

## Supplementary Online Content

Bahji A, Stephenson C, Tyo R, Hawken ER, Seitz DP. Prevalence of cannabis withdrawal symptoms among people with regular or dependent use of cannabinoids: a systematic review and meta-analysis. *JAMA Netw Open*. 2020;3(4):e202370. doi:10.1001/jamanetworkopen.2020.2370

**eTable 1.** Full Systematic Review Search Strategy

**eTable 2.** Study Characteristics

**eTable 3.** List of Validated Cannabis Withdrawal Instruments and Scales

**eFigure 1.** Subgroup Analyses and Meta-Regressions

**eFigure 2.** Publication Bias Analysis Using Funnel Plot for Prevalence of Cannabis Withdrawal Syndrome Against Standard Error

**eTable 3.** Quality Assessment Using Newcastle Ottawa Scale

### **eReferences**

This supplementary material has been provided by the authors to give readers additional information about their work.

eTable 1. Full Systematic Review Search Strategy

***EMBASE: inception to June 15, 2019***

Order	Search	Hits
1.	exp "Cannabis (genus)"/ or cannabis.mp. or exp "cannabis use"/ or exp cannabis smoking/ or exp Cannabis sativa/ or exp "Cannabis sativa subsp. indica"/ or exp medical cannabis/ or exp cannabis addiction/ or exp cannabis/ or exp "Cannabis sativa subsp. sativa"/ or exp cannabis derivative/	47677
2.	marijuana.mp.	16748
3.	1 or 2	50463
4.	exp withdrawal syndrome/ or cannabis withdrawal.mp.	34063
5.	exp drug withdrawal/ or exp withdrawal syndrome/ or withdrawal.mp.	313158
6.	4 or 5	313158
7.	prevalence.mp. or exp prevalence/	988826
8.	3 and 6 and 7	239

***MEDLINE: inception to June 15, 2019***

Order	Search	Hits
1.	cannabis.mp. or exp Cannabis/	19938
2.	marijuana.mp.	18422
3.	cannabinoid.mp. or exp Cannabinoids/ or exp Endocannabinoids/	24887
4.	hashish.mp.	576
5.	exp "Marijuana Use"/ or exp Marijuana Abuse/	9816
6.	1 or 2 or 3 or 4 or 5	47925
7.	withdrawal.mp. or exp Substance Withdrawal Syndrome/	94691
8.	cannabis withdrawal syndrome.mp.	42
9.	7 or 8	94691

10	exp Prevalence/ or prevalence.mp.	654209
11	6 and 9 and 10	78

***PsycINFO: inception to June 15, 2019***

Order	Search	Hits
1.	exp "Cannabis Use Disorder"/ or exp Cannabis/ or cannabis.mp.	13157
2.	marijuana.mp. or exp Marijuana/ or exp Marijuana Usage/	11014
3.	cannabinoid.mp. or exp Cannabinoids/	5971
4.	exp Hashish/ or hashish.mp.	397
5.	nabilone.mp.	76
6.	exp Tetrahydrocannabinol/ or synthetic cannabinoids.mp.	1659
7.	weed.mp.	232
8.	1 or 2 or 3 or 4 or 5 or 6 or 7	23957
9.	exp Drug Withdrawal/ or cannabis withdrawal.mp.	7911
10	withdrawal syndrome.mp.	1637
11	marijuana withdrawal.mp.	93
12	9 or 10 or 11	8457
13	8 and 12	461

***Web of Science: inception to June 15, 2019***

Order	Search	Hits
1.	TOPIC: (cannabis)	21,176
2.	TOPIC: (withdrawal)	103,958
3.	TOPIC: (prevalence)	785,316
4.	1 and 2 and 3	93

***Allied and Complementary Medicine: inception to June 15, 2019***

Order	Search	Hits
1.	Cannabis/ or cannabis.mp.	260
2.	marijuana.mp.	92
3.	Cannabinoids/ or cannabinoids.mp.	89
4.	1 or 2 or 3	319
5.	withdrawal.mp.	721
6.	cannabis withdrawal.mp.	1
7.	5 or 6	721
8.	4 and 7	4

***CINAHL and Pre-CINAHL: inception to June 15, 2019***

Order	Search	Hits
1.	(MH "Cannabis") OR "cannabis" OR (MH "Medical Marijuana")	11,360
2.	(MH "Substance Withdrawal Syndrome") OR "withdrawal"	16,343
3.	S1 AND S2	293

***ProQuest Dissertations & Theses: inception to June 15, 2019***

Order	Search	Hits
1.	(cannabis withdrawal syndrome) AND prevalence	3,094

***Psychiatry Online: inception to June 15, 2019***

Order	Search	Hits
1.	cannabis withdrawal syndrome	209

eTable 2. Study Characteristics

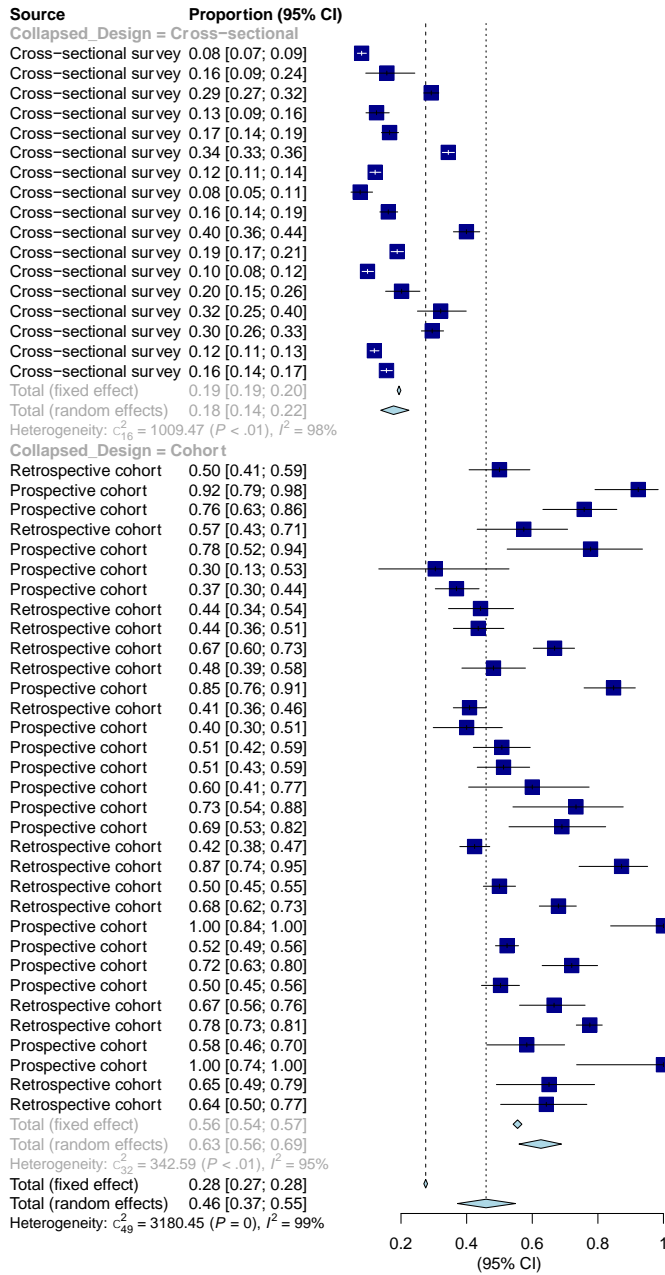
Psych	TS	Demographic	CUD_%	Male_%	Age	White_%	Black_%	Hispanic_%	Asian_%	Daily_MJ_%	Timeline	N	CWS_n	CWS_%	Threshold_Sx	Quality
No	No	Adults	12.2	62	30.8	76	0	19	7	100	Past Year	1603	128	8.0	2	Fair
Yes	Yes	Adults	81.7	77	41.5	31	69	0	0	53	Past Year	120	60	50.0	6	Poor
Yes	Yes	Adults	100	80	28.6	97	0			62	Lifetime	39	36	92.3	4	Fair
No	Yes	Adults	100	87	31.2	98	0	0	0	100	Lifetime	62	47	75.8	1	Fair
No	Yes	Adults	54	85	33.8	100	0	0	0	81	Lifetime	54	31	57.4	3	Poor
No	Yes	Adults	100	61	30.9	94	6	0	0	100	Lifetime	18	14	77.8	4	Fair
Yes	No	Adults	100	82.6	27.4	100	0	0	0	100	Past Year	23	7	30.4	3	Poor
Yes	No	C&A	60.7	67	16.8	90	5	2.5	2.5	45.3	Past Year	214	79	36.9	2	Fair
No	No	Adults	54	78	35	52	0	0	0	80	Past Year	104	46	44.2	4	Poor
Yes	Yes	Mixed	100	54	20.3	71	23		1	49	Past Year	170	74	43.5	4	Fair
No	No	Adults	8	57	37	53	36	6	6	64	Past Year	102	16	15.7	3	Fair
Yes	Yes	C&A	78.6	72	15.8	48	12	41	0	71	Lifetime	229	153	66.8	1	Fair
Yes	No	Mixed	53.4	93	19.2	22	26	35	0	78	Past Year	110	53	48.2	1	Fair
No	No	Adults	11.7	50	24.8	100	0	0	0		Past Year	1568	458	29.2	1	Fair
No	No	Adults	16.4	65	23.9	100	0	0	0	100	Past Year	359	45	12.5	1	Fair
Yes	Yes	Adults	100	75	28.7	100	0	0	0	100	Lifetime	92	78	84.8	1	Fair
No	No	Adults	13.9	38	48.4	29	71	0	0	100	Past Year	818	135	16.5	3	Good
No	No	Adults	92.4	58.3	29.2	0	82	6	0	66	Past Year	384	157	40.9	3	Fair
Yes	No	C&A	84.4	82	16.6	86	0	0	0	100	Past Year	90	36	40.0	1	Fair
No	No	Adults	57.2	67	58.5	75	11	7	2	57	Past Year	2613	899	34.4	3	Fair
No	Yes	Adults	77.9	73	33.3	10	85	5	0	100	Past Year	136	69	50.7	6	Fair
No	Yes	Adults	100	80	32.3	89	11	0	0	84	Past Year	160	82	51.3	4	Fair
No	Yes	Adults	100	87	42.5	85	15	0	0	100	Lifetime	30	18	60.0	3	Good
No	Yes	Adults	79.3	100	28.5	14	86	0	0	100	Lifetime	30	22	73.3	1	Poor
Yes	Yes	Mixed	100	74	34.3	42	24	29	2	42	Lifetime	42	29	69.0	1	Fair
No	No	Adults	91	58	31.2	20	80	0	0	100	Past Year	469	199	42.4	6	Poor

Yes	No	Adults	24.6	66		59					Past Year	1527	<b>185</b>	12.1	3	Fair
Yes	No	Adults	26.7	90.1	39					30.1	Past Year	278	<b>21</b>	7.6	3	Fair
Yes	Yes	Adults	100	63	31	66	0	0	34	98	Lifetime	47	<b>41</b>	87.2	1	Poor
No	No	Adults	48	49	22	100	0	0	0	100	Past Year	416	<b>208</b>	50.0	1	Fair
No	Yes	Adults	63	49	22	100	0	0	0	100	Lifetime	278	<b>189</b>	68.0	1	Fair
Yes	Yes	C&A	100	67	17	100	0	0	0	100	Lifetime	21	<b>21</b>	100.0	1	Fair
No	No	Mixed	3.5		19	100	0	0	0	2.9	Past Year	732	<b>118</b>	16.1	4	Fair
No	Yes	Adults	1.8	53.6	45.1	86.7	10.7	8	8	87.2	Past Year	801	<b>419</b>	52.3	1	Poor
No	Yes	Mixed	100	85	19.6	100	0	0	0	100	Lifetime	118	<b>85</b>	72.0	3	Fair
Yes	No	Adults	30	66.1	32	76					Past Year	596	<b>238</b>	39.9	2	Poor
No	Yes	Adults	100	72	30.3	64	28	0	0	100	Past Year	302	<b>152</b>	50.3	1	Fair
No	No	Adults		68	34.3						Past Year	1712	<b>322</b>	18.8	2	Fair
No	No	Adults		68	34.3						Past Year	1187	<b>116</b>	9.8	2	Fair
No	Yes	C&A	76.9	100	16.4	45	22	27	5	51	Lifetime	93	<b>62</b>	66.7	1	Fair
No	Yes	Adults	100	68.4	36.1	69.3	12.2	17.3	1.1	100	Lifetime	450	<b>349</b>	77.6	1	Fair
No	No	Adults	57	58	36						Past Year	243	<b>49</b>	20.2	1	Poor
No	No	Adults	92	53.7	30						Past Year	162	<b>52</b>	32.1	1	Fair
No	No	Adults	20.8								Past Year	722	<b>213</b>	29.5	1	Fair
No	Yes	C&A	56.9	90	16.2	89	11	0	0	100	Past Year	72	<b>42</b>	58.3	4	Fair
No	Yes	Adults	100	50	28.2	100	0	0	0	100	Lifetime	12	<b>12</b>	100.0	1	Fair
No	No	Adults	23.6	39	31.9	100	0	0	0	14	Past Year	2276	<b>270</b>	11.9	3	Fair
No	Yes	Adults	79.1	69.8	37						Lifetime	43	<b>28</b>	65.1	2	Poor
No	Yes	Adults	100	71.4	27						Lifetime	56	<b>36</b>	64.3	2	Poor
Yes	No	Adults	50.4	63	32.3	72	19	6	0	16	Past Year	1735	<b>270</b>	15.6	2	Fair

**eTable 3.** List of Validated Cannabis Withdrawal Instruments and Scales

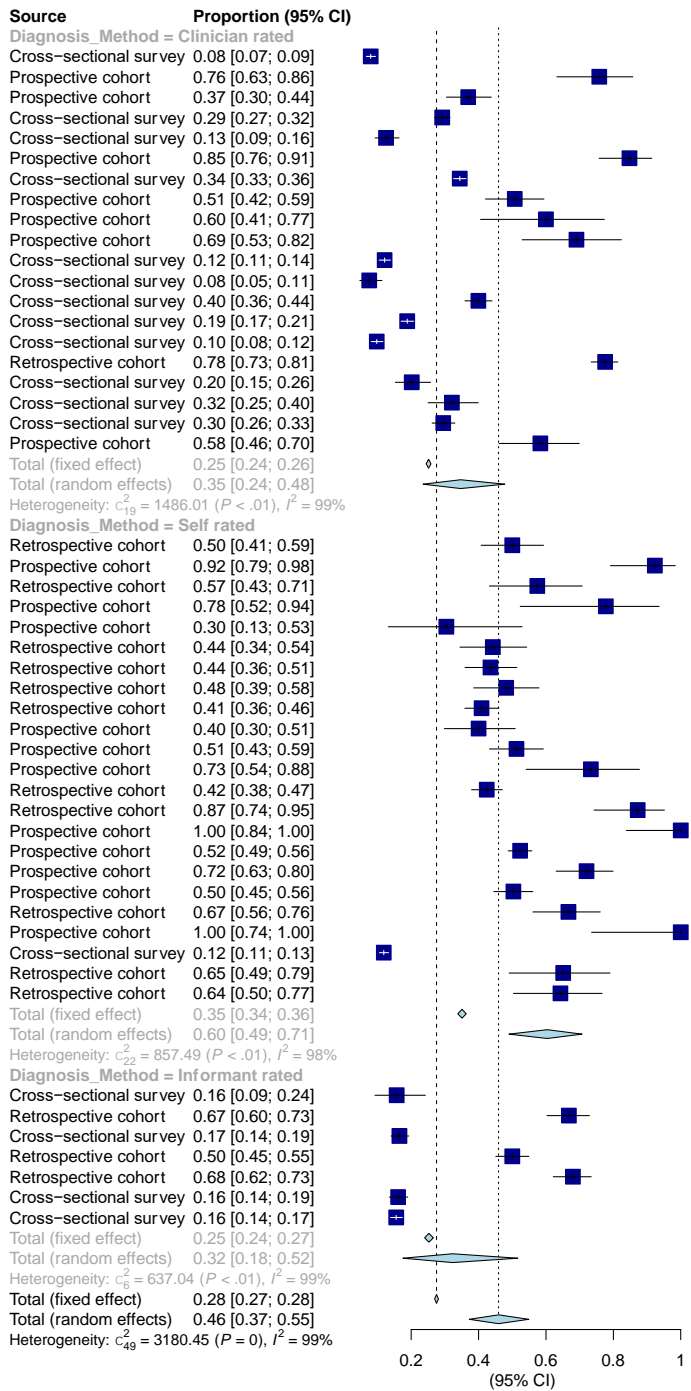
<b>Instrument</b>	<b>Type</b>
Addiction Severity Index <sup>1</sup>	Clinician Administered
Cannabis Use Disorder and Associated Disabilities Schedule <sup>2</sup>	Clinician Administered
Customary Drinking and Drug Use Record <sup>3</sup>	Clinician Administered
Composite International Diagnostic Interview <sup>4</sup>	Clinician Administered
Circumstances, Motivation, Readiness for Treatment Scale <sup>4</sup>	Clinician Administered
Cannabis Use Disorders Identification Test <sup>5</sup>	Clinician Administered
Cannabis Withdrawal Scale <sup>6</sup>	Clinician Administered
Marijuana Problem Inventory <sup>7</sup>	Clinician Administered
Structured Clinical Interview for DSM <sup>8</sup>	Clinician Administered
Daily Marijuana Questionnaire <sup>9,10</sup>	Self-reported
Inventory of Drug Use Consequences <sup>11</sup>	Self-reported
Marijuana Craving Questionnaire <sup>12</sup>	Self-reported
Marijuana Quit Questionnaire <sup>13</sup>	Self-reported
Marijuana Motives Measure <sup>14</sup>	Self-reported
Marijuana Problem Scale <sup>15</sup>	Self-reported
Marijuana Withdrawal Symptom Checklist <sup>16</sup>	Self-reported
Symptom Checklist-90 revised <sup>17</sup>	Self-reported
Time-Line-Follow-Back <sup>18</sup>	Self-reported

eFigure 1. Subgroup analyses and meta-regressions

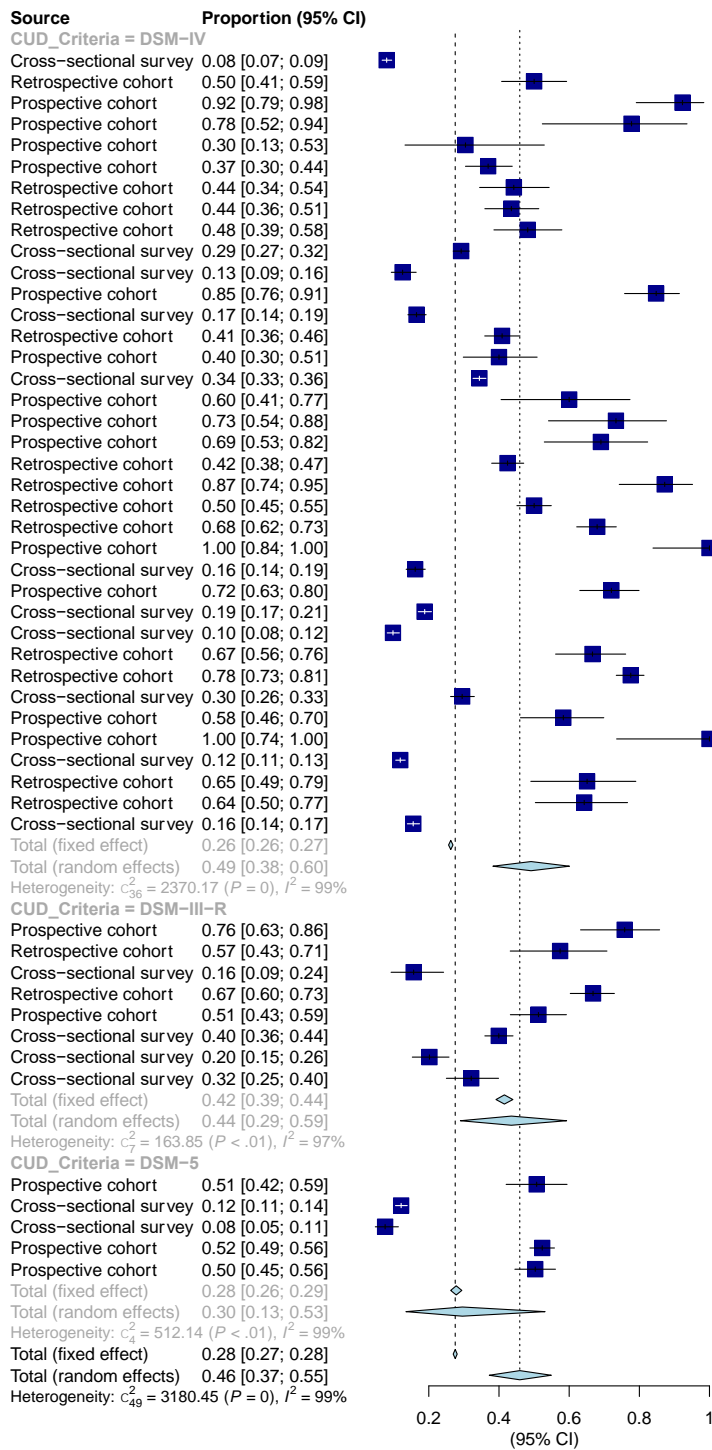


Forest Plot for Prevalence of Cannabis Withdrawal in People With Cannabis Use Disorder  
Stratified by Study Design

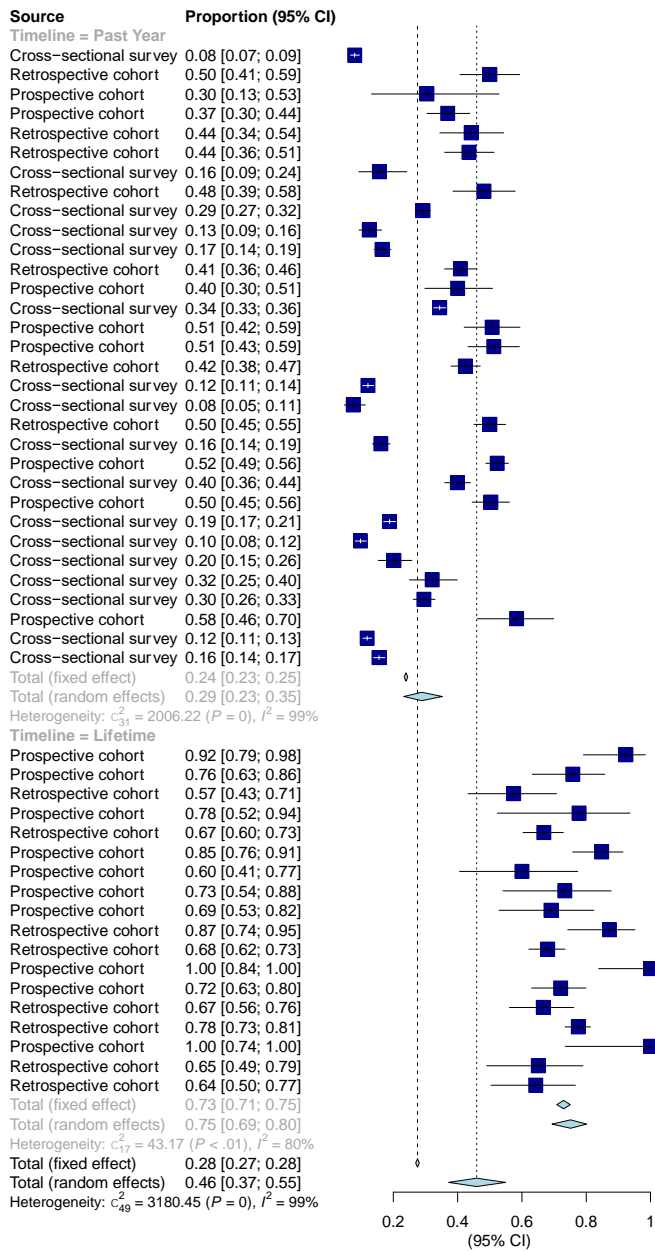




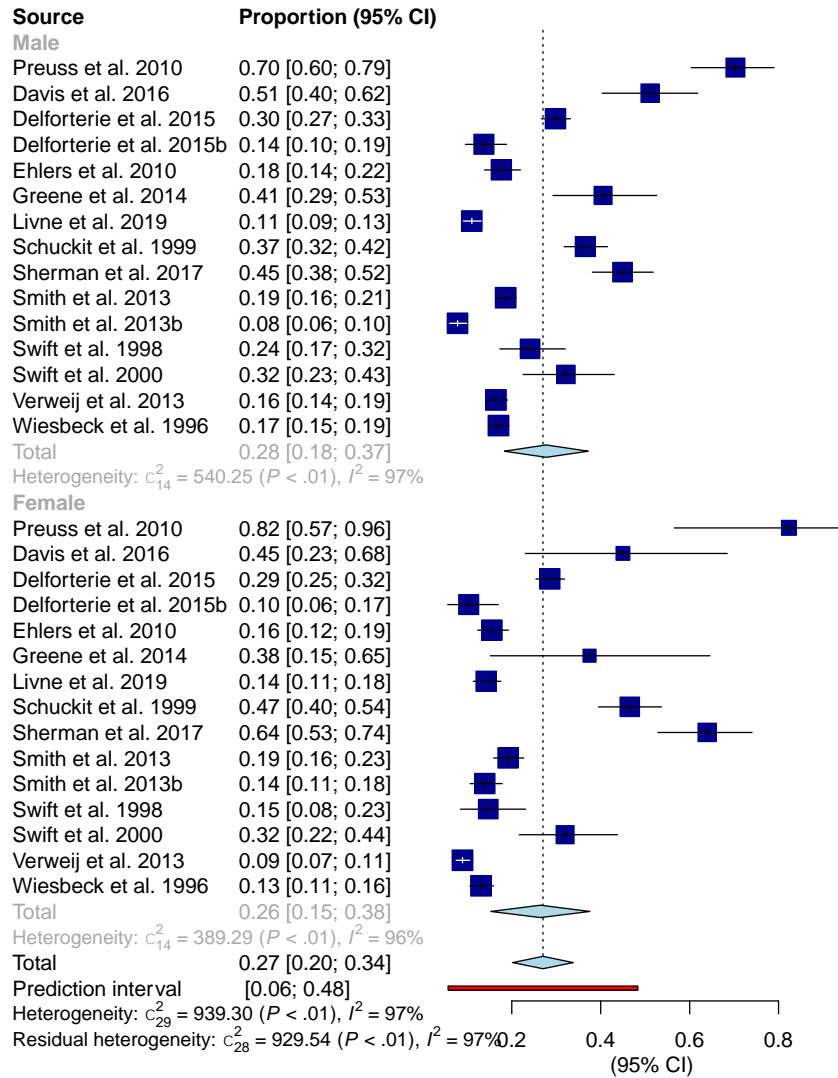
Forest Plot for Prevalence of Cannabis Withdrawal in People With Cannabis Use Disorder Stratified by Method of Cannabis Withdrawal Diagnosis



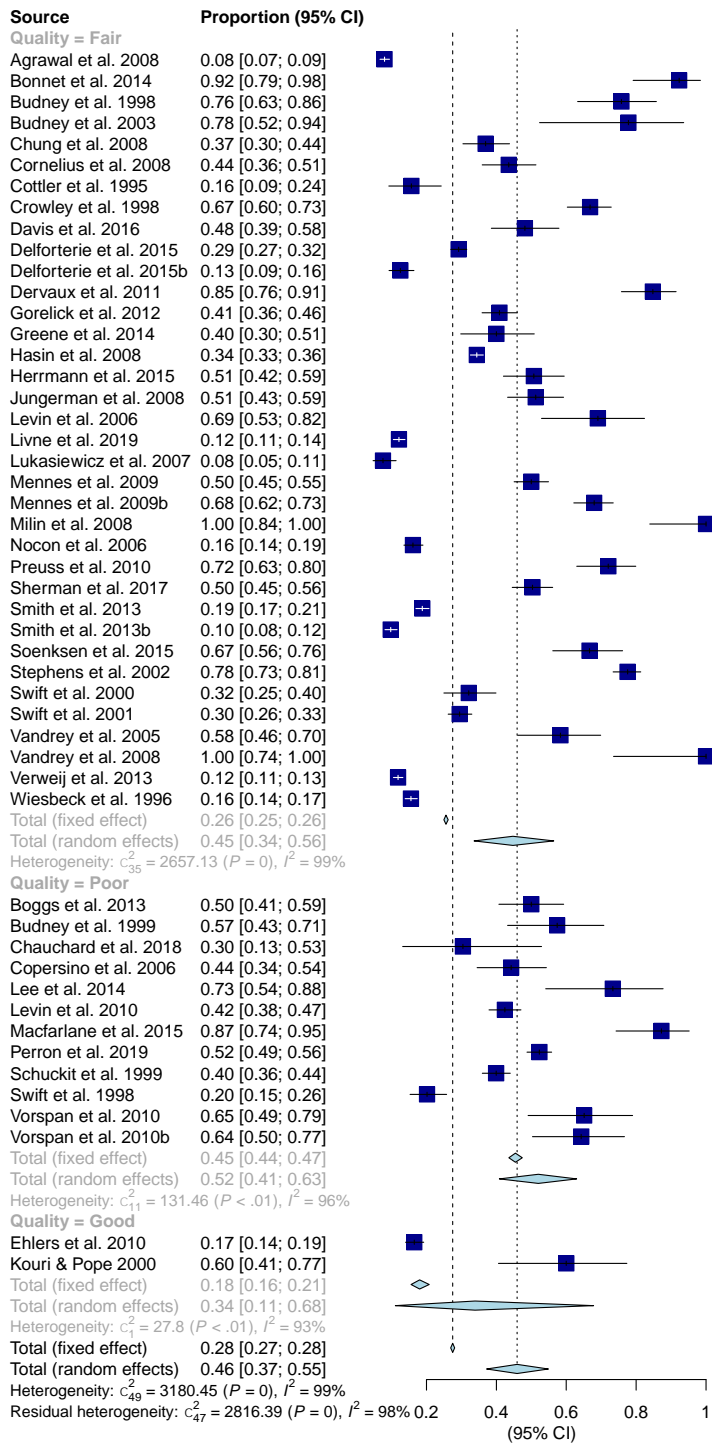
Forest Plot for Prevalence of Cannabis Withdrawal in People With Cannabis Use Disorder  
Stratified by Method of Cannabis Use Disorder Diagnosis



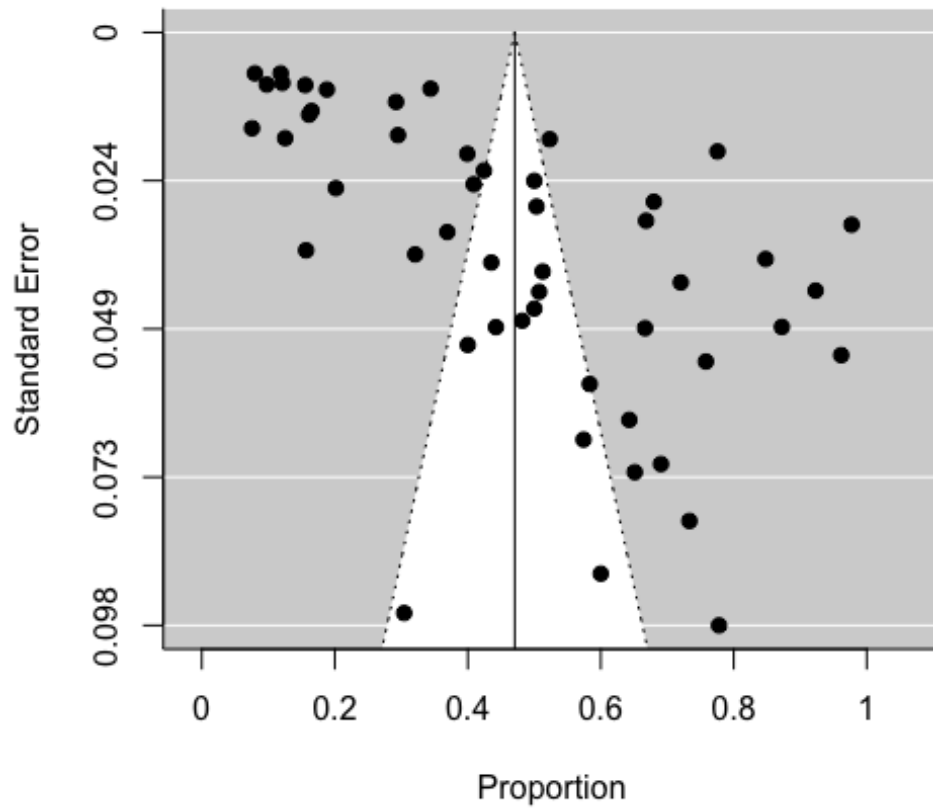
Forest Plot for Prevalence of Cannabis Withdrawal in People With Cannabis Use Disorder Stratified by Timeline of Cannabis Withdrawal



Forest Plot for Prevalence of Cannabis Withdrawal reported by studies with male and female subgroups



Forest Plot for Prevalence of Cannabis Withdrawal reported by studies by subgroups for quality of study (as per Newcastle Ottawa Scale): no subgroup differences detected.



eFigure 2. Publication bias analysis using funnel plot for prevalence of cannabis withdrawal syndrome against standard error

eTable 3. Quality Assessment Using Newcastle Ottawa Scale

Article	Representation	Selection	Exposure	Outcome	Comparability	Assessment	Follow-up	Attrition	Overall
<i>Agrawal et al. 2008</i> <sup>19</sup>	*	*	*		*				Fair
<i>Boggs et al. 2013</i> <sup>20</sup>									Poor
<i>Bonnet et al. 2014</i> <sup>21</sup>			*			*		*	Fair
<i>Budney et al. 1998</i> <sup>22</sup>			*		*				Fair
<i>Budney et al. 1999</i> <sup>16</sup>									Poor
<i>Budney et al. 2003</i> <sup>23</sup>		*			*		*		Fair
<i>Chauchard et al. 2018</i> <sup>24</sup>			*						Poor
<i>Chung et al. 2008</i> <sup>25</sup>			*				*	*	Fair
<i>Copersino et al. 2006</i> <sup>26</sup>			*						Poor
<i>Cornelius et al. 2008</i> <sup>27</sup>	*		*		*	*			Fair
<i>Cottler et al. 1995</i> <sup>28</sup>	*		*						Fair
<i>Crowley et al. 1998</i> <sup>29</sup>			*		*				Fair
<i>Davis et al. 2016</i> <sup>30</sup>	*		*		*		*		Fair
<i>Delforterie et al. 2015</i> <sup>31</sup>	*		*						Fair
<i>Delforterie et al. 2015b</i> <sup>31</sup>	*		*						Fair
<i>Dervaux et al. 2011</i> <sup>32</sup>			*		*				Fair
<i>Ehlers et al. 2010</i> <sup>33</sup>	*	*	*		*	*		*	Good
<i>Gorelick et al. 2012</i> <sup>34</sup>			*		*		*		Fair
<i>Greene et al. 2014</i> <sup>35</sup>					*	*			Fair
<i>Hasin et al. 2008</i> <sup>36</sup>	*		*		*	*			Fair
<i>Herrmann et al. 2015</i> <sup>37</sup>			*		*				Fair
<i>Jungerman et al. 2008</i> <sup>38</sup>			*		*				Fair
<i>Kouri &amp; Pope 2000</i> <sup>39</sup>	*	*		*	*		*	*	Good
<i>Lee et al. 2014</i> <sup>40</sup>					*				Poor
<i>Levin et al. 2006</i> <sup>41</sup>			*		*				Fair
<i>Levin et al. 2010</i> <sup>13</sup>					*				Poor
<i>Livne et al. 2019</i> <sup>42</sup>	*		*						Fair

<i>Lukasiewicz et al. 2007</i> <sup>43</sup>			*			*			<i>Fair</i>
<i>Macfarlane et al. 2015</i> <sup>44</sup>			*						<i>Poor</i>
<i>Mennes et al. 2009</i> <sup>45</sup>	*		*		*	*			<i>Fair</i>
<i>Mennes et al. 2009b</i> <sup>45</sup>	*				*	*			<i>Fair</i>
<i>Milin et al. 2008</i> <sup>46</sup>			*		*		*		<i>Fair</i>
<i>Nocon et al. 2006</i> <sup>47</sup>	*		*				*	*	<i>Fair</i>
<i>Perron et al. 2019</i> <sup>48</sup>									<i>Poor</i>
<i>Preuss et al. 2010</i> <sup>49</sup>					*			*	<i>Fair</i>
<i>Schuckit et al. 1999</i> <sup>50</sup>					*				<i>Poor</i>
<i>Sherman et al. 2017</i> <sup>51</sup>			*		*				<i>Fair</i>
<i>Smith et al. 2013</i> <sup>52</sup>	*		*			*			<i>Fair</i>
<i>Smith et al. 2013b</i> <sup>52</sup>	*		*			*			<i>Fair</i>
<i>Soenksen et al. 2015</i> <sup>53</sup>		*		*	*				<i>Fair</i>
<i>Stephens et al. 2002</i> <sup>54</sup>		*	*			*	*		<i>Fair</i>
<i>Swift et al. 1998</i> <sup>55</sup>			*						<i>Poor</i>
<i>Swift et al. 2000</i> <sup>56</sup>			*				*	*	<i>Fair</i>
<i>Swift et al. 2001</i> <sup>57</sup>	*		*						<i>Fair</i>
<i>Vandrey et al. 2005</i> <sup>9</sup>			*		*				<i>Fair</i>
<i>Vandrey et al. 2008</i> <sup>58</sup>			*	*	*		*		<i>Fair</i>
<i>Verweij et al. 2013</i> <sup>59</sup>	*		*			*			<i>Fair</i>
<i>Vorspan et al. 2010</i> <sup>60</sup>									<i>Poor</i>
<i>Vorspan et al. 2010b</i> <sup>60</sup>									<i>Poor</i>
<i>Wiesbeck et al. 1996</i> <sup>61</sup>	*	*	*			*			<i>Fair</i>

*Studies that achieved a total rating of 6 points or higher were considered to be of the highest quality (“good”); studies that achieved a total rating of fewer than 2 points were considered to be of lowest quality (“poor”); and those between 2 and 5 points were rated as fair quality.*



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