

# <sup>2</sup> Supplementary Information for

# **Delayed Negative Effects of Prosocial Spending on Happiness**

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## 9 This PDF file includes:

- 10 Supplementary text
- <sup>11</sup> Figs. S1 to S4
- 12 Tables S1 to S3
- 13 References for SI reference citations

### Supporting Information Text 14

Sample and sample size. The data used in this paper comprise three between-subjects conditions with a total of N = 59115 participants. For each subject, repeated happiness measurements were taken as described in the main text. 16

### 1. Main sample: Lottery choice 17

Each subject had a choice between two lotteries, Lottery A and Lottery B. N = 325 participated in the laboratory 18 sessions, N = 297 of those also completed the follow-up online survey four weeks later. 19

### 20 2. Baseline sample: Deterministic choice

As in condition Lottery choice, but each subject directly chose between saving a life and receiving 100 euros. N = 221. 21

### 3. Calibration sample: Price list method 22

Using a price list method, we elicited the minimal monetary amount that would make a participant indifferent to saving 23 a life. N = 45. 24

Details of the experiment. Participants were recruited from the subject pool of the BonnEconLab at the University of Bonn, 25 Germany, and received a fixed payment of 10 euros transferred to their bank account for participation in the laboratory 26 experiment. Subjects agreed to participate in the follow-up online survey when they signed up for the laboratory experiment. 27 In between the laboratory session and the follow-up online survey, we sent two reminder emails to subjects, stating their 28 individual lottery outcome in the laboratory experiment. Exact wording of the experimental instructions and email texts is 29 reproduced in the Materials section. Subjects received 15 euros transferred to their bank account for participating in the online 30 survey. The study was approved by the Ethics Committee of the Economics Department at the University of Bonn (reference 31 no. 2016-02). 32

Our focus was on measuring two concepts, subjective well-being (SWB) and self-image. As to the former, the current 33 consensus in the literature is that SWB constitutes a multidimensional concept with several components. Rather than evaluation 34 of life, i.e., life satisfaction, or a sense of meaning or purpose in one's life, the notion of happiness used in this study most 35 closely relates to the emotional, or affective element of subjective well-being. We chose our main measure of happiness to fulfill 36 two requirements: It should be suited to capture both short-term as well as long-term variation in happiness, and it should be 37 widely used and validated by the previous literature. Our measure is based on the Subjective Happiness Scale (1), also referred 38 to as the General Happiness Scale. In particular, we use the first item, which is an assessment of the statement "In general, I 39 consider myself:" with possible responses ranging from 1 = "not a very happy person" to <math>7 = "a very happy person" on a 40 7-point Likert scale. 41

Our measure of self-image is an assessment of the statement "I am a good person" on a 10-point Likert scale ranging from 1 42 "fully disagree" to 10 = "fully agree". "Good person" is a direct translation of the original German phrase "guter Mensch" 43 used in the experiment, which may also be translated as "good man" or "good human" here. Importantly, this is a typical 44 expression with a clear meaning in the German language featuring a strong moral connotation, with the opposite meaning of 45 being a bad or evil person. Moreover, mood was elicited using the question "What is your mood at the moment?", and an 46 11-point response scale from 0 = "very bad" to 10 = "very good". 47

All of the above measures were elicited at three points in time during the study. The first instance was at the beginning 48 of the laboratory session, before subjects were informed about the content of the study. This baseline measure serves as an 49 unpolluted individual measure which we use as an individual-specific benchmark for comparison against later measurements. 50 The second elicitation took place after subjects had taken their lottery choice and the lottery had been resolved, i.e., after 51 knowing the outcome of the lottery (short run). Note that we abstained from asking the set of questions again between the 52 choice of the lottery and the resolution of the lottery, mainly because this would have cluttered the experimental procedure 53 and might have been indicative of the experimenters' objectives. The third set of measures was elicited during the online 54 55 survey four weeks after the laboratory session (long run). At the end of the laboratory session, we elicited a range of further measures based on standard questionnaires. In particular, we elicited cognitive skills using a set of 10 incentivized Raven 56 matrices, self-control (2), the Interpersonal Reactivity Index including a measure of empathic concer (3), a short version of the 57 Big Five personality inventory (4), and a measure of altruism (5). 58

The laboratory sessions were run in the main auditorium of the University of Bonn, Germany, in September 2016. We 59 recruited 325 subjects for the main lottery sample, mostly students at the University of Bonn, studying in various fields. 297 60 subjects completed both the laboratory session and the follow-up survey four weeks later, corresponding to an attrition rate of 61 62 9.4%. Attrition was not significantly predicted by lottery choice (p = 0.43) or outcome (p = 0.21) in a linear regression of a dummy variable for participation on indicators for lottery choice and lottery outcome and their interaction. The experiment 63 was fully computerized and conducted using the software of (6). Subjects sat in cubicles to allow full privacy – no other 64 person could see their screens during the experiment. Participants could ask questions to an experimenter at all times and 65 were allowed to leave in case they wanted to (no subject did). The average completion time was 45 minutes. 66

Deterministic Choice Treatment. We ran the Deterministic Choice treatment to examine whether the lottery choice in the main 67 treatment is informative about which outcome the participant would have chosen if, instead of choosing between the lotteries, 68 he or she had the direct choice between life and money. We compare the lottery choice in our main sample (N = 297) to 69 70

the choice in an independent baseline experiment with a different set of subjects (N = 221). In particular, subjects in this

<sup>71</sup> comparison study received identical instructions about the two outcomes, i.e., saving a life and receiving the money, except that

they could directly choose one of them. Note that the Deterministic Choice treatment was intended as a validation exercise for the design of the Lottery Choice treatment and not as a separate study on the effect of choice on happiness. Consequently, we did not include a follow-up survey to elicit the long-run happiness measure.

75 First of all, note that the fraction of subjects choosing the prosocial option is almost exactly identical in both samples. 76 60% choose the prosocial lottery (58% when including subjects who did not participate in the follow-up) and 57% choose to save a life directly (p = 0.49,  $\chi^2$  test). Second, we analyze whether those who choose prosocially in each sample differ 77 systematically based on the personality measures that we elicited at the end of the laboratory session. Table S1 shows results 78 from regressions that investigate which measures are correlated with prosocial choice in both treatments. Column 1 indicates 79 which measures predict choice of the prosocial lottery. In line with previous evidence, we find that higher cognitive skills, 80 higher levels of altruism and stronger empathic concerns all positively predict altruistic choice. Our data show no direct effects 81 of agreeableness – a component of the Big Five personality inventory – and gender, once other factors are controlled for. The 82 correlates of altruistic lottery choice reported in column 1 square with previous evidence. 83

Column 2 reports the identical regression run on the deterministic choice treatment. All estimated coefficients are close to 84 their counterparts in the regression on the lottery choice sample (column 1). This observation is confirmed by a third regression 85 in column 3 run on the joint sample of the lottery treatment and the deterministic choice treatment. We again include the 86 above-mentioned personality measures as regressors as well as a full set of interaction terms of our personality measures with 87 an indicator variable that equals 1 for observations from the deterministic choice sample and 0 otherwise. We only display 88 89 estimates of the interaction effects in the table, since the main effects are identical to those reported in column 1. We find that none of the measures differentially predict altruistic choice in the baseline sample relative to the lottery sample (p > 0.1 for all 90 interaction terms). Taken together, these results strongly suggest that our lottery choice data allow for a categorization of 91 more altruistic versus more selfish types that is essentially identical to the categorization that we would have obtained from 92 having subjects choose directly between saving a life and receiving 100 euros. 93

**Robustness of Results.** Table S2 shows that the regression analyses in the main text are robust to including a battery of control variables. The regression specifications are identical to those in Table 1 except that they additionally include the set of personality measures (all Big Five personality traits, the four measures of the Interpersonal Reactivity Index, all measures of the preferences module36, the self-control score), our measure of cognitive skills, and a gender dummy. The results are similar to those in Table 1.

In addition, we recognize that a least squares regression implicitly interprets the measurements of self-reported happiness, self-image and mood scores as if they were interval data. Table S3 shows estimates from ordered probit regressions, which allows these data to have an ordinal scale instead. We show estimates for ordered response model specifications that are equivalent to the least-squares specifications in the main text (Table 1). The results are qualitatively similar to those obtained through least squares analysis.

## 104 Materials

Instructions used in the laboratory experiment, the reminder emails and the follow-up online survey were translated from
 German into English. Please contact the authors for the German instructions.

### 107 Instructions Laboratory Session.

108 Welcome and thank you for your interest in this study!

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For your participation you will receive a fixed payment of  $10.00 \in$ , which will be paid to you by bank transfer after the study. In this study you will take decisions on the computer. Depending on how you decide you can earn additional money. During the entire study it is not allowed to talk to other participants. Please turn off your mobile phone now, so that other participants will not be disturbed. Please only use the designated functions on the computer and make your entries using the keyboard and the mouse. If you have any questions, please make a hand signal. Your question will be answered at your seat. On the next screens you will see detailed information concerning the study. After reading this information you can confirm or refuse your participation.

<sup>117</sup> To proceed click "Next".

<sup>118</sup> 119 [end of screen]

<sup>120</sup> Information on Participation in this study of the *BonnEconLab* 

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The following information have been sent to you via email together with the confirmation of your registration for this study. You receive this information again now. Once you have read the subsequent declaration of consent you can confirm your participation by clicking on "I agree".

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127 [followed by mandated exclusion restrictions for participation in this study]

128

129 [end of screen]

130 T.C.

131 Information132

In the following you will see important information, which are relevant for your subsequent decisions. They are about the disease tuberculosis and its possible treatment. Please read all information carefully.

135136 [end of screen]

<sup>137</sup><sup>138</sup> Information about Tuberculosis

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140 What is tuberculosis?

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Tuberculosis – also called consumptiveness or White Death – is an infectious disease, which is caused by bacteria. Roughly one
third of all humans are infected with the pathogen of tuberculosis. Active tuberculosis breaks out among 5 to 10% of all those
infected. Tuberculosis is primarily airborne. This is also why a quick treatment is necessary.

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146 What are the symptoms of tuberculosis?

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Tuberculosis patients often suffer from very unspecific symptoms like fatigue, feeling of weakness, lack of appetite and weight loss. At an advanced stage of lung tuberculosis, the patient coughs up blood, leading to the so-called rush of blood. Without treatment a person with tuberculosis dies with a probability of 43%. How prevalent is tuberculosis? In the year 2014, 6 million people have been recorded as falling ill with active tuberculosis. Almost 1.5 million people die of tuberculosis each year. This means more deaths due to tuberculosis than due to HIV, malaria or any other infectious disease.

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154 Is tuberculosis curable?

Today tuberculosis is curable. Treatment is administered by giving antibiotics several times each week over a period of 6 months. It is important that there is no interruption of treatment. In the years 2000 to 2014 approximately 43 million human lives could be saved due to an effective diagnosis and treatment of tuberculosis. The success rate of treatment for a new infection is often above 85%. The preceding numbers and information are provided by the World Health Organization (WHO), the United Nations' institution for the international public health, and are freely available. You can check this information on the web page of the WHO after this study.

<sup>162</sup> 163 [Fig. S1 about here.]

164165 [end of screen]

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<sup>167</sup> Description of the Decision

In the course of this study there is an Option A and an Option B. Option A and Option B have different consequences. One of 169 these two options will be implemented for you. That means, this option will be implemented with all its consequences exactly 170 as described. In what follows, the consequences of Option A and Option B will be explained to you in detail. After that you 171 will see a decision situation, in which you will have to make a choice. By means of your choice in this decision situation you 172 can influence which of the two options – Option A or Option B – will be implemented for you. Option A: If Option A is 173 implemented for you, you will be paid an additional monetary amount of  $100.00 \in$  by bank transfer after the study. Option 174 B: If Option B is implemented for you, you will not receive an additional payment. This option has another consequence: 175 You save one human life if Option B is implemented. After it has emerged which option will be implemented for you, it 176 will be carried out exactly as described. On the next tab you will receive more information about the implementation of Option B. 177 178

179 [end of screen]

181 Information about Option B

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How will the human life be saved? Only if Option B is carried out for you, you will save a human life. If this option is implemented, a donation of 350.00 € will be arranged on your behalf to an organization which identifies and treats people suffering from tuberculosis. This donation will be executed for you by the BonnEconLab after the study. The entire donation amount will be used by the organization for the direct treatment of tuberculosis.

What does it mean to "save a life"? To save a human life here means the successful cure from tuberculosis for one person, who otherwise would have died due to his tuberculosis. That means in particular: The donation amount is sufficient to identify and cure as many sick persons such that there is at least one person among these, who would otherwise have died from tuberculosis in expectation. The calculation of the amount accommodates the fact that there are other ways (e.g., the national health care system) through which people can be cured. That means: The amount of  $350.00 \in$  was calculated in such a way that the organization can save at least one additional human from death. On the next tab you will receive additional information about the possible saving of a human life and details about the organization that treats tuberculosis patients.

196 [end of screen]

### 198 Operation ASHA

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In case of Option B being implemented you will save one human life. For this, an amount of  $350.00 \notin$  will be transferred to the organization Operation ASHA after the study. Operation ASHA is a charity organization specialized since 2005 on treating tuberculosis in disadvantaged communities. The work of Operation ASHA is based on the insight that the biggest obstacle for the treatment of tuberculosis is the interruption of the necessary 6-month-long regular intake of medication. For a successful treatment the patient has to come to a medical facility twice a week – more than 60 times in total – to take the medication. An interruption or termination of the treatment is fatal, because this strongly enhances the development of a drug-resistant form of tuberculosis. This form of tuberculosis is much more difficult to treat and almost always leads to death.

To overcome this problem, Operation ASHA developed a concept that guarantees the regular treatment through immediate spatial proximity to the patient. A possible non-adherence is additionally prevented by visiting the patient at home. By now Operation ASHA runs more than 360 treatment centers, almost all of which are located in the poorer regions of India. More than 60,000 sick persons have been identified and treated that way.

Operation ASHA is an internationally recognized organization, and their successes have been covered by the New York Times, BBC and Deutsche Welle, for example. The MIT and the University College London have already conducted research projects about the fight against tuberculosis in cooperation with Operation ASHA. The treatment method employed by Operation ASHA is described by the World Health Organization (WHO) as "highly efficient and cost-effective".

<sup>216</sup> [Fig. S2 about here.]

<sup>218</sup> [Fig. S3 about here.]

220 [end of screen]

<sup>222</sup> What determines the donation amount for saving a human life?

The donation amount makes sure that at least one human life is saved in expectation. The information used for the 224 calculation of the donation amount exclusively consists of public statements by the World Health Organization (WHO), 225 peer-reviewed research studies, statistical releases from the Indian government as well as published figures from Operation 226 ASHA. In the calculation all information was interpreted in a conservative way and more pessimistic estimates were used in 227 case of doubt, such that the donation amount of  $350.00 \in$  is, if anything, higher than the actual costs associated with saving a 228 human life. Moreover, the calculation was based on the treatment success rate of Operation ASHA, the mortality rate of an 229 alternative treatment by the national tuberculosis program in India, and different detection rates for new cases of tuberculosis 230 have been accounted for. Based on a very high number of cases, one can illustrate the contribution of your donation as follows: 231 With your donation Operation ASHA can treat 5 additional tuberculosis patients. If these 5 sick persons would not be treated 232 by Operation ASHA, one patient would die in expectation. If 5 persons are treated by means of your donation, no patient 233 dies in expectation. Based on these expected values this means that one human life will be saved with your donation. This 234 relationship is depicted in the following diagram. 235

Without treatment by Operation ASHA, one of 5 persons sick of tuberculosis will die in expectation. With the donation 5 persons sick of tuberculosis can be treated by Operation ASHA. An agreement with Operation ASHA for the purpose of this study ensures that 100 % of the donation amount will exclusively be used for the diagnosis and treatment of tuberculosis patients. That means that every euro of the donation amount will directly go into saving human lives and no other costs will be covered with it.

- <sup>242</sup> [Fig. S4 about here.]
- 244 [end of screen]
- 245 246 Summarv
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- 248 Tuberculosis
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<sup>250</sup> The success rate of medical treatment for a new infection is very high. Nevertheless, 1.5 million people die from tuber-

culosis each year. The biggest obstacle for the cure of tuberculosis is a possible termination of the regular treatment with antibiotics. The concept of Operation ASHA is therefore based on the direct spatial proximity to their patients and on the control and recording of the regular intake of medication.

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### <sup>255</sup> Option A, Option B and your decision

<sup>257</sup> Exactly one of the two options will be carried out for you after the study. The options have different consequences:

• In case of an implementation of Option A you will receive an additional amount of money.

In case of an implementation of Option B you will save a human life. Concretely, for Option B a donation of 350.00 €
 will be paid on your behalf, which is sufficient not only to cure one person, but to actually save that person from death by tuberculosis.

In the following decision situation you will take a choice through which you can influence which of the two options – Option A
 or Option B – will be implemented for you.

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265 How is the human life saved?

The donation amount already accounts for the fact that a sick person could also have survived without treatment by Operation ASHA; or that he could instead have been treated by the national health care system. This is why the amount is sufficient for the diagnosis and complete treatment of several affected persons.

Please note: This is not a hypothetical game. The option to be implemented for you will actually be carried out – exactly as described – on behalf of the *BonnEconLab*. As a proof you will receive the money in case of Option A; in case of an implementation of Option B we will allow inspection of the confirmed bank transfer to the organization Operation ASHA on request. If you have individual questions, you can also direct these by email after the study to nachbesprechung@uni-bonn.de. You find this email address on the back of your seating card. You can take it home with you.

<sup>277</sup> Click on "Next", if you have carefully read the information on this page. Please note: You can only click on the but-<sup>278</sup> ton "Next" once you have spent at least 5 minutes on the seven tabs of this page.

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280 [end of screen]

Your decision: On the next screen you can choose between two lotteries, Lottery 1 and Lottery 2. Lottery 1 With 60 % probability, Option A is implemented for you. With 40 % probability, Option B is implemented for you. Lottery 2: With 40 % probability, Option A is implemented for you. With 60 % probability, Option B is implemented for you.

This means: With your choice of a lottery you can determine whether rather Option A or rather Option B shall be implemented for you. The lottery is played as follows: After you have chosen one of the two lotteries, the computer will draw a random number. The drawn random number is one of the numbers from 1 to 10.

If you have opted for Lottery 1, Option A will be implemented only if the drawn random number is a 1, 2, 3, 4, 5, or 6. Option B will be implemented if the drawn random number is a 7, 8, 9 or 10. If you have opted for Lottery 2, Option A will be implemented only if the drawn random number is a 1, 2, 3 or 4. Option B will be implemented if the drawn random number is a 5, 6, 7, 8, 9 or 10.

293 Remember:

• In case of an implementation of Option A you will receive an additional amount of money of 100.00 €.

- In case of an implementation of Option B you will save a human life. Concretely, for Option B a donation of 350.00 €
   will be paid on your behalf, which is sufficient not only to cure one person, but to actually save that person from death
   by tuberculosis.
- <sup>298</sup> Please note:
- All statements in these instructions are true. In particular, all consequences that are described in the instructions will be
   implemented exactly as described. This holds generally for all studies of the BonnEconLab for research in experimental
   economics, and also for this study.
- 2. Anonymity: No other participant of this study can see your decision. The subsequent analysis of all data is performed in an anonymized way, such that your decisions cannot be linked to you anymore.

304 [end of screen]

- 305
- 306 Decision

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308 309	I choose Lottery 1 With 60 %: I receive 100.00 €. With 40 %: I save one human life.
310 311	I choose Lottery 2 With 40 %: I receive 100.00 €. With 60 %: I save one human life.
312 313	[end of screen]
314 315	Result
316 317	You chose [Lottery 1 / Lottery 2].
318 319	The random number drawn for you is a $\begin{bmatrix} 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 & 9 & 10 \end{bmatrix}$ .
320	Bank transfer to you: [100.00 € / 0.00 €] Bank transfer to Operation ASHA: [0.00 € / 350.00 €]
321 322 323	Reminder Emails and Survey. Email 1 (after 1 week)
324	Dear [ first name last name ]!
326 327 328 329	Thank you very much for your participation in our study from [ date of study, time of study ]. In the context of this study, you could make a decision about whether you rather want a human life to be saved for you, or whether you rather want to receive an additional payment of 100 $\in$ .
330 331	[ Either: ] At the end of the study you were informed that you receive an additional payment of 100 $\in$ .
332 333 334	[ Or: ] At the end of the study you were informed that you arranged for a donation in the amount of $350 \notin$ for the treatment and cure of tuberculosis patients, such that one human life is saved in expectation.
335	The corresponding bank transfer is currently in process.
337 338	We will notify you again as soon as the bank transfers are entered. Yours sincerely, BonnEconLab
339 340	Email 2 (after 3 weeks)
341 342	Dear [ first name last name ]
343 344 345	Thank you very much for your participation in our study from [ date of study, time of study ]. [Either:] In the context of this study you received an additional payment of 100 $\in$ .
346 347	The corresponding bank transfer has been executed in the meantime and is credited to your bank account.
348 349	[Or:] In the context of this study you have arranged for a donation in the amount of $350 \in$ for the treatment and cure of tuberculosis patients. This way you saved one human life in expectation!
350 351 352	The corresponding bank transfer has been executed in the meantime and is credited to the bank account of Operation ASHA.
354 355 355	In the next days you will receive a further email including the link to the announced online survey. Yours sincerely, BonnEconLab
357	Survey Invitation (after 4 weeks)
359 360	To remind you: The study that you participated in was about either saving a human life or receiving an amount of money.
362 363 364	[Either:] Due to your participation you have received an additional payoff of $100 \in$ for yourself. This considerable amount of money has been transferred to you in the meantime. With your amount of money you saved no human life in expectation!
365 366 367	[Or:] Due to your participation you have arranged for a donation in the amount of $350 \in$ for the treatment and cure of tuberculosis patients. This considerable amount of money has been transferred in the meantime and will now benefit people in great distress.

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 $_{369}$   $\,$  With your amount of money you saved one human life in expectation!

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Fig. S1. Picture shown to subjects in instructions. Typical symptoms of a tuberculosis patient. Source: http://www.opasha.org.



Fig. S2. Picture shown to subjects in instructions. Logo of charity organization Operation ASHA. Source: http://www. opasha.org.



Fig. S3. Picture shown to subjects in instructions. An employee of Operation ASHA provides medication to a tuberculosis patient. Source: http://www.opasha.org.

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Fig. S4. Picture shown to subjects in instructions. Top: Illustration of Option A. Without treatment by Operation ASHA, one of 5 persons sick of tuberculosis will die in expectation. Bottom: Illustration of Option B. With the donation 5 persons sick of tuberculosis can be treated by Operation ASHA and none of these persons will die in expectation.

Dependent verieble:			Full sample:		
<b>Choice</b> (1 if altruistic 0 if selfish)	Lottery sample	Deterministic sample	Measure * 1 (Deterministic)		
	(1)	(2)	(3)		
Female	0.050	0.049	-0.002		
	(0.056)	(0.069)	(0.088)		
Cognitive intelligence (Raven)	0.027*	0.021	-0.008		
	(0.015)	(0.019)	(0.021)		
Self-control	0.005*	0.006*	0.000		
	(0.003)	(0.003)	(0.004)		
Big 5 - agreeableness	0.007	-0.009	-0.017		
	(0.009)	(0.013)	(0.015)		
Preferences module: altruism	0.225***	0.194***	-0.027		
	(0.034)	(0.039)	(0.050)		
Preferences module: positive reciprocity	-0.036	-0.028	0.012		
	(0.038)	(0.044)	(0.055)		
Preferences module: trust	0.033	0.011	-0.019		
	(0.026)	(0.038)	(0.043)		
IRI - empathic concern	0.027**	0.031**	0.002		
	(0.012)	(0.015)	(0.017)		
Self-image at begin of session	-0.018	0.005	0.022		
	(0.020)	(0.024)	(0.030)		
Happiness at begin of session	-0.075***	-0.055	0.016		
	(0.027)	(0.039)	(0.044)		
R <sup>2</sup>	.2739	.2	.2425		
Ν	297	221	518		

### Table S1. Correlates of prosocial choice in lottery treatment and the deterministic choice treatment.

Column 1 tests the predictive power of different personality measures for the choice of the prosocial rather than the selfish lottery. Column 2 is the same regression for the deterministic sample, i.e., the condition with a deterministic choice between life and money instead of lotteries. Column 3 is a regression on the joint sample including the lottery and the deterministic sample. The displayed coefficients in column 3 are interactions terms with an indicator that equals 1 for observations from the deterministic choice sample. Ordinary least squares regression. Robust standard errors in parentheses. The stars indicate significance levels of two-sided t tests for the null hypothesis that the regression coefficient equals zero. Significance levels: \* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01.

	Short run			Long run		
Dependent variable (standardized):	Happiness	Self-image	Mood	Happiness	Self-image	Mood
	(1)	(2)	(3)	(4)	(5)	(6)
Lottery choice: 1 if altruistic, 0 if selfish	-0.001	0.444***	-0.694***	-0.116	0.244*	0.139
	(0.118)	(0.142)	(0.171)	(0.129)	(0.140)	(0.187)
Lottery outcome: 1 if life saved, 0 if money received	0.027	0.248*	0.161	-0.277*	0.259*	0.067
	(0.104)	(0.143)	(0.180)	(0.143)	(0.154)	(0.184)
Altruistic lottery choice * life saved	0.087	-0.018	1.243***	0.064	-0.266	-0.084
	(0.147)	(0.176)	(0.218)	(0.181)	(0.192)	(0.228)
Constant	-4.389***	-4.282***	0.736	-2.740***	-4.116***	-0.460
	(0.732)	(0.713)	(0.818)	(0.751)	(0.730)	(1.043)
Baseline happiness (at begin of session)	Yes			Yes		
Baseline self-image (at begin of session)		Yes			Yes	
Baseline mood (at begin of session)			Yes			Yes
Big 5	Yes	Yes	Yes	Yes	Yes	Yes
Preferences module	Yes	Yes	Yes	Yes	Yes	Yes
IRI	Yes	Yes	Yes	Yes	Yes	Yes
Self-control	Yes	Yes	Yes	Yes	Yes	Yes
Cognitive intelligence	Yes	Yes	Yes	Yes	Yes	Yes
Gender	Yes	Yes	Yes	Yes	Yes	Yes
Main effect choice: altruistic lottery	.04	.43***	07	08	.11	.1
Main effect outcome: life saved	.07	.24***	.78***	24***	.13	.03
R <sup>2</sup>	.6068	.5746	.3629	.4295	.457	.2047
Ν	297	297	297	297	297	297

# Table S2. Additional regression specifications with control variables.

The regressions results shown in this table replicate the results obtained in Table 1 of the main text but include a set of control variables as a test of robustness. Ordinary least squares regression. Robust standard errors in parentheses. The stars indicate significance levels of two-sided t tests for the null hypothesis that the regression coefficient equals zero. The table footer displays F tests. Significance levels: \* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01.

	Short run			Long run		
Dependent variable (standardized):	Happiness	Self-image	Mood	Happiness	Self-image	Mood
	(1)	(2)	(3)	(4)	(5)	(6)
Lottery choice: 1 if altruistic, 0 if selfish	0.223	0.549**	-0.728***	-0.117	0.339**	0.163
	(0.191)	(0.214)	(0.172)	(0.182)	(0.170)	(0.179)
Lottery outcome: 1 if life saved, 0 if money received	0.098	0.357*	0.221	-0.432**	0.376*	0.145
	(0.190)	(0.206)	(0.215)	(0.200)	(0.201)	(0.195)
Altruistic lottery choice * life saved	0.091	0.026	1.399***	0.144	-0.379	-0.132
	(0.266)	(0.261)	(0.247)	(0.255)	(0.250)	(0.245)
Baseline happiness (at begin of session)	1.188***			0.829***		
	(0.157)			(0.099)		
Baseline self-image (at begin of session)		0.822***			0.618***	
		(0.084)			(0.065)	
Baseline mood (at begin of session)			0.126**			0.196***
			(0.050)			(0.043)
Main effect choice: altruistic lottery	.269**	.562***	028	045	.15	.098
Main effect outcome: life saved	.143**	.369***	.921***	359***	.187	.08
Ν	297	297	297	297	297	297

# Table S3. Alternative probit specification for main analyses.

The displayed regression results replicate the main results from Table 1 using ordered probit estimation, which recognizes that the response data is ordinal rather than interval. The table shows regression coefficients, not partial effects. Coefficients for cut points not displayed. Robust standard errors in parentheses. The stars indicate significance levels of two-sided t tests for the null hypothesis that the regression coefficient equals zero. The table footer displays F tests. Significance levels: \* p < 0.1, \*\* p < 0.05, \*\*\* p < 0.01.

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