

SUPPORTING INFORMATION

Interactions between soluble species of β -amyloid and α -synuclein promote oligomerization while inhibiting fibrillization

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MATERIALS AND METHODS

Materials

Lyophilized A β containing 40 residues (D1-V40) was purchased from the ERI Amyloid Laboratory (Oxford, CT, USA). Lyophilized A β conjugated with HiLyte Fluor 488 at the N-terminus was purchased from AnaSpec (Fremont, CA, USA). Alexa Fluor 647 NHS ester used to conjugate α S was purchased from Thermo Fisher Scientific (Waltham, MA, USA). A β sequence-specific antibodies 6E10 and 4G8 were purchased from Covance (Princeton, NJ, USA). Other A β sequence-specific antibodies, anti-A β 22-35 and 5C3, were purchased from Sigma-Aldrich (St. Louis, MO, USA) and Enzo Life Sciences (Farmingdale, NY, USA), respectively. FPLC columns used for α S purification were purchased from GE Healthcare (Piscataway, NJ, USA). α S sequence-specific antibodies, F11, 5C2, 211 and D10, were purchased from either Santa Cruz Biotechnology, Inc (Dallas, TX, USA) or Novus International (Saint Charles, MO, USA). Alkaline-phosphatase secondary antibodies and solutions for chemiluminescent development were purchased from Thermo Fisher Scientific (Waltham, MA, USA). All other chemicals were purchased from Sigma-Aldrich (St. Louis, MO, USA), unless otherwise stated.

Recombinant production and purification of α S

BL21(DE3) cells containing the plasmid pRK172 were used for expression of α S, as described previously.^{1,2} Briefly, cells were grown in LB medium containing ampicillin at 37 °C with shaking at 250 rpm, to an OD600 of ~1.0. Expression of α S was then induced by adding isopropyl- β -D-1-galactopyranoside (IPTG) to a final concentration of 1 mM. Expression was carried out for another 18-20 hours at 25 °C with shaking at 250 rpm. Cells were pelleted by centrifugation at 4,000 rpm

and 4 °C for 20 minutes. Cells were then resuspended and lysed by sonication, and the lysate was clarified by centrifugation at 18,000 rpm and 4 °C for 30 minutes. The clarified lysate was heat treated at 80 °C for 20 minutes and further clarified by additional centrifugation. The soluble α S was purified by passing the lysate through an anion-exchange column (HiTrap Q XL, GE Healthcare), size exclusion column (HiPrep 16/60 Sephacryl S-100, GE Healthcare), and desalting column (HiPrep 26/10, GE Healthcare). Identity of α S was confirmed by SDS-PAGE with Coomassie Blue staining and dot blot assays using α S sequence-specific antibodies, F11, 5C2, 211 and D10. Purity of α S was determined to be > 95% by SDS-PAGE. The purified α S was flash frozen and lyophilized using a Labconco Freezone 6 Freeze Dryer System (Kansas City, MO, USA). Lyophilized samples were stored at -80 °C until further use.

Fluorescent labeling of α S

α S was labeled with Alexa Fluor 647 according to manufacturer's protocols, using a succinimidyl ester to primary amine reaction. The reaction occurred in aqueous buffer. According to manufacturer's protocols, the labeling pH was set at 7.2 to ensure that N-terminal labeling is favored, as the N-terminal amine has a lower pKa (7.6) than the lysine side group amine (10.5). The reaction was incubated for 1 hour at room temperature with continuous stirring. The labeled α S was separated from unlabeled dye on a HiPrep 16/60 Sephacryl S-100 size exclusion column. The labeled α S was then desalted through a HiPrep 26/10 desalting column, aliquoted into microcentrifuge tubes, lyophilized on a Labconco freeze dry system, and stored at -80 °C. To determine the degree of labeling (DOL), or the dye-to-protein ratio, the following equation was used:

$$\text{DOL} = (A_{\text{max}} \times \text{MW}) / ([\text{protein}] \times \epsilon_{\text{dye}}) \quad \text{Eq. 1}$$

where A_{max} is the absorbance at the maximum wavelength of the dye, MW is the molecular weight of the protein, [protein] is the concentration of the protein in mg/ml, and ϵ_{dye} is the extinction coefficient of the dye at its maximum wavelength. DOL values below 1 were desired, as this increased the probability of only the N-terminus being labeled. Thus, concentrations of proteins and fluorescent dyes were adjusted to achieve typical DOL values of 0.1-0.2. At this range of DOL values, labeling of αS occurred predominantly with a single rather than multiple Alexa Fluor 647 molecule as found in our previous study¹: the molecular weights of the two major αS forms after the labeling were 14,460 and 15,304 Da, corresponding to those of unlabeled αS and single-labeled αS , respectively. While an exact location for the labeling remains yet to be verified, samples containing αS labeled with Alexa Fluor 647 in this manner was found to exhibit aggregation behaviors similar to those prepared using exclusively unlabeled αS .¹ For Alexa Fluor 647, the maximum absorbed wavelength is 650 nm, and the ϵ_{dye} is $239,000 \text{ cm}^{-1}\text{M}^{-1}$. To determine [protein], a correction factor was used to account for the contribution of the dye to the absorbance at 280 nm, using the following equation:

$$A_{\text{protein}} = A_{280} - A_{\text{max}} \times \text{CF} \quad \text{Eq. 2}$$

where A_{protein} is the absorbance at 280 nm used to determine [protein], A_{280} is the measured absorbance at 280 nm, A_{max} is the measured absorbance at the maximum wavelength of the dye, and CF is the correction factor, which is 0.03 for Alexa Fluor 647.

Preparation of A β and α S monomers

A β samples were prepared according to previously established protocols.²⁻⁶ The lyophilized A β powder was pretreated with hexafluoroisopropanol (HFIP) to remove all traces of pre-formed aggregate species. To prepare A β monomer samples, the pretreated peptide was redissolved in 20 mM NaOH at a concentration of \sim 310 μ M and incubated at room temperature for 10 minutes. The NaOH treatment was used to promote disaggregation of pre-formed aggregates. The sample was subsequently diluted in phosphate buffered saline with azide (PBSA, final buffer components: 80 mM Na₂HPO₄/NaH₂PO₄, 150 mM NaCl, 0.02% NaN₃, pH \sim 7.4). A β monomer samples were filtered through a 0.45 μ m filter to remove any large aggregates, and concentration was determined by absorbance at 280 nm with scattering effects⁷ on a Varian Cary 50 UV-Vis Spectrophotometer (Agilent Technologies, Santa Clara, CA, USA).

α S monomers were prepared according to previously established protocols.^{1, 2} Briefly, the lyophilized α S was resuspended to 700 μ M in PBSA. The α S monomer solution was filtered through a 0.45 μ m filter, and concentration was determined by absorbance at 280 nm with scattering effects. Fluorescently-labeled A β and α S monomers were prepared similarly (see below for the ratios of labeled to unlabeled polypeptides in samples).

Preparation of oligomeric A β and α S

A β oligomeric species were prepared by incubating A β monomers, following the established protocol^{2, 3}. Briefly, A β monomers prepared as described above were incubated at a monomer-equivalent concentration of 230 μ M and 37 °C in siliconized tubes. After 2-day incubation, any precipitates present in samples were removed by centrifugation for 5 minutes at 14,000 rpm, and

the supernatant containing A β oligomers was then collected. To determine A β concentration, a sample of the oligomers was dissolved in 8 M urea, followed by measurements of absorbance at 280 nm with consideration of scattering effects.

α S oligomers were prepared by incubating α S monomers, as reported previously.^{2, 8} α S monomers prepared as described above were diluted to 350 μ M in PBSA and incubated in a glass vial at 37 °C with gentle shaking at 250 rpm for 6 hours. After incubation, the oligomers were collected by filtration using Amicon Ultra 100 kDa ultracentrifugation filters (MilliporeSigma, Burlington, MA, USA). The flow through (containing monomers) was discarded. The retentate was washed three times with PBSA to remove any remaining monomers. Concentration of α S oligomers was determined similarly as for A β oligomers using UV absorbance at 280 nm. Fluorescently-labeled A β and α S monomers were incubated and treated similarly to prepare oligomeric species.

Preparation of fibrillar A β and α S

Monomers of A β and α S prepared at 230 μ M and 350 μ M, respectively, were incubated in glass vials at 37 °C with stirring at 250 rpm for ~4 weeks. Fibrils were pelleted by centrifugation at 14,000 rpm for 5 minutes, followed by 3 washes with PBSA by resuspending the pellet and centrifugation. Fibril concentrations were determined through back calculation from concentrations of peptides/proteins in wash supernatants measured by UV absorbance at 280 nm with correction for scattering. Fluorescently-labeled A β and α S monomers were incubated and treated similarly to prepare fibrillar species.

Preparation of mixtures of A β and α S

In order to determine the interactions between A β and α S, the two polypeptides were mixed at designated concentrations. Monomers, oligomers and fibrils of each polypeptide were prepared as described above, and mixed in PBSA to a total volume of 400-600 μ l. The samples were incubated in siliconized tubes at 37 °C under a quiescent condition for 7 days. Aliquots were used to analyze and characterize the extent of aggregation. In order to selectively monitor A β and α S on SDS- and native-PAGE gels, fluorescently-labeled peptides/proteins were also mixed with corresponding unlabeled peptides/proteins at a ratio of 1:1000 for A β in all three forms and 1:800 for α S monomers, while α S oligomers and fibrils were prepared at 1:100. The ratios were chosen after multiple rounds of optimization aiming to minimize the fraction of labeled peptides/proteins. This was to ensure aggregation behaviors of samples containing the labeled peptides/proteins similar to those containing exclusively unlabeled proteins while permitting detection of proteins by fluorescence (see below). Fluorescently-labeled samples were mixed to a total volume of 150 μ l and covered from light exposure to minimize photodegradation of the fluorophores during incubation.

Thioflavin T fluorescence

Thioflavin T (ThT) fluorescence was used to monitor the kinetics of amyloid aggregation. Twenty microliters of a 0.1 mM stock solution of ThT was added to 10 μ l of protein/peptide sample and 170 μ l of PBSA. The fluorescence was measured immediately on a Photon Technology International QuantaMaster4 Fluorometer (Horiba, Kyoto, Japan). The excitation wavelength was 440 nm, and emission was monitored at 485 nm.

Circular dichroism

Secondary structures of peptides/protein samples were analyzed with circular dichroism (CD) on a Jasco J-815 spectropolarimeter (Jasco, Easton, MD, USA). The buffer (PBSA) background spectrum in the far-UV range was subtracted from each sample spectrum. Samples were put into a cuvette with a 1 mm pathlength, and wavelength was scanned in the far-UV range.

Native- and SDS-PAGE and in-gel fluorescence imaging

Native- and SDS-PAGE were used to determine aggregation states of samples. For native-PAGE, ~12 μ l of total protein sample was loaded onto NativePAGE 4-16% Bis-Tris Gels (Thermo Fisher Scientific) placed into the XCell SureLock Mini-Cell gel running tank (Thermo Fisher Scientific). NativePAGE Running Buffer (Thermo Fisher Scientific) was used in both compartments of the cell, and the gel was run for ~1.5 hours at a constant 150 V.

For SDS-PAGE, 50 μ l of sample was centrifuged for 5 minutes at 14,000 rpm to separate insoluble aggregates from soluble species. The supernatant was collected carefully to avoid disturbing the insoluble pellet. Equal volumes (12 μ l) of supernatant and total protein sample were denatured with NuPAGE LDS Sample Buffer (4X; Thermo Fisher Scientific) and heated to 95 °C for 10 minutes. Samples were loaded onto NuPAGE 4-12% Bis-Tris Gels (Thermo Fisher Scientific), and the gel was run for ~25 minutes at a constant 200V.

To track locations of A β and α S individually on SDS- and native-PAGE gels, the polypeptides were labeled with HiLyte Fluor 488 (green bands) and Alexa Fluor 647 (red bands), respectively.

The gels were imaged using a GE Typhoon Trio phosphoimager in the Scientific Cores & Shared Resources at the NYU Langone Medical Center.

Transmission Electron Microscopy

Five microliter aliquots of sample were pipetted on copper grids and then negatively stained with 1% uranyl acetate solution in deionized water. The samples were imaged on a Phillips CM-12 Transmission Electron Microscope (FEI Corp., Hillsboro, OR, USA) at 120 kV with a 4k × 2.67k GATAN digital camera in the Scientific Cores & Shared Resources at the NYU Langone Medical Center.

Dot blot Immunoassay

Proteins/peptides (1 μg) in aqueous buffer were applied to a nitrocellulose membrane, and allowed to dry at a room temperature. Membrane blocking, washing, incubation with primary antibodies (e.g., A11) and alkaline phosphatase-conjugated secondary antibodies, and development with chemiluminescence were performed according to the manufacturer's protocols.

A competitive binding dot blot assay was used to determine the Aβ binding locations of αS monomers, oligomers, and fibrils. αS monomers, oligomers, and fibrils were incubated with Aβ monomers, oligomers, and fibrils at a 10:1 ratio (230 μM αS:23 μM Aβ) to saturate binding sites on Aβ with αS. Samples of Aβ and αS incubated alone (referred to as Aβ only and αS only) were also included. Solution containing a total of 1 μg Aβ was dotted on a nitrocellulose membrane and allowed to air dry for 15 minutes, followed by blocking, washing, incubation with primary and alkaline-phosphatase secondary antibodies, and chemiluminescent development according to the

manufacturer's protocols. Several A β sequence-specific antibodies were used as primary antibodies, including 6E10, 4G8, anti-A β (22-35) and 5C3, recognizing A β 1-16, A β 17-22, A β 22-35, and A β 32-40, respectively.

Dynamic Light Scattering

A z-average hydrodynamic diameter of peptide/protein samples was measured using a Zetasizer Nano ZS 90 instrument (Malvern Instruments Ltd., UK). Reported values represent the average of five measurements. Further information on size distribution was obtained using CONTIN algorithm.

SUPPLEMENTARY RESULTS

Characterization of aggregation of A β only samples

When analyzed by fluorescence of ThT, a dye recognizing β -sheet rich amyloid assemblies,⁹ aggregation kinetics of A β monomer only samples were characterized by a sigmoidal curve typical of nucleation-dependent polymerization, with a lag phase of \sim 4 days before significant increases of ThT fluorescence (**Fig. S3A**), as reported elsewhere.^{4, 10} Transmission electron microscopy (TEM) confirmed the lack of large aggregates in A β monomer only samples immediately after preparation and the existence of amyloid fibrils after a 7-day incubation (**Fig. S3B**). Freshly-prepared A β monomers were structurally disordered when examined by circular dichroism (CD) (**Fig. S4**). A similar CD spectrum was previously reported for structurally disordered A β monomers.^{11, 12} Aggregation of A β only samples containing HiLyte Fluor 488-labeled A β was monitored by SDS-PAGE and native-PAGE, with visualization using in-gel fluorescence imaging (**Figs. S3C-D and S5**). On SDS-PAGE, both total and soluble fractions were compared to determine if A β was lost to insoluble aggregates during incubation. Native-PAGE was used to examine the population distributions between monomer vs. oligomers under a non-denaturing condition. Note that migration of a protein in a native-PAGE gel under a non-denaturing condition depends not only on molecular weight, but also charge and conformation of the protein. Thus, “accurate” molecular weight determination of a protein using native-PAGE based on molecular weight standard proteins is difficult, while relative positions of our samples on a native-PAGE gel are generally consistent with previous reports.^{8, 13, 14} Instead, we grouped band positions in native-PAGE into those primarily and commonly found with monomers and oligomers (**Figs. S1B and S3D**). As reported elsewhere,^{11, 12} the fresh A β monomer samples contained a minor fraction of non-monomeric species, presumably small oligomers, seen in streaking around a major band in native-PAGE (**Fig. S1B; right panel and Fig. S3D; left panel**). The samples were used as A β

monomer samples without further separation. Consistent with the ThT fluorescence and TEM data, SDS- and native-PAGE results confirmed that soluble A β monomers self-assembled into insoluble aggregates (**Figs. S3C-D; left panels**). Although some of the total fraction of the A β monomer only sample also lost fluorescence after incubation (**Fig. S3C; left panel**), this was likely because the resulting fibrils were resistant to denaturation by SDS and/or were too large to enter the gels.

Fresh A β oligomer samples (monomer-equivalent concentration of 70 μ M) were ThT-positive (**Fig. S3A**), primarily protofibrillar (**Fig. S3B; top middle panel**) and β -sheet structured (**Fig. S4**), as described previously.^{5, 15-18} Unlike samples of other conformers, the A β oligomer samples were recognizable by A11, an antibody detecting oligomeric conformation of various amyloid proteins (**Fig. S4; inset**).¹⁹ The z-average hydrodynamic diameter of A β in the oligomer samples were \sim 89-92 nm (also see **Fig. S6A**), as judged by dynamic light scattering (DLS). Based on fluorescent labeling followed by SDS-PAGE and native-PAGE (**Figs. S3C-D; middle panels**), our fresh A β oligomer samples were soluble and contained a non-negligible fraction of A β monomers, as reported for A β oligomer samples prepared using similar *in vitro* protocols.^{4, 5} The A β oligomer samples were used without further separation. After 7 day incubation, ThT fluorescence of the A β oligomer samples increased by \sim 50% (**Fig. S3A**), and was accompanied by conversion of soluble A β species to insoluble amyloid fibrils (**Fig. S3B; bottom middle panel** and **Figs. S3C-D; middle panels**), suggesting that the A β oligomers are on the fibrillization pathway.

As expected, A β fibrils at 70 μ M (monomer-equivalent concentration) exhibited steadily high ThT fluorescence (**Fig. S3A**), consistent with the mature fibrillar morphology (**Fig. S3B**), and appeared insoluble during the 7-day incubation (**Figs. S3C-D; right panels**).

Characterization of aggregation of α S only samples

No significant fibrillar aggregation was observed for α S monomer only samples (350 μ M) during the 7-day incubation, as judged by ThT fluorescence and TEM (**Fig. S7A-B**). Similar to A β monomers, a CD spectrum of α S monomers was indicative of their disordered structure (**Fig. S4**). We note that fibrillar aggregates emerged from α S monomer only samples under other incubation conditions (e.g., with constant shaking or oligomeric seed), as seen in our previous study² and below. The SDS- and native-PAGE results show that soluble α S monomers remained monomeric during the incubation (**Fig. S7C-D; left panels**).

Samples containing pre-formed α S oligomers were prepared at the monomer-equivalent concentration of 17 μ M, to represent the concentration of α S oligomers typically formed from *in vitro* incubation of 350 μ M α S monomers at 37 °C (~5% yield).² The preformed α S oligomers showed negligible ThT fluorescence (**Fig. S7A**) and appeared as globular or pore-like assemblies ~20 nm in diameter on TEM (**Fig. S7B; top middle panel**), as reported previously.^{20,21} Neither an increase in ThT fluorescence nor a morphological change was observed from α S oligomer only samples during 7 day incubation (**Fig. S7A-B**). The preformed α S oligomers were rich in β -sheets (**Fig. S4**). The α S oligomers were A11-positive similar to A β oligomers, but in contrast to other α S conformers (**Fig S4; inset**). The z-average hydrodynamic diameter of α S in the oligomer samples was ~26-30 nm (also see **Fig. S6B**), when determined by DLS. SDS- and native-PAGE of fluorescently labeled α S oligomers confirmed that the samples remained mostly soluble and oligomeric during the incubation (**Fig. S7C-D; middle panels**). Two bands were detected with α S oligomers on SDS-PAGE (**Fig. S7C; middle panel**) with the lower band reflecting a minor fraction of the samples, which can be better detected by fluorescence (**Fig. S1A: left panel**). Note that the

presence of 5% α S oligomers accelerated aggregation of α S monomers into fibrils compared to α S monomer only samples (**Figs. S8A-B**), although the dominant fractions of α S remained as monomers and oligomers (data not shown). The implication is that the α S oligomers are intermediates on the fibrillization pathway. Collectively, our α S oligomers displayed molecular and morphological characteristics similar to other α S oligomers, including those shown to be cytotoxic,^{20, 22, 23} supporting the biological relevance of our α S oligomer samples.

When incubated alone, α S fibrils (monomer-equivalent concentration of 350 μ M) remained highly ThT-positive, insoluble and fibrillar during a 7-day incubation (**Fig. S7A-B, and Fig. S7C-D**; right panels), as expected. ThT fluorescence intensities per monomer-equivalent concentration of α S fibrils (350 μ M; **Fig. S7A**) were lower than A β fibrils (70 μ M; **Fig. S3A**). The difference may be due to variations in local structure and amino acid composition of ThT binding sites within A β and α S fibrils, which determine ThT fluorescence.⁹ While α S in fibril samples was mostly insoluble (**Fig. S7C**), streaking bands observed at the top (right below a well) of the native-PAGE gel for α S fibrils (**Figs. S1B and S7D; right panel**) may indicate their slight dissociation to smaller aggregates. No such a sign of dissociation was detected with A β fibrils (**Figs. S1B and S3D; right panel**), presumably accounting for different levels of stability between A β and α S fibrils.²⁴ The presence of α S monomers, presumably resulting from dissociation, was also detected by native-PAGE from the α S fibril samples unlike α S oligomer samples (**Fig. S7D**). The difference is likely due to a concentration difference between the two samples, as when the same masses of α S were loaded onto a native-PAGE gel, the presence of monomers was detected from both samples by fluorescence (**Fig. S1B**).

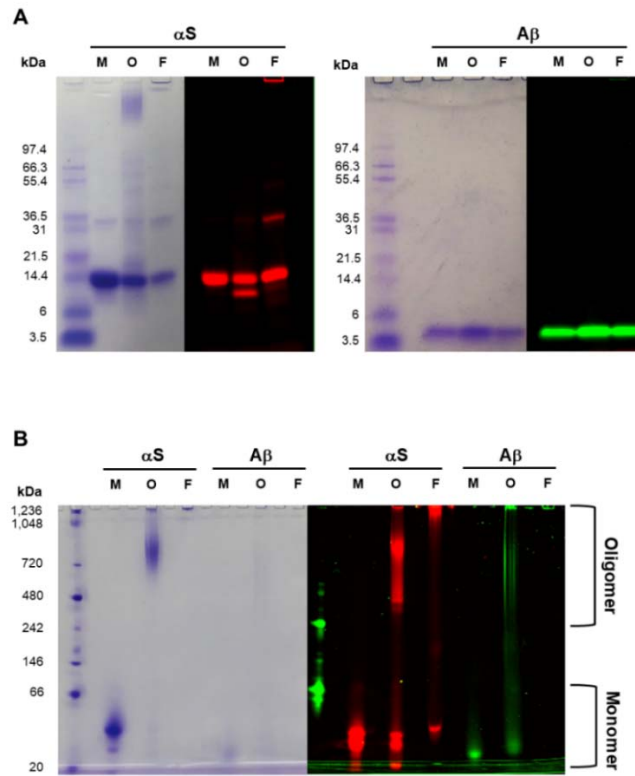


Figure S1. (A) SDS-PAGE and (B) Native-PAGE analyses of freshly prepared monomer (M), oligomer (O) and fibril (F) only samples containing labeled A β and α S visualized by (left) Coomassie staining or (right) fluorescence imaging. The leftmost lane in each gel contains molecular weight standard proteins with their respective molecular weights shown alongside. In (A), when resolved by SDS-PAGE, the primary bands of A β and α S in their respective fresh monomer, oligomer and fibril samples appeared as expected according to their molecular weights (A β : ~4 kDa and α S: ~14 kDa). The α S oligomer samples contained a minor fraction shown in the upper portion of an SDS-PAGE gel, indicative of their high SDS-resistance, after Coomassie staining. No such smear bands were detectable by fluorescence, implying that the labeled α S may not readily be incorporated into SDS-resistant oligomeric assemblies. Due to the undesired artifact of SDS on aggregation states,^{25, 26} oligomeric states of samples were examined by native-PAGE. Another minor band of the α S oligomer samples was detected below the major band, when visualized by fluorescence imaging. In (B), migration of a protein in a native-PAGE gel under a non-denaturing condition depends not only on molecular weight, but also charge and conformation of the protein. Thus, “accurate” molecular weight determination of a protein using native-PAGE based on molecular weight standard proteins is difficult, while relative positions of our samples on a native-PAGE gel are generally consistent with previous reports.^{8, 13, 14} Instead, we grouped band positions in native-PAGE into those primarily and commonly found with monomers and oligomers of A β and α S, which are shown in the right. The boundaries of the two groups were chosen as rather broad. α S oligomer and fibril samples contained minor fractions, which were more readily detectable by fluorescence imaging. Note that regular molecular weight standards for native-PAGE can not directly be used for fluorescence imaging, and no fluorescently-labeled molecular weight standards are currently available. Overall, in (A) and (B), the major bands on SDS- and native-PAGE gels are located at the same positions whether visualized by Coomassie staining or fluorescence imaging.

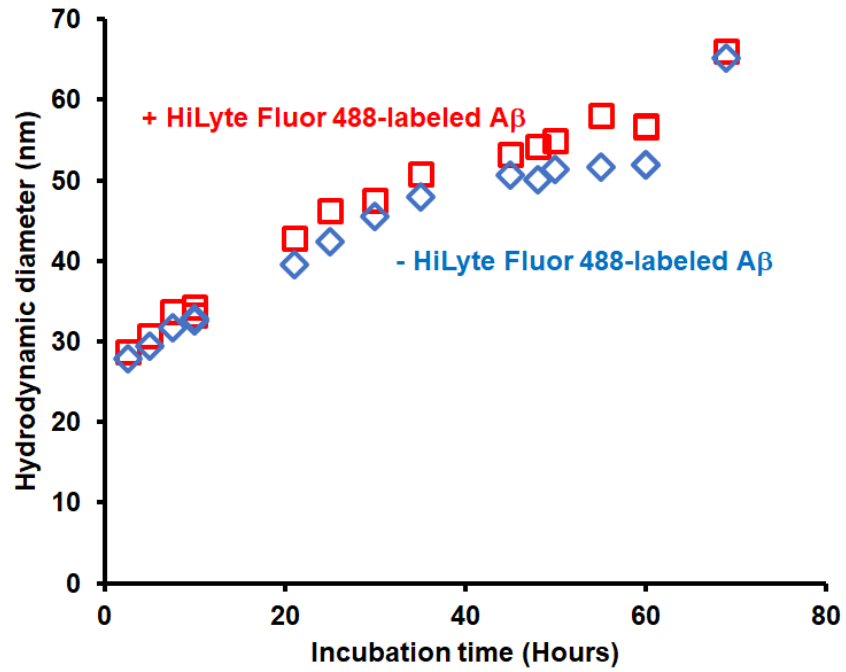


Figure S2. Time-course change in z-average hydrodynamic diameter of samples containing the labeled A β (red squares) and exclusively unlabeled A β (blue diamonds) during incubation under the condition used to prepare oligomer samples.

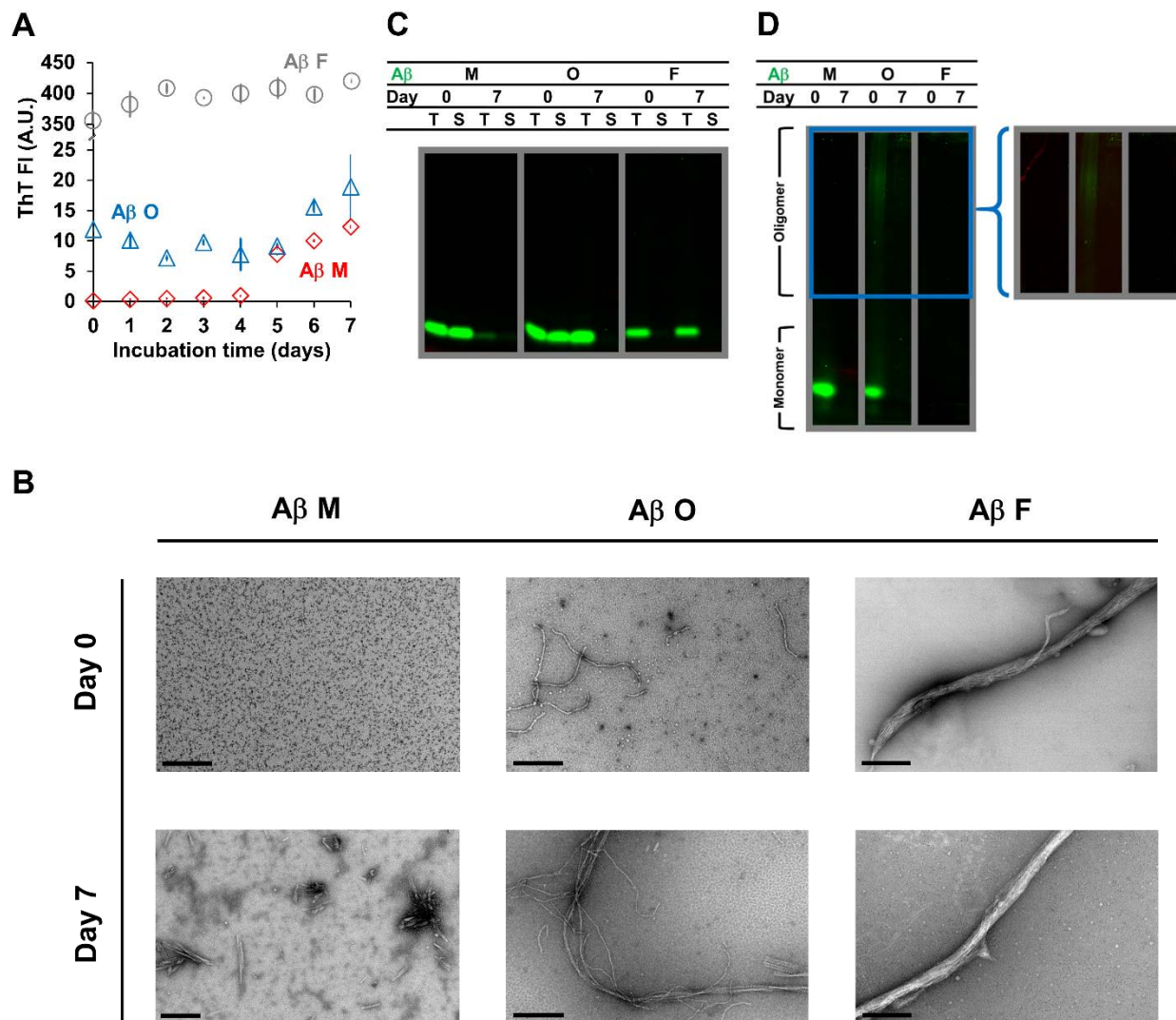


Figure S3. Characterizations of A β monomers (M), A β oligomers (O) and A β fibrils (F) incubated for 7 days at 37 °C, as examined by (A) ThT fluorescence, (B) TEM, and (C-D) in-gel fluorescence imaging of (C) SDS-PAGE and (D) native-PAGE. In (A-D), the concentration of A β in each sample was 70 μ M. Concentrations of oligomers and fibrils were monomer-equivalent concentrations. In (A), data on A β monomers, A β oligomers and A β fibrils are shown with red diamonds, blue triangles and gray circles, respectively. Error bars: 1 standard deviation of triplicates. In (B), representative TEM images of A β samples on Day 0 (top panels) and Day 7 (bottom panels) are shown with scale bars of 200 nm. In (C-D), A β samples contained HiLyte Fluor 488-labeled A β (green). Each panel was taken from a bigger gel image (see **Figure S5**) and reassembled for better presentation. In (C), T: total fraction and S: soluble fraction. In (D), the images in the right provide brighter upper portions of the native-PAGE gels – enclosed by a blue box in the left – obtained by renormalizing the brightness from the monomer to the oligomer bands, which often contained lower percentages of fluorophores.

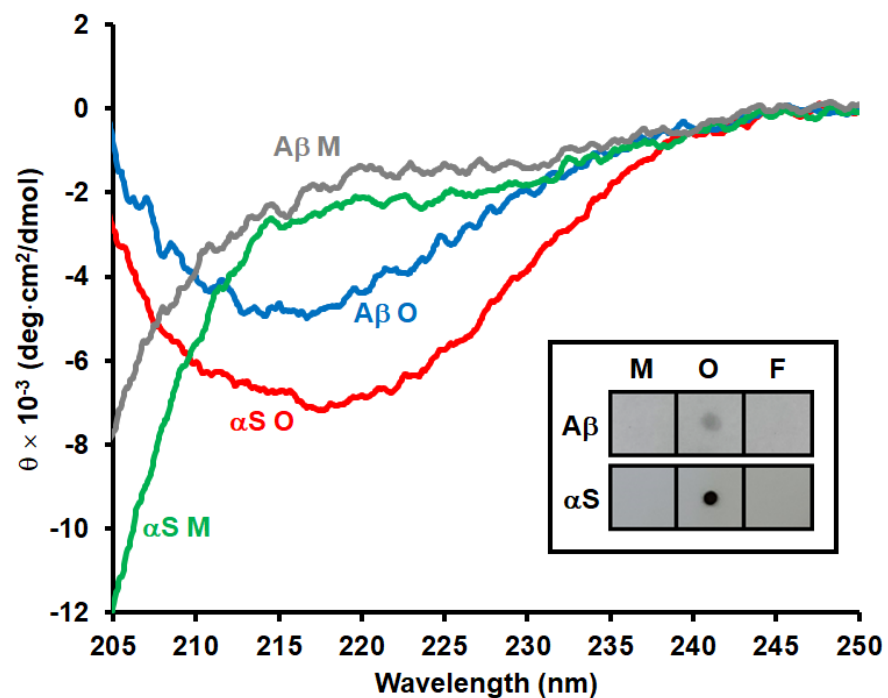


Figure S4. Circular dichroism (CD) spectra of A β monomers (A β M, gray), A β oligomers (A β O, blue), α S monomers (α S M, green) and α S oligomers (α S O, red). The spectra shown here are largely similar to those previously reported for structurally disordered monomers and β -sheet structured oligomers of A β and α S.^{11, 12, 20} Inset: dot blot assays of monomers (M), oligomers (O) and fibrils (F) of A β and α S using A11.

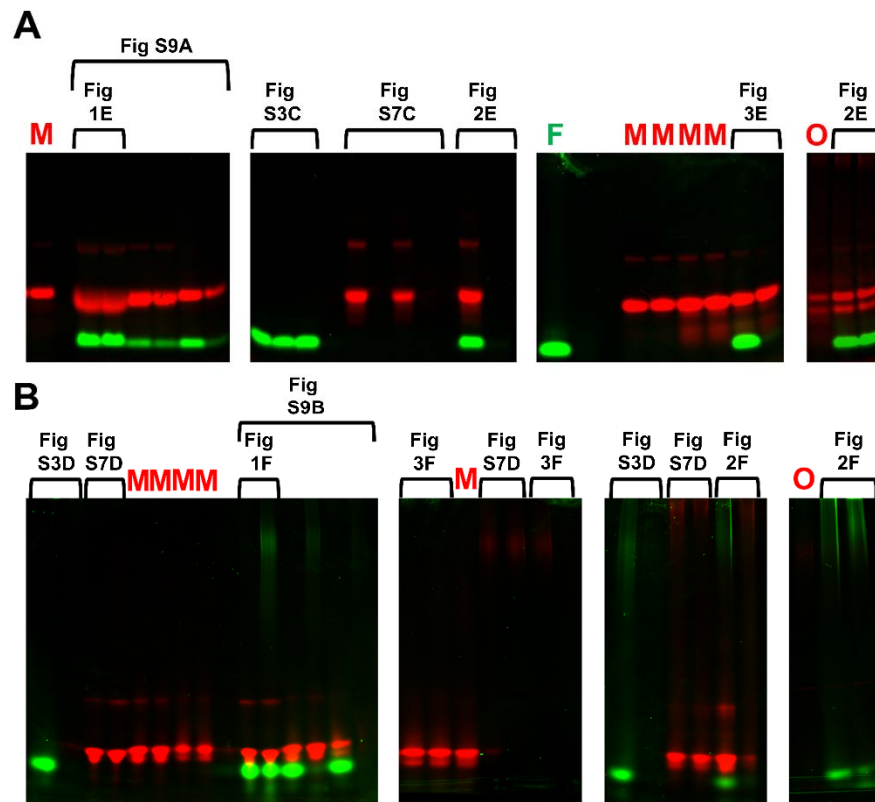


Figure S5. Representative bigger gel images of (A) SDS-PAGE and (B) native-PAGE from which panels in Figures 1, 2, 3, S3, S7 and S9 were taken. The gel images also contain additional control samples, such as A β fibrils (F), α S monomers (M) and α S oligomers (O), whose images are not shown in Figures 1, 2, 3, S3, S7 and S9. The gel images demonstrate that the relative positions of the major bands on both SDS- and native-PAGE gels appeared consistent across all individual and mixture samples of A β and α S.

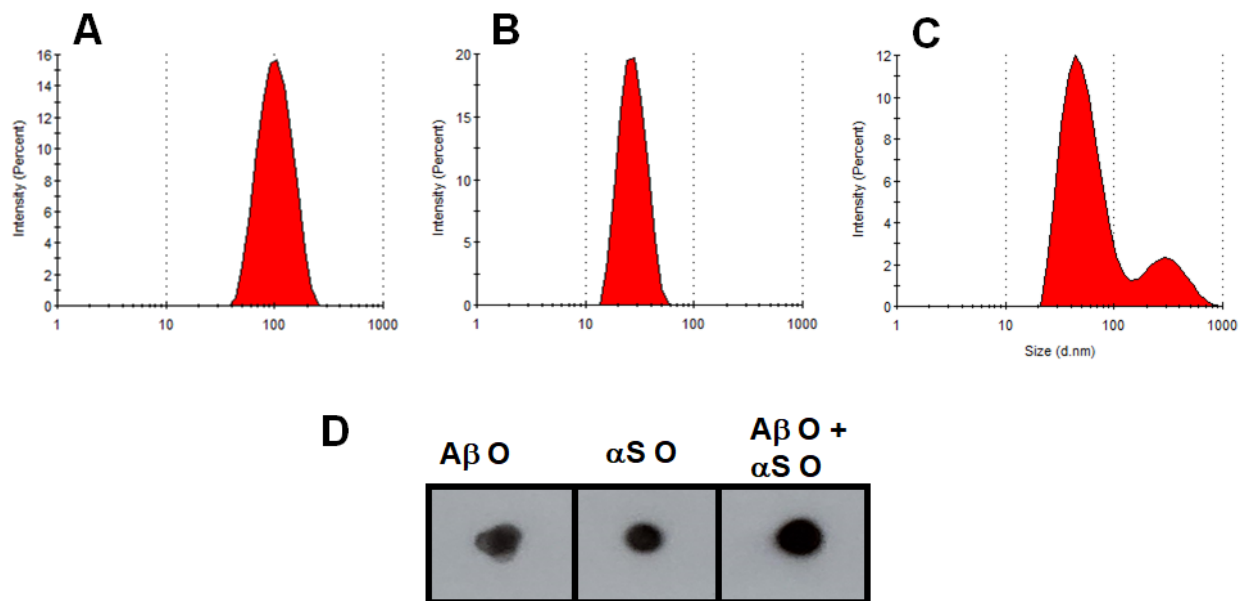


Figure S6. (A-C) Size distribution as determined by CONTIN analysis of dynamic light scattering data for samples of (A) A β oligomers (A β O) at 70 μ M on Day 0, (B) α S oligomers (α S O) at 17.5 μ M on Day 0, and (C) the mixture of A β O at 70 μ M and α S O at 17.5 μ M on Day 7 during incubation at 37 $^{\circ}$ C. (D) Dot blot assays of samples containing (left) A β O on Day 0, (middle) α S O on Day 0 and (right) the mixture of A β O and α S O on Day 7 during incubation at 37 $^{\circ}$ C. The oligomer concentrations are monomer-equivalent concentrations.

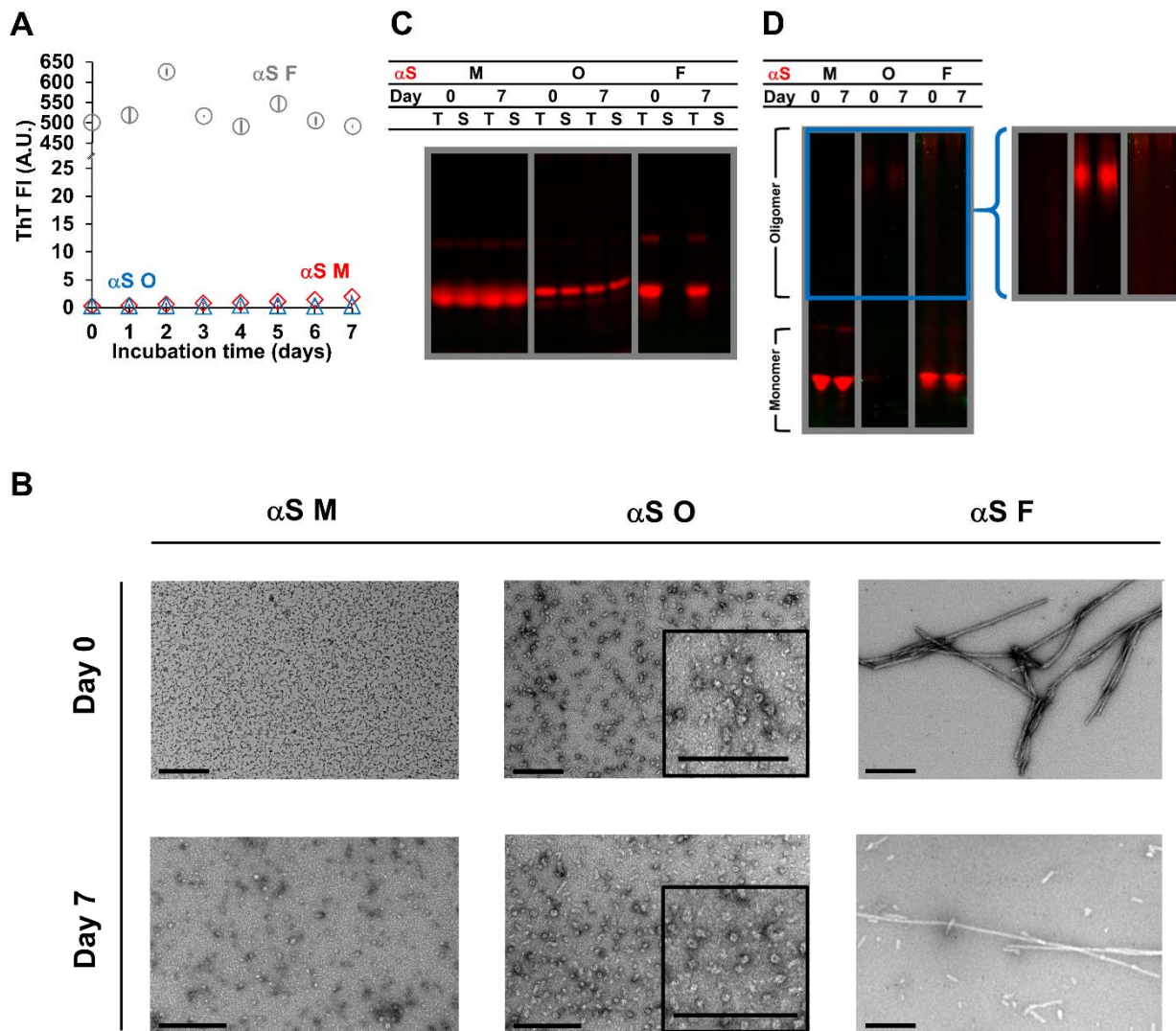


Figure S7. Characterizations of α S monomers (M), α S oligomers (O) and α S fibrils (F) incubated for 7 days at 37 °C, as examined by (A) ThT fluorescence, (B) TEM, and (C-D) in-gel fluorescence imaging of (C) SDS-PAGE and (D) native-PAGE. In (A-D), the concentrations of α S monomers and α S fibrils were 350 μ M and that of α S oligomers was 17 μ M. Concentrations of oligomers and fibrils were monomer-equivalent concentrations. In (A), data on α S monomers, α S oligomers and α S fibrils are shown with red diamonds, blue triangles and gray circles, respectively. Error bars: 1 standard deviation of triplicates. In (B), representative TEM images of α S samples on Day 0 (top panels) and Day 7 (bottom panels) are shown with scale bars of 200 nm. In (C-D), α S samples contained Alexa Fluor 647-labeled α S (red). Each panel was taken from a bigger gel image (see **Figure S5**) and reassembled for better presentation. In (C), T: total fraction and S: soluble fraction. In (D), the images in the right provide brighter upper portions of the native-PAGE gels – enclosed by a blue box in the left – obtained by renormalizing the brightness from the monomer to the oligomer bands, which often contained lower percentages of fluorophores.

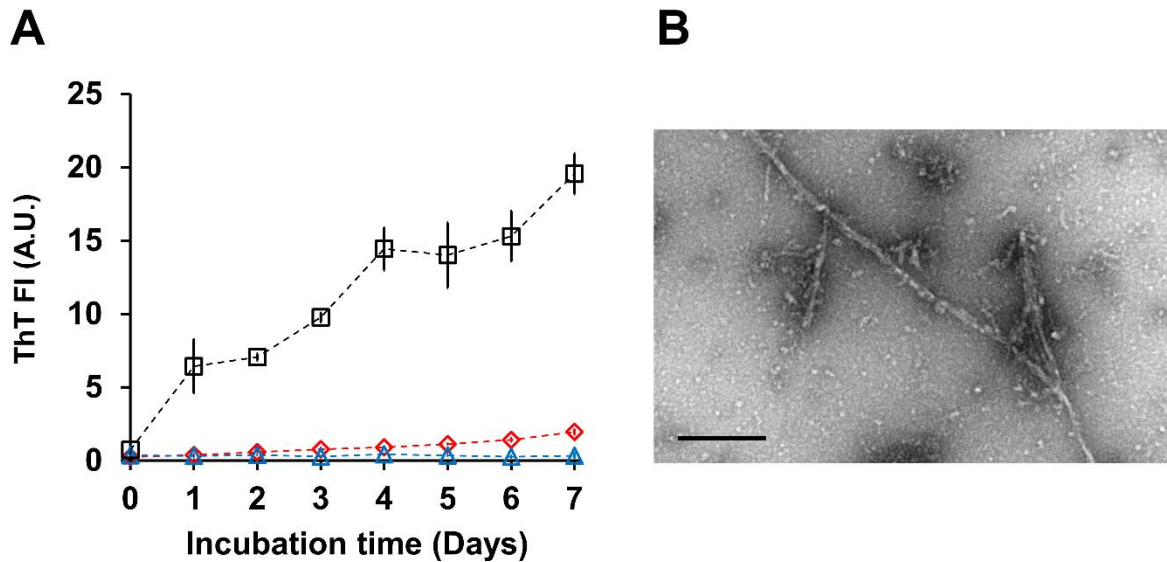
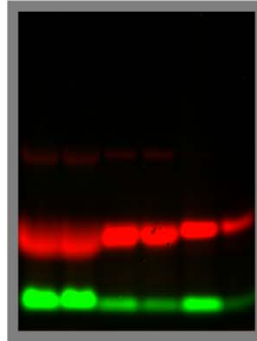


Figure S8. (A) Time-course Thioflavin T (ThT) fluorescence of α S monomers at 333 μ M seeded with α S oligomers at 17 μ M (black squares), α S monomers at 350 μ M (red diamonds) and α S oligomers at 17 μ M (blue triangles) and (B) Representative transmission electron microscopy (TEM) image of α S monomers at 333 μ M seeded with α S oligomers at 17 μ M after 7 day incubation at 37 $^{\circ}$ C. The oligomer concentration is monomer-equivalent concentration. In (A), error bars: 1 standard deviation of triplicates. In (B), scale bars: 200 nm.

A

Aβ conc. (μM)	70	70	70
αS conc. (μM)	350	70	7
Day	7	7	7
	T	S	T S T S

**B**

Aβ conc. (μM)	70	70	70
αS conc. (μM)	350	70	7
Day	0 7	0 7	0 7

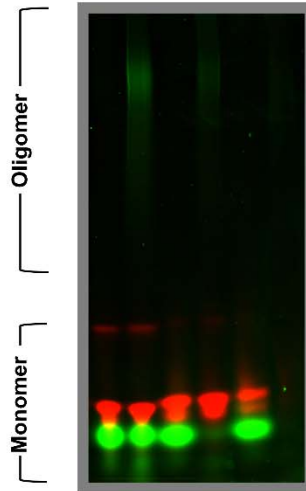


Figure S9. In-gel fluorescence imaging of (A) SDS-PAGE and (B) native-PAGE at the beginning and/or end of 7-day incubation at 37 °C of A β monomers at 70 μ M mixed with α S monomers at various concentrations (7, 70 and 350 μ M). In (A-B), samples contained HiLyte Fluor 488-labeled A β (green) and Alexa Fluor 647-labeled α S (red). In (A), T and S represent total and soluble fractions of samples, respectively.

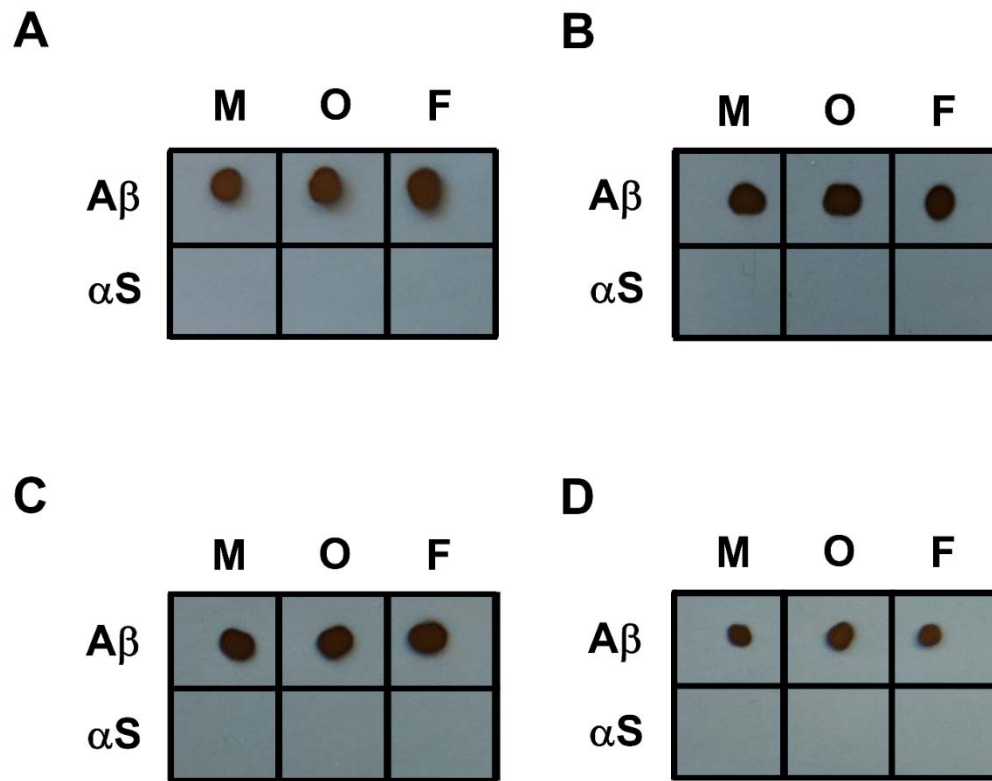


Figure S10. Dot blot assay using Aβ sequence-specific antibodies of (A) 6E10 recognizing Aβ₁₋₁₆, (B) 4G8 recognizing Aβ₁₇₋₂₂, (C) Anti-Aβ (22-35) recognizing Aβ₂₂₋₃₅, and (D) 5C3 recognizing Aβ₃₂₋₄₀ with Aβ only samples (top row) and αS only samples (bottom row) in their respective monomeric (left column), oligomeric (middle column) and fibrillar forms (right column). M, O and F represent monomers, oligomers and fibrils, respectively.

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