr	-	2
King, 2000 - cbt	0,35	0,21	adults	37.50	Clin	-	No	0,77	sup	Ind	6	cau	UK	-	+	sr	+	3
King, 2000 - sup	0,51	0,21	adults	37.50	Clin	-	No	0,77	cbt	Ind	6	cau	UK	-	+	sr	+	3
Kivi, 2014	-0,16	0,25	adults	36.60	Clin	+	No	0,57	cbt	Gsh	5	cau	EU	-	+	sr	-	2
Kleiboer, 2015	0,39	0,14	adults	44.50	Comm	-	No	0,65	pst	Other	2	wl	EU	+	+	sr	+	4
Korrelboom, 2012	0,79	0,26	adults	40.90	Clin	+	No	0,80	other	Grp	8	cau	EU	-	+	sr	+	3
Korte, 2012	0,51	0,14	elderly	63.30	Comm	-	No	0,77	lrt	Grp	8	wl	EU	+	+	sr	+	4
Kramer, 2014	0,32	0,12	Young ad	19.50	Comm	-	No	0,79	other	Other	5	wl	EU	+	+	sr	+	4
Laidlaw, 2008	0,42	0,31	elderly	74.00	Clin	+	No	0,73	cbt	Ind	8	cau	UK	+	+	+	-	3
Lamers, 2010	0,26	0,13	elderly	70.70	Other	+	Gen med	0,47	cbt	Ind	4	cau	EU	+	+	sr	+	4
Lamers, 2015	0,34	0,19	elderly	56.90	Comm	-	No	0,77	lrt	Gsh	7	wl	EU	+	+	sr	+	4
Landreville, 1997	0,30	0,41	elderly	72.00	Comm	-	Gen med	0,87	cbt	Gsh	4	wl	Can	-	-	sr	-	1
Lappalainen, 2015	0,62	0,33	adults	51.90	Comm	+	No	0,72	3rd	Gsh	6	wl	EU	-	+	sr	+	3
Larcombe, 1984	2,74	0,63	adults	42.50	Comm	+	Gen med	0,68	cbt	Grp	6	wl	Aus	-	-	+	-	1
Lemma, 2013	-0,12	0,47	adults		Comm	-	No	0,76	dyn	Other	8	othctr	UK	-	-	sr	+	2
Lenze, 2017	-0,41	0,31	adults	26.60	Comm	+	PPD	1,00	ipt	Ind	8	cau	US	+	+	sr	+	4
Lerner, 2015	0,60	0,10	adults	54.70	Other	+	Other	0,72	cbt	Other	8	cau	US	+	-	sr	+	3
Leung, 2013	0,33	0,20	adults		Other	-	PPD	1,00	cbt	Grp	6	cau	East A	-	-	sr	+	2
Leung, 2016	0,16	0,16	adults	31.00	Other	-	PPD	1,00	cbt	Grp	6	othctr	East A	-	-	sr	-	1
Lewinsohn, 1990 - cwd	0,65	0,32	adol	16.20	Comm	+	No	0,61	cbt	Grp	14	wl	US	-	-	sr	-	1
Lewinsohn, 1990 - cwd+p	1,42	0,36	adol	16.20	Comm	+	No	0,65	cbt	Grp	14	wl	US	-	-	sr	-	1
Lexis, 2011	0,28	0,17	adults	47.70	Other	-	Other	0,39	pst	Ind	8	cau	EU	+	-	sr	+	3
Liddle, 1990	0,35	0,42	children	9.20	Other	-	No	0,32	cbt	Grp	8	wl	Aus	-	-	sr	-	2
Linde, 2011	0,15	0,14	adults	52.20	Other	-	Other	1,00	cbt	Grp	11	othctr	US	+	+	sr	+	4
Listug-Lunde, 2013	-0,11	0,47	children	12.40	Other	-	No	0,38	cbt	Grp	13	cau	US	-	-	sr	-	1
Liu, 2009	0,29	0,27	adults	26.40	Comm	-	No	0,73	cbt	Gsh	8	wl	East A	-	-	sr	-	1
Lloyd-Williams, 2018	0,13	0,34	elderly	65.10	Other	-	Gen med	0,71	other	Ind	1	cau	UK	-	+	sr	+	3
Losada, 2015 act	0,92	0,26	elderly	61.80	Comm	-	Other	0,84	cbt	Ind	8	othctr	EU	+	-	sr	-	2
Losada, 2015 cbt	0,79	0,26	elderly	61.80	Comm	-	Other	0,84	3rd	Ind	8	othctr	EU	+	-	sr	-	2
Lovell, 2008	0,18	0,31	adults	37.60	Clin	-	No	0,74	cbt	Ind	4	cau	UK	-	+	sr	+	3
Luby, 2012	0,26	0,31	children	4.30	Comm	+	No	0,37	other	Ind	14	othctr	US	+	-	+	+	3
Lundgren, 2016	0,27	0,28	elderly	62.90	Other	-	Gen med	0,42	cbt	Gsh	7	othctr	EU	+	+	sr	+	4
Lustman, 1998	1,00	0,34	adults	54.80	Comm	+	Gen med	0,60	cbt	Ind	10	cau	US	+	+	sr	-	3
Lynch, 1997	0,90	0,42	adults	48.30	Clin	-	No	0,86	pst	Other	6	cau	US	-	-	sr	-	1
Lynch, 2004	0,02	0,42	adults	38.50	Clin	-	No	0,83	pst	Other	6	othctr	US	-	-	sr	-	1
MacPherson, 2013	0,28	0,11	adults	43.50	Clin	-	No	0,73	sup	Ind	8	cau	UK	+	+	sr	+	4
Maina, 2005 - bdt	0,99	0,55	adults	36.80	Clin	+	No	0,63	dyn	Ind	20	wl	EU	-	-	+	+	2
Maina, 2005 - bsp	1,06	0,55	adults	36.80	Clin	+	No	0,63	sup	Ind	19	wl	EU	-	-	+	+	2
Malouff, 1988 - pst	1,28	0,48	adults	39.10	Comm	-	Other	0,66	cbt	Grp	4	wl	US	-	-	sr	-	1
Malouff, 1988 - ret	1,50	0,50	adults	39.10	Comm	-	Other	0,66	pst	Grp	4	wl	US	-	-	sr	-	1
Martin, 2015	1,42	0,34	adults	40.60	Comm	+	Gen med	0,74	cbt	Ind	12	cau	Aus	+	+	sr	-	3
Matsuzaka, 2017	0,02	0,22	adults	43.80	Clin	+	No	0,94	ipt	Ind	4	cau	Other	+	+	+	+	4
McCarty, 2013	0,28	0,19	children	12.70	Other	-	No	0,60	cbt	Grp	12	othctr	US	+	+	sr	+	4

McClay, 2015	0,85	0,43	adults	43.70	Comm	-	No	0,65	cbt	Other	4	wl	UK	-	+	sr	-	2
McIndoo, 2016 bat	1,21	0,47	Young ad	19.20	Comm	-	No	0,62	3rd	Ind	4	wl	US	+	-	-	+	2
McIndoo, 2016 mbct	0,88	0,40	Young ad	19.20	Comm	-	No	0,62	bat	Ind	4	wl	US	+	-	-	+	2
McKee, 2006	0,07	0,31	adults	24.40	Other	-	PPD	1,00	cbt	Ind	2	cau	US	-	-	sr	-	1
Michalak, 2015 cbasp	0,62	0,32	adults	50.80	Comm	+	No	0,62	3rd	Grp	8	cau	EU	+	+	+	+	4
Michalak, 2015 mbct	0,41	0,32	adults	50.80	Comm	+	No	0,62	other	Other	10	cau	EU	+	+	+	+	4
Milgrom, 2005 - cbt	0,48	0,51	adults	29.70	Other	+	PPD	1,00	cbt	Grp	9	cau	Aus	+	+	sr	+	4
Milgrom, 2005 - grp sup	0,70	0,51	adults	29.70	Other	+	PPD	1,00	sup	Grp	9	cau	Aus	+	+	sr	+	4
Milgrom, 2005 - ind sup	0,55	0,50	adults	29.70	Other	+	PPD	1,00	sup	Ind	9	cau	Aus	+	+	sr	+	4
Milgrom, 2011 - nurse	0,72	0,36	adults	31.50	Other	-	PPD	1,00	cbt	Ind	5	cau	Aus	+	+	sr	+	4
Milgrom, 2011 - psy	0,06	0,35	adults	31.50	Other	-	PPD	1,00	cbt	Ind	4	cau	Aus	+	+	sr	+	4
Milgrom, 2015	0,57	0,30	adults	31.80	Comm	+	PPD	1,00	cbt	Ind	6	cau	Aus	+	+	sr	+	4
Milgrom, 2016	0,83	0,31	adults	31.60	Comm	+	PPD	1,00	cbt	Gsh	6	cau	Aus	+	+	sr	+	4
Miller, 2002	0,45	0,36	adults	32.10	Other	-	No	1,00	ipt	Other	12	cau	US	-	-	+	-	1
Miranda, 2003	0,16	0,15	adults	29.30	Other	+	Other	1,00	cbt	Other	8	cau	US	+	+	+	+	4
Mohr, 2000	0,57	0,35	adults	42.40	Other	-	Gen med	0,72	cbt	Other	8	cau	US	-	-	sr	+	2
Mohr, 2011	0,29	0,22	elderly	55.90	Clin	+	Other	0,09	cbt	Other	16	cau	US	-	-	+	+	2
Mohr, 2013	0,52	0,25	adults	48.30	Comm	+	No	0,72	cbt	Gsh	18	wl	US	+	+	sr	+	4
Moldovan, 2013	0,59	0,31	Young ad	23.00	Comm	-	No	0,88	cbt	Gsh	4	othctr	EU	+	+	sr	+	4
Mossey, 1996	0,21	0,27	elderly	71.00	Other	-	Gen med	0,78	ipt	Ind	10	cau	US	-	-	sr	-	1
Mufson, 1999	0,65	0,29	adol	15.80	Clin	+	No	0,73	ipt	Ind	12	othctr	US	+	-	+	+	3
Mufson, 2004	0,49	0,25	adol	15.10	Clin	+	No	0,84	ipt	Ind	12	cau	US	+	-	+	+	3
Mukhtar, 2011	4,83	0,37	adults	40.50	Clin	+	No	0,55	cbt	Grp	8	wl	East A	-	-	sr	-	1
Mulcahey, 2010	0,60	0,29	adults	32.20	Clin	+	PPD	1,00	ipt	Other	11	cau	Aus	+	-	-	-	1
Mynors-Wallis, 1995	0,68	0,27	adults	37.10	Clin	+	No	0,77	pst	Ind	6	othctr	UK	-	+	+	-	2
Naeem, 2013	1,12	0,16	adults	33.40	Clin	+	No	0,56	cbt	Gsh	8	cau	Other	+	+	sr	+	4
Naeem, 2015	0,86	0,18	adults	31.70	Clin	+	No	0,60	cbt	Other	7	cau	Other	+	+	sr	+	4
Nakagawa, 2017	0,17	0,22	adults	40.60	Clin	+	No	0,36	cbt	Ind	15	cau	East A	+	+	+	+	4
Nakimuli, 2015	0,05	0,19	adults	44.50	Other	+	Gen med	0,42	other	Grp	8	othctr	Other	+	+	sr	+	4
Nasrin, 2017	1,74	0,39	adults	36.30	Clin	+	No	0,59	bat	Ind	1	wl	UK	+	+	sr	-	3
Neugebauer, 2006	0,15	0,44	adults	29.70	Other	-	Other	1,00	ipt	Other	6	cau	US	-	-	+	+	2
Newby, 2014	0,10	0,31	adults	26.30	Comm	-	No	0,44	cbt	Ind	1	cau	Aus	-	-	sr	+	2
Newby, 2017	0,92	0,24	adults	46.70	Comm	+	Gen med	0,71	cbt	Gsh	6	wl	Aus	+	+	sr	+	4
Nezu, 1986 - pf	0,85	0,65	adults	41.70	Comm	+	No	0,77	pst	Grp	8	wl	US	-	-	sr	-	1
Nezu, 1986 - pst	3,26	0,89	adults	41.70	Comm	+	No	0,77	pst	Grp	8	wl	US	-	-	sr	-	1
Nezu, 1989 - apst	1,61	0,53	adults	41.70	Comm	+	No	0,77	pst	Grp	10	wl	US	-	-	+	-	1
Nezu, 1989 - pst	3,09	0,68	adults	41.70	Comm	+	No	0,77	pst	Grp	10	wl	US	-	-	+	-	1
Ng, 2013	1,43	0,43	elderly		Comm	-	No		lrt	Ind	5	cau	East A	-	-	sr	-	1
Ngai, 2015	0,42	0,07	adults	30.80	Other	-	PPD	1,00	cbt	Other	5	cau	East A	+	+	sr	+	4
Nobis, 2015	0,86	0,13	adults	51.00	Comm	-	Gen med	0,63	other	Gsh	6	othctr	EU	+	-	sr	+	3
Nollett, 2016	-0,07	0,31	elderly	70.30	Other	-	Gen med	0,59	pst	Ind	6	cau	UK	+	+	sr	-	3
Nystrom, 2017 BA-L	0,66	0,24	adults	42.00	Comm	+	No	0,76	bat	Gsh	8	wl	EU	+	+	sr	+	4
Nystrom, 2017 BA-M	1,11	0,24	adults	42.00	Comm	+	No	0,76	bat	Gsh	8	wl	EU	+	+	sr	+	4
O'Hara, 2000	1,19	0,22	adults	29.60	Other	+	PPD	1,00	ipt	Ind	12	wl	US	+	-	-	+	2

O'Mahen, 2013a	1,09	0,21	adults	27.10	Other	+	PPD	0,57	cbt	Ind	8	cau	UK	+	+	sr	+	2
O'Neil, 2014	3,66	0,44	elderly	60.00	Other	-	Gen med	1,00	cbt	Other	8	cau	Aus	+	+	sr	+	4
Olukolade, 2017	1,61	0,35	adults		Other	-	Gen med	0,67	cbt	Ind	9	wl	Other	+	-	sr	-	1
Omidi, 2013 - cbt	1,78	0,36	adults	32.30	Clin	+	No	0,67	3rd	Grp	8	cau	Other	-	-	sr	-	1
Omidi, 2013 - mbct	0,12	0,18	adults	32.30	Clin	+	No	0,25	cbt	Grp	8	cau	Other	-	-	sr	-	4
Onyechi, 2016	12,26	1,04	adults	52.80	Other	-	Gen med	0,69	cbt	Ind	18	othctr	Other	-	-	sr	-	1
Pace, 1993	0,74	0,24	Young ad	22.10	Other	-	No	0,78	cbt	Ind	7	wl	US	-	-	sr	-	1
Pagoto, 2013	0,43	0,19	adults	45.90	Comm	+	Other	1,00	bat	Other	18	othctr	US	+	+	+	+	4
Patel, 2017	0,52	0,09	adults	42.50	Clin	-	No	0,77	bat	Ind	6	cau	Other	+	+	sr	+	4
Pecheur, 1984- rcbm	1,85	0,70	Young ad	24.00	Comm	+	No	0,90	cbt	Ind	8	wl	US	-	-	+	-	1
Pecheur, 1984- scbm	2,18	0,74	Young ad	24.00	Comm	+	No	0,90	cbt	Ind	8	wl	US	-	-	+	-	1
Peden, 2000	1,13	0,32	Young ad	19.30	Comm	-	No	1,00	cbt	Grp	6	cau	US	-	-	sr	-	1
Penckofer, 2012	0,78	0,26	adults	54.40	Comm	-	Gen med	1,00	cbt	Grp	8	cau	US	+	-	sr	+	3
Perini, 2009	0,56	0,31	adults	49.30	Comm	+	No	0,78	cbt	Gsh	6	wl	Aus	+	-	sr	-	2
Petersen, 2014	0,92	0,35	adults	36.50	Other	+	Gen med	0,74	ipt	Grp	8	cau	Other	+	-	sr	-	2
Pibernik, 2009	0,17	0,28	elderly	56.50	Other	-	Gen med	0,74	cbt	Grp	4	cau	EU	-	+	sr	-	2
Pibernik, 2015	0,08	0,18	elderly	58.10	Other	-	Gen med	0,54	cbt	Grp	6	cau	EU	+	+	sr	+	4
Poleshuck, 2014	0,17	0,28	adults	36.70	Other	+	Gen med	1,00	ipt	Ind	4	cau	US	+	-	-	+	2
Pot, 2010	0,39	0,15	elderly	64.30	Comm	-	No	0,73	lrt	Grp	12	othctr	EU	-	+	sr	+	3
Pots, 2014	0,49	0,16	adults	47.90	Comm	-	No	0,78	3rd	Grp	11	wl	EU	+	+	sr	+	4
Pots, 2016	0,56	0,16	adults	46.90	Comm	-	No	0,76	3rd	Gsh	9	wl	EU	+	+	sr	+	4
Power, 2012 - cbt	0,36	0,48	adults	36.10	Clin	+	No	0,62	cbt	Ind	16	cau	UK	-	-	sr	+	2
Power, 2012 - ipt	0,66	0,47	adults	36.10	Clin	+	No	0,62	ipt	Ind	16	cau	UK	-	-	sr	+	2
Prendergast, 2001	0,10	0,33	adults	32.20	Other	+	PPD	1,00	cbt	Ind	6	othctr	Aus	+	-	-	-	1
Preschl, 2012	0,71	0,34	elderly	70.00	Comm	-	No	0,67	lrt	Ind	6	wl	EU	+	-	sr	+	3
Propst, 1992 - nrcbt-nt	-0,37	0,62	adults	40.00	Comm	-	Other	0,83	cbt	Ind	19	cau	US	-	-	+	-	1
Propst, 1992 - nrcbt-rt	0,22	0,62	adults	40.00	Comm	-	Other	0,83	cbt	Ind	19	cau	US	-	-	+	-	1
Propst, 1992 - rcbt-nt	0,48	0,63	adults	40.00	Comm	-	Other	0,83	cbt	Ind	19	cau	US	-	-	+	-	1
Propst, 1992 - rcbt-rt	-0,01	0,61	adults	40.00	Comm	-	Other	0,83	cbt	Ind	19	cau	US	-	-	+	-	1
Puckering, 2010	0,82	0,58	adults		Other	-	PPD	1,00	other	Grp	14	wl	UK	+	-	sr	-	2
Pugh, 2016	0,97	0,32	adults	30.80	Comm	-	PPD	1,00	cbt	Gsh	6	wl	Can	+	+	sr	-	3
Qiu, 2013	2,17	0,32	adults	50.60	Other	+	Gen med	1,00	cbt	Grp	10	wl	East A	+	+	+	+	4
Rahman, 2008	0,72	0,07	adults	26.70	Other	+	PPD	1,00	cbt	Grp	16	othctr	Other	+	+	+	-	3
Ransom, 2008	0,16	0,22	adults	44.40	Comm	+	Gen med	0,16	ipt	Other	6	cau	US	-	-	sr	+	2
Rehm, 1981 - sc	0,84	0,62	adults	39.20	Comm	-	No	1,00	other	Grp	7	wl	US	-	-	+	-	1
Rehm, 1981 - sm+se	0,39	0,55	adults	39.20	Comm	-	No	1,00	other	Grp	7	wl	US	-	-	+	-	1
Rehm, 1981 - sm+se+sr	0,35	0,59	adults	39.20	Comm	-	No	1,00	other	Grp	7	wl	US	-	-	+	-	1
Rehm, 1981 - sm+sr	0,36	0,55	adults	39.20	Comm	-	No	1,00	other	Grp	7	wl	US	-	-	+	-	1
Reynolds, 1986	1,57	0,57	adol	15.70	Other	-	No	0,63	cbt	Grp	10	wl	US	-	-	-	-	0
Richards, 2015	0,65	0,15	adults	39.90	Comm	-	No	0,73	cbt	Gsh	7	wl	EU	-	+	sr	+	3
Richards, 2018	-0,43	0,39	elderly	65.30	Other	-	Gen med	0,48	bat	Ind	8	cau	UK	+	+	sr	+	4
Rief, 2018 - cbasp	0,55	0,31	adults	39.60	Clin	+	No	0,58	other	Ind	16	wl	EU	+	+	sr	+	4
Rief, 2018 - cbt-e	0,77	0,31	adults	37.30	Clin	+	No	0,52	cbt	Ind	16	wl	EU	+	+	sr	+	4
Rief, 2018 - cbt-m	0,68	0,31	adults	37.50	Clin	+	No	0,51	cbt	Ind	16	wl	EU	+	+	sr	+	4

Rizvi, 2015	0,15	0,36	adults	42.40	Clin	+	No	0,74	cbt	Ind	14	wl	Can	-	-	sr	-	0
Rohan, 2007	0,96	0,38	adults	45.00	Comm	+	No	0,90	cbt	Grp	10	wl	US	+	-	+	+	3
Rohde, 2004	0,28	0,21	adol	15.10	Other	+	Other	0,48	cbt	Grp	16	othctr	US	+	-	+	+	3
Rohde, 2016	0,71	0,27	Young ad	21.80	Comm	-	No	0,68	cbt	Grp	6	othctr	US	+	-	+	+	3
Rohricht, 2013	0,92	0,42	adults	47.70	Clin	+	No	0,42	other	Grp	8	wl	UK	+	+	+	+	4
Rosello, 1999 - CBT	0,34	0,32	adol	14.70	Other	+	No	0,54	cbt	Other	12	wl	US	-	-	sr	-	2
Rosello, 1999 - IPT	0,74	0,33	adol	14.70	Other	+	No	0,54	ipt	Other	12	wl	US	-	-	sr	-	2
Ross, 1985	1,48	0,35	adults	33.00	Clin	+	No	0,63	cbt	Other	12	wl	UK	-	-	2	-	1
Rosso, 2017	0,83	0,24	adults	29.00	Comm	+	No	0,69	cbt	Gsh	6	othctr	US	-	-	+	+	2
Rude, 1986	1,03	0,33	adults	40.00	Comm	-	No	1,00	other	Grp	12	wl	US	-	-	sr	-	1
Ruwaard, 2009	0,73	0,29	adults	42.00	Comm	-	No	0,69	cbt	Gsh	8	wl	EU	+	-	sr	+	3
Sadler, 2018	2,63	0,39	older old	75.00	Clin	+	No	0,56	cbt	Grp	8	othctr	Aus	+	-	sr	+	3
Safren, 2009	0,65	0,30	adults		Comm	+	Gen med	0,16	cbt	Ind	10	cau	US	-	-	+	+	2
Safren, 2014	0,65	0,22	elderly	56.80	Other	+	Gen med	0,49	cbt	Ind	10	cau	US	+	+	+	-	3
Safren, 2016 cbt	0,42	0,23	adults	47.50	Comm	+	Gen med	0,31	cbt	Ind	11	cau	US	+	-	+	+	3
Safren, 2016 sup	0,34	0,22	adults	47.50	Comm	+	Gen med	0,31	sup	Ind	11	cau	US	+	-	+	+	3
Saloheimo, 2016 cwd	0,41	0,29	adults	41.70	Clin	+	No	0,72	ipt	Ind	13	cau	EU	+	+	+	-	3
Saloheimo, 2016 ipt	-0,05	0,28	adults	41.70	Clin	+	No	0,72	cbt	Grp	11	cau	EU	+	+	+	-	3
Sanford, 2006	0,23	0,35	adol	15.90	Clin	+	No	0,65	other	Other	12	cau	Can	+	+	sr	+	3
Santomauro, 2016	0,62	0,44	adol	15.70	Comm	-	Other	0,40	cbt	Grp	11	wl	Aus	+	-	sr	+	3
Savard, 2006	0,67	0,34	adults	51.60	Comm	-	Gen med	1,00	cbt	Ind	8	wl	Can	+	+	+	-	3
Schmidt, 1983 - bibl	1,53	0,67	adults	42.00	Comm	-	No	0,84	cbt	Ind	7	wl	US	-	-	sr	-	1
Schmidt, 1983 - ind	1,67	0,68	adults	42.00	Comm	-	No	0,84	cbt	Grp	7	wl	US	-	-	sr	-	1
Schmidt, 1983 - lgrp	0,60	0,62	adults	42.00	Comm	-	No	0,84	cbt	Grp	7	wl	US	-	-	sr	-	1
Schmidt, 1983 - sm grp	1,39	0,67	adults	42.00	Comm	-	No	0,84	cbt	Gsh	6	wl	US	-	-	sr	-	1
Schulberg, 1996	0,44	0,15	adults	38.10	Clin	+	No	0,83	ipt	Ind	16	cau	US	-	-	+	+	2
Schuster, 2017	0,85	0,30	adults	45.90	Comm	-	No	0,68	other	Grp	8	wl	EU	+	-	sr	+	3
Scogin, 1987	0,83	0,48	elderly	70.50	Comm	-	No	0,79	cbt	Gsh	4	othctr	US	-	-	-	-	0
Scogin, 1989 - beh	0,36	0,38	elderly	68.30	Comm	-	No	0,85	cbt	Gsh	4	wl	US	-	-	-	-	0
Scogin, 1989 - cogn	1,14	0,40	elderly	68.30	Comm	-	No	0,85	cbt	Gsh	4	wl	US	-	-	-	-	0
Scogin, 2014	0,40	0,17	older old	75.40	Comm	-	No	0,83	cbt	Ind	12	othctr	US	+	+	sr	+	4
Scogin, 2018	1,48	0,47	elderly	59.00	Other	-	No	0,90	cbt	Other	10	cau	US	-	-	+	+	2
Scott, 1990 - cgt	0,82	0,38	adults	33.00	Clin	+	No	0,70	cbt	Grp	12	wl	UK	-	-	sr	+	2
Scott, 1990 - ict	0,55	0,35	adults	33.00	Clin	+	No	0,70	cbt	Ind	12	wl	UK	-	-	sr	+	2
Scott, 1992 - cbt	0,25	0,31	adults	31.80	Clin	+	No	0,75	cbt	Ind	16	cau	UK	-	+	+	+	3
Scott, 1992 - sup	0,55	0,32	adults	31.80	Clin	+	No	0,75	sup	Ind	16	cau	UK	-	+	+	+	3
Scott, 1997	0,47	0,34	adults	41.00	Clin	+	No	0,67	cbt	Ind	6	cau	UK	-	-	+	-	1
Segre, 2015	0,25	0,27	adults	26.30	Other	-	Other	1,00	other	Ind	5	wl	US	+	-	+	+	3
Selmi, 1990 - ccbt	1,36	0,54	adults	28.20	Comm	+	No	0,64	cbt	Gsh	6	wl	US	-	-	+	+	2
Selmi, 1990 - icbt	1,06	0,51	adults	28.20	Comm	+	No	0,64	cbt	Ind	6	wl	US	-	-	+	+	2
Serfaty, 2009	0,17	0,18	elderly	74.10	Comm	+	No	0,79	cbt	Ind	7	cau	UK	+	+	sr	+	4
Serrano, 2004	0,95	0,32	older old	77.20	Other	-	No	0,77	lrt	Ind	4	cau	EU	-	-	sr	-	1
Serrano, 2012	0,39	0,47	elderly	73.90	Clin	+	No	0,84	lrt	Ind	4	othctr	EU	-	-	+	+	2
Shaw, 1977 - ba	1,29	0,68	Young ad	20.10	Comm	-	No	0,69	cbt	Grp	8	othctr	Can	-	-	sr	-	1

Shaw, 1977 - cbt	2,77	0,86	Young ad	20.10	Comm	-	No	0,69	bat	Grp	8	othctr	Can	-	-	sr	-	1
Shaw, 1977 - sup	1,60	0,71	Young ad	20.10	Comm	-	No	0,69	sup	Grp	8	othctr	Can	-	-	sr	-	1
Sheeber, 2012	0,84	0,25	adults	31.00	Other	-	PPD	1,00	cbt	Gsh	6	wl	US	+	+	sr	+	4
Sheeber, 2017	0,31	0,12	adults	31.80	Comm	-	PPD	1,00	cbt	Gsh	7	othctr	US	-	+	sr	+	3
Simoni, 2013	-0,16	0,31	adults	46.00	Comm	-	Gen med	0,28	cbt	Ind	11	cau	US	+	+	+	+	4
Simpson, 2003	-0,06	0,17	adults	43.00	Clin	+	No	0,80	dyn	Ind	5	cau	UK	+	+	sr	+	4
Simson, 2008	0,23	0,36	elderly	60.50	Other	-	Gen med	0,43	sup	Ind	5	cau	EU	-	-	sr	+	2
Sinniah, 2017	0,71	0,25	adults	43.10	Clin	+	Other	0,70	cbt	Ind	16	cau	East A	-	-	sr	+	2
Sloane, 1985	0,09	0,34	elderly	64.40	Other	+	No	0,53	ipt	Ind	6	othctr	US	-	-	-	-	0
Smit, 2006	-0,15	0,27	adults	42.80	Clin	+	No	0,64	cbt	Ind	14	cau	EU	+	+	-	-	4
Smith, 2017 I	0,88	0,23	adults	39.90	Comm	+	No	0,82	cbt	Gsh	6	othctr	Aus	+	+	sr	+	4
Songprakun, 2012	0,60	0,27	adults	42.10	Clin	+	No	0,73	cbt	Gsh	8	cau	East A	+	+	sr	-	3
Spek, 2007	0,30	0,14	elderly	55.00	Comm	-	No	0,63	cbt	Grp	9	wl	EU	+	+	sr	+	4
Spinelli, 2003	0,78	0,55	adults	28.80	Comm	+	PPD	1,00	ipt	Ind	16	othctr	US	-	-	-	+	1
Spinelli, 2012	-0,15	0,25	adults	29.50	Other	+	PPD	1,00	ipt	Other	12	othctr	US	+	-	-	-	1
Sreevani, 2013	0,92	0,37	adults	28.00	Clin	+	No	0,60	other	Grp	4	cau	Other	+	-	sr	-	2
Stallard, 2012	0,05	0,08	adol	14.30	Other	-	No	0,65	cbt	Other	11	cau	UK	+	+	sr	+	4
Stark, 1987 - pst	0,67	0,45	children	11.20	Other	-	No	0,43	other	Grp	12	wl	US	-	-	+	-	1
Stark, 1987 - selfcontrol	0,58	0,46	children	11.20	Other	-	No	0,43	pst	Grp	12	wl	US	-	-	+	-	1
Stice, 2007 - cbt	0,71	0,19	Young ad	18.40	Comm	-	No	0,70	cbt	Grp	4	wl	US	-	-	sr	+	2
Stice, 2007 - supp-expr	1,07	0,27	Young ad	18.40	Comm	-	No	0,70	sup	Grp	4	wl	US	-	-	sr	+	2
Stice, 2008 - cbt	0,56	0,15	adol	15.60	Comm	-	No	0,56	cbt	Grp	4	cau	US	+	+	+	+	4
Stice, 2008 - supp-expr	0,21	0,15	adol	15.60	Comm	-	No	0,56	sup	Grp	4	cau	US	+	+	+	+	4
Stiles-Shields, 2018 - bat	0,98	0,55	adults		Comm	-	No		bat	Gsh	6	wl	US	+	+	sr	-	3
Stiles-Shields, 2018 - cbt	1,58	0,63	adults		Comm	-	No		cbt	Gsh	6	wl	US	+	+	sr	-	3
Strauss, 2012	1,83	0,44	adults	43.00	Clin	+	No	0,71	cbt	Grp	9	cau	UK	-	-	sr	+	2
Strong, 2008	0,37	0,14	elderly	56.60	Other	+	Gen med	0,71	pst	Ind	10	cau	UK	+	+	sr	+	4
Sugg, 2018	0,64	0,26	adults	49.20	Comm	+	No	0,61	other	Ind	8	cau	UK	+	+	sr	+	4
Swartz, 2008	0,85	0,32	adults	42.70	Comm	+	Other	1,00	ipt	Ind	9	cau	US	-	-	-	-	0
Szigethy, 2007	0,68	0,32	adol	15.00	Other	-	Gen med	0,51	cbt	Ind	10	cau	US	-	-	+	+	2
TADS, 2004	-0,07	0,13	adol	14.60	Comm	+	No	0,54	cbt	Ind	15	othctr	US	+	+	+	+	4
Takagaki, 2016	0,89	0,19	Young ad	18.20	Other	-	No	0,38	bat	Grp	5	cau	East A	+	+	sr	+	4
Talbot, 2011	0,31	0,28	adults	36.00	Clin	+	Other	1,00	ipt	Ind	13	cau	US	-	-	-	+	1
Taylor, 1977 - ba	1,20	0,77	Young ad	22.40	Comm	-	No	0,71	cbt	Ind	6	wl	Can	-	-	sr	-	1
Taylor, 1977 - cbt	1,91	0,86	Young ad	22.40	Comm	-	No	0,71	bat	Ind	6	wl	Can	-	-	sr	-	1
Taylor, 1977 - ct	1,76	0,85	Young ad	22.40	Comm	-	No	0,71	cbt	Ind	6	wl	Can	-	-	sr	-	1
Taylor, 2009	1,58	0,36	elderly	62.20	Comm	-	No	0,67	cbt	Ind	15	wl	US	-	-	+	+	2
Teasdale, 1984	1,46	0,46	adults	37.50	Clin	+	No	0,94	cbt	Ind	15	cau	UK	-	-	sr	-	1
Teichman, 1995 - ind	0,26	0,42	adults	47.90	Clin	+	No	0,53	cbt	Ind	13	wl	Other	-	-	sr	-	1
Teichman, 1995 - mar	1,24	0,46	adults	47.90	Clin	+	No	0,53	cbt	Other	13	wl	Other	-	-	sr	-	1
Teri, 1997 - ba	0,88	0,49	adults	76.40	Other	+	Gen med	0,47	bat	Other	9	cau	US	-	-	+	-	1
Teri, 1997 - pst	1,16	0,51	adults	76.40	Other	+	Gen med	0,47	pst	Other	9	cau	US	-	-	+	-	1
Titov, 2010 - icbt-clin	0,98	0,28	adults	43.00	Comm	+	No	0,74	cbt	Gsh	6	wl	Aus	+	-	sr	-	2
Titov, 2010 - icbt-techn	0,96	0,28	adults	43.00	Comm	+	No	0,74	cbt	Gsh	6	wl	Aus	+	-	sr	-	2

Titov, 2015	2,25	0,35	elderly	65.30	Comm	-	No	0,73	cbt	Gsh	5	wl	Aus	+	+	sr	+	4
Tobin, 2017	0,05	0,11	adults	43.60	Comm	-	Gen med	0,43	cbt	Other	10	othctr	US	+	+	sr	+	4
Tomasino, 2017 - icbt	0,70	0,51	elderly	69.60	Comm	-	No	0,68	cbt	Gsh	12	wl	US	-	-	sr	-	1
Tomasino, 2017 - icbt+sup	0,38	0,46	elderly	69.60	Comm	-	No	0,68	cbt	Gsh	11	wl	US	-	-	sr	-	1
Tovote, 2014 - cbt	0,61	0,31	adults	53.10	Other	-	Gen med	0,49	3rd	Ind	8	wl	EU	+	-	-	+	2
Tovote, 2014 - mbct	0,56	0,31	adults	53.10	Other	-	Gen med	0,49	cbt	Ind	8	wl	EU	+	-	-	+	2
Town, 2017	1,50	0,59	adults	41.60	Clin	+	No	0,63	dyn	Ind	16	cau	Can	+	+	+	+	4
Tulbure, 2018 - nr-cbt	0,84	0,37	adults	32.10	Comm	+	No	0,82	cbt	Gsh	9	wl	EU	-	-	sr	+	2
Tulbure, 2018 - r-cbt	0,74	0,33	adults	32.10	Comm	+	No	0,82	cbt	Gsh	9	wl	EU	-	-	sr	+	2
Turner, 1979 - ba	1,45	0,52	adults	24.50	Comm	-	No	0,50	bat	Ind	5	othctr	US	-	-	sr	-	1
Turner, 2013	-0,10	0,28	elderly	62.00	Comm	-	Gen med	0,26	cbt	Grp	6	othctr	Aus	+	+	sr	-	3
Tyson, 1987 - ae	-0,07	0,55	adults	24.60	Comm	-	No		other	Grp	4	othctr	US	-	-	sr	-	1
Tyson, 1987 - in	-0,19	0,55	adults	24.60	Comm	-	No		other	Grp	4	othctr	US	-	-	sr	-	1
Tyson, 1987 - tu	-0,17	0,55	adults	24.60	Comm	-	No		other	Grp	4	othctr	US	-	-	sr	-	1
Unlu, 2013	0,90	0,33	adults	35.20	Comm	-	Other	0,61	pst	Gsh	5	wl	EU	+	-	sr	+	3
Van Bastelaar, 2011	0,49	0,16	adults	50.00	Comm	-	Gen med	0,61	cbt	Gsh	8	wl	EU	+	+	sr	+	4
Van der Zanden, 2013	0,84	0,13	Young ad	20.90	Comm	-	No	0,84	cbt	Grp	6	wl	EU	+	+	sr	+	4
Van Schaik, 2006	0,07	0,17	elderly	67.90	Clin	+	No	0,69	ipt	Ind	8	cau	EU	+	-	-	+	2
Vazquez, 2013	1,54	0,17	adults	53.90	Other	-	Other	1,00	pst	Grp	5	cau	EU	-	+	sr	+	3
Vazquez, 2017 - bat	2,09	0,45	elderly	58.40	Other	-	Other	0,93	cbt	Other	5	cau	EU	+	+	sr	+	4
Vazquez, 2017 - cbt	2,20	0,47	elderly	58.40	Other	-	Other	0,93	bat	Other	4	cau	EU	+	+	sr	+	4
Verduyn, 2003 - cbt	0,20	0,42	adults	29.80	Other	-	Other	1,00	cbt	Grp	16	cau	UK	-	+	+	-	2
Verduyn, 2003 - sup	0,14	0,43	adults	29.80	Other	-	Other	1,00	sup	Grp	16	cau	UK	-	+	+	-	2
Vernmark, 2010 - email	0,91	0,33	adults	36.80	Comm	+	No	0,68	cbt	Gsh	6	wl	EU	+	+	sr	+	4
Vernmark, 2010 - selfh	0,46	0,32	adults	36.80	Comm	+	No	0,68	cbt	Gsh	8	wl	EU	+	+	sr	+	4
Vitriol, 2009	0,57	0,22	adults	38.90	Clin	+	Other	1,00	dyn	Ind	12	cau	Other	-	-	+	+	2
Vostanis, 1996a	0,29	0,27	children	12.70	Clin	+	No	0,56	cbt	Ind	9	othctr	UK	-	-	sr	-	1
Warmerdam,2008 - cbt	0,53	0,19	adults	45.00	Comm	-	No	0,71	cbt	Gsh	8	wl	EU	+	+	sr	+	4
Warmerdam,2008 - pst	0,42	0,19	adults	45.00	Comm	-	No	0,71	pst	Gsh	5	wl	EU	+	+	sr	+	4
Watkins, 2012	0,72	0,24	adults	46.30	Clin	+	No	0,64	other	Other	7	cau	UK	+	+	+	+	4
Watt, 2000 - instr	1,55	0,61	elderly	66.80	Comm	-	No	0,54	lrt	Grp	6	othctr	Can	-	-	+	-	1
Watt, 2000 - integr	1,90	0,66	elderly	66.80	Comm	-	No	0,54	lrt	Grp	6	othctr	Can	-	-	+	-	1
Weissman, 1979	0,88	0,42	adults		Clin	+	No		ipt	Ind	16	othctr	US	-	-	sr	-	1
Weisz, 1997	0,34	0,30	children	9.60	Other	-	No	0,46	cbt	Grp	8	cau	US	-	-	+	-	1
Weisz, 2009	0,11	0,30	children	11.80	Clin	+	No	0,56	cbt	Ind	15	cau	US	-	-	+	+	2
Wickberg, 1996	1,33	0,47	adults	28.40	Other	+	PPD	1,00	sup	Ind	6	cau	EU	-	-	+	-	1
Wiersma, 2014	0,55	0,20	adults	41.60	Clin	+	No	0,60	other	Ind	24	cau	EU	+	+	sr	+	4
Wiklund, 2010	0,82	0,29	adults		Other	-	PPD	1,00	cbt	Ind	21	cau	EU	-	-	sr	-	1
Williams, 2000	0,07	0,14	elderly	71.00	Comm	+	No	0,41	pst	Ind	6	othctr	US	+	+	+	+	4
Williams, 2013 I	0,23	0,12	adults	41.80	Comm	+	No	0,68	cbt	Gsh	2	cau	Aus	-	+	sr	+	3
Williams, 2013 II cbm	0,95	0,32	adults	44.80	Clin	-	No	0,76	cbt	Gsh	13	wl	UK	+	+	sr	+	4
Williams, 2018	0,66	0,20	adults	46.60	Comm	-	No	0,68	cbt	Grp	8	wl	UK	+	+	sr	+	4
Wilson, 1983 - beh	2,29	0,70	adults	39.50	Comm	-	No	0,80	bat	Ind	8	wl	Aus	-	-	-	-	0
Wilson, 1983 - cogn	1,68	0,62	adults	39.50	Comm	-	No	0,80	cbt	Ind	8	wl	Aus	-	-	-	-	0

Wollersheim, 1991 - cop	-0,09	0,62	adults	39.40	Comm	+	No	0,72	cbt	Grp	10	wl	US	-	-	sr	-	1
Wollersheim, 1991 - gsh	0,31	0,62	adults	39.40	Comm	+	No	0,72	sup	Grp	10	wl	US	-	-	sr	-	1
Wollersheim, 1991 - sup	0,08	0,62	adults	39.40	Comm	+	No	0,72	cbt	Gsh	10	wl	US	-	-	sr	-	1
Wong I, 2008	0,74	0,11	adults	42.70	Comm	-	No	0,78	cbt	Grp	10	wl	East A	-	+	sr	+	3
Wong II, 2008	0,76	0,22	adults	37.40	Comm	+	No	0,78	cbt	Grp	10	wl	East A	-	+	sr	-	2
Wong, 2018	0,19	0,13	adults	54.00	Clin	-	No	0,93	3rd	Grp	8	cau	East A	+	+	sr	+	4
Wright, 2005 - cbt	1,06	0,45	adults	40.20	Comm	+	No	0,76	cbt	Ind	9	wl	US	-	-	+	+	2
Wright, 2005 - ccbt	1,03	0,45	adults	40.20	Comm	+	No	0,76	cbt	Gsh	9	wl	US	-	-	+	+	2
Wuthrich, 2013	0,74	0,26	elderly	67.40	Comm	+	No	0,65	cbt	Grp	9	wl	Aus	+	-	+	+	3
Wuthrich, 2016	0,55	0,18	elderly	67.40	Comm	+	No	0,56	cbt	Grp	11	othctr	Aus	+	+	sr	+	4
Yang, 2018	0,80	0,25	Young ad	18.50	Other	+	No	0,60	other	Grp	11	cau	East A	+	-	sr	-	2
Yeung, 2017	0,61	0,26	adults	33.00	Clin	-	No	0,77	cbt	Gsh	5	wl	East A	+	+	sr	-	3
Young, 2006	1,49	0,36	adol	13.40	Other	-	No	0,85	ipt	Other	10	othctr	US	+	-	sr	+	3
Young, 2010	0,69	0,28	adol	14.60	Other	-	No	0,60	ipt	Other	10	othctr	US	+	-	sr	+	3
Yu, 2002	0,25	0,14	children	11.80	Other	-	No	0,45	cbt	Grp	10	cau	East A	-	-	sr	-	1
Zemestani, 2016 bat	5,78	0,95	adults	24.20	Other	+	No	0,61	3rd	Grp	8	wl	Other	+	-	sr	+	3
Zemestani, 2016 mct	5,22	0,88	adults	24.20	Other	+	No	0,61	bat	Grp	8	wl	Other	+	-	sr	+	3
Zu, 2014	0,58	0,38	adults	38.50	Clin	+	No	0,51	cbt	Ind	20	cau	East A	-	-	-	-	0

**Abbreviations:** 3rd: third wave therapy; AC: Allocation concealment; Aus: Australia; BA: Blinded assessment; Bat: behavioral activation therapy; Can: Canada; Cau: usual care; Cbt: cognitive behavior therapy; Clin: recruitment from clinical samples only; Comm: recruitment from the community (at least partly); Ctr: Control group; Dx: Diagnosis; Dyn: psychodynamic therapy; East A: East Asia; EU: Europe; G: Hedges' g; Gen med: patients with comorbid general medical disorders; Grp: group; Gsh: guided self-help; Ind: individual; Ipt: interpersonal psychotherapy; ITT: intention-to-treat; Lrt: life review therapy; N sess: number of sessions; Othctr: other control condition; PPD: perinatal depression; Pr women: proportion women; Pst: problem-solving therapy; Recr: recruitment; RoB: risk of bias total score; Se: standard error; SG: sequence generation; Spec pop: specific population; Sr: self-report; Sup: non-directive supportive therapy; UK: United Kingdom; US: United States; Wl: waiting list; Young ad: young adults.



## Appendix E. References of the included studies

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Appendix F. Characteristics of trials of psychotherapies on depression in different age groups (N=366) and interventions tested in these trials (N=453)

		<i>Children &amp; adolescents</i>		<i>Early-middle aged adults</i>		<i>Late adults</i>		<i>Total</i>		<i>p</i>
		<i>N</i>	<i>%</i>	<i>N</i>	<i>%</i>	<i>N</i>	<i>%</i>	<i>N</i>	<i>%</i>	
<b>Study characteristics (N=366)</b>										
Recruitment	Community	8	21.6	120	46.0	26	38.2	154	42.1	<u>&lt;0.001</u>
	Clinical	7	18.9	69	26.4	8	11.8	84	23.0	
	Other	22	59.5	72	27.6	34	50.0	128	35.0	
Diagnosis	Depressive disorder	16	43.2	143	54.8	22	32.4	181	49.5	<u>0.003</u>
	Cut-off	21	56.8	118	45.2	46	67.6	185	50.5	
Target group	General population	31	83.8	149	57.1	36	52.9	216	59.0	<u>0.004</u>
	Specific group	6	16.2	112	42.9	32	47.1	150	41.0	
Women <sup>a)</sup>	<50%	8	21.6	29	11.3	15	22.7	52	14.4	<u>&lt;0.001</u>
	50-75%	25	67.6	108	42.0	26	39.4	159	44.2	
	>75%	4	10.8	120	46.7	25	37.9	149	41.4	
Control group	Waiting list	14	37.8	100	38.3	19	27.9	133	36.3	0.24
	Usual care	14	37.8	123	47.1	34	50.0	171	46.7	
	Other	9	24.3	38	14.6	15	22.1	62	16.9	
Country	North America	27	73.0	98	37.5	29	42.6	154	42.1	<u>0.003</u>
	Europe	4	10.8	97	37.2	28	41.2	129	35.2	
	Australia	2	5.4	17	6.5	6	8.8	25	6.8	
	East Asia	2	5.4	24	9.2	4	5.9	30	8.2	
	Other	2	5.4	25	9.6	1	1.5	28	7.7	
Risk of bias	Sequence generation	17	45.9	141	54.0	41	60.3	199	54.4	0.36
	Allocation concealment	8	21.6	124	47.5	32	47.1	164	44.8	<u>0.01</u>
	Blinded assessment	31	83.8	242	92.7	62	91.5	335	91.5	0.19
	Intention-to-treat	21	56.8	156	59.8	45	66.2	222	60.7	0.55
RoB total score	0 or 1	14	37.8	69	26.4	15	22.1	98	26.8	0.20
	2 or 3	18	48.6	113	43.3	31	45.6	162	44.3	
	4	5	13.5	79	30.3	22	32.4	106	29.0	
<b>Intervention characteristics (N=453)</b>										
Type	CBT	28	65.1	176	53.2	42	53.2	246	54.3	0.33
	Other	15	34.9	155	46.8	37	46.8	207	45.7	
Format	Individual	13	30.2	121	36.6	38	48.1	172	38.0	<u>0.01</u>
	Group	23	53.5	107	32.3	22	27.8	152	33.6	
	Guided self-help	1	2.3	67	20.2	12	15.2	80	17.8	
	Mixed/other	6	14.0	36	10.9	7	8.9	49	10.8	
Number of sessions	≤ 6	3	7.0	104	31.4	33	41.8	140	30.9	<u>&lt;0.001</u>
	7-12	24	55.8	168	50.8	41	51.9	233	51.4	
	> 13	16	37.2	59	17.8	5	6.3	80	17.7	

Abbreviations: CBT: cognitive behavior therapy; RoB: Risk of Bias.

<sup>a)</sup> 6 studies did not report the proportion of women and were not included in these data

## AppendixG. Description of sample of included studies

As can be seen in the table, most studies recruited participants from the community (42.1%), whereas 23% of the studies focused on clinical samples only (the other 35% used other recruitment methods). About half of the studies included only participants who met criteria for a depressive disorder according to a diagnostic interview (49.5%). A total of 41.0% of the studies (N=150) were focused on specific subgroups of depressed populations (18.9% with both depression and comorbid general medical disorders; 10.7% were women with postpartum depression; and 11.5 belonged to another specific population), whereas the majority (59%) focused on general populations of depressed persons not otherwise specified. In most studies the majority of participants were women (44.2% had between 50 and 75% women, and 41.4% had more than 75% women). CBT was the most often-used type of therapy (54.3%), followed by interpersonal psychotherapy (7.3%), problem-solving therapy (7.1%) and behavioral activation therapy (5.3%). Most therapies used an individual (38%) or group format (33.6%). The majority of studies had seven to twelve sessions (51.4%), whereas the rest had fewer (30.9%) or more sessions (17.7%). Most studies used a usual care (46.7%) or a waiting list control group (36.3%), and most studies were conducted in North America (42.1%) or in Europe (35.2%).

## Appendix H. Sensitivity analyses: Only low risk of bias <sup>a)</sup>

	<i>Only low risk of bias</i>					
	<i>N<sub>st</sub></i>	<i>g</i>	<i>95% CI</i>	<i>I<sup>2</sup></i>	<i>95% CI</i>	<i>p<sup>b)</sup></i>
<u>All studies</u>						
All comparisons	120	0.51	0.42~0.60	76	72~80	
Outliers excluded ( $g \geq 1.5$ )	115	0.46	0.39~0.54	72	67~77	
Adjusted for publication bias	153	0.32	0.21~0.42	82	79~84	
<u>Specific age categories</u>						0.06
• Children	1	0.28	-0.09~0.65	0		
• Adolescents	5	0.24	-0.18~0.65	73	32~89	
• Young adults	4	0.65	0.20~1.10	73	24~90	
• Middle aged adults	86	0.52	0.42~0.63	76	71~80	
• Older adults	20	0.57	0.25~0.89	77	65~85	
• Older old adults	4	0.30	0.03~0.57	0	0~82	
•						
<u>Main age categories</u>						0.08
• Children & adolescents	6	0.24	-0.07~0.54	67	22~86	
• Early-middle aged adults	90	0.53	0.43~0.63	76	71~80	
• Late adults	24	0.52	0.26~0.78	74	61~82	

Abbreviations: CBT: cognitive behavior therapy; CI: confidence interval; g: Hedges' g; Nst: number of studies

<sup>a)</sup> according to the random effects model.

<sup>b)</sup> the p-value indicates the significance of the difference between subgroups.



## Appendix I. Sensitivity analyses: Only CBT <sup>a)</sup>

	<i>Only CBT</i>					
	<i>N<sub>st</sub></i>	<i>g</i>	<i>95% CI</i>	<i>I<sup>2</sup></i>	<i>95% CI</i>	<i>p<sup>b)</sup></i>
<u>All studies</u>						
All comparisons	247	0.78	0.67~0.90	81	79~83	
Outliers excluded ( $g \geq 1.5$ )	216	0.56	51~0.62	61	55~67	
Adjusted for publication bias	311	0.45	0.30~0.60	87	86~88	
<u>Specific age categories</u>						<0.001
• Children	11	0.28	0.05~0.50	23	0~61	
• Adolescents	17	0.54	0.23~0.85	85	77~90	
• Young adults	15	0.93	0.72~1.14	0	0~49	
• Middle aged adults	162	0.83	0.66~1.00	82	79~84	
• Older adults	37	0.72	0.54~0.91	73	63~81	
• Older old adults	5	0.96	-0.30~2.22	93	87~96	
•						
<u>Main age categories</u>						
• Children & adolescents	28	0.44	0.23~0.65	78	68~84	<u>0.01</u>
• Early-middle aged adults	177	0.85	0.69~1.01	81	78~83	
• Late adults	42	0.75	0.56~0.95	79	72~84	

Abbreviations: CBT: cognitive behavior therapy; CI: confidence interval; g: Hedges' g; Nst: number of studies

<sup>a)</sup> according to the random effects model.

<sup>b)</sup> the p-value indicates the significance of the difference between subgroups.

## Appendix J. Sensitivity analyses: Specific target populations excluded <sup>a)</sup>

	<i>Only CBT</i>					
	<i>N<sub>st</sub></i>	<i>g</i>	<i>95% CI</i>	<i>I<sup>2</sup></i>	<i>95% CI</i>	<i>p<sup>b)</sup></i>
<u>All studies</u>						
All comparisons	280	0.76	0.68~0.84	78	75~80	
Outliers excluded ( $g > 1.5$ )	243	0.56	0.51~0.61	61	56~66	
Adjusted for publication bias	368	0.43	0.33~0.54	84	83~86	
<u>Specific age categories</u>						<u>&lt;0.001</u>
• Children	15	0.35	0.15~0.55	29	0~62	
• Adolescents	22	0.61	0.35~0.86	83	75~88	
• Young adults	25	0.98	0.78~1.18	45	13~66	
• Middle aged adults	175	0.76	0.65~0.88	79	75~81	
• Older adults	38	0.81	0.59~1.03	79	72~84	
• Older old adults	5	0.97	-0.22~2.16	91	82~95	
•						
<u>Main age categories</u>						<u>0.01</u>
• Children & adolescents	37	0.51	0.34~0.68	75	66~82	
• Early-middle aged adults	200	0.79	0.69~0.90	77	74~80	
• Late adults	43	0.83	0.62~1.04	81	75~85	

Abbreviations: CBT: cognitive behavior therapy; CI: confidence interval; g: Hedges' g; Nst: number of studies

<sup>a)</sup> according to the random effects model.

<sup>b)</sup> the p-value indicates the significance of the difference between subgroups.

## Appendix K. Sensitivity analyses: Only diagnosed mood disorders <sup>a)</sup>

	<i>N<sub>st</sub></i>	<i>g</i>	95% <i>CI</i>	<i>I</i> <sup>2</sup>	95% <i>CI</i>	<i>p</i> <sup>b)</sup>
<u>All studies</u>						
All comparisons	217	0.78	0.68~0.89	82	80~84	
Outliers excluded ( $g \geq 1.5$ )	194	0.58	0.52~0.64	68	63~72	
Adjusted for publication bias	281	0.44	0.30~0.57	88	87~89	
<u>Specific age categories</u>						
• Children	5	0.58	-0.10~1.25	62	0~86	
• Adolescents	15	0.56	0.24~0.88	83	74~89	
• Young adults	4	1.18	0.18~2.17	39	0~79	
• Middle aged adults	168	0.83	0.70~0.96	83	81~85	
• Older adults	24	0.54	0.36~0.71	68	52~79	
• Older old adults	1	2.63	1.87~3.39	0	-	
•						
<u>Main age categories</u>						
• Children & adolescents	20	0.56	0.30~0.82	80	70~87	0.07
• Early-middle aged adults	172	0.84	0.71~0.97	83	81~85	
• Late adults	25	0.62	0.39~0.86	77	66~84	

Abbreviations: CBT: cognitive behavior therapy; CI: confidence interval; *g*: Hedges' *g*; *N<sub>st</sub>*: number of studies

<sup>a)</sup> according to the random effects model.

<sup>b)</sup> the *p*-value indicates the significance of the difference between subgroups.

## Appendix L. Sensitivity analyses using the multilevel meta-analysis model

	$N_{st}$	$g^{a)}$	95% CI	$\tau_B^2$	$\tau_W^2$	$P^{b)}$
All comparisons	366	0.71	0.64~0.78	0.34	0.00	
Outliers excluded ( $g \geq 1.5$ )	329	0.52	0.48~0.56	0.08	0.00	
Only low RoB	106	0.49	0.41~0.58	0.15	0.00	
<u>Specific age categories</u>						
• Children	13	0.31	0.12~0.50	0.05	0.00	<u>&lt;0.001</u>
• Adolescents	24	0.55	0.34~0.76	0.17	0.04	
• Young adults	19	0.89	0.73~1.06	0.06	0.00	
• Middle aged adults	242	0.74	0.65~0.83	0.43	0.00	
• Older adults	58	0.62	0.46~0.77	0.23	0.04	
• Older old adults	10	0.97	0.50~1.44	0.25	0.25	
<u>Main age categories</u>						
• Children & adolescents	37	0.47	0.32~0.62	0.13	0.02	<u>0.003</u>
• Early-middle aged adults	261	0.76	0.67~0.84	0.39	0.00	
• Late adults	68	0.66	0.52~0.82	0.26	0.05	

Abbreviations: CI: confidence interval;  $N_{st}$ : number of studies.

a) sensitivity analyses using a multilevel meta-analysis model that addresses within-studies correlations for multiple outcomes from a single trial: a three-level random-effects model for  $j$ th outcome of  $i$ th trial  $y_{ij}$ ;  $y_{ij} \sim N(\theta_{wij}, \sigma_{ij}^2)$ ,  $\theta_{wij} \sim N(\theta_{Bi}, \tau_W^2)$ ,  $\theta_{Bi} \sim N(g, \tau_B^2)$ .

b) the p-value indicates the significance of the difference between subgroups.

## Appendix M. Long-term effects of psychotherapies for depression across different age groups

		<i>N<sub>st</sub></i>	<i>g</i>	95% <i>CI</i>	<i>I</i> <sup>2</sup>	95% <i>CI</i>	<i>p</i> <sup>b)</sup>
<u>6 – 8 months FU</u>							
All comparisons		93	0.53	0.20~0.86	86	83~88	
Outliers excluded ( <i>g</i> ≥1.5)		87	0.31	0.24~0.38	63	53~70	
Only low RoB		29	0.24	0.10~0.37	62	43~74	
Adjusted for publication bias		93	0.53	0.20~0.86	86	83~88	
<u>Age categories</u>	– Children & adolescents	9	0.27	-0.17~0.70	56	6~79	0.21
	– Early-middle adults	62	0.71	0.19~1.23	89	86~91	
	– Late adults	22	0.22	0.01~0.43	70	53~80	
<u>9-12 months FU</u>							
All comparisons		69	0.39	0.19~0.59	82	77~85	
Outliers excluded ( <i>g</i> ≥1.5)		67	0.25	0.19~0.32	59	46~69	
Only low RoB		31	0.45	0.11~0.78	86	81~90	
Adjusted for publication bias		80	0.19	-0.07~0.44	88	86~90	
<u>Age categories</u>	– Children & adolescents	8	0.09	-0.10~0.28	63	19~83	0.03
	– Early-middle adults	44	0.51	0.19~0.82	86	83~89	
	– Late adults	17	0.27	0.18~0.37	25	0~58	
<u>13-24 months FU</u>							
All comparisons		25	0.17	0.02~0.32	76	65~84	
Outliers excluded ( <i>g</i> ≥1.5)		25	0.17	0.02~0.32	76	65~84	
Only low RoB		7	0.20	0.07~0.33	0	0~42	
Adjusted for publication bias		30	0.25	0.10~0.39	76	65~83	
<u>Age categories</u>	– Children & adolescents	9	0.04	-0.11~0.19	0	0~63	0.09
	– Early-middle adults	14	0.30	0.05~0.55	81	69~88	
	– Late adults	2	0.05	0.04~0.06	0	-	
<u>&gt;24 months FU</u>							
All comparisons		13	0.20	0.07~0.33	4	0~58	
Outliers excluded ( <i>g</i> ≥1.5)		13	0.20	0.07~0.33	4	0~58	
Only low RoB		7	0.22	0.01~0.42	23	0~66	
Adjusted for publication bias		18	0.31	0.17~0.44	36	0~64	
<u>Age categories</u> <sup>c)</sup>	– Children & adolescents	3	0.08	-0.47~0.63	18	0~92	0.26
	– Early-middle adults	10	0.24	0.09~0.39	0	0~61	

Abbreviations: CI: confidence interval; FU: follow-up; *g*: Hedges' *g*; *N<sub>st</sub>*: number of studies; RoB: risk of bias.

a) according to the random effects model.

b) the *p*-value indicates the significance of the difference between subgroups.

c) There were no studies in older adults with more than 24 months follow-up