Supplementary material BMJ Open

Appendix 3. Patient-reported SDM measures used in this sample

SDM-Q-9	collaboRATE	Decision Quality Instrument ^a
My doctor made clear that a decision needs to be made. My doctor wanted to know exactly how I want to be involved in making the decision. My doctor told me that there are different options for treating my medical condition. My doctor precisely explained the advantages and disadvantages of the treatment options. My doctor helped me understand all the information. My doctor asked me which treatment option I prefer. My doctor and I thoroughly weighed the different treatment options. My doctor and I selected a treatment option together. My doctor and I reached an agreement on how to proceed.	How much effort was made to help you understand your health issues? How much effort was made to listen to the things that matter most to you about your health issues? How much effort was made to include what matters most to you in choosing what to do next?	How important is it to you to - relieve your [specific type of] pain? - not be limited in what you can do because of your [specific type of] pain? - avoid a treatment with a long recovery time? - avoid having [specific type of] surgery? - avoid taking pain medicine for a long time? Which treatment do you want to do to treat your [condition]? [Five knowledge items specific to the patient's health condition and possible treatment options] Did any of your health care providers talk about [specific type of] surgery as an option for you? How much did you and your health care providers talk about the reasons to have [specific type of] surgery? How much did you and your health care providers talk about the reasons not to have [specific type of] surgery? Did any of your health care providers talk about non-surgical treatments as something that you should seriously consider? Did any of your health care providers ask you whether you wanted to have [specific type of] surgery or not?

^a See [23] and [24] for full condition-specific instruments.