Effectiveness Outcomes – Person in need of care related

Outcome Area	Examples for Subcategories or Indicators
Functional Health Outcomes that describe capacity for and performance of basic tasks of life*	- Mobility - Self-care (ADL/IADL) - Energy maintenance (i.e. sleep patterns) - Activity Level - Required care levels - Level of independence (perceived)
Physiological Health Outcome that describe organic functioning*	- Metabolic Regulation (vital signs) - Electrolyte & Acid/Base Balance - Tissue Integrity (i.e. wound healing) - Neurocognitive functions/condition - Therapeutic response (reactions to treatment)
Psychological Health Outcomes that describe psychological functioning*	- Psychological well-being (i.e. agitation, loneliness, stress-level) - Psychosocial adaption (i.e. Coping, acceptance of health status) - Self-control (challenging behaviour)
Social Condition Outcomes that describe social functioning and social inclusion	- social interactions (verbal and visual engagement) - social relation to caregiver - social participation/ social inclusion
Health Behaviour Outcomes that describe an individual's actions to promote or restore health*	- Therapy compliance - Dealing independently with requirements and strains caused by illness or therapy - Patient engagement
Health Knowledge & Attitudes Outcomes that describe an individual's understanding in applying information to promote maintain and restore health* (or an individual's ideas and perceptions that influence health behaviour*)	- Knowledge on health promotion, healthy lifestyle - Knowledge on medication (pain management) - Disease/health situation related knowledge - Perceived ability to perform
Patient Safety Outcomes that describe an individual's safety status*	- Fall prevention behaviour - Falls occurrence
Overarching Concepts (Comprise different aspects of the above-mentioned dimensions)	
Well-being/ Quality of Life Outcomes that describe an individual's perceived health status and life circumstances*	- General QoL-Indicators - Disease specific QoL-Indicators - Subgroup specific QoL-Indicators Indicators - ASCOT (Adult Social Care Outcomes Toolkit) - WHO-QoL (WHO-Quality of Life Scale) - QoL-AD (Quality of Life in Alzheimer Disease)
Health related QoL Outcomes that refer to a valuation of an individual's perceived physical, mental and (optionally) social well-being	- General self-perceived health status - Disease or symptom specific self-perceived health status (i.e. pain level, symptom severity) Indicators - EQ-5D, SF-36

Needs Assessment/ Fulfilled Needs	Indicators
Outcomes that relate to systematic processes for determining and addressing needs (discrepancies between current and wanted conditions)	- IPPA (Individually Prioritized Assessment score) - CANE (Camberwell Assessment of Need for the Elderly

Individual-related organisational Effectiveness

Intensity of Service Utilization Outcomes that describe the length or intensity of usage of a specific health care service	- Length of stay - Number of (re)admissions to specific institutions - Days in need of specific services/medication (i.e. number of days with antibiotics)
Organisational Patient Safety Indicators Outcomes that describe safety-related negative organisational incidents	- Mortality - Occurrence of medical complications (i.e. number of cardiac arrest calls, infection rates) - Occurrence of adverse events (i.e. falls)
Patient Satisfaction Outcomes that describe an individual's perception of the quality and adequacy of health/nursing care provided*	- Satisfaction with access to care resources - Satisfaction with performance of services - Satisfaction with adequacy of provided services
Intersectoral Continuity of Care Outcomes relating to patient transfers and the collaboration between different care providers or different units of care providers	- Continuity of care inside institutions (i.e. different units in hospitals) - Continuity of care between different institutions

* Definitions based on NOC (5th edition)

5th Edition:

https://www.academia.edu/38156239/Nursing_Outcomes_Classification_NOC_Moorhead_HERRY_.pdf