

SUPPLEMENTARY MATERIALS 1

Frailty Index (44-item)

Demographics-Social
1. Marital Status
2. VA Service Period
3. VA Service Connection
4. Religion
Medical Conditions
5. Congestive heart failure
6. Peripheral vascular disease
7. Coronary disease
8. COPD
9. Stroke
10. Hypertension
11. Atrial Fibrillation
12. Arthritis
13. Osteoporosis
14. Cancer
15. OSA
N of Medications
16. > 5
Psychological

17. Dementia
18. Depression
19. Psychosis
20. Anxiety
21. PTSD
22. Alcohol abuse
23. Smoking
24. Substance Abuse

Laboratories
25. White blood cells
26. Hemoglobin
27. Platelets
28. Sodium
29. Potassium
30. Chloride
31. BUN
32. GFR
33. Glucose
34. CO ₂

Vitals and Measures
35. BMI
36. SBP

37. DBP
Functional
38. Bathing
39. Toileting
40. Feeding
41. Dressing
42. Transferring
43. Incontinence

Sensory problems
44. Hearing loss