

1 **Supplementary Information: Probing the Pinning Strength of**
2 **Magnetic Vortex Cores with sub-nm Resolution**

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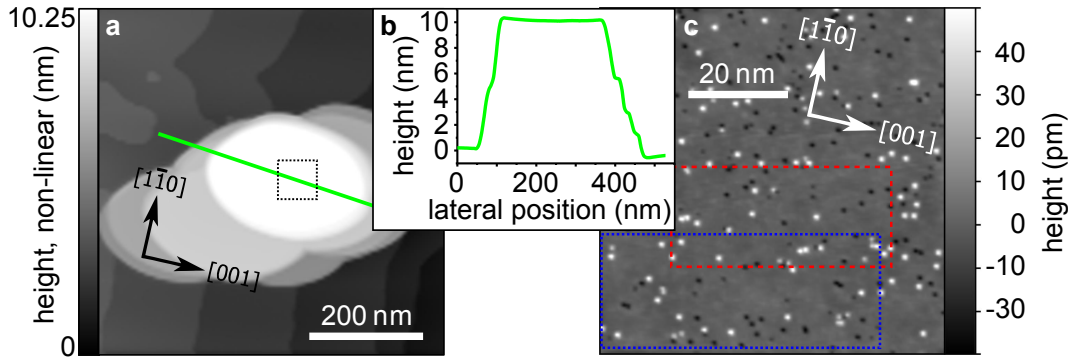
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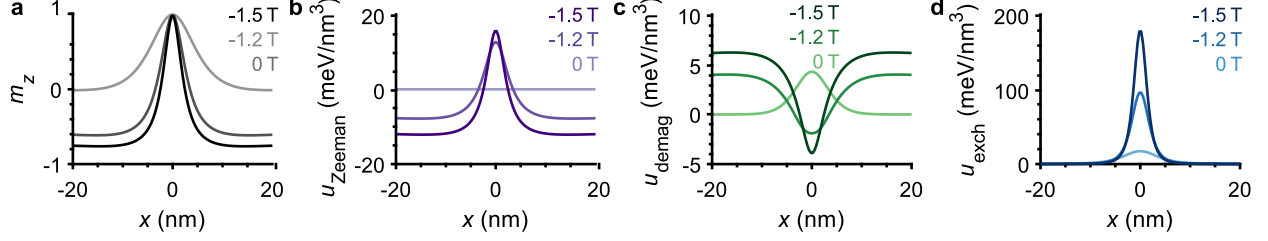
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Supplementary Figure 1. **Investigated Fe island.** **a**, Topographic image of the island displayed in non linear gray-scale to enhance the visibility of substrate step edges. The island is imaged multiple times due to tip artifacts. **b**, Topographic profile along the green path in **a**. The average island height is 10 nm. **c**, Zoom into the area marked by the dashed box in **a** showing the adsorbates. Red box depicts the area imaged in Fig. 1e of the main text, blue box depicts the area imaged in Fig. 1f of the main text [1].

24 **Supplementary Note 1: FE ISLAND**

25 Supplementary Figure 1a shows an STM image of the Fe island that has been studied in
 26 Fig. 1b-f and Fig. 2 of the main text. Its size is $255 \times 165 \times 10 \text{ nm}^3$. The crystallographic
 27 axes of the substrate as deduced from a low-energy electron diffraction pattern are added.
 28 The topographic image suffers from a multi-tip artifact that images the island several times.
 29 This does not influence spectroscopic measurements on the topmost imaged surface since
 30 the additional tips are a few nanometers away from that surface during its measurement.

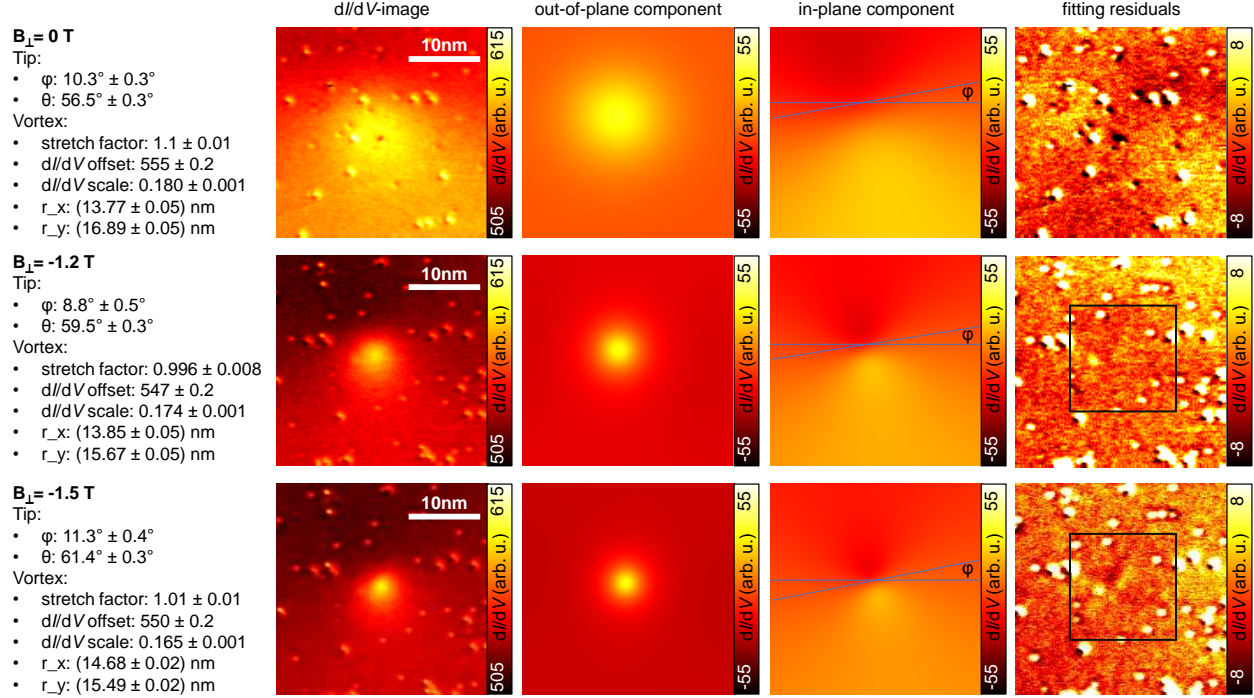


Supplementary Figure 2. **Vortex core energy densities.** **a**, Profiles of perpendicular magnetization $m_z = M_z/M_{\text{sat}}$ of a simulated vortex core in a disk of height 10 nm and diameter 280 nm at B_{\perp} according to legend. **b-d**, Profiles of Zeeman energy density, demagnetization energy density, and exchange energy density.

31 **Supplementary Note 2: MICROMAGNETIC ENERGY DENSITIES OF VORTEX**
 32 **CORE**

33 Magnetic vortex patterns are relaxed within the micromagnetic software package mumax³
 34 for a circular Fe island of thickness 10 nm and diameter 280 nm at perpendicular fields of
 35 $B_{\perp} = 0$ T, -1.2 T, and -1.5 T. The simulation space is discretized into $768 \times 768 \times 1$ cells
 36 of size $0.364 \times 0.364 \times 10$ nm³. Magnetic parameters are set to saturation magnetization
 37 $M_{\text{sat}} = 17$ kA/m, exchange stiffness $A_{\text{ex}} = 21$ pJ/m, and zero magnetocrystalline anisotropy
 38 [2]. Spatially resolved energy densities of the Zeeman term, the demagnetization and the
 39 exchange are output by the software after relaxation of the magnetization pattern. Profiles
 40 through the vortex center of the cylindrical symmetric energy densities are shown together
 41 with profiles of the scaled out-of-plane magnetization m_z in Supplementary Fig. 2.

42 The m_z profiles (Supplementary Fig. 2a) largely map the experimentally observed dI/dV
 43 images, in particular, if the exact shape of the island is taken into account (section Supplementary
 44 Note 3). The exchange energy densities (Supplementary Fig. 2d) are much larger than the
 45 other two energy contributions. They, moreover, vary by approximately an order of magni-
 46 tude with B_{\perp} , which results in a strong variation of pinning strength with B_{\perp} for a defect
 47 with absent A_{ex} , as described in the main text.



Supplementary Figure 3. **Fitting the dI/dV image of a vortex core by micromagnetically simulated m_z profiles.** Each row belongs to one B_{\perp} as marked. The columns show (left to right): Fit parameters, original dI/dV images (same as Fig. 1b-d of main text), fitted out-of-plane magnetization component of dI/dV , fitted in-plane magnetization component of dI/dV , residual image. Note the larger contrast scale of the residual image by about an order of magnitude with respect to the other images. The fit parameters are azimuthal angle ϕ and polar angle θ of tip magnetization, a lateral scaling factor for the micromagnetically simulated images called stretch factor, a dI/dV offset and dI/dV scaling factor to account for non-spin-polarized dI/dV background and magnitude of spin polarized dI/dV signal, respectively [3], and the desired core center position (r_x, r_y) [1]. The black squares in the two lower right images mark the area where the fit is optimized. The fit angle ϕ is indicated in the images of the fourth column.

48 **Supplementary Note 3: CORE FITTING PROCEDURE**

49 Supplementary Figure 3 visualizes the fitting procedure for dI/dV images of the vortex
 50 core as shown in Fig. 1b-d of the main text and again in the 2nd column of Supplementary
 51 Fig. 3.

52 The micromagnetic simulations employed for the core fits are conducted for an Fe island
 53 with thickness of 10 nm and lateral shape as determined by STM experimentally. The

island is discretized in cells of $0.359 \times 0.359 \times 1 \text{ nm}^3$. The experimental dI/dV images and the micromagnetically simulated magnetization images are firstly interpolated to the same resolution. Moreover, defects are removed from the experimental image by a masking procedure prior to the fitting. Fit parameters are the two angles of the tip magnetization vector, the core position (r_x, r_y) , a small lateral scale factor for the simulated images as well as the required offset and scale factor to transfer the dot product of magnetization vectors of tip and sample to the simulated dI/dV value [3].

The seven fit parameters are optimized towards minimum RMS deviation between simulated and measured dI/dV map employing the MATLAB inbuilt trust-region-reflective least squares algorithm. At larger B_\perp , we only use the displayed black squares in the right column of Supplementary Fig. 3 for optimization such that we get more sensitive to the core region. The quality of the fits is visible in the most right column of Supplementary Fig. 3 showcasing the residual images that are obtained by subtracting the simulated dI/dV image from the experimental one. Only the adsorbates on the surface are visible with barely any magnetic contrast originating from the vortex core, even at the tenfold increased contrast scale of the residual images with respect to the experimental dI/dV images. The resulting fit parameters and confidence intervals are given in the left column of Supplementary Fig. 3.

The fit parameters firstly reveal a tip magnetization that slightly cants into the out-of-plane direction with increasing B_\perp as expected. Moreover, the stretch scale is very close to one at larger B_\perp , while deviating by 10% at $B_\perp = 0 \text{ T}$. In line, the residual contrast surrounding the core is more pronounced at $B_\perp = 0 \text{ T}$, where it features four areas of alternating bright and dark contrast. This is likely caused by the influence of adsorbates on the in-plane magnetization that prohibits a perfect fitting by the micromagnetic vortex simulated without defects. In line, the stretch factor at larger B_\perp also deviates from one by $\sim 10\%$, if the adapting area is not reduced to the displayed square. The deduced dI/dV offset and dI/dV scale are very similar for all three B_\perp . The obtained large consistency of all fit parameters implies that the fits are reliable, in particular, at larger B_\perp , enabling a rather precise determination of the core center position of the vortex.

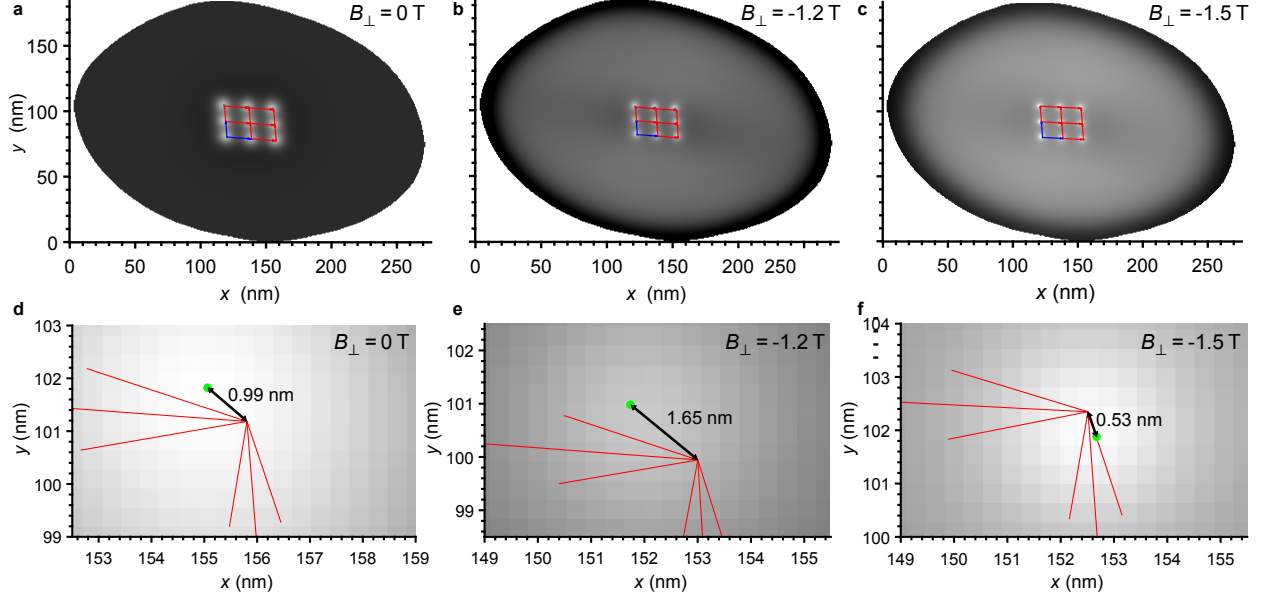
Via the extracted angle θ of tip magnetization, we, moreover, can discriminate the out-of-plane contrast and the in-plane contrast of the dI/dV images as displayed in the third and fourth column of Supplementary Fig. 3 for the simulated dI/dV images. The in-plane angle of tip magnetization ϕ is additionally marked. The discrimination is used to display

86 an overlap of several vortex cores in one image as in Fig. 1e-f of the main text. To improve
87 the visibility of each core, we subtract the in-plane contrast from the experimental dI/dV
88 images. For Fig. 1f of the main text and the Supplementary Movie 2, we afterwards multiply
89 the remaining out-of-plane contrast including defects by a Gaussian envelope centered at
90 the vortex core center. This makes following the vortex core visually significantly more easy.

91 **Supplementary Note 4: CORE MOVEMENT IN ELLIPTIC ISLAND**

92 As described in the main text, the lateral core position \mathbf{r} induced by $\mathbf{B}_{\parallel} = (B_x, B_y)$ follows
93 $\mathbf{r}(\mathbf{B}_{\parallel}) = (\chi_{\text{free}}B_y, \chi_{\text{free}}B_x)$ with displacement rate χ_{free} for a circular magnetic island [4]. We
94 assume a similar relation $\mathbf{r}(\mathbf{B}_{\parallel}) = (\chi_{x,\text{free}}B_y, \chi_{y,\text{free}}B_x)$ for the investigated elliptical island.
95 This allows us to deduce target positions from \mathbf{B}_{\parallel} by a shift $\mathbf{r} = (\chi_{x,\text{free}}B_y, \chi_{y,\text{free}}B_x)$ from the
96 starting point $\mathbf{r}(\mathbf{0 T}) = \mathbf{0 nm}$. The validity of this assumption is verified by micromagnetic
97 simulations revealing that a change of \mathbf{B}_{\parallel} by $\Delta\mathbf{B}_{\parallel}$ results in nearly identical core shifts $\Delta\mathbf{r}$
98 independent of \mathbf{B}_{\parallel} . We employ a 3×3 grid of simulations with equidistant \mathbf{B}_{\parallel} using the
99 experimental island shape with cell size $0.36 \times 0.36 \times 10 \text{ nm}^3$ and magnetic parameters as
100 displayed in Fig. 3a of the main text.

101 Supplementary Figure 4a–c show an m_z overlay of the resulting nine vortex cores with
102 centers connected by colored vectors for each of the three experimental B_{\perp} . The bottom left
103 vortex core is used as reference point with two lattice vectors (blue) to its nearest neighbors.
104 These vectors set the displacement rates $\chi_{x,\text{free}}$ and $\chi_{y,\text{free}}$. Assuming constant $\chi_{i,\text{free}}$, the red
105 vectors mark the lattice continuation that roughly hits the other calculated vortex cores.
106 Zooming into the area of the upper right core (Supplementary Fig. 4d–f) reveals a remaining
107 mismatch of $\sim 1 \text{ nm}$. This corresponds to a displacement error of $\sim 3\%$ on the full range
108 of 37 nm of core movement, directly translating to an error of the anticipated constant χ_{free}
109 in Fig. 2f–h of the main text. Note that the distance of the simulated core movement in
110 Supplementary Fig. 4 is identical to the experimental one in Fig. 2f–h of the main text.

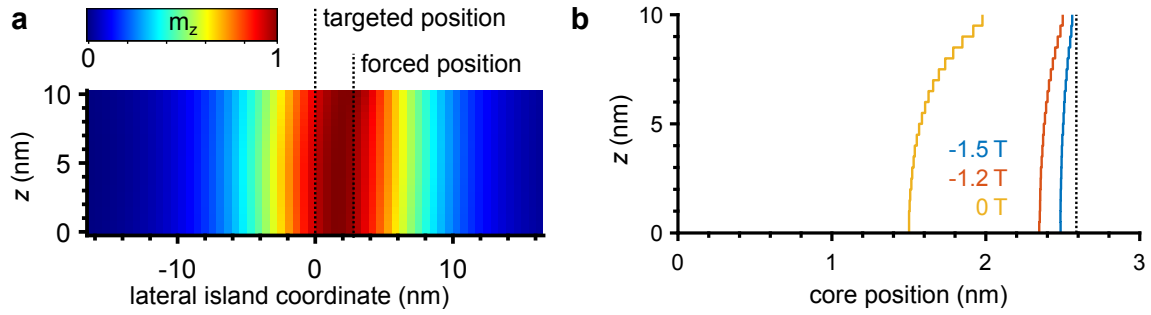


Supplementary Figure 4. **Validity of constant displacement rate by B_{\parallel} in an elliptical island.** The program `mumax3` is used to simulate the movement of the vortex core within an island featuring the shape of the experimental one. Nine positions are targeted using a 3×3 grid of equidistant (B_x, B_y) . **a-c**, Grayscale plots of cumulative m_z of all nine simulations featuring all nine vortex cores for each B_{\perp} . The contrast is adapted to minimum and maximum of m_z in each image individually. Blue vectors interconnect the lower left vortex core center to its two neighbors. Red vectors result from shifting the blue vectors in order to continue the lattice. **a**, $B_{\perp} = 0\text{ T}$, $B_x = 12/0/-12\text{ mT}$, $B_y = -12/0/12\text{ mT}$. **b**, $B_{\perp} = -1.2\text{ T}$, $B_x = 8/0/-8\text{ mT}$, $B_y = -8/0/8\text{ mT}$. **c**, $B_{\perp} = -1.5\text{ T}$, $B_x = 7/0/-7\text{ mT}$, $B_y = -7/0/7\text{ mT}$. **d-f**, Zoom into the upper right vortex core area of the 3×3 grid in a-c, respectively. The green dots mark the simulated vortex core center deduced from the m_z maximum as found by spline interpolation. Red arrows are the end points of the continuation vectors from a-c. The mismatch between the vector addition (red arrows) and the simulated core positions is marked being 1–4% of the full distance of movement of 37 nm.

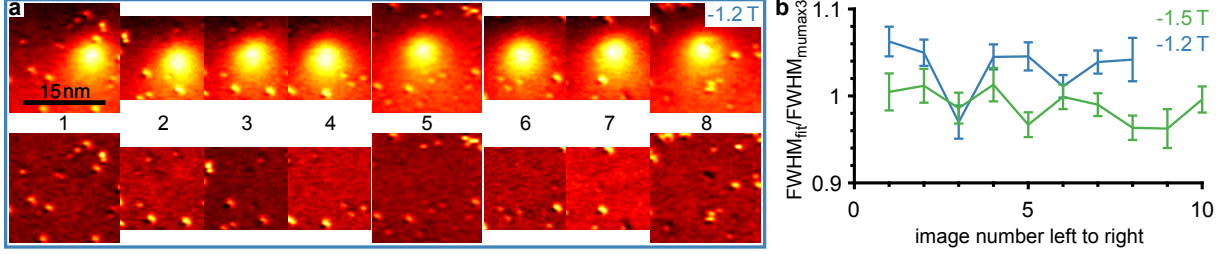
111 **Supplementary Note 5: CORE BENDING WITHIN FE ISLAND BY PINNING AT**
112 **THE SURFACE**

113 Spin polarized STM probes the magnetization of the surface layer that could be distinct
114 from the magnetization in deeper layers. In particular, if the pinning center is at the surface
115 only, the vortex core might bend towards its target position in deeper layers. Here, we show
116 that the resulting vortex core bending is small.

117 We analyze micromagnetic simulations with vortex cores shifted from the island center.
118 The shift is achieved by fixing m_z within 4×4 surface cells offset from the island center. The
119 fixed m_z values are set to the values that are found in the core center for simulations without
120 defects. The resulting cross section of m_z through the island (Supplementary Fig. 5a) is
121 analyzed. We use cross sections slightly offset from the island center to avoid the cells with
122 artificially fixed m_z . Supplementary Figure 5b shows deduced core positions (m_z maxima)
123 evaluated for each layer separately. The core at $B_{\perp} = 0$ T (-1.2 T, -1.5 T) is bent by 30 %
124 (6.3 %, 2.7 %) of the average displacement from the island center. The bending at $B_{\perp} \neq 0$ T,
125 where we observe pinning in the experiment, is well below 10% and, hence, barely changes
126 the pinning energy. Such core bending is anyway included in our micromagnetic simulations
127 of u_{exch} (Fig. 3g of the main text) and in the calculation of the parabolic potential E_{flex}
128 for moving the vortex core away from its target (Supplementary Fig. 7a, Supplementary
129 Fig. 8a).



Supplementary Figure 5. **Core bending in Fe island.** **a**, Cross-sectional view of perpendicular magnetization m_z at $B_{\perp} = 0$ T recorded for a plane that is 1 nm offset from the vortex core center. The circular island has thickness of 10 nm and diameter of 280 nm. The core is forced away from the island center by fixing m_z in 4×4 surface cells at 2.6 nm. **b**, Core position (m_z maximum) in each of the 20 layers of the simulated island for B_{\perp} as labeled. The dotted black line depicts the position of frozen m_z .



Supplementary Figure 6. **Core diameters for various core positions.** **a**, Top row: dI/dV images at $B_{\perp} = -1.2$ T used to determine the 8 core positions marked in Fig. 2b of the main text. The images are fitted as described in section S3, resulting in the residuals as shown in the bottom row. The contrast of each image is scaled differently to optimize visibility. **b**, FWHM of the m_z distribution deduced via fit of the images of **a** (blue) and of 10 images recorded at $B_{\perp} = -1.5$ T with core positions as marked in Fig. 2b of the main text (green). The FWHM obtained from the fit is scaled to the FWHM of a simulation without defects (called stretch factor in Supplementary Fig. 3) to ease comparison of the data at different B_{\perp} . The error bars correspond to 95 % confidence interval.

130 **Supplementary Note 6: CORE POSITION ERROR USING dI/dV DATA AT FIXED**
 131 **POSITION AND VARYING B_{\parallel}**

132 In Fig. 2 of the main text, we deduced the vortex core position from measuring dI/dV
 133 at fixed tip position, while varying B_{\parallel} . This assumes a rigid vortex motion along a straight
 134 path. The assumption implies errors, since the vortex core shape could change by interac-
 135 tions with defects and the core is displaced from the straight path due to defect pinning as
 136 visible in Fig. 2b of the main text. These errors are discussed in the following.

137 To quantify the change of core shape, we analyze the core images along the core path
 138 of Fig. 2b of the main text (Supplementary Fig. 5a). The FWHM of m_z distribution is
 139 deduced from core fitting as described in section S3. It is displayed in Supplementary Fig.
 140 5b varying by about $\pm 5\%$ without any obvious trend within the error bars from the fitting
 141 procedure. Hence, core shape modifications during pinning are below 5%. This value is
 142 regarded as error for the link between measured $dI/dV(B_{\parallel})$ and core displacement (Fig. 2
 143 of main text).

144 Moreover, the core path is deflected from the straight path by the defects. It exhibits RMS
 145 deviations perpendicular to the target path up to 1.3 nm (Fig. 2b of main text). This implies

146 two systematic errors. First, the path gets longer by the zigzag motion such that χ_{pinned}
147 is underestimated by assuming a straight path. This error is estimated straightforwardly
148 by using the measured path of Fig. 2b of the main text. The real path is by 5% (0.3%)
149 longer than the straight path at $B_{\perp} = -1.5 \text{ T}$ (-1.2 T). For the estimate, we measure the
150 largest angle between target path and direct lines between adjacent core positions to be
151 $\sim 30^{\circ}$ ($\sim 7^{\circ}$) at $B_{\perp} = -1.5 \text{ T}$ (-1.2 T) (Fig. 2b, main text) and assume a normal distribution
152 of such angles between adjacent core positions up to the maximum angle.

153 Second, perpendicular motion changes the sensed core magnetization at fixed tip position
154 since the tip probes another part of the vortex. This error largely disappears for multiple
155 pinning sites, since it either enhances or decreases χ_{pinned} by corresponding changes of dI/dV
156 depending on the individual core center position with respect to the tip and the target path.

157 **Supplementary Note 7: APPROXIMATIONS FOR MICROMAGNETIC SIMULA-**
 158 **TIONS**

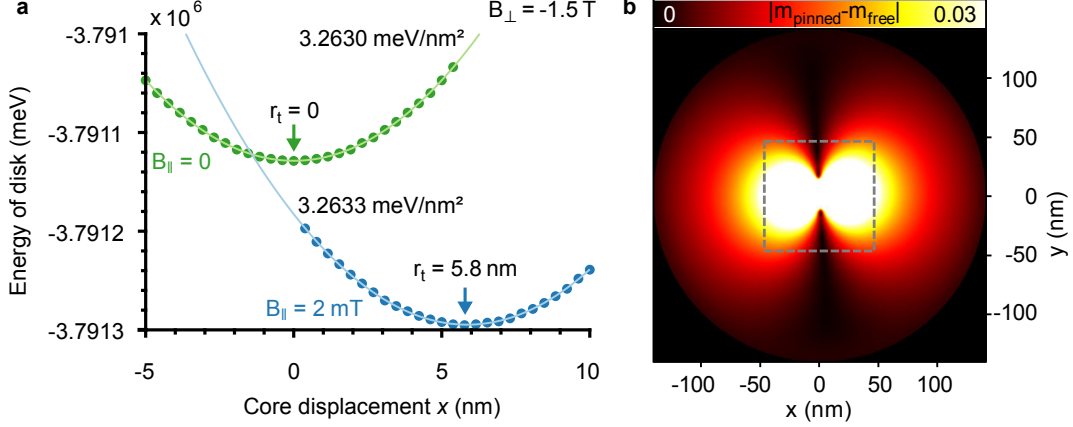
159 For simulated sweeps of \mathbf{B}_{\parallel} , as employed for Fig. 2f-h, Fig. 3e, and Fig. 4b of the main
 160 text, two approximations are used to reduce computational time. They are validated in the
 161 following.

162 As first approximation, instead of sweeping \mathbf{B}_{\parallel} , we shift the defect by $-\chi_{\text{free}}(B_{\perp}) \cdot \mathbf{B}_{\parallel}$
 163 through the vortex core. This requires that $E_{\text{flex}}(\mathbf{r}_{\text{vortex}} - \mathbf{r}_{\text{target}})$, the displacement energy
 164 of the vortex around a target position $\mathbf{r}_{\text{target}} = (x_t, y_t)$, does not depend on $\mathbf{r}_{\text{target}}$.

165 To show this, we simulate E_{flex} for $\mathbf{r}_{\text{target}}$ either located in the center of the island or offset
 166 from it (main text, methods). We employ a grid with one cell in vertical direction for the
 167 sake of simplicity such that the core displacement is accomplished by a single cell of fixed
 168 $m_z = 1$ located away from $\mathbf{r}_{\text{target}}$. It turned out that E_{flex} remained parabolic at all relevant
 169 distances of $\mathbf{r}_{\text{target}}$ up to 30 nm from the center of the island. Supplementary Figure 7a
 170 displays the micromagnetically calculated $E_{\text{flex}}(\mathbf{r}_{\text{vortex}} - \mathbf{r}_{\text{target}})$ for different $\mathbf{r}_{\text{target}}$ along the
 171 target path in comparison with parabolic fits showcasing the nice agreement. The curvature
 172 of the parabola changed by 0.01 % (10 %) for distances of 5 nm (30 nm) from the island
 173 center. We conclude that the displacement of the vortex mostly depends on the relative
 174 distance to the defect, but only marginally on the absolute position of the core within the
 175 island. Hence, moving the defect instead of the vortex core is a reasonable approximation
 176 to deduce χ_{pinned} (Fig. 2f-h and Fig. 3e of the main text). Note that Fig. 2f-h of the main
 177 text cover only ± 8 nm such that the curvature error is well below 1%.

178 This agreement also justifies the assumption of a paraboloid for $E_{\text{flex}}(\mathbf{r}_{\text{vortex}} - \mathbf{r}_{\text{target}})$ for
 179 the simulation of core movement in the disorder potential as shown in Fig. 4b of the main
 180 text. Deviations from the paraboloid in the direction perpendicular to the target path are
 181 even smaller, since the effective magnetization around the vortex is even less changed.

182 The independence of $E_{\text{flex}}(\mathbf{r}_{\text{vortex}} - \mathbf{r}_{\text{target}})$ from $\mathbf{r}_{\text{target}}$ is corroborated by a simplified
 183 analytic model assuming a rigid movement of vortex magnetization by \mathbf{B}_{\parallel} [5]. This employs
 184 the magnetic displacement model for a magnetic cylinder discussed in the main text with
 185 potential energy $E(\mathbf{r}, \mathbf{B}_{\parallel}) = \frac{1}{2}k(x^2 + y^2) - k\chi_{\text{free}}(B_y x + B_x y)$. The equation can be rewritten
 186 as $E(\mathbf{r}) = \frac{1}{2}k((x - x_t)^2 + (y - y_t)^2) + \frac{1}{2}k(x_t^2 + y_t^2)$ with $x_t = \chi_{\text{free}} \cdot B_y$ and $y_t = \chi_{\text{free}} \cdot B_x$.
 187 Hence, moving $\mathbf{r}_{\text{target}}$ on a circular island leads only to an offset in potential energy (second



Supplementary Figure 7. **Validation of approximations in micromagnetic simulations.** **a**, Micromagnetically calculated potential energy of vortex core displacement for $B_{\perp} = -1.5$ T and $B_y = 0$ T (green dots) as well as $B_y = 2$ mT (blue dots). The curvatures of the parabolic fits (solid lines) and the equilibrium positions r_t are marked. The micromagnetic simulations consider a cylindrical island of 280 nm diameter and 10 nm height discretized in cells of $0.38 \times 0.38 \times 10$ nm³. Displacements are realized by fixing one cell to $m_z = 1$ away from the target position $\mathbf{r}_{\text{target}}$. **b**, Absolute difference of m_z between an unpinned vortex core and a core pinned at $\mathbf{r}_{\text{vortex}} = (3.6, 0)$ nm away from the island center ($B_{\perp} = -1.5$ T). Same island size and cell size as in a. Only the area in the dashed box is used for full simulations of vortex-defect-interactions, while the remaining area is approximated by a demagnetization field independent of core position. The normalized magnetization difference within the dashed grey box reaches up to 1.8, while it is below 3 % outside of the box [1].

188 term), but does not affect the potential curvature k or the potential shape.

189 As second approximation, we crop the simulation area to $256 \times 256 \times 20$ cells and add the
 190 demagnetization field of the missing exterior by hand leading to an effective magnetic field
 191 $\mathbf{B}_{\text{eff}}(\mathbf{r}) = \mathbf{B}_{\perp} + \mathbf{B}_{\text{demag,exterior}}(\mathbf{r})$. $\mathbf{B}_{\text{demag,exterior}}(\mathbf{r})$ is calculated once for an unperturbed vortex
 192 without defects at $\mathbf{B}_{\parallel} = \mathbf{0}$ T and is fixed afterwards for all other simulations. This is possible,
 193 since we always use $\mathbf{B}_{\parallel} = \mathbf{0}$ T and, thus, $\mathbf{r}_{\text{target}} = \mathbf{0}$ nm via the first approximation. The
 194 small core displacement resulting from pinning forces by defects changes the magnetization
 195 only within the cropped area significantly. Supplementary Figure 7b shows the spatially
 196 resolved absolute difference in magnetization between a vortex core located at $\mathbf{r}_{\text{vortex}} =$
 197 $\mathbf{r}_{\text{target}} = \mathbf{0}$ nm and a core moved by pinning to $\mathbf{r}_{\text{vortex}} = (3.6, 0)$ nm at $B_{\perp} = -1.5$ T. This

198 displacement is larger than any displacement observed experimentally due to defects. The
199 scaled magnetization m_z outside the fully simulated area (gray box) varies by less than 3%
200 strongly decaying away from the square. As shown in section Supplementary Note 2, the
201 general influence of demagnetization on the vortex core energy is small. Hence, the resulting
202 error of using an unmodified $\mathbf{B}_{\text{demag,exterior}}(\mathbf{r})$ is likely negligible.

203 **Supplementary Note 8: APPROXIMATIONS FOR CORE PATH SIMULATION**

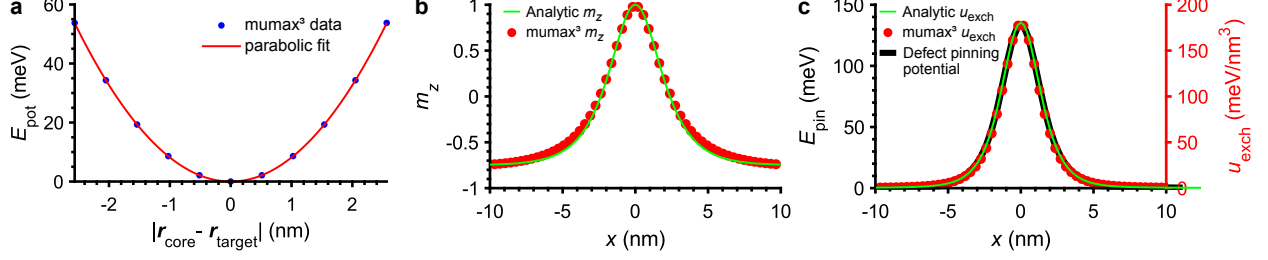
204 To emulate the vortex core path at varying \mathbf{B}_{\parallel} , we determine its lateral position by po-
 205 tential energy minimization within a potential landscape given by defects as described in the
 206 main text. The potential energy firstly consists of the potential $E_{\text{flex}}(\mathbf{r}_{\text{core}} - \mathbf{r}_{\text{target}})$ describing
 207 the energy cost to move the core away from its target position $\mathbf{r}_{\text{target}}(\mathbf{B}_{\parallel})$ in the absence of
 208 defects. Secondly, the pinning potentials centered at each adsorbate $E_{i,\text{pin}}(\mathbf{r}_{\text{vortex}} - \mathbf{r}_{i,\text{adsorbate}})$
 209 contribute to the potential energy. For both potential parts, we use approximations that
 210 enable easier computation.

211 E_{flex} is deduced from forcing the vortex core away from $\mathbf{r}_{\text{target}}$. Therefore, m_z is fixed
 212 within $4 \times 4 \times 1$ simulation cells at the surface positioned away from $\mathbf{r}_{\text{target}}$ to the m_z values
 213 of a defect-free vortex core center. Subsequently, the vortex energy at the resulting core
 214 position is calculated. This mimics forcing the core away from $\mathbf{r}_{\text{target}}$ by a defect. Such
 215 movement differs from movements via \mathbf{B}_{\parallel} regarding the change of magnetization in the
 216 surrounding of the core. The required unphysical area of fixed magnetization barely changes
 217 the vortex energy. To estimate the corresponding error, we employed a second relaxation
 218 step while fixing the magnetization obtained from the first relaxation in all cells except of
 219 the priorly fixed ones and one additional ring of cells surrounding them. For the largest core
 220 displacement observed at $B_{\perp} = -1.5 \text{ T}$, the potential energy changes by only 1.8% due to
 221 this second relaxation step. Hence, the energy error of fixing m_z in a few cells is well below
 222 2%. Afterwards, the resulting $E_{\text{flex}}(\mathbf{r}_{\text{core}} - \mathbf{r}_{\text{target}})$ is fitted by a parabola (Supplementary
 223 Fig. 8a). The fit exhibits a negligible RMS deviation of 0.03 meV to the micromagnetic
 224 data for the largest displacements observed experimentally. Thus, we used a parabola for
 225 $E_{\text{flex}}(\mathbf{r}_{\text{core}} - \mathbf{r}_{\text{target}})$ further on.

226 For the pinning potentials $E_{i,\text{pin}}(\mathbf{r}_{\text{vortex}} - \mathbf{r}_{i,\text{adsorbate}})$, identical for each i , we superposed a
 227 repelling Gaussian and the scaled exchange energy density $u_{\text{exch}}(\mathbf{r})$ of the core as described
 228 in the main text. To increase computational speed, we employ an analytic representation of
 229 $u_{\text{exch}}(\mathbf{r})$, based on an analytic approximation of $m_z(\mathbf{r})$:

$$m_z(\mathbf{r}) = a + (1 - a) / \cosh(2 \cdot \text{arcosh}(2) \cdot r / \text{FWHM}) \quad (1)$$

with a being the magnitude of m_z in the surrounding of the vortex core and the width of



Supplementary Figure 8. **Approximations for core path simulation.** **a**, Potential energy of vortex core without defects as a function of distance between core position \mathbf{r}_{core} and target position $\mathbf{r}_{\text{target}}$, $B_{\perp} = -1.5$ T. The simulation is based on a circular Fe islands (thickness: 10 nm, diameter: 280 nm) discretized into cells of size $0.364 \times 0.364 \times 0.5$ nm³. For each data point, the core is forced away from $\mathbf{r}_{\text{target}} = (0, 0)$ by fixing m_z in $4 \times 4 \times 1$ cells at the surface. The parabolic fit (red line) yields negligible deviations from the data point of 0.03 meV_{RMS}. **b**, m_z profile of vortex core according to micromagnetic simulation by mumax³ at $B_{\perp} = -1.5$ T and to the analytic description of eq. (1) with FWHM= 4.2 nm and $a = -0.8$. **c**, Vortex core exchange energy density u_{exch} from the analytic description (eq. 2) with same parameters as in a and from mumax³. The black line depicts the inverted pinning potential for a defect with absent A_{ex} (Fig. 3g of main text), $B_{\perp} = -1.5$ T.

the core FWHM. This leads to

$$\begin{aligned}
 u_{\text{exch}}(\mathbf{r}) &= A_{\text{ex}} \cdot \left(\nabla \mathbf{m}(\mathbf{r}) \right)^2 \\
 &= A_{\text{ex}} \cdot \left(\left(-b \cdot \tanh(r/c) \cdot \text{sech}(r/c)/c \right)^2 \right. \\
 &\quad \left. + \left(1 - (b \cdot \text{sech}(r/c) + a)^2 \right) / r^2 \right. \\
 &\quad \left. + \left(b \cdot \tanh(r/c) \cdot \text{sech}(r/c) \cdot (b \cdot \text{sech}(r/c) + a) / c / \sqrt{1 - (b \cdot \text{sech}(r/c) + a)^2} \right)^2 \right)
 \end{aligned} \tag{2}$$

230 with $b = 1 - a$ and $c = \text{FWHM} / (2 \cdot \text{acosh}(2))$.

231 Supplementary Figure 8c compares $u_{\text{exch}}(\mathbf{r})$ from mumax³ with the analytic description
 232 as best fit by adapting a and FWHM. Excellent agreement is achieved with rms deviation
 233 of 0.6 meV/nm³ only. The comparison of m_z profiles is shown in Supplementary Fig. 8b.
 234 The reversed pinning potential for a defect with suppressed A_{ex} within $1.1 \times 1.1 \times 0.5$ nm³
 235 (Fig. 3g of main text) is added to Supplementary Fig. 8c. Obviously, the relatively small
 236 defect simply tracks $u_{\text{exch}}(\mathbf{r})$ such that the scaled analytic $u_{\text{exch}}(\mathbf{r})$ can be used to mimic the
 237 attractive part of the defect potential for the core path simulation.

238 **Supplementary Note 9: ERRORS IN CORE PATH SIMULATION AND DEDUCED**
239 **PINNING POTENTIAL**

240 The most severe error in core path simulation results from the remaining uncertainty in
241 the adaption of the core shape at a defect. As shown in Supplementary Fig. 6b, the FWHM of
242 the m_z profile fluctuates by $\pm 5\%$. This translates via eqs. (1) and (2) (section Supplementary
243 Note 8) to an error of $\pm 5\%$ in the FWHM of u_{exch} , hence, influencing the pinning potential
244 analogously by construction. The other energy errors are significantly smaller, namely, the
245 error due to determination of E_{flex} via fixing m_z in $4 \times 4 \times 1$ simulation cells ($\leq 1.8\%$,
246 section Supplementary Note 8), the error due to determination of E_{flex} by moving the defect
247 instead of the vortex core ($< 1\%$, section Supplementary Note 7), the error due to the
248 parabolic fit of E_{flex} ($< 0.1\%$, section Supplementary Note 8) and the error due to the
249 cropping procedure (likely negligible, section Supplementary Note 7).

250 Another source of error is more difficult to quantify. It is given by uncertainties in the
251 determined core positions that are non-linearly linked to the deduced defect potential. This
252 includes the missing knowledge on the true target path due to the fact that start and end
253 point of the path of the vortex core are influenced by defects, too. The adaption of these
254 points in our fitting routine reveals deviations by $1 - 2$ nm on the full length of 40 nm in line
255 with typical excursion lengths from the straight path due to defects. A similar deviation
256 results from the anticipated straight target path in an elliptic island being incorrect by
257 $1 - 2$ nm on the path of 40 nm, too (section Supplementary Note 4). Other position errors
258 are much smaller such as uncertainties in core center positions deduced from the fitting
259 of noisy images (< 0.1 nm, section Supplementary Note 3), uncertainties in the overlap of
260 adjacent images of the vortex core (< 0.1 nm) and creep and drift effects within the images
261 (~ 0.1 nm, [6]).

262 Importantly, the main errors can be improved, in principle, via reducing the defect density,
263 such that the distance between defects is significantly larger than the core diameter. Then,
264 the influence of a single defect on the core shape can be probed in detail and start and end
265 points of the target path can be chosen far away from any defect. Subleading errors can be
266 reduced by more elaborate micromagnetic simulations.

267 **Supplementary Note 10: AB-INITIO CALCULATIONS**

268 We performed ab-initio based calculations of Cr- and O-adatoms deposited on an Fe(110)
 269 surface using density functional theory (DFT) as implemented in the full-potential Korringa-
 270 Kohn-Rostoker Green function (KKR-GF) method [7, 8]. Relativistic effects are taken into
 271 account via the scalar relativistic approach with the self-consistent inclusion of the spin orbit
 272 coupling as a perturbation. The exchange correlation potential is treated in the local spin
 273 density approximation as parametrized by Vosko, Wilk and Nusair [9]. Instead of seeking
 274 for the wave function of the system, the KKR-GF method aims primarily at calculating the
 275 Green function using multiple scattering theory by solving the Dyson equation:

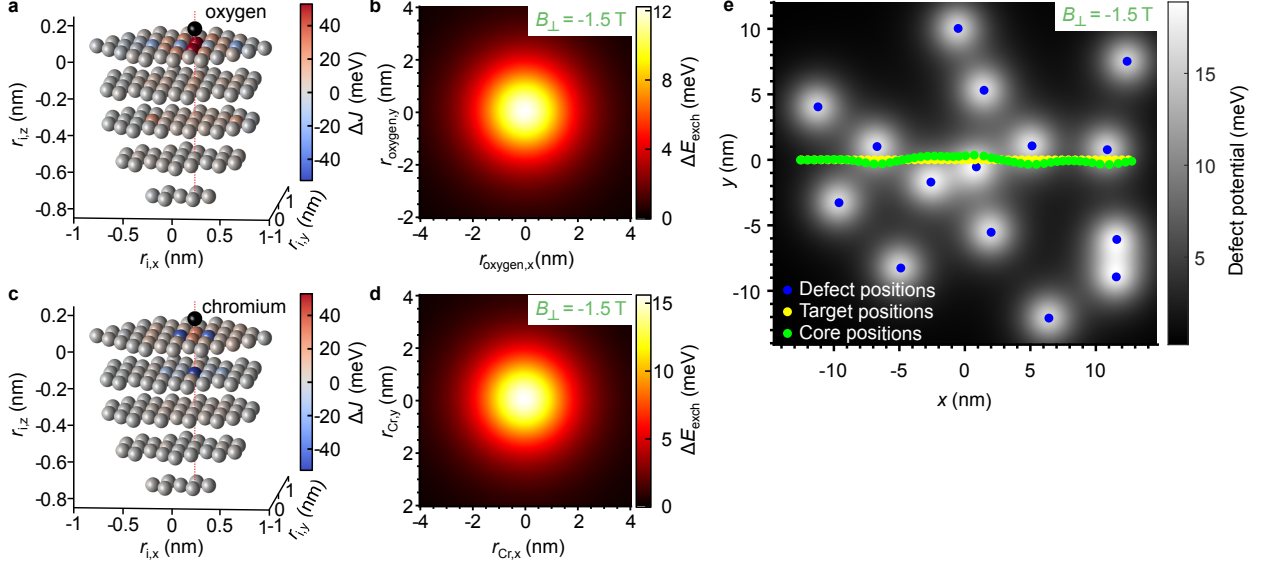
$$\mathcal{G} = \mathcal{G}_0 + \mathcal{G}_0 \Delta V \mathcal{G}. \quad (3)$$

276 This enables, e.g., to describe impurities deposited on a pristine substrate using an embed-
 277 ding scheme. Indeed, the previous Dyson equation can be solved in real space by obtaining
 278 the Green function \mathcal{G} of the investigated material by knowing the Green function \mathcal{G}_0 of the
 279 perfect Fe(110) substrate and ΔV , the potential change induced by the adatom. Once the
 280 Green function is obtained, the electronic and magnetic properties are deduced by extracting,
 281 e.g., charge and spin densities, local density of states, and magnetic exchange interactions.

282 The Fe(110) substrate with a lattice constant of $a_{\text{lat}} = 286$ pm is simulated considering a
 283 slab containing 12 layers of Fe with enough vacuum layers surrounding it, six on each side of
 284 the slab. After relaxing the atomic positions at the surface, leading to values in accordance
 285 with [10], we solve the previous Dyson equation for a real-space impurity cluster. This
 286 cluster has a diameter of 6 lattice constants and consists of the adsorbate and 150 Fe atoms
 287 from the substrate (Supplementary Fig. 9a/c). The adsorbates, O or Cr, are located in the
 288 long bridge position at a distance of 103 pm above the surface as known for O [10–13] and
 289 assumed to be identical for Cr.

290 Without the adsorbate, the average magnetic moment of the Fe atoms is $2.65 \mu_B$. With
 291 O (Cr), the closest Fe moment decreases to $1.68 \mu_B$ ($0.68 \mu_B$) while the substrate without
 292 considering the adsorbate experiences a cumulative reduction of the magnetization by $1.7 \mu_B$
 293 ($4.6 \mu_B$).

294 The change of the anisotropy due to the oxygen adsorbate was calculated by the energy
 295 difference $\Delta E_{\alpha-\beta} = (E_{\alpha}^{\text{with O}} - E_{\beta}^{\text{with O}}) - (E_{\alpha}^{\text{without O}} - E_{\beta}^{\text{without O}})$, where α and β denote the



Supplementary Figure 9. **Ab-initio based vortex core energy around O and Cr adsorbates.**

a, Change of the site dependent $J_i = \sum_j J_{ij}/2$ for an Fe-cluster due to adding an O adsorbate (black) at a long bridge position. The difference $\Delta J_i = J_i^{\text{with O}} - J_i^{\text{without O}}$ is color coded on the grey spheres representing the Fe atoms, i.e., red (blue) color indicates a stronger (weaker) ferromagnetic coupling of the atom at r_i to the other Fe atoms. **b**, Resulting exchange energy potential of the vortex for varying vortex core position with respect to the O position, $B_{\perp} = -1.5\text{T}$. The potential is set to zero far away from the O atom. For each pixel of the potential, the magnetic moments $\mathbf{m}_i(\mathbf{r}_i)$ of a micromagnetically obtained vortex without defect are used to calculate $\Delta E_{\text{exch}} = \sum_{i<j} (J_{ij}^{\text{with O}} - J_{ij}^{\text{without O}}) (\mathbf{m}_i \cdot \mathbf{m}_j)$ for the respective vortex core center position with respect to the O position. **c**, Analogous to a, but with Cr adsorbate. **d**, Analogous to b, but with Cr adsorbate. Exchange coupling between Cr and the substrate atoms is taken into account. **e**, Simulated vortex core path (green) at $B_{\perp} = -1.5\text{T}$ employing 15 Cr defects that are randomly placed within $10 \times 10\text{ nm}^2$ according to the defect density of the experiment. The resulting disorder potential is displayed as grey scale as deduced from superposing the defect potential of d for each adsorbate. The target path (yellow) consists of 50 equidistant positions along $y = 0$.

296 orientation of a ferromagnetic spin configuration along $[001]$ (x -axis), $[1\bar{1}0]$ (y -axis) or $[110]$
 297 (z -axis). Hence, $\Delta E_{\alpha-\beta} > 0$ indicates that the easy axis turns towards the β -direction when
 298 putting the O-adatom on top. The calculated values are $\Delta E_{x-z} = -0.68\text{ meV}$, $\Delta E_{y-z} =$
 299 -0.82 meV and $\Delta E_{x-y} = 0.13\text{ meV}$, i.e., an in-plane magnetization along y is favoured by the

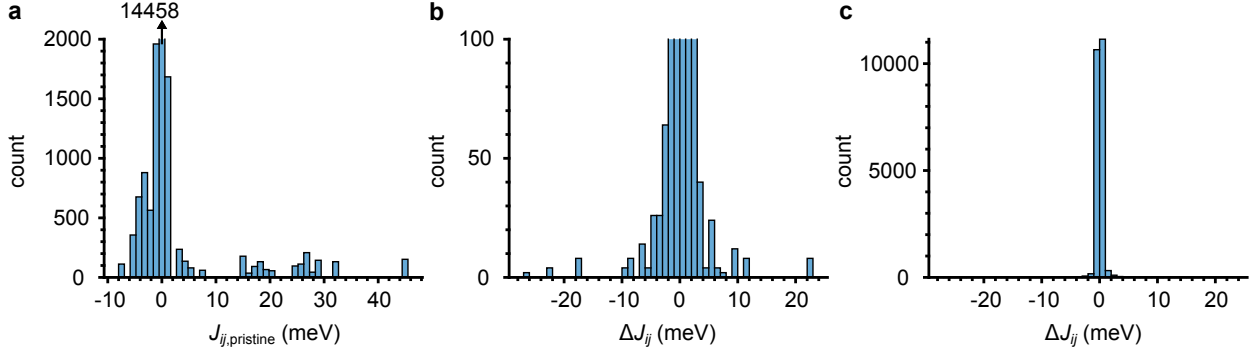
300 O-adatom. Importantly, these energies are much lower than the experimentally observed
 301 pinning energies (~ 100 meV) discarding any influence of the anisotropy energy on the
 302 pinning.

303 Utilizing a mapping procedure based on infinitesimal rotation of the magnetic moments
 304 [14, 15], the magnetic exchange interactions J_{ij} of an isotropic Heisenberg Hamiltonian
 305 $\mathcal{H}_{\text{exc}} = -\sum_{i<j} J_{ij} \mathbf{m}_i \cdot \mathbf{m}_j$, are extracted from the ab-initio calculations, where \mathbf{m}_i and \mathbf{m}_j
 306 are the unit vectors of the magnetic moments of the i^{th} and j^{th} atom, respectively.

307 A comparison of exchange parameters with and without adsorbate reveals that the cu-
 308 mulative exchange interaction is enhanced around both types of adatoms. Thus, we observe
 309 a global exchange stiffening. Supplementary Figure 9a shows a 3D map of the difference
 310 of the site dependent exchange parameter $\Delta J_i = J_i^{\text{with O}} - J_i^{\text{without O}}$ where $J_i = \sum_j J_{ij}/2$.
 311 The Fe atoms nearest to the adsorbate along [1-10] (y -axis) exhibit a stiffening of the ex-
 312 change interaction, while the exchange interaction along [001] (x -axis) gets weaker, but by a
 313 smaller amount. The same is shown in Supplementary Fig. 9c for the Cr adsorbate, where
 314 stiffening along [1-10] is weaker and weakening along [001] is more pronounced than for the
 315 O adsorbate. The accumulated change in exchange energy amounts to $\Delta E_{\text{exch}} = 217$ meV
 316 (86 meV) for O (Cr) including the contribution of the Cr adatom of -34 meV. Since the
 317 exchange energy is increased in total (stiffening), a non-collinear magnetic texture as in the
 318 vortex core gains energy, if located away from the adsorbate, eventually leading to vortex
 319 core repulsion.

320 To reveal the interaction profile between adsorbates and vortex core, we employ J_{ij} as
 321 obtained from DFT and calculate the exchange energy via \mathcal{H}_{exc} with the directions of the
 322 magnetic moments \mathbf{m}_i set by the micromagnetically simulated vortex core profile. Changing
 323 the vortex core position with respect to the adsorbate reveals the interaction potentials as
 324 shown for $B_{\perp} = -1.5$ T in Supplementary Fig. 9b and d. The shape of the two potentials
 325 is identical with slightly different amplitude of 12 meV (15.5 meV) for the O (Cr) adatom.
 326 This amplitude is still an order of magnitude lower than in the experiment (Fig. 4c, main
 327 text).

328 Nevertheless, assuming the Cr induced interaction potential (Supplementary Fig. 9d),
 329 we simulated a vortex core path for randomly distributed Cr defects with density as in
 330 the experiment (Supplementary Fig 9e). The simulation procedure is identical to the one
 331 employed for Fig. 4b of the main text. The resulting core path (green) at $B_{\perp} = -1.5$ T



Supplementary Figure 10. **Histograms of exchange interactions between Fe atoms.** **a**, Histogram of all J_{ij} between the Fe atoms of the pristine substrate up to a distance of 6 lattice parameters around the site where O will be embedded. **b**, Histogram of $\Delta J_{ij} = J_{ij}^{\text{with O}} - J_{ij}^{\text{without O}}$, i.e., the changes of J_{ij} due to the O adsorbate for the same atoms as in **a**. **c**, Same as **b** but displayed at a different scale.

332 deviates by up to 600 pm from the straight target path (yellow). Such a deviation can be
 333 recorded by spin polarized STM and showcases that single adsorbates can alter the vortex
 334 path for a core size consisting of $\sim 10^4$ Fe atoms.

335 However, the much stronger excursions from the target path observed in the experiment
 336 can not be explained by this simulation. One origin of the discrepancy could be differ-
 337 ent values of J_{ij} than calculated via DFT. Supplementary Figure 10 shows histograms of
 338 the exchange parameter J_{ij} for the Fe atoms of the pristine substrate (Supplementary Fig.
 339 10a) as well as of the change of the exchange parameters ΔJ_{ij} due to adding an O ad-
 340 sorbate (Supplementary Fig. 10b, c). The changes of J_{ij} are partly as large as J_{ij} itself.
 341 They, moreover, exhibit nearly as much reduction as increase of J_{ij} . In line, the accumu-
 342 lated $\sum \Delta J_{ij} = 217$ meV amounts to only 10% of the accumulated absolute energy change
 343 $\sum |\Delta J_{ij}| = 2.5$ eV. This showcases that details in the interaction strengths J_{ij} including sign
 344 changes can modify the accumulated exchange energy significantly via subtraction of two
 345 similarly large numbers.

346 Other possible origins of the discrepancy are already mentioned in the main text. Firstly,
 347 the structural position of the adsorbate might not be correctly described in the DFT calcu-
 348 lations again changing ΔJ_{ij} in detail. Secondly, the adsorbate might pinpoint to a particular
 349 strain field that might originate from the growth procedure and offers preferential adsorption
 350 sites.

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