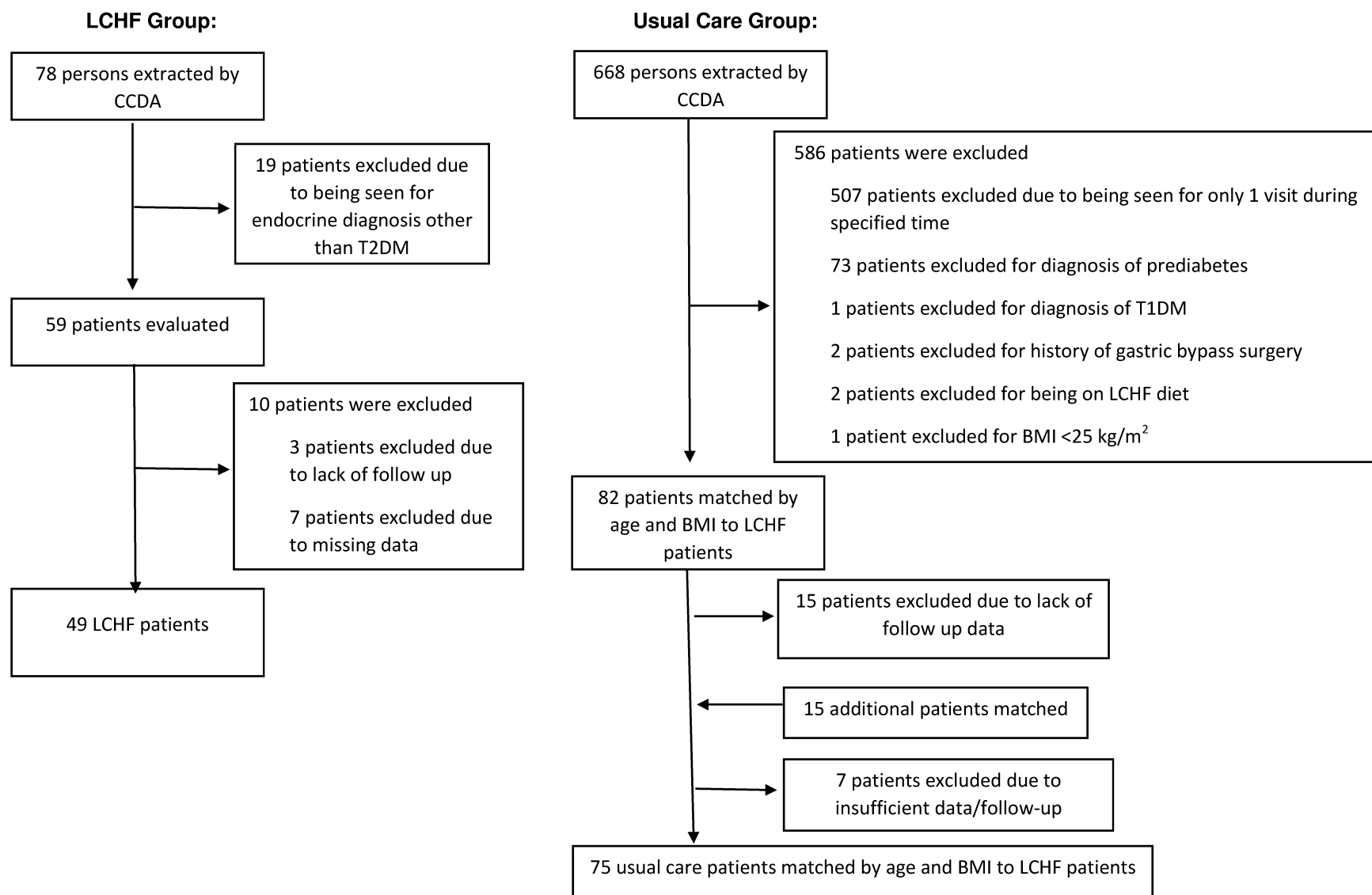


Appendix 1. Study flowchart describing identification and selection process of patients for LCHF and UC groups.



Appendix Figure 1. Study flowchart describing identification and selection process of patients for LCHF and UC groups.
Abbreviations: T2DM: type 2 diabetes mellitus; T1DM: type 1 diabetes mellitus; BMI: body mass index; LCHF: low carbohydrate, high fat , UC: Usual Care