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111001	311113							
Project Navigation NEXT PAGE	Royal Free	e Lon	don	NF	15			
PREVIOUS PAGE	NHS Foundation Trust							
○ CANCEL	1113101	uridatioi	TTTGGC					
○CLEAR								
●SUBMIT	Question 1 This week, have you	had the <i>ne</i> i	v onset					
	of any of the following							
Completion Errors Page One (1)	Sore throat							
Q1 New Onset Minimum number of	nset Blocked or runny nose							
responses not found.								
	Breathlessness or p	•			,			
	Yes .	No.						
	Yes	No						
1								
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7776010	11113							
Project Navigation								
NEXT PAGE								
PREVIOUS PAGE	Question 2							
○ CANCEL	For each of the following pr you today. If you don't have							
○ CLEAR								
●SUBMIT		Normal	Very little	Slight	Moderately	Bad	Very bad	Bad as it
Completion Errors		no problem	problem	problem	bad	200	, or y sau	could be
	Sore throat							
	Blocked nose or					\vdash		
	feeling of fullness or discomfort in the nose							
	Fever or chills			Ш		Ш	Ш	
	Cough							
	Producing more					\vdash		
	phlegm (sputum)							
	than normal					\Box		
	Shortness of breath							
	Disturbed sleep							
	2.5tarbea sisep							
	Is your illness interfering with your normal activity?							

Overall, how unwell do you feel?

Question 3

Which day did you first become unwell?

Mon	Tues	Weds	Thurs	Fri	Sat	Sun

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1	
Project Navigation	
NEXT PAGE	
PREVIOUS PAGE	Question 4 Have you seen your GP or visited hospital regarding
CANCEL	these symptoms?
○CLEAR ○SUBMIT	No
Completion Errors	Yes - Saw GP
	Yes - seen in hospital as outpatient
	Yes - admitted to hospital
	Question 5 Are you taking any medications for your symptoms?
	I am not taking any medications for these symptoms
	Yes - I am taking pain killers, medications for fever (such as paracetamol or ibuprofen) or other medications that don't require a prescription
	Yes - antibiotics

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I am unable to do my usual activities

Project Navigatio	
●NEXT PAGE	that best describes your health TODAY:
PREVIOUS PAGE	Question 6: Mobility
○ CANCEL	I have no problems walking about
○CLEAR	I have slight problems walking about
⊌SUBMIT	
Completion Errors	I have moderate problems walking about
	I have severe problems walking about
	I am unable to walk about
	Question 7: Self-Care
	I have no problems washing or dressing myself
	I have slight problems washing or dressing myself
	I have moderate problems washing or dressing myself
	I have severe problems washing or dressing myself
	I am unable to wash or dress myself
	8: Usual Activities (e.g. work, study, house nily or leisure activities)
11	nave no problems doing my usual activities
	nave slight problems doing my usual activities
	nave moderate problems doing my usual activities
	nave severe problems doing my usual activities

Question	9: Pain / Discomfort
I	have no pain or discomfort
	have slight pain or discomfort
	have moderate pain or discomfort
	have severe pain or discomfort
1	have extreme pain or discomfort
Question	n 10: Anxiety / Depression
I	am not anxious or depressed
1	am slightly anxious or depressed
	am moderately anxious or depressed
	am severely anxious or depressed
I	am extremely anxious or depressed
Question	n 11

On a scale of 0 to 100, where 0 means WORST health you can imagine and 100 means BEST health you can imagine, how good or bad is your health today?



Please could you contact the study team on telephone number 07468 934026 or email rf.acuterespiratory@nhs.net and we will arrange a convenient time to see you.

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Project Navigation	The following questions are about your general health today. For each one please tick the one box						
●NEXT PAGE	that best describes your health TODAY:						
PREVIOUS	Question 6: Mobility						
PAGE	I have no problems walking about						
○ CANCEL							
○CLEAR	I have slight problems walking about						
●SUBMIT							
	I have moderate problems walking about						
Completion Errors							
	I have severe problems walking about						
	I am unable to walk about						
	Question 7: Self-Care						
	I have no problems washing or dressing myself						
	I have slight problems washing or dressing myself						
	I have moderate problems washing or dressing myself						
	I have severe problems washing or dressing myself						
	I am unable to wash or dress myself						