

Supplementary Material 3

Center for Epidemiologic Studies Anxiety Scale - CESA

Algorithm for Diagnosis

Anxiety Score (Any Anxiety Disorder)

Anxiety Score: sum of items 1-20 (range 0-60)

Negative (“not anxious”): 0-15 total score, with no items at level 3

Positive (“anxious”): total score equal or above 16, or at least one item at level 3

Agoraphobia (items 1-3)

Negative: sum of zero

Possible: sum of 1-3 (no score of 3)

Probable: sum of 4-6 (no score of 3)

Highly probable: sum of 7-9

Social Phobia (items 4 and 5)

Negative: sum of zero

Possible: sum of 1-2 (no score of 3)

Probable: sum of 3-4 (no score of 3)

Highly probable: sum of 5-6

Blood-Illness Phobia (items 6 and 7)

Negative: sum of zero

Possible: sum of 1-2 (no score of 3)

Probable: sum of 3-4 (no score of 3)

Highly probable: sum of 5-6

Panic Disorder

Negative: 0 in item 20

Possible: 1 on item 20, sum of items 8-19 ≥ 8 , 1 or more answer = 3 on items 8-19

Probable: 2 on item 20, sum of items 8-19 ≥ 10 , 2 or more answer = 3 on items 8-19

Highly Probable: 3 on item 20, sum of items 8-19 ≥ 12 , 3 or more answers = 3 on items 8-19