

**Table S4.** Reasons for Exclusion of Articles During Data Extraction

<b>Reasons for Exclusion</b>	<b>No. of Articles Excluded<sup>a</sup></b>
Clinical efficaciousness of treatment could not be assessed	2
Primary efficacy endpoint data were not available	1
Study did not report usable IBDQ-32 data <sup>b</sup>	8
Study included an active control	6
Study sample have nonactive ulcerative colitis at baseline	5
<b>Total no. of articles excluded</b>	<b>22</b>

*IBDQ-32, 32-item Inflammatory Bowel Disease Questionnaire.*

<sup>a</sup>*Each excluded article may have met several exclusion criteria; however, for screening purposes, only the initially reported reason for exclusion was recorded.*

<sup>b</sup>*Data were considered nonusable if they did not provide enough information to calculate an effect size statistic representing the magnitude of mean difference between change-from-baseline scores for treatment arm(s) and control arm at the final assessment of the primary efficacy endpoint.*