

## Results of GEE Models

### Research Question 1

Table A. Results of the GEE models testing sensitivity to the normality assumption for pre-specified analyses of RQ1.

Variable	$\beta$	<i>P</i>
Weight Change	0.73	<.001
Physical Activity Tracking Frequency	-3.4	<.001
Average Daily Steps	-0.22	.059

Table B. Results of the GEE models testing sensitivity to the normality assumption for post-hoc analyses of RQ1.

Variable	$\beta$	<i>P</i>
Weight Change		
TP1 to TP2	0.40	<.001
TP1 to TP3	0.43	<.001
TP2 to TP3	0.03	.85
Physical Activity Tracking Frequency		
TP1 to TP2	-1.3	<.001
TP1 to TP3	-2.3	<.001
TP2 to TP3	-1.0	<.001
Average Daily Steps		
TP1 to TP2	-0.18	.007
TP1 to TP3	-0.31	<.001
TP2 to TP3	-0.13	.014

### Research Question 2

Table C. Results of the GEE models testing sensitivity to the normality assumption for pre-specified analyses of RQ2.

Variable	$\beta$	<i>P</i>
Physical Activity Tracking Frequency		
TP1 to TP2	-3.3	<.001
TP1 to TP3	-10.0	<.001
TP2 to TP3	-6.6	<.001
Average Daily Steps		
TP1 to TP2	-0.14	.011
TP1 to TP3	0.04	.879
TP2 to TP3	0.18	.060