

Group	Subgroup	Categorical data	included studies (n)	Heterogeneity test (I^2 , P)	Pooled RR(95% CI)
Mortality	The result of MFT	Win	4	11%, 0.34	1.17 (1.08-1.27)
		Lost	4	0%, 0.51	0.88 (0.79-0.98)
	Competition type	W.C./E.C.	7	92%, 0.0002	1.02(0.99-1.04)
		Non- W.C./E.C.	3	14%, 0.32	1.12(1.03-1.21)
Morbidity	The result of MFT	Win	3	0%, 0.57	1.00 (0.89-1.11)
		Lost	3	61%, 0.04	1.10 (0.94-1.28)
	Competition type	W.C./E.C.	6	96%, <0.00001	1.32 (1.07-1.63)
		Non- W.C./E.C.	2	53%, 0.06	0.98(0.86-1.12)
	Study design	Retrospective	7	60%, 0.004	1.07(0.99-1.16)
Prospective		1	NA	2.66(2.33-3.04)	