

Supplemental Material

Table S1. Candidate covariate list for multivariate modeling.

Demographics

1. Age, years
2. Race – White/Non-White
3. Gender – Male/Female
4. Level of Education – Some School/High School Graduate/College Graduate/Post Graduate
5. Payor/Insurance – Medicare or Medicaid/private/Others

Medical History

1. Smoking – Current/Recent or Former/Non-smoker
2. Cancer – Yes/No
3. Hypertension – Yes/No
4. Osteoporosis – Yes/No
5. Diabetes – Yes/No
6. Hip Fracture – Yes/No
7. Hyperthyroidism – Yes/No
8. Hypothyroidism – Yes/No
9. GI Bleed – Yes/No
10. Obstructive Sleep Apnea – Yes/No
11. Dialysis – Yes/No
12. Hyperlipidemia – Yes/No
13. Anemia – Yes/No
14. Cognitive Impairment/Dementia – Yes/No
15. Frailty – Yes/No
16. Liver Disease – Yes/No
17. COPD – Yes/No
18. Alcohol abuse – Yes/No
19. Drug use – Yes/No

Cardiovascular History

1. Family History of AF – Yes/No
2. Peripheral Arterial Disease – Yes/No
3. Sinus Node Dysfunction/Sick Sinus Syndrome – Yes/No
4. Stroke or TIA – Yes/No
5. Congestive Heart Failure (CHF) – No CHF/NYHA Class I/NYHA Class II/NYHA Class III or NYHA Class IV
6. Significant Valvular Disease – Yes/No
7. Prior Valve Replacement/Repair – Yes/No

Coronary Artery Disease History

1. History of Coronary Artery Disease – Yes/No
2. Prior MI – Yes/No
3. Prior CABG – Yes/No
4. Any PCI – Yes/No

Vital Signs & AF status

1. Heart Rate, bpm

2. Diastolic Blood Pressure, mmHG
3. Systolic Blood Pressure, mmHG
4. Body Mass Index, kg/m²
5. Intraventricular Conduction – RBBB/LBBB/Non-specific IVCD or Unknown-Ventricularly Paced/none

Echocardiographic Assessment (TTE or TEE)

1. LVEF – Normal ($\geq 50\%$)/Mild dysfunction ($>40\%$, $<50\%$)/Moderate dysfunction ($\geq 30\%$, $\leq 40\%$)/Severe dysfunction ($<30\%$)
2. LAD Type – Normal/Mild enlargement/Moderate enlargement/Severe enlargement

Laboratory Data

1. eGFR (MDRD), mg/dl
2. Hematocrit, %

Atrial Fibrillation Diagnosis

1. Type of AF – First Detected or New Onset/Paroxysmal AF/Persistent AF /Permanent AF
2. EHRA Score – No symptoms/Mild/Severe/Disabling
3. Baseline AFEQT score
4. AF management strategy – Rate Control/Rhythm Control
5. Prior Cardioversions – Yes/No
6. Prior antiarrhythmic drug – Yes/No
7. Catheter Ablation of AF – Yes/No
8. AV Node or HIS Bundle Ablation – Yes/No

Functional Status

1. Functional Status – Living independently/Living with assistance or Resides in assisted living facility or Resides in skilled nursing home or Bedbound

Provider or Site

1. PI/Site Specialty – Cardiology/Electrophysiology/Family Practice or Internal Medicine

Table S2. Events occurring during one-year follow-up by hrQoL improvement status

	Overall N=636	No large improvement in hrQoL N=455	Large improvement in hrQoL N=181	P-Value
AF Interventions	32 (5.0%)	15 (3.3%)	17 (9.4%)	0.0015
Catheter ablation	21 (3.3%)	9 (2.0%)	12 (6.6%)	0.0031
Atrial flutter ablation	3 (0.5%)	2 (0.4%)	1 (0.6%)	0.8513
AV Node/HIS Bundle ablation	6 (0.9%)	4 (0.9%)	2 (1.1%)	0.7905
Surgical/MAZE/Hybrid MAZE	2 (0.3%)	0 (0.0%)	2 (1.1%)	0.0248
Any cardioversion	49 (7.7%)	27 (5.9%)	22 (12.2%)	0.0080
Pharmacologic	5 (0.8%)	5 (1.1%)	0 (0.0%)	0.1571
DC Cardioversion	44 (6.9%)	22 (4.8%)	22 (12.2%)	0.0010
New cardiac device implantation	28 (4.4%)	20 (4.4%)	8 (4.4%)	0.9893
Pacemaker	14 (2.2%)	11 (2.4%)	3 (1.7%)	0.5558
ICD	8 (1.3%)	5 (1.1%)	3 (1.7%)	0.5688
CRT-P	3 (0.5%)	2 (0.4%)	1 (0.6%)	0.8513
CRT-D	4 (0.6%)	3 (0.7%)	1 (0.6%)	0.8779
Adverse Clinical Events				
Major bleeding	27 (4.2%)	22 (4.8%)	5 (2.8%)	0.2424
TIA/Stroke or non-CNS systemic embolism	6 (0.9%)	6 (1.3%)	0 (0.0%)	0.1209
New-onset heart failure	7 (1.6%)	5 (1.6%)	2 (1.5%)	0.9069
All-cause hospitalization	241 (37.9%)	164 (36.0%)	77 (42.5%)	0.1278

Values are presented as n (%).

hrQoL: health-related quality of life; TIA: transient ischemic attack.

Figure S1. Adjusted odds ratio of large hrQoL improvement (log scale), according to baseline AFEQT.

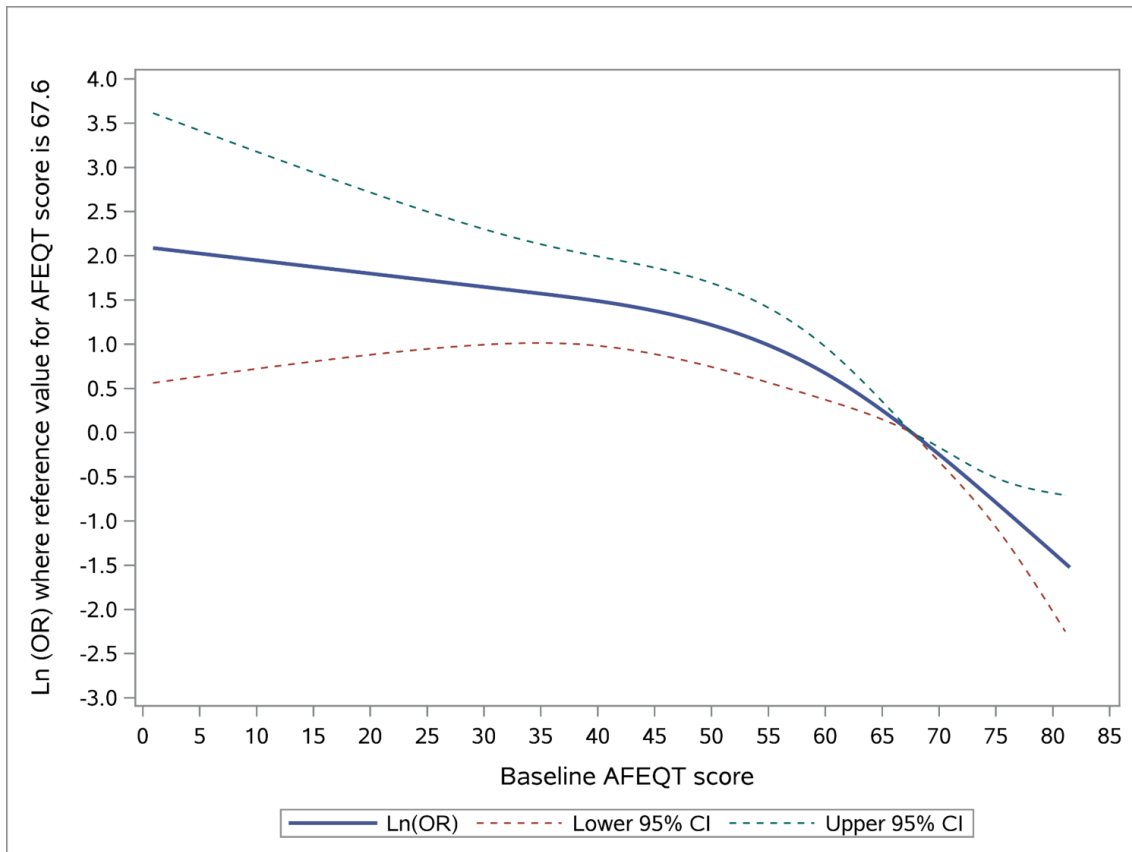


Table S3. Subsequent events by hrQoL improvement status.

Outcome	No large improvement in hrQoL N=432	Large improvement in hrQoL N=172	P-value
Major bleeding	20 (3.05)	7 (2.63)	0.7366
Stroke/non-CNS embolism or TIA	14 (2.11)	3 (1.11)	0.3143
New-onset HF diagnosis	6 (1.32)	2 (1.00)	0.7295
All-cause hospitalization	182 (35.90)	70 (32.86)	0.5303

The incidence rate represents the number of events per 100 subject years. Patients with negative follow-up time or without any follow-up after 1 year were excluded (N=32). For new-onset HF, patients with CHF at baseline were excluded (N=189).

hrQoL: health-related quality of life.

Table S4. Factors associated with significant hrQoL improvement, including patients that died without significant hrQoL improvement (n=741)

	OR (95% CI)	P-value
Baseline AFEQT score (per 5 point increase & > 50)	0.69 (0.63-0.76)	<.0001
Living with assistance vs. no assistance	0.28 (0.13-0.63)	0.0021
Prior stroke/TIA	0.44 (0.26-0.74)	0.0022
Diastolic blood pressure (per 10 point increase & > 65)	1.32 (1.09-1.61)	0.0042
Peripheral arterial disease	0.51 (0.30-0.90)	0.0188

hrQoL: health-related quality of life; AFEQT: Atrial Fibrillation Effect on QualiTy-of-Life

Table S5. Factors associated with large hrQoL improvement status among patients diagnosed with AF more 1 year prior to baseline (n=448)*

Variable	OR (95% CI)	P-value
Baseline AFEQT score (per 5 point increase & > 50)	0.72 (0.64-0.81)	<.0001
Anemia	2.11 (1.25-3.55)	0.0051
Prior stroke/TIA	0.45 (0.24-0.84)	0.0132
Peripheral arterial disease	0.45 (0.24-0.87)	0.0173