

Categories	Values
A. Identification of study	
1. Study ID	
2. Authors	
3. Title	
4. Year of Publication	
B. Primary Values	
1. Number of Correlations	
2. Stroke	
3. Coronary Heart Disease	
4. Diabetes	
5. Hypertension	
6. BMI (Obesity indicator)	
7. Dyslipidaemia	
8. Metabolic Syndrome	
9. Inflammation Markers (if applicable)	
10. Smoking	
11. Physical activity	
C. Population	
1. Gender (%)	
2. Age range	
3. Sample size	
4. Mental Health Status	
5. Somatic Health Status	
6. Ethnicity\Region	
D. Moderators	
1. Study type	
2. Scale used (loneliness/Social isolation assessment)	
3. Criteria used	
4. Loneliness x social isolation models	
5. Adjustment for potential confounders/covariates	
E. Bias	
1. Questionnaire	