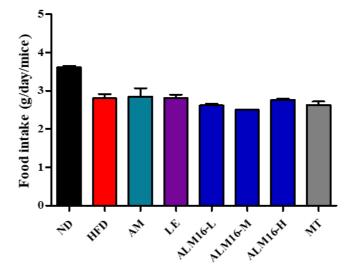
## **Supplementary Figure 1.**



Supplementary Figure 1: Effects of ALM16 and individual extracts (AM and LE) on food intake (n=6). Data are expressed as mean  $\pm$  standard error of the mean (SEM).  $^*P < 0.05$ ,  $^{**}P < 0.01$  and  $^{***}P < 0.001$  vs HFD group. ND, normal diet; HFD, high fat diet; AM, HFD + AM extract (100 mg/kg); LE, HFD + LE extract (100 mg/kg); ALM16-L, HFD + ALM16 (50 mg/kg); ALM16-M, HFD + ALM16 (100 mg/kg); ALM16-H, HFD + ALM16 (200 mg/kg); MT, HFD + Milk thistle extract (100 mg/kg).