

Supplementary material for:

A Systematic Review of the Behaviour Change Techniques and Digital Features in
Technology-Driven Type 2 Diabetes Prevention Interventions.

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Supplementary File 1: PRISMA checklist

Supplementary File 2: Search strategy

Supplementary File 3: References for all included articles

Supplementary File 4: Supplementary tables 1-10

- Table 1. Quality Assessment Summaries for All Studies
- Table 2. The Proportion of Baseline Weight Lost at Each Follow-Up for Interventions Included in the Primary Effectiveness Analysis
- Table 3. Changes in Body Weight and Glycaemia from Baseline to Most Recent Follow-up (Expressed in Mean Values Unless Otherwise Indicated)
- Table 4. Behaviour Change Techniques Identified in All Interventions
- Table 5. Digital Features Identified in All Interventions
- Table 6. Summary of Behaviour Change Technique Use in Effective and Non-Effective Interventions (Excludes Imputed BCTs)
- Table 7. Summary of Digital Feature Use in Effective and Non-Effective Interventions (Excludes Imputed Features)
- Table 8. BCTs: Most Frequently Identified and Most Effective by Imputation vs No Imputation
- Table 9. Digital Features: Most Frequently Identified and Most Effective by Imputation vs No Imputation
- Table 10. Average Number of BCTs and Digital Features Used Per Intervention, both Including and Excluding Imputations

Supplementary File 5

All coded digital and non-digital components

Supplementary File 6

Digital feature descriptions