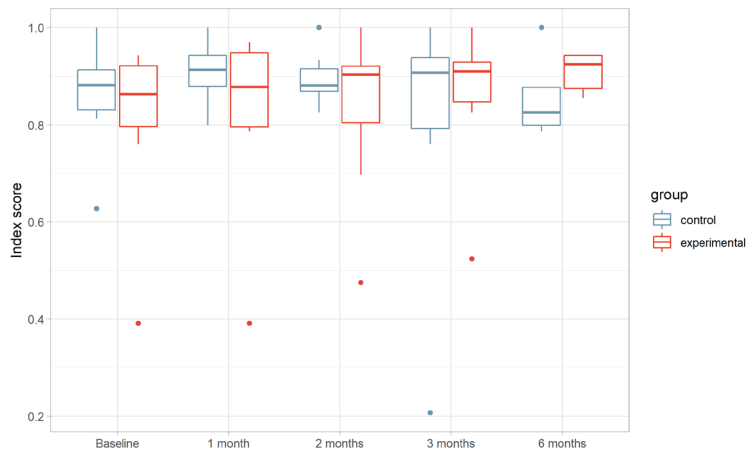


Supplementary Material 2. Box plots of the quality of life index score (panel A) and the VAS representing the perceived general health (panel B) in the control group and the experimental group before, during and after the intervention/control period.

A



B

