Supporting Information A Well-Balanced Force Field *ff03CMAP* for Folded and Disordered Proteins

Yangpeng Zhang^{1,#}, Hao Liu^{1,#}, Sheng Yang^{1,#}, Ray Luo^{2,*}, and Hai-Feng Chen^{1,3,*}

¹State Key Laboratory of Microbial metabolism, Department of Bioinformatics and Biostatistics, National Experimental Teaching Center for Life Sciences and Biotechnology, School of Life Sciences and Biotechnology, Shanghai Jiao Tong University, Shanghai, 200240, China
²Departments of Molecular Biology and Biochemistry, Chemical and Molecular Engineering, and Materials Science and Engineering, and Biomedical Engineering, University of California, Irvine, USA
³Shanghai Center for Bioinformation Technology, Shanghai, 200235, China

*These authors contributed equally to this work.

*Corresponding authors Email addresses: <u>haifengchen@sjtu.edu.cn; ray.luo@rayluolab.org</u> Tel: 86-21-34204348 Fax: 86-21-34204348

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Half-time Convergence Analysis. In this study, we calculated time-dependent cumulative averages of simulated average unsigned errors (AUE) of C α chemical shifts as NMR observable. And using biphasic decay model to evaluate the convergence rate that simulated observables tend to balance. We focused on the slow stage and calculated the half-time of the slow stage. The fitting model of biphasic exponential decay for all IDPs is shown in Figure S35. The figure indicates that the two *ff03CMAP* force fields have smaller $\tau_2 ln(2)$ (half-time of the slow stage) and lower N₀ (plateau) than other force fields, which suggested the efficient convergence for IDP.

The average half-time of simulated IDPs for six *ff03*-series force field is gathered in Table S23. It is obvious that the average half-time and standard deviation of *ff03CMAP* are smaller than others. Moreover, the plateaus of the C α chemical shifts for *ff03CMAP* force fields are lower from the details of modeling parameters. These results suggested that *ff03CMAP* force fields are more efficient than other *ff03*-series force fields.

Definition of AAQAA3 Helicity. In this work, the definition of the helicity we calculated is from the *Best*'s work published in 2009.^[1] The definition of a given residue is helical is that this residue is one of the residues in helical fragment. Helical fragment is defined as a fragment has at least three consecutive residues whose (ϕ, ψ) angles fall within the R_h boundaries (The R_h region of the (ϕ, ψ) map is defined more stringently as $\phi \in [-100^\circ, -30^\circ]$ and $\psi \in [-67^\circ, -7^\circ]$).

System	Description	Length	Initial Structure	Simulation Temperature/ K	lons	Number of Waters	Simulation Time/ns	Number of Tested Force Field	Number of Trajectories or Replicas
ALA5	A-A-A-A	5	Extended	300	None	1349-1359	200	6	5
			-	olded Protein	•				
			ſ		I				
GB3	Third Immunoglobulin Binding Domain of Protein G	56	PDB 1P7E	298	50mM NaCl	3318-3371	1000	6	1
BPTI	Free Bovine Pancreatic Trypsin Inhibitor	58	PDB 5PTI	309	None	4580-5453	1000	6	1
	Cold-shock Protein from the				150mM				
CspTm	Hyperthermophilic Bacterium Thermotoga maritima	66	PDB 1G6P	303	NaCl	4253-4313	1000	6	1
ubiquitin	Ubiquitin of Human	76	PDB 1UBQ	298	50mM NaCl	4589-4669	1000	6	1
SPR17	Chicken brain alpha spectrin repeat 17	118	PDB 1CUN	298	100mM NaCl	9447-9529	1000	6	1
Disordered Protein									
Disordered Protein									
HEWL19	Hen Egg-White Lysozyme(19)	19	Extended	293	2Cl⁻	11245- 11425	200	6	5
RS	Phosphorylated SRSF1	24	Modeling	298	100mM NaCl	7277-8323	200	6	5
HIVRev	HIV-1 Rev ARM peptide	26	Modeling	283	10Cl-	4617-4878	200	6	5
Αβ40	Amyloid-beta-peptides(1-40)	40	Modeling	277	100mM NaCl	8154-8285	200	7	5
Αβ42	Amyloid-beta-peptides(1-42)	42	PDB 1Z0Q	273	20mM NaCl	12264- 12367	400	6	5
ACTR	Activation Domain of the Nuclear Hormone Receptor Coactivator	71	Modeling	304.15	50mM NaCl	12260- 12600	200	7	5
IA3	An Aspartic Proteinase Inhibitor for Saccharomyces cerevisiae	76	Modeling	293	150mM NaCl	10854- 11060	200	7	5
p53N	p53 N-terminal Transactivation Domain	93	PDB 1YCR	293	175mM NaCl	6128-7075	200	6	5
tauF4	Tau Protein Fragment	124	Modeling	293	25mM NaCl	11484- 14126	200	6	5
			Fas	t-Folding Prot	tein				
CLN025	Chignolin, a 10-residue folded peptide designed by segment statistics	10	Extended	273.00-424.35	2Na+	2194	400	2	32

Table S1. Simulation condition for all tested protein or peptide system.

AAQAA3	15-residue helix-forming peptide	15	Extended	278 00-391 21	None	3265	400	2	30
	Ac-(AAQAA)3-NH2	13	Extended	278.00-391.21	None	3203	400	2	50
GB1	β -hairpin B1 domain of protein G	16	Extended	274.00-381.47	3Na+	3502	600	2	30

Table S2. Experimental measurements used in this work.

Protein	Experimental Measurements									
	Peptide									
ALA5	Backbone C α , C β , C, N, H α and HN chemical shifts, backbone ${}^{1}J_{C\alpha N}$, ${}^{2}J_{C\alpha N}$, ${}^{3}J_{HNH\alpha}$, ${}^{3}J_{HNC\alpha}$, ${}^{3}J_{HNC\beta}$, ${}^{3}J_{H\alpha C}$ and ${}^{3}J_{HNC}$ scalar couplings ^[2]									
Folded Protein										
GB3	Backbone C α , C β , N, H α and HN chemical shifts, ^[3] backbone ${}^{3}J_{HNH\alpha}$, ${}^{3}J_{HNC\beta}$ and ${}^{3}J_{H\alpha C}$ scalar couplings, ^[4] backbone amide S2 order parameters ^[5]									
BPTI	Backbone C α , C β , C, N, H α and HN chemical shifts, ^[6] backbone ³ J _{HNHα, ³J_{HNCβ}, ³J_{HαC} and ³J_{HNC} scalar couplings^[7]}									
CspTm	Backbone C α , C β , C, N, H α and HN chemical shifts ^[8]									
ubiquitin	Backbone C α , C β , C, N, H α and HN chemical shifts, ^[9] backbone ¹ J _{HαCα} , ¹ J _{CαCβ} , ¹ J _{CαN} , ² J _{CαN} , ³ J _{HNHα} , ³ J _{HNCβ} , ³ J _{HαC} and ³J_{HNC} scalar couplings,^[10-12] side-chain ³J_{CCγ} and ³J_{NCγ} scalar couplings,^[13] backbone N-HN, Cα-Hα, Cα-C, C-N and C-HN RDCs,^[14-15] backbone amide S² order parameters,^[16] side-chain methyl axis S² order parameters^[17]}									
SPR17	Backbone C α , C β , C, N, H α and HN chemical shifts ^[18]									
	Disordered Protein									
HEWL19	Backbone Cα, N, Hα and HN chemical shifts ^[2]									
RS	Backbone C α and C chemical shifts, backbone ${}^{1}J_{C\alpha C\beta}$, ${}^{1}J_{H\alpha C\alpha}$ and ${}^{3}J_{HNH\alpha}$ scalar couplings, side-chain ${}^{3}J_{CC\gamma}$ and ${}^{3}J_{NC\gamma}$ scalar couplings, backbone N-HN, C α -H α and C α -C RDCs ^[19] , small-angle X-ray scattering curve, Rg ^[20]									
HIVRev	Backbone C α , C β , C, N, H α and HN chemical shifts ^[21]									
Αβ40	Backbone Ca, C β , N, H α and HN chemical shifts, ^[22] backbone ${}^{1}J_{H\alphaC\alpha} {}^{1}J_{C\alpha N}$, ${}^{2}J_{C\alpha N}$, ${}^{3}J_{HNH\alpha}$, ${}^{3}J_{H\alpha C}$ and ${}^{3}J_{CC}$ scalar couplings, ^[23] backbone N-HN RDC, ^[24] Rg ^[25]									
Αβ42	Backbone C α , C β , N, H α and HN chemical shifts, ^[26] backbone ${}^{3}J_{HNH\alpha}$ scalar couplings, ^[23] backbone N-HN RDCs ^[24]									
ACTR	Backbone C α , C β , C, N, H α and HN chemical shifts, ^[27] backbone N-HN RDCs, ^[28] Rg ^[29]									
IA3	Backbone Cα, C, N, Hα and HN chemical shifts ^[30]									
p53N	Backbone C α , C β , C, N and HN chemical shifts ^[31]									
tauF4	Backbone C α , C β , N and HN chemical shifts ^[32]									
	Fast-Folding Protein									
CLN025	Temperature-dependent hairpin fraction ^[33]									
AAQAA3	Temperature-dependent helical fraction ^[34]									
GB1	Temperature-dependent native-state stability ^[35]									

 Table S3. FF score of six ff03-series force field for 15 tested system.

Force Field	ff03/ TIP3P	ff03*/ TIP3P	ff03w/ TIP4P2005	ff03ws/ TIP4P2005	ff03CMAP/ TIP4PEw	ff03CMAP/ TIP4PD
			Peptide			
Ala5	1.950	1.468	1.564	1.599	1.178	1.155
		1	Disordered Protei	n		
HEWL19	1.290	1.039	1.089	1.117	1.125	1.092
RS	4.453	1.657	1.600	1.454	1.140	1.105
HIVRev	1.761	1.763	1.677	1.208	1.244	1.295
Αβ40	2.016	1.756	1.872	1.758	1.124	1.001
Αβ42	2.106	1.866	1.972	1.858	1.184	1.021
ACTR	1.618	1.474	1.354	1.172	1.245	1.033
IA3	2.111	1.810	1.923	1.677	1.404	1.000
p53N	1.668	1.441	1.537	1.351	1.133	1.019
tauF4	1.587	1.590	1.384	1.301	1.226	1.000
			Folded Protein			
GB3	1.185	1.212	1.246	1.209	1.001	1.099
BPTI	1.078	1.241	1.088	1.171	1.173	1.205
CspTm	1.376	1.674	1.718	1.663	1.000	1.123
ubiquitin	1.231	1.506	1.249	1.769	1.003	1.509
SPR17	1.026	1.041	1.052	1.219	1.019	1.220

Table S4. RMSD of secondary chemical shifts, J-coupling constants, S² parameter and FF score of **GB3** for six ff03-series force fields. Chemical shifts are in ppm and the scores are unitless, J-coupling constants are in Hz, and the scores and S² parameters are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	0.599	0.628	0.591	0.596	0.529	0.684
Сβ	0.713	0.725	0.799	0.767	0.639	0.630
Ν	2.057	2.058	2.011	2.075	1.665	1.668
HA	0.149	0.166	0.176	0.154	0.112	0.147
HN	0.301	0.302	0.330	0.305	0.267	0.296
${}^{3}J_{HNH\alpha}$	1.258	1.246	1.341	1.306	0.886	1.012
³ J _{HNC}	0.601	0.601	0.633	0.605	0.473	0.500
³ J _{HNCβ}	0.419	0.437	0.477	0.465	0.374	0.430
S ² _{NH}	0.317	0.324	0.314	0.311	0.290	0.301
CS _{score}	1.192	1.237	1.281	1.222	1.003	1.144
Backbone ³ J	1.270	1.282	1.376	1.332	1.000	1.116
Backbone S ²	1.092	1.117	1.083	1.072	1.000	1.038
FF _{score}	1.185	1.212	1.246	1.209	1.001	1.099

Table S5. RMSD of secondary chemical shifts, J-coupling constants and FF score of **BPTI** for six ff03-series force fields. Chemical shifts are in ppm and the scores are unitless, J-coupling constants are in Hz, and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	0.872	1.249	0.909	1.251	1.430	1.438
Сβ	1.770	1.892	1.723	1.818	1.683	1.839
С	0.784	1.044	0.795	0.854	0.910	1.114
Ν	2.171	3.022	2.454	3.192	3.213	3.224
HA	0.250	0.256	0.232	0.229	0.243	0.237
HN	0.417	0.615	0.467	0.590	0.653	0.669
${}^{3}J_{HNH\alpha}$	1.639	2.044	1.665	1.822	1.500	1.542
${}^{3}J_{H\alpha C}$	1.671	1.539	1.641	1.466	1.560	1.572
³ J _{HNC}	1.161	1.217	1.168	1.093	1.053	1.069
³ J _{HNCβ}	1.458	1.353	1.392	1.372	1.274	1.221
CS _{score}	1.024	1.312	1.057	1.248	1.318	1.381
Backbone ³ J	1.132	1.169	1.120	1.094	1.027	1.029
FF _{score}	1.078	1.241	1.088	1.171	1.173	1.205

Table S6. RMSD of secondary chemical shifts and FF score of **CspTm** for six ff03-series force fields. Chemical shifts are in ppm and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	1.012	1.156	1.007	1.134	0.836	0.859
Сβ	1.208	1.387	1.298	1.266	0.558	0.758
С	0.587	0.927	1.150	0.899	0.533	0.659
Ν	2.162	2.811	3.297	2.904	1.826	2.035
HA	0.296	0.296	0.299	0.301	0.248	0.249
HN	0.391	0.475	0.447	0.518	0.279	0.279
CS _{score}	1.376	1.674	1.718	1.663	1.000	1.123
FF _{score}	1.376	1.674	1.718	1.663	1.000	1.123

Table S7. RMSD of secondary chemical shifts, J-coupling constants, RDC, S² parameter and FF score of **ubiquitin** for six ff03-series force fields. Chemical shifts are in ppm, J-coupling constants and RDC are in Hz, and the scores and S² parameters are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	ТІРЗР	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	0.481	0.716	0.507	0.723	0.485	0.575
Сβ	0.816	0.885	0.825	1.069	0.770	0.860
С	0.607	0.702	0.611	0.789	0.609	0.650
Ν	2.050	2.450	2.188	2.625	2.142	2.573
HA	0.145	0.185	0.141	0.234	0.106	0.165
HN	0.329	0.349	0.326	0.407	0.298	0.293
³ J _{HNHα}	1.341	1.487	1.484	1.597	1.196	1.319
${}^{3}J_{H\alpha C}$	0.684	0.725	0.623	0.986	0.410	0.609
³ J _{HNCβ}	0.643	0.734	0.671	0.701	0.633	0.612
³ J _{HNC}	0.681	0.734	0.701	0.852	0.564	0.662
${}^{1}J_{C\alpha N}$	0.465	0.567	0.494	0.588	0.415	0.469
${}^{1}J_{H\alpha C\alpha}$	2.669	2.717	2.628	3.030	2.225	2.476
${}^{1}J_{C\alpha C\beta}$	0.984	1.056	0.977	1.229	0.856	0.966
${}^{2}J_{C\alpha N}$	0.464	0.555	0.437	0.682	0.361	0.477
${}^{2}J_{CC\gamma}$	0.650	0.973	0.717	0.936	0.419	0.775
³ J _{NCγ}	0.490	0.592	0.501	0.557	0.428	0.496
S ² _{NH}	0.074	0.104	0.081	0.149	0.069	0.154
S ² axis	0.279	0.260	0.247	0.289	0.174	0.279
RDC	0.174	0.249	0.187	0.325	0.166	0.222
CS _{score}	1.092	1.321	1.107	1.512	1.012	1.200
Backbone ³ J	1.225	1.359	1.228	1.562	1.004	1.182
Sidechain ³ J	1.348	1.853	1.440	1.768	1.000	1.504
Backbone S ²	1.070	1.510	1.175	2.156	1.000	2.226
Sidechain S ²	1.603	1.493	1.418	1.657	1.000	1.603
Backbone RDC	1.048	1.500	1.127	1.958	1.000	1.337
FF _{score}	1.231	1.506	1.249	1.769	1.003	1.509

Table S8. RMSD of secondary chemical shifts and FF score of **SPR17** for six ff03-series force fields. Chemical shifts are in ppm and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	0.900	0.936	0.970	1.209	0.906	1.220
Сβ	0.702	0.754	0.733	0.887	0.716	0.814
С	0.985	0.984	0.952	1.253	0.987	1.231
Ν	1.852	1.858	1.774	2.026	1.858	2.306
HA	0.209	0.206	0.225	0.227	0.201	0.217
HN	0.442	0.438	0.457	0.477	0.426	0.484
CS _{score}	1.026	1.041	1.052	1.219	1.019	1.220
FF _{score}	1.026	1.041	1.052	1.219	1.019	1.220

Table S9. RMSD of secondary chemical shifts and FF score of **HEWL19** for six ff03-series force fields. Chemical shifts are in ppm and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	1.516	1.215	1.184	1.175	1.189	1.158
Ν	1.754	1.393	1.481	1.259	1.394	1.267
Ηα	0.206	0.181	0.191	0.199	0.187	0.194
HN	0.241	0.182	0.201	0.247	0.243	0.235
CS _{score}	1.290	1.039	1.089	1.117	1.125	1.092
FF _{score}	1.290	1.039	1.089	1.117	1.125	1.092

Table S10. RMSD of secondary chemical shifts, J-coupling constants, RDC and FF score of **RS** for six ff03-series force fields. Chemical shifts are in ppm, J-coupling constants and RDC are in Hz and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	1.813	0.502	0.484	0.385	0.239	0.193
С	1.199	0.333	0.296	0.307	0.354	0.373
${}^{3}J_{HNH\alpha}$	1.777	0.987	0.974	0.981	0.407	0.491
${}^{1}J_{C\alpha C\beta}$	1.625	1.407	1.420	1.438	1.084	1.195
${}^{1}J_{H\alpha C\alpha}$	4.190	2.462	2.511	2.395	1.774	1.824
³ J _{CCγ}	0.302	0.314	0.271	0.278	0.330	0.311
³ J _{NCγ}	0.386	0.254	0.272	0.233	0.230	0.217
RDC	1.425	0.908	0.939	0.841	0.788	0.716
CS _{score}	6.720	1.862	1.753	1.514	1.217	1.128
NMR _{score}	2.186	1.451	1.448	1.394	1.063	1.081
FF score	4.453	1.657	1.600	1.454	1.140	1.105

Table S11. RMSD of secondary chemical shifts and FF score of **HIVRev** for six ff03-series force fields. Chemical shifts are in ppm and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	1.192	0.909	1.043	0.401	0.522	0.600
Сβ	0.337	0.721	0.433	0.609	0.491	0.545
С	0.596	1.200	0.636	0.693	0.801	0.879
Ν	2.212	1.274	1.957	1.193	1.283	1.024
Ηα	0.112	0.090	0.100	0.062	0.061	0.073
HN	0.345	0.309	0.333	0.235	0.237	0.214
CS _{score}	1.761	1.763	1.677	1.208	1.244	1.295
FF _{score}	1.761	1.763	1.677	1.208	1.244	1.295

Table S12. RMSD of secondary chemical shifts, J-coupling constants, RDC and FF score of **Aβ40** for seven ff03-series force fields. Chemical shifts are in ppm, J-coupling constants and RDC are in Hz and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/	ff03/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD	TIP4PD
Cα	1.093	0.943	1.026	0.940	0.445	0.426	0.905
Сβ	0.648	0.512	0.547	0.621	0.422	0.398	0.657
Ν	3.324	2.873	2.962	2.580	1.539	1.291	2.751
Ηα	0.125	0.101	0.122	0.108	0.087	0.087	0.105
HN	0.404	0.365	0.382	0.375	0.284	0.259	0.352
${}^{3}J_{HNH\alpha}$	1.320	1.261	1.252	0.983	0.563	0.513	1.114
${}^{3}J_{H\alpha C}$	0.949	0.987	0.978	1.017	0.634	0.407	1.003
³ J _{CC}	0.391	0.322	0.375	0.375	0.161	0.135	0.374
${}^{1}J_{C\alpha N}$	0.585	0.469	0.524	0.559	0.474	0.431	0.548
${}^{1}J_{H\alpha C\alpha}$	2.835	2.545	2.607	2.460	1.550	1.383	2.311
${}^{2}J_{C\alpha N}$	1.254	0.936	1.090	0.840	0.603	0.561	0.972
RDC	0.790	0.783	0.722	0.721	0.757	0.719	0.728
CS _{score}	1.955	1.660	1.791	1.692	1.078	1.002	1.696
NMR _{score}	2.077	1.851	1.953	1.825	1.171	1.000	1.870
FF _{score}	2.016	1.756	1.872	1.758	1.124	1.001	1.783

Table S13. RMSD of secondary chemical shifts, J-coupling constants, RDC and FF score of **Aβ42** for six ff03series force fields. Chemical shifts are in ppm, J-coupling constants and RDC are in Hz and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	1.793	1.398	1.554	1.421	0.747	0.383
Сβ	0.622	0.674	0.649	0.658	0.427	0.378
Ν	3.278	2.931	3.150	3.029	1.965	1.362
Ηα	0.190	0.198	0.194	0.200	0.199	0.207
HN	0.287	0.293	0.297	0.288	0.229	0.228
${}^{3}J_{HNH\alpha}$	1.748	1.446	1.595	1.419	0.610	0.586
RDC	0.729	0.720	0.699	0.710	0.743	0.733
CS _{score}	2.198	1.982	2.082	1.997	1.315	1.018
NMR _{score}	2.014	1.750	1.862	1.719	1.052	1.024
FF _{score}	2.106	1.866	1.972	1.858	1.184	1.021

Table S14. RMSD of secondary chemical shifts, RDC and FF score of **ACTR** for seven ff03-series force fields. Chemical shifts are in ppm, RDC are in Hz and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/	ff03/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD	TIP4PD
Cα	1.420	1.233	1.066	0.841	0.708	0.469	1.049
Сβ	0.524	0.461	0.470	0.376	0.525	0.316	0.449
С	1.107	0.901	0.768	0.622	0.522	0.531	0.758
Ν	2.323	2.141	1.962	1.467	1.566	1.134	2.049
HN	0.268	0.252	0.234	0.203	0.201	0.162	0.248
RDC	0.767	0.742	0.694	0.676	0.766	0.719	0.700
NMR _{score}	1.135	1.098	1.027	1.000	1.133	1.064	1.036
CS _{score}	2.101	1.851	1.681	1.344	1.358	1.003	1.689
FF _{score}	1.618	1.474	1.354	1.172	1.245	1.033	1.362

Table S15. RMSD of secondary chemical shifts and FF score of **IA3** for seven ff03-series force fields. Chemical shifts are in ppm and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/	ff03/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD	TIP4PD
Cα	1.841	1.505	1.608	1.416	1.060	0.658	1.464
С	1.269	0.993	1.092	1.015	0.740	0.625	0.965
Ν	2.785	2.661	2.818	2.471	2.114	1.430	2.612
Ηα	0.197	0.167	0.162	0.128	0.150	0.103	0.162
HN	0.403	0.365	0.406	0.353	0.278	0.216	0.365
CS _{score}	2.111	1.810	1.923	1.677	1.404	1.000	1.773
FF _{score}	2.111	1.810	1.923	1.677	1.404	1.000	1.773

Table S16. RMSD of secondary chemical shifts and FF score of **p53N** for six ff03-series force fields. Chemical shifts are in ppm and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	1.295	0.994	1.081	0.957	0.512	0.561
Сβ	0.628	0.603	0.603	0.554	0.616	0.484
С	0.651	0.589	0.628	0.551	0.557	0.511
Ν	2.629	2.347	2.518	2.048	1.876	1.457
HN	0.364	0.318	0.348	0.318	0.257	0.254
CS _{score}	1.668	1.441	1.537	1.351	1.133	1.019
FF score	1.668	1.441	1.537	1.351	1.133	1.019

Table S17. RMSD of secondary chemical shifts and FF score of **tauF4** for six ff03-series force fields. Chemical shifts are in ppm and the scores are unitless.

	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Cα	1.034	0.978	0.770	0.779	0.822	0.722
Сβ	0.685	0.807	0.713	0.632	0.556	0.507
Ν	2.966	2.739	2.516	2.401	2.023	1.488
HN	0.339	0.339	0.296	0.273	0.282	0.216
CS _{score}	1.587	1.590	1.384	1.301	1.226	1.000
FF _{score}	1.587	1.590	1.384	1.301	1.226	1.000

	Exp.	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
		TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Ι3γ2	3.68	3.681	3.051	3.505	3.036	3.885	1.543
V5γ1	0.00	0.687	0.893	0.709	0.751	0.751	0.710
V5γ2	3.66	2.986	2.539	2.974	3.553	3.804	3.500
Τ7γ2	2.67	2.628	3.734	3.526	3.003	3.437	3.827
Τ9γ2	3.00	3.650	3.379	3.562	3.519	3.684	3.330
Τ12γ2	0.39	0.811	0.763	0.807	0.916	0.717	0.919
Ι13γ2	1.71	3.500	3.698	3.561	3.250	2.269	2.930
Τ14γ2	0.76	2.216	2.100	1.968	1.772	1.082	1.250
V17γ1	3.93	3.241	3.186	2.879	2.976	3.530	2.939
V17γ2	0.96	0.878	0.963	0.950	0.643	0.976	1.419
Τ22γ2	3.39	3.761	3.642	3.555	2.781	3.756	3.027
Ι23γ2	0.94	0.835	0.829	0.857	1.298	0.855	1.597
V26γ1	0.82	0.855	0.836	0.835	1.504	0.704	0.776
V26γ2	4.18	3.724	3.639	3.700	2.789	3.788	3.491
Ι30γ2	0.96	0.919	2.400	0.961	1.968	0.901	0.903
Ι36γ2	0.71	1.025	2.201	1.130	1.825	1.097	0.602
Ι44γ2	0.80	1.317	1.831	1.552	3.147	0.792	0.905
Τ55γ2	3.02	3.633	3.657	3.627	3.264	3.782	3.106
l61γ2	0.98	0.939	0.881	0.833	1.339	0.770	0.893
V70γ2	2.43	2.278	0.809	1.617	1.657	2.677	1.344
RMSD	-	0.650	0.973	0.717	0.936	0.419	0.775

Table S18. Side-chain ${}^{3}J_{CC\gamma}$ coupling constant of ubiquitin for six ff03-series force fields. J-coupling constants are in Hz.

	Evn	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	Lvb.	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Ι3γ2	0.39	0.399	0.443	0.414	0.435	0.392	0.962
V5γ1	1.83	1.782	1.525	1.772	2.091	2.224	2.062
V5γ2	0.46	0.987	1.102	0.980	0.657	0.515	0.703
Τ7γ2	1.02	1.089	0.545	0.620	0.682	0.718	0.478
Τ9γ2	0.81	0.502	0.643	0.548	0.536	0.486	0.668
Τ12γ2	1.61	2.120	2.159	2.069	2.043	2.197	2.051
Ι13γ2	1.44	0.611	0.477	0.568	0.726	1.329	0.947
Τ14γ2	1.50	0.798	1.008	0.992	0.774	1.690	1.776
V17γ1	0.25	0.579	0.624	0.620	0.452	0.630	0.881
V17γ2	0.68	0.674	0.662	0.834	0.938	0.469	0.559
Τ22γ2	0.75	0.487	0.553	0.523	0.621	0.540	0.475
Ι23γ2	2.11	1.343	0.836	1.048	1.179	0.747	1.159
V26γ1	2.16	2.156	2.132	2.149	1.645	2.223	2.039
V26γ2	0.62	0.495	0.562	0.523	0.632	0.561	0.666
Ι30γ2	2.10	2.223	1.062	2.190	0.891	2.232	2.227
Ι36γ2	2.08	0.657	0.752	0.728	1.189	1.475	0.723
Ι44γ2	1.62	1.887	1.403	1.745	0.729	2.169	2.128
Τ55γ2	0.82	0.541	0.537	0.548	0.741	0.474	0.535
l61γ2	2.15	2.140	2.051	2.207	1.545	2.245	1.951
V70γ2	0.50	0.556	0.556	0.543	0.609	0.510	0.568
RMSD	-	0.490	0.592	0.501	0.557	0.428	0.496

Table S19. Side-chain ${}^{3}J_{NC\gamma}$ coupling constant of ubiquitin for six ff03-series force fields. J-coupling constants are in Hz.

Table S20. Side-chain methyl axis order parameters of ubiquitin for six ff03-series force fields. Order parameters are in unitless.

	F	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	Exp.	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
ΙЗγ	0.98	0.359	0.742	0.820	0.761	0.916	0.359
Ι3δ	0.75	0.345	0.532	0.632	0.631	0.616	0.345
V5γ1	0.91	0.676	0.446	0.629	0.748	0.852	0.676
V5γ2	0.88	0.695	0.443	0.647	0.742	0.844	0.695
Τ7γ	0.75	0.767	0.751	0.652	0.449	0.602	0.767
L8δ1	0.27	0.196	0.331	0.253	0.340	0.292	0.196
L8δ2	0.21	0.176	0.347	0.225	0.361	0.217	0.176
Τ9γ	0.64	0.452	0.487	0.564	0.511	0.531	0.452
Τ12γ	0.93	0.680	0.774	0.660	0.617	0.816	0.680
Ι13γ	0.56	0.587	0.762	0.702	0.592	0.387	0.587
Ι13δ	0.55	0.546	0.634	0.648	0.548	0.345	0.546
Τ14γ	0.78	0.401	0.206	0.207	0.305	0.426	0.401
L15δ1	0.58	0.484	0.251	0.180	0.447	0.398	0.484
L15δ2	0.62	0.442	0.292	0.181	0.419	0.410	0.442
V17γ1	0.89	0.393	0.534	0.364	0.512	0.680	0.393
V17γ2	0.89	0.391	0.528	0.393	0.547	0.682	0.391
Τ22γ	0.95	0.547	0.798	0.711	0.533	0.841	0.547
Ι23γ	0.95	0.595	0.795	0.785	0.578	0.756	0.595
Ι23δ	0.51	0.547	0.742	0.778	0.340	0.802	0.547
V26γ1	0.86	0.676	0.729	0.735	0.530	0.867	0.676
V26γ2	0.99	0.675	0.724	0.740	0.531	0.870	0.675
130γ	0.93	0.923	0.664	0.886	0.654	0.928	0.923
Ι30δ	0.77	0.795	0.585	0.699	0.443	0.586	0.795
Ι36γ	0.83	0.793	0.514	0.601	0.421	0.427	0.793
Ι36δ	0.58	0.665	0.495	0.540	0.285	0.466	0.665
L43δ1	0.55	0.389	0.372	0.332	0.522	0.351	0.389
L43δ2	0.61	0.333	0.348	0.306	0.522	0.335	0.333
144γ	0.71	0.750	0.446	0.470	0.714	0.792	0.750
144δ	0.31	0.289	0.336	0.225	0.613	0.182	0.289
Α46β	0.95	0.643	0.619	0.658	0.712	0.687	0.643
L50δ1	0.89	0.252	0.459	0.586	0.270	0.718	0.252
L50δ2	0.86	0.275	0.440	0.553	0.289	0.690	0.275
Τ55γ	0.93	0.606	0.733	0.711	0.482	0.824	0.606
L56δ1	0.60	0.355	0.353	0.368	0.492	0.393	0.355
L56δ2	0.62	0.355	0.384	0.377	0.487	0.398	0.355
161γ	0.95	0.516	0.659	0.819	0.341	0.850	0.516
161δ	0.56	0.270	0.220	0.194	0.199	0.269	0.270
L67δ1	0.30	0.153	0.284	0.316	0.473	0.305	0.153
L67δ2	0.29	0.234	0.259	0.300	0.454	0.351	0.234
L69δ2	0.55	0.844	0.372	0.841	0.514	0.784	0.844
V70γ2	0.35	0.443	0.648	0.375	0.446	0.352	0.443

L71δ1	0.29	0.282	0.174	0.198	0.157	0.273	0.282
L73δ1	0.19	0.142	0.082	0.083	0.118	0.069	0.142
L73δ2	0.17	0.211	0.128	0.128	0.145	0.109	0.211
RMSD	-	0.279	0.260	0.247	0.289	0.174	0.279

Table S21. Side-chain ${}^{3}J_{CC\gamma}$ coupling constant of RS for six ff03-series force fields. J-coupling constants are in Hz.

	Evn	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	cxp.	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
R9γ	2.45	2.006	2.276	2.165	2.358	2.471	2.396
R11γ	2.17	2.143	2.141	2.355	2.193	2.609	2.648
R13γ	2.53	2.034	2.203	2.225	2.126	2.284	2.470
R15γ	1.89	2.045	2.327	2.108	2.272	2.389	2.323
R17γ	1.89	2.027	2.051	2.211	2.265	2.477	2.346
R19γ	2.42	2.415	2.029	2.116	2.138	2.338	2.399
R21γ	2.17	2.057	1.808	2.024	2.013	2.271	2.351
R23γ	2.56	2.082	2.176	2.221	2.323	2.647	2.229
RMSD	-	0.302	0.314	0.271	0.278	0.330	0.311

Table S22. Side-chain ${}^{3}J_{NC\gamma}$ coupling constant of RS for six ff03-series force fields. J-coupling constants are in Hz.

	Eva	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	Exp.	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
R9γ	1.19	1.229	1.042	1.036	1.042	0.956	0.951
R11γ	0.98	1.301	1.024	0.941	0.962	0.988	0.894
R13γ	0.77	1.356	1.014	1.025	1.027	0.960	0.921
R15γ	0.77	1.301	0.907	1.107	0.948	0.982	0.917
R17γ	0.76	1.168	1.088	1.144	0.963	0.920	0.910
R19γ	0.79	0.989	1.014	1.028	1.006	0.989	1.010
R21γ	0.68	1.128	1.161	1.031	1.086	1.035	0.999
R23γ	0.63	0.870	0.793	0.880	0.879	0.941	0.937
RMSD	-	0.386	0.254	0.272	0.233	0.230	0.217

Table S23. Average half-time of IDPs simulation for six ff03-series force fields ^a

Force Field	ff03/	ff03*/	ff03w/	ff03ws/	ff03CMAP/	ff03CMAP/
	TIP3P	TIP3P	TIP4P2005	TIP4P2005	TIP4PEw	TIP4PD
Half-time ±std/ns	271±319	331±765	111±86	977±2616	62±50	35±14

^a. We calculated the average half-time for IDPs that the R2 of fitted model is larger than 0.90. Here std. means standard deviation.



Figure S1. Count of amino acids in coil database.



Figure S2. RMSp between simulation and benchmark for CMAP optimization of 20 amino acids.



Figure S3. Secondary chemical shifts of simulation and experimental data for Ala₅. Here ff03CMAP means ff03CMAP force field with TIP4P-Ew water model, ff03CMAP/T4D means ff03CMAP force field with TIP4P-D water model and ff03/T4D means ff03 force field with TIP4P-D water model. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) C, (D) N, (E) H α and (F) HN. Simulated values are shown for ff03 (red), ff03* (brown), ff03w (light green), ff03ws (cyan), ff03CMAP (blue), ff03CMAP/T4D (violet) and ff03/T4D (mauve). Experimental values are displayed as black lines. The shadow means the stand error of mean.



Figure S4. Scalar coupling constants of simulation and experimental data for Ala₅. Simulated and experimental scalar coupling constants for (A) ${}^{3}J_{HNH\alpha}$, (B) ${}^{3}J_{HNC\alpha}$, (C) ${}^{3}J_{HNC\beta}$, (D) ${}^{3}J_{HAC}$, (E) ${}^{3}J_{HNC}$, (F) ${}^{2}J_{C\alpha N}$ and (G) ${}^{1}J_{C\alpha N}$.



Figure S5. Secondary chemical shifts of simulation and experimental data for GB3. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) N, (D) H α and (E) HN.



Figure S6. Scalar coupling constants of simulation and experimental data for GB3. Simulated and experimental scalar coupling constants for (A) ${}^{3}J_{HNH\alpha}$, (B) ${}^{3}J_{HNC}$ and (C) ${}^{3}J_{HNC\beta}$.



Figure S7. Secondary chemical shifts of simulation and experimental data for BPTI. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) C, (D) N, (E) H α and (F) HN.



Figure S8. Scalar coupling constants of simulation and experimental data for BPTI. Simulated and experimental scalar coupling constants for (A) ${}^{3}J_{HNH\alpha}$, (B) ${}^{3}J_{HNC}$, (C) ${}^{3}J_{HNC\beta}$ and (D) ${}^{3}J_{H\alpha C}$.



Figure S9. Secondary chemical shifts of simulation and experimental data for CspTm. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) C, (D) N, (E) H α and (F) HN.



Figure S10. Secondary chemical shifts of simulation and experimental data for ubiquitin. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) C, (D) N, (E) H α and (F) HN.



Figure S11. Scalar coupling constants of simulation and experimental data for ubiquitin. Simulated and experimental scalar coupling constants for (A) ${}^{3}J_{HNH\alpha}$, (B) ${}^{3}J_{H\alpha C}$, (C) ${}^{3}J_{HNC\beta}$, (D) ${}^{3}J_{HNC}$, (E) ${}^{2}J_{C\alpha N}$, (F) ${}^{1}J_{C\alpha N}$, (G) ${}^{1}J_{H\alpha C\alpha}$ and (H) ${}^{1}J_{C\alpha C\beta}$.



Figure S12. Backbone RDC of simulation of six ff03-series force fields for ubiquitin. Error bar means the standard deviation of calculation.



Figure S13. Secondary chemical shifts of simulation and experimental data for SPR17. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) C, (D) N, (E) H α and (F) HN.



Figure S14. Secondary chemical shifts of simulation and experimental data for HEWL19. Simulated and experimental secondary chemical shifts for (A) C α , (B) N, (C) H α and (D) HN.



Figure S15. Secondary chemical shifts of simulation and experimental data for HIVRev. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) C, (D) N, (E) H α and (F) HN.



Figure S16. Secondary chemical shifts of simulation and experimental data for A β 40. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) N, (D) H α and (E) HN.



Figure S17. Scalar coupling constants of simulation and experimental data for A β 40. Simulated and experimental scalar coupling constants for (A) ${}^{3}J_{HNH\alpha}$, (B) ${}^{3}J_{H\alpha C}$, (C) ${}^{3}J_{C\alpha N}$, (E) ${}^{1}J_{C\alpha N}$ and (F) ${}^{1}J_{H\alpha C\alpha}$.



Figure S18. Backbone RDC of simulation of six ff03-series force fields for Aβ40. Error bar means the standard deviation of calculation.



Figure S19. Secondary chemical shifts of simulation and experimental data for A β 42. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) N, (D) H α and (E) HN.



Figure S20. Scalar coupling constants of simulation and experimental data for A β 42. Simulated and experimental scalar coupling constants for ${}^{3}J_{HNH\alpha}$.



Figure S21. Backbone RDC of simulation of six ff03-series force fields for Aβ40. Error bar means the standard deviation of calculation.



Figure S22. Secondary chemical shifts of simulation and experimental data for ACTR. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) C, (D) N and (E) HN.



Figure S23. Backbone RDC of simulation of six ff03-series force fields for ACTR. Error bar means the standard deviation of calculation.



Figure S24. Secondary chemical shifts of simulation and experimental data for IA3. Simulated and experimental secondary chemical shifts for (A) C α , (B) C, (C) N, (D) H α and (E) HN.



Figure S25. Secondary chemical shifts of simulation and experimental data for p53N. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) C, (D) N and (E) HN.



Figure S26. Secondary chemical shifts of simulation and experimental data for tauF4. Simulated and experimental secondary chemical shifts for (A) C α , (B) C β , (C) N and (D) HN.

ff03: The Pecentage of Top 8 Clusters is 76.31%(36 clusters occupy 90.06%)



Figure S27. Conformation clustering of simulation for GB3. For each force field, we showed delegate conformations of top 8 clusters at most. And we showed the information of population of displayed conformation and numbers of clusters occupy just more than 90% for each force field.



Figure S28. Conformation clustering of simulation for BPTI.



Figure S29. Conformation clustering of simulation for CspTm.



Figure S30. Conformation clustering of simulation for SPR17.

ff03: The Pecentage of Top 8 Clusters is 45.80%(48 clusters occupy 90.30%)



Figure S31. Conformation clustering of simulation for HEWL19.







Figure S33. Conformation clustering of simulation for HIVRev.

ff03: The Pecentage of Top 8 Clusters is 44.63%(51 clusters occupy 90.10%)



Figure S34. Conformation clustering of simulation for Aβ40.

ff03: The Pecentage of Top 8 Clusters is 48.76%(38 clusters occupy 90.38%)



Figure S35. Conformation clustering of simulation for Aβ42.

ff03: The Pecentage of Top 8 Clusters is 72.47%(14 clusters occupy 91.23%)



Figure S36. Conformation clustering of simulation for ACTR.



Figure S37. Conformation clustering of simulation for IA3.



Figure S38. Conformation clustering of simulation for p53N.



Figure S39. Conformation clustering of simulation for tauF4.



Figure S40. Biphasic exponential decay model fitting for disordered proteins. (A) IA3, (B) RS, (C) A β 40, (D) HIVRev, (E) p53N, (F) tauF4, (G) HEWL19 (H) ACTR for 200ns MD simulation and (I) A β 42 for 400ns MD simulation. Black solid line means the fit curve and colored dot means the simulated values for different force fields. τ_1 and τ_2 are in nanosecond, N₀ is in ppm, and R² is unitless.

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