

1 **Urban Airborne Particle Exposure Impairs Human Lung and Blood**
2 ***Mycobacterium tuberculosis* Immunity**

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10 **Online Data Supplement**

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12 **METHODS**

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14 **Human Participants**

15 Participants were residents of Iztapalapa (the most populous municipality in Mexico
16 City) or the neighboring Iztacalco for a minimum of one year prior to their study
17 inclusion. Of the 35 participants, six were TST positive (>10 mm, Mantoux method, 5U
18 Turbesol, Canada), 29 TST-negative, two interferon gamma release assay (IGRA)-
19 positive and 33 IGRA-negative. Participant numbers for each experiment are shown in
20 the corresponding figures and their legends

21

22 **Primary Human Immune Cells**

23 PBMC were obtained by gradient centrifugation from whole heparinized peripheral
24 venous blood using Lymphocyte Separation Medium (Bio Whittaker, LONZA) as

25 described previously (Supplementary Fig. 1). BAC from participants were obtained by
26 bronchoalveolar lavage at the bronchoscopy suite of the INER using 150mL of sterile
27 0.9% sodium chloride solution in a segment of each right and left lung as described
28 previously (Supplementary Fig.2).

29 PBMC and BAC (viability $\geq 93\%$, trypan blue exclusion) were suspended in
30 complete culture medium [RPMI (BioWhittaker, Walkersville, MD, USA) + 10% pooled
31 human AB serum (Valley Biomedical, Inc.) + 2 mM L-glutamine. By cyto-spin analysis
32 (n= 32) BAC consisted of 91.5% AM (mean; max. 99.3%, min. 76.3%), 8.5% alveolar
33 lymphocytes (AL, mean; max. 23.7%, min. 0.7%) and scarce neutrophils. In addition,
34 the macrophage population in BAC (n=8) was also determined based on forward angle
35 and side scatter in flow cytometry (Supplementary Fig.1) and consisted of 85.64% AM
36 (mean; max. 89%, min. 81.9%) and 10.8% AL (mean; max. 16.4%, min. 5.7%).

37

38 **Collection of Outdoor PM_{2.5} in Mexico City and Preparation for *in vitro* Studies**

39 PM_{2.5} was sampled for 24 h on Mondays, Wednesdays, and Fridays of every week
40 between May 2012 and April 2013 comprising of the three weather seasons cold-dry
41 (CD, November - February), warm-dry (WD, March – May) and rainy (R, June –
42 October) using a high volume sampler (TE6070V-2.5, Tisch Environmental, Inc.;
43 Village of Cleves, OH, USA, airflow rate 1.13 m³min⁻¹) to obtain adequate amounts of
44 PM_{2.5} on modified nitrocellulose membranes (Supplementary Figs. 3, 4). PM_{2.5} was
45 mechanically recovered from the membranes, pooled by month and stored in endotoxin-
46 free glass vials at 4°C, in the dark, in a desiccator after assessing the total PM_{2.5}
47 monthly mass. A yearly pool and pools from each weather season were created using

48 monthly PM_{2.5} aliquots according to the proportional contribution to the total PM_{2.5} mass
49 by the monthly PM samples. Immediately prior to *in vitro* exposure experiments, PM_{2.5}
50 was weighed on a precision balance Sartorius CPA225D (Göttingen, Germany),
51 autoclaved (121°C, 15 min), and suspended in complete culture medium. Following
52 sonication for 5 minutes (351OR-DTH; Branson, Danbury, CT, USA), PM_{2.5} suspensions
53 were diluted to final concentrations of 0.1, 1, 5 and 10 µg/ml.

54

55 **Preparation of *M.tb* for *In vitro* Infections**

56 *M.tb* H37Ra (ATCC 25177, Manassas, VA) was grown in Middlebrook 7H9 broth (BD
57 Difco, Sparks, Maryland, USA) supplemented with BBL Middlebrook ADC Enrichment
58 (10% albumin dextrose catalase, BD Difco) and 0.2% glycerol (Fisher Scientific, Fair
59 Lawn, NJ, USA). After 21 days of incubation at 37°C in a shaking incubator, *M.tb*
60 cultures were harvested, centrifuged at 2095 x *g* (3000 rpm) for 30 min, room
61 temperature (RT) and suspended in Middlebrook 7H9 broth medium with 6% glycerol
62 (Fisher Scientific, Fair Lawn, NJ). Mycobacteria were then aliquoted in cryotubes and
63 stored at -70°C until use. Colony-forming unit (CFU) counts from serial dilutions on
64 7H10 agar plates (Sigma-Aldrich, Fluka. MO, USA) were performed to determine
65 concentrations of the resulting *M.tb* stock. For *in vitro* infection experiments, frozen
66 aliquots of *M.tb* H37Ra (ATCC 25177, Manassas, VA) were thawed, centrifuged for 8
67 minutes at 5220xg (8000 rpm), resuspended in complete medium, disaggregated by
68 vortexing five minutes in the presence of five sterile 3-mm glass beads and centrifuged
69 at 350 x *g* (1000 rpm) for 2 minutes to generate single-cell suspensions of *M.tb*.

70

71 **Phagocytosis of *M.tb* by human AM**

72 To assess phagocytosis of *M.tb*, BAC (2×10^4 /well) were placed in 8-well chamber
73 slides and exposed to PM_{2.5} (1 µg and 5 µg/ml) for 18 h, subsequently infected with *M.tb*
74 for 2h (37°C, 5% CO₂) at multiplicities of infection (MOI) of 0.1, 0.5, 1 and 5, washed
75 (RPMI 3x) to remove extracellular *M.tb* and stained by Kinyoun (AlphaTec. WA. USA).
76 Proportions of cells containing one or more intracellular *M.tb* were determined by bright
77 field microscopy (1000x, oil immersion) on cytospin preparations in a total of 300
78 randomly selected AM from each study participant at each experimental condition.

79

80 **Cell viability, necrosis and apoptosis**

81 Briefly, 10^4 to 10^6 cells were resuspended in 1 ml of protein-free buffer, mixed with 1 µl
82 of diluted staining reagent and incubated 30 minutes on ice. After washing once with 1
83 ml of PBS, cells were resuspended in 200 µl of PBS and viability analyzed by flow
84 cytometry with fluorescence detection at 660 nm (FACSFusion; BD Biosciences, San
85 Jose, CA). Differences in intensity between live and dead cell populations were typically
86 greater than 50-fold. Cell viability was expressed in percentages of untreated cells
87 (controls).

88 For MTS assay, BAC and PBMC were seeded in 96-well plates at densities of
89 200,000 and 50,000 cells/well, respectively, and incubated in a total volume of 200 µL in
90 triplicate. Cells were incubated with PM_{2.5} suspensions (0.1, 1, 10 and 25 µg/ml) and
91 culture medium (viability control) for 24, 48 and 72 h (humidified, 37°C, 5% CO₂).
92 Absorbance was quantified at 490 nm using a microplate reader (Multiskan Ascent,
93 Thermo Electron Co., Shanghai, China). Cell viability was expressed as a percentage of

94 unexposed cells (control). For the detection of Apoptosis/Necrosis, 10^6 BAC or PBMC
95 were placed in ultra-low attachment 24-well plates, exposed to $PM_{2.5}$ at final
96 concentrations of 0.1, 1, 10 and 25 $\mu\text{g/ml}$ and incubated for 24, 48 and 72h. Cells
97 incubated in culture medium alone or in culture medium with 2 μM of staurosporine
98 (apoptosis inducer) were included as negative and positive controls, respectively.

99

100 **Assessment of *in vivo* PM burden in AM**

101 The ranges used for the size and shape of the particles were: size 0 - ∞ μm and
102 circularity 0.00 - 1.00, where 1 equals the perfect circle. Image adjustment was used
103 with color threshold images analyzed with a range of (HSB): Hue 50-229, saturation 60 -
104 255, brightness 25 - 140. Thresholding method: default. Threshold color: network. Color
105 Space: HSB. The Overlay Mask function was used to show particle contours in the
106 superposition of images.

107

108 **Cytokine ELISPOT Assays**

109 BAC and PBMC were added into Multi Screen HTS 96-flat bottom well plates coated
110 with appropriate antibodies in duplicate (200 $\mu\text{l/well}$) at optimal densities determined in
111 earlier studies and based on frequency of spot-forming cells (IFN- γ : 2×10^4 BAC, 2×10^5
112 PBMC; TNF- α : 2×10^2 BAC, 2×10^3 PBMC; IL-1 β : 2×10^4 BAC, 2×10^5 PBMC; IL-6: 10^3
113 BAC, 2×10^3 PBMC), incubated in the presence of 0, 0.1, 1, 10, 25 $\mu\text{g/ml}$ $PM_{2.5}$ and
114 infected simultaneously with *M.tb* (MOI 1, 5, 10) or stimulated with PPD (10 $\mu\text{g/ml}$), or 6
115 kDa early secretory antigenic target (ESAT-6, 10 $\mu\text{g/ml}$) at 37°C in 5% CO_2 for 24 h
116 (simultaneous exposure). Unexposed/uninfected control cells were incubated in

117 complete culture medium. Cytokine spot-forming cells (SFC) were enumerated with an
118 ImmunoSpot Analyzer and Image Acquisition 4.5 Software (Cellular Technology Ltd,
119 Cleveland, OH, USA) and frequencies of IL-1 β , TNF- α , IL-6 and IFN- γ -producing cells
120 calculated by averaging spot numbers from duplicate wells after background
121 subtraction. Results are expressed as SFC/10⁶ BAC or PBMC.

122

123 **Western Blotting**

124 To examine the activation of signaling pathways involved in the induction of cytokines,
125 levels of P-I κ B- α , P-STAT1, P-ERK1/2 and GAPDH (Cell Signaling Technologies,
126 Danver, MA) were assessed by western blotting. BAC (7.5 x 10⁵) and PBMC (2 x 10⁶)
127 were placed in 24-well plates and lysed by incubating for 30 min on ice in RIPA (radio
128 immunoprecipitation assay) lysis buffer system (Santa Cruz Biotechnology, Dallas, TX)
129 containing 2 mM PMSF, protease inhibitor cocktail, and 1 mM sodium orthovanadate
130 and supernatants were collected following centrifugation at 10,000 g for 10 min at 4°C.
131 Protein lysates were analyzed on 10% SDS/PAGE in Tris-Glycine buffer and transferred
132 onto PVDF membrane. After blocking in 5% milk in TBST (150 mM NaCl, 50 mM Tris-
133 HCl, pH 7.5, 0.05% Tween 20) for 1 hour at room temperature, membranes were
134 incubated with appropriate antibody overnight at 4°C. Following incubation, membranes
135 were washed 3-4 times in TBST and incubated with HRP-conjugated secondary
136 antibody at room temperature for 1 hour. After washing four times in TBST, protein
137 specific bands were visualized with enhanced chemiluminescence substrate Western
138 Lightning Plus-ECL (PerkinElmer, Waltham, MA).

139

140 **Statistical analysis**

141 Statistical analyses were performed using GraphPad Prism, version 5.0 (GraphPad
142 Software Inc., San Diego, CA, USA). Types of statistical analysis used for experiments
143 and conditions are indicated in the corresponding figure legends in the Results section.

144

145 **SUPPLEMENTARY FIGURES**

146

147 **Supplementary Figure 1. Cytotoxic effect of PM_{2.5}.** PBMC or BAC were exposed to
148 PM and incubated for 24-72h to evaluate PM_{2.5} exposure effects on membrane
149 permeability and induction of apoptosis and necrosis. Permeability of PBMC and BAC
150 membranes was evaluated by flow cytometry. Individual cells from an exemplary BAC
151 sample were selected in SS-A and SS-H (A), lymphocyte and macrophage
152 subpopulations identified (B) and single histogram plots generated to identify live
153 lymphocytes and macrophages using LIVE/DEAD Fixable Far Red Dead Cell Stain (C,
154 D).

155

156 **Supplementary Figure 2. PM_{2.5} does not affect *M.tb* phagocytosis by AM.** AM were
157 pre-exposed to PM_{2.5} cold-dry, warm-dry, rainy weather seasons at 0 and 1 µg/ml (A)
158 and 5 µg/ml (B) for 24 h, infected with *M.tb* MOI 0.1, 0.5, 1 and 5 for 2 h and proportions
159 of AM with intracellular *M.tb* determined by bright field microscopy (1000x, oil
160 immersion) on Kinyoun-stained cytopspins assessing a total of 300 AM in each
161 experimental condition.

162

163 **Supplementary Figure 3. Effect of PM_{2.5} on *M.tb*-induced Cytokine Production in**
164 **BAC and PBMC.** Optimal densities of BAC and PBMC (n=9) were exposed to PM_{2.5} (0,
165 0.1, 1 and 10 µg/ml) and simultaneously infected with *M.tb* or left uninfected for 24h.
166 Frequencies of IL-1β, TNF-α, IL-6 and IFN-γ spot-forming cells were evaluated by
167 ELISpot assay. Images of representative IL-1β, TNF-α, IL-6 and IFN-γ-producing BAC
168 showing cytokine spot formation and identification in *in vitro* PM-exposed and *M.tb*-
169 infected cells for image analysis and automated counting (A). Frequencies of
170 constitutively (unstimulated) IFN-γ, IL-1β, IL-6, and TNF-α-producing BAC (open circles)
171 and PBMC (black circles) (B). Frequencies of IL-1β (C), TNF-α (D) IL-6 (E) and IFN-γ
172 production (E) in response to *in vitro* PM exposure (left column panels) and *M.tb*
173 infection (right column panels) by BAC (open circles) and PBMC (black circles). Each
174 data point represents an individual participant and horizontal lines indicate medians.
175 Asterisks indicate significant differences ($p \leq 0.05$, ANOVA Friedman test followed
176 Dunn's multiple comparisons test using the GraphPad prism software for Mac OS X
177 version 6.0) relative to PM_{2.5}-unexposed control cells.

178
179 **Supplementary Figure 4. Activation of signaling pathways.** BAC and PBMC from
180 three participants (1-3) were infected with *M.tb* at MOI1 and 5 or stimulated with PPD or
181 left unstimulated (constitutive) for 24h. Protein lysates were analyzed with SDS/PAGE
182 followed by western blotting for Phospho-IκBα (Ser32/36), Phospho-STAT1 (Tyr701)
183 and Phospho-Erk1/2 (Thr202/Tyr204), and GAPDH.

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