

**Supplementary Materials:**

**Table S1.** Number and percentage of patients with oligozoospermia, asthenozoospermia and teratozoospermia before and after the treatment with FH PRO for Men. Total number of patients included in the study:  $n = 119$ .

<b>Group</b>	<b>Number of Patients (Percentage)</b>			<i>p</i> -value McNemar Test
	<b>Before Treatment</b>	<b>After Treatment</b>	<b>Improvement</b>	
Oligozoospermic	79 (53.4%)	56 (37.8%)	45 (56.9%)	0.0026
Asthenozoospermic	72 (48.6%)	53 (35.8%)	29 (40.3%)	0.0064
Teratozoospermic	98 (66.2%)	70 (47.3%)	33 (33.7%)	<0.0001