- 1 Supplementary Data 1— Excel table showing resulting tag SNPs following pruning.
- 2 Each raw SNPs (column A) along with its position (column B and C) and the minor or major
- 3 allele (column D and E) is reported. SNPs selected as a tag SNPs are indicated by "1" in
- 4 column F and the best tag SNP for each SNP is reported in column G. The degree of linkage
- 5 disequilibrium between the SNP and its best tag SNP, measured by r², is reported in column
- 6 H. Best SNPs with an $r^2 > 0.8$ were selected as tag SNPs.

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- 8 Supplementary Data 2- Excel table showing GEE models results testing the association
- 9 between each of the 482 SNPs to PAL performance.
- 10 Each row reports GEE results of the association between a SNP and PAL performance. SNP,
- 11 Beta coefficient, Lower confidence interval, Upper confidence interval, p value, number of
- 12 participants and q value following Benjamini Hochberg correction are reported.

13

- 14 Supplementary Data 3- Excel table showing GEE models results testing the interaction
- 15 between physical activity (IPAQ) and each of the 482 SNPs on PAL performance.
- 16 Each row reports interaction results of each GEE model testing for the interaction between
- 17 IPAQ and each of the 482 SNPs on PAL performance. SNP, Beta coefficient, Lower
- 18 confidence interval, Upper confidence interval, number of participants, interaction p value
- and interaction q value following Benjamini Hochberg correction are reported.

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- 21 Supplementary Data 4- Excel table showing GEE models results testing the interaction
- 22 between Mediterranean Diet Score (MDS) and each of the 482 SNPs on PAL performance.
- 23 Each row reports interaction results of each GEE model testing for the interaction between
- 24 MDS and each of the 482 SNPs on PAL performance. SNP, Beta coefficient, Lower
- 25 confidence interval, Upper confidence interval, number of participants, interaction p value
- and interaction q value following Benjamini Hochberg correction are reported.
- 27 Supplementary Data 5- Excel table reporting the raw data behind graphs shown in Figure
- 28 **2.**
- 29 Data from each graph is reported in a separate tab. X and Y axis labels are reported in the
- 30 first row in each tab.

- 31 Supplementary Data 6– Excel table reporting the raw data behind graphs shown in Figure
- 32 **3.**
- Data from each graph is reported in a separate tab. X and Y axis labels are reported in the
- 34 first row in each tab.