

Table S1. Domains of the 32-Item Inflammatory Bowel Disease Questionnaire (IBDQ-32)

Domain	No. of Items	Scoring Range	Concepts Assessed
Bowel symptoms	10	0–70	Stool frequency, loose stool, abdominal bloating and pain, excessive flatulence, rectal bleeding, urge to defecate, nausea
Systemic symptoms	5	0–35	Fatigue, lack of energy, sleep problems, weight maintenance, general health
Emotional function	12	0–84	Worry, anxiety, frustration, restlessness, depression, stress, embarrassment, anger
Social function	5	0–35	Ability to engage in social activities, work/school, sexual activity