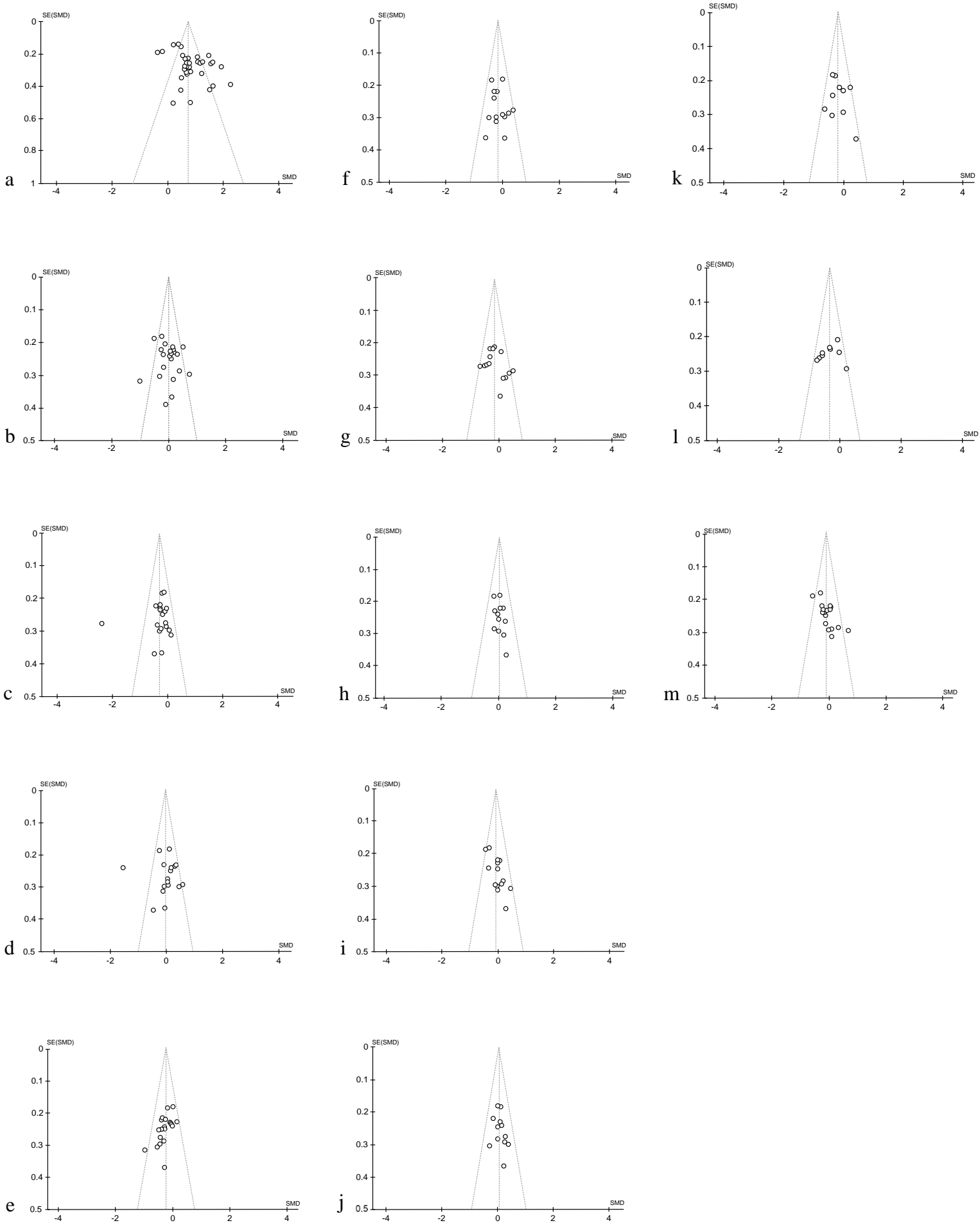


Appendix III Funnel plots



Funnel plots comparing interventions with regard to (a) physical activity, (b) body mass index, (c) systolic blood pressure, (d) diastolic blood pressure, (e) waist circumference, (f) HbA1c, (g) fasting glucose concentration, (h) triglyceride concentration, (i) total cholesterol concentration, (j) high-density lipoprotein cholesterol concentration, (k) low-density cholesterol concentration, (l) resting heart rate and (m) body weight.