

**Table S1** PCA loadings for the multi-time-point lifestyle patterns (LP) in InFANT from 1.5 y to 5 y and in InFANT Extend from 1.5 y to 3.5 y.

Study <i>n</i>	InFANT 247						InFANT Extend 210			
	LP1			LP2			LP1		LP2	
Lifestyle pattern	1.5 y	3.5 y	5 y	1.5 y	3.5 y	5 y	1.5 y	3.5 y	1.5 y	3.5 y
Age										
Behavioural variables										
Fruit <sup>a</sup>	0.03	0.03	0.04	<b>0.29</b>	<b>0.35</b>	<b>0.30</b>	0.03	0.02	<b>0.45</b>	<b>0.44</b>
Vegetables	0.01	-0.03	0.01	<b>0.34</b>	<b>0.41</b>	<b>0.35</b>	-0.01	-0.02	<b>0.41</b>	<b>0.45</b>
Water	-0.02	-0.10	-0.10	0.22	0.19	0.20	-0.16	-0.10	0.00	-0.04
Sweet drinks	<b>0.25</b>	<b>0.29</b>	<b>0.29</b>	-0.02	-0.03	-0.03	<b>0.35</b>	<b>0.39</b>	0.05	0.15
Discretionary sweet foods	<b>0.29</b>	<b>0.33</b>	<b>0.32</b>	0.02	0.05	0.05	<b>0.36</b>	<b>0.33</b>	-0.07	-0.03
Discretionary savory foods	<b>0.28</b>	<b>0.34</b>	<b>0.31</b>	-0.01	0.02	-0.07	<b>0.35</b>	<b>0.39</b>	0.02	0.05
TV	<b>0.26</b>	0.23	0.16	-0.01	0.05	-0.04	0.24	<b>0.34</b>	-0.22	-0.17
Outdoor	0.08	0.05	-0.04	0.15	<b>0.26</b>	<b>0.26</b>	0.09	0.05	0.22	<b>0.28</b>
% variance explained	15.0			13.2			16.4		14.8	
Label	“Discretionary consumption and TV at 1.5, 3.5 and 5 y”			“Fruit, vegetables and outdoor at 1.5, 3.5 and 5 y”			“Discretionary consumption and TV at 1.5 and 3.5 y”		“Fruit, vegetables and outdoor at 1.5 and 3.5 y”	

<sup>a</sup>Fruit was summed consumption of 10 fruits; at 1.5 y in the InFANT sample banana was not reported so fruit was summed consumption of 9 fruits. In bold: Factor loadings <-0.25 or >0.25.