Source of bias <sup>#</sup>	Low risk	High risk	Unclear	Comments
1. Random sequence generation				
2. Allocation concealment				
3. Blinding of participants				
4. Blinding of key study personnel				
5. Blinding of outcome assessment				
6. Incomplete outcome data				
7. Selective outcome reporting				
8. Imbalance in baseline covariates				
9. Treatment compliance				
10. Timing of outcome assessment				
Overall risk of bias	Low	Moderate	High	

## Appendix 2. Modified Cochrane's risk of bias tool.

<sup>#</sup>See *Appendix 2* for criteria for different levels of risk.